



## Parent/carer Coffee Information Sessions

For Sutton Families

January-December 2026



Would you like to meet with other parents/carers in a cosy, non-judgemental and welcoming environment?

Would you like to find out about services that are available in the London Borough of Sutton that may benefit you and your family?

Would you like to give your opinion about what you feel is needed in your local area?

Maybe you just want some advice on a matter and you don't know where to turn.

Do you require any parenting advice?

If your answer is 'yes' to any of the questions above, we are facilitating parent/carer coffee/information sessions in your local area.

The very least you will get from attending our coffee/information sessions, is a genuine and sincere warm welcome, a cup of tea/coffee and a chance to sit and chat to other parents/carers.

We can organise guest speakers who can offer you advice on a range of issues and we can signpost you to relevant services if required subject to your needs.

Parenting can be so rewarding. However, at times it can also bring its challenges and worries and this can make you feel isolated.

You don't need to make an appointment. Just turn up.

If you would like to find out more about the sessions, please contact **Clare Kennedy** Parenting Administrator via her email: [clare.kennedy@sutton.gov.uk](mailto:clare.kennedy@sutton.gov.uk)



**Carshalton Family Hub and Children's Centre**  
**(Previously known as Tweeddale Children's Centre)**

**Session times: 9.30am - 11.30am**

**Friday 23rd January**

**Friday 27th February**

**Friday 20th March**

**Friday 24th April**

**Friday 22nd May**

**Friday 19th June**

**Friday 17th July**

**Friday 18th September**

**Friday 16th October**

**Friday 20th November**

**Friday 11th December**



**Sutton Library Family Hub. Session times: 9.30am -11.30am**

**Friday 9th January**

**Friday 6th February**

**Friday 6th March**

**Friday 17th April**

**Friday 8th May**

**Friday 5th June**

**Friday 3rd July**

**Friday 4th September**

**Friday 2nd October**

**Friday 6th November**

**Friday 4th December**



**Phoenix Centre. Session times 9.30am - 11am**

**Wednesday 14th January**

**Wednesday 11th February**

**Wednesday 11th March**

**Wednesday 29th April**

**Wednesday 13th May**

**Wednesday 10th June**

**Wednesday 8th July**

**Wednesday 9th September**

**Wednesday 7th October**

**Wednesday 11th November**

**Wednesday 16th December**



## **Parent Coffee/Information Sessions**

**Evening Group 6pm-8pm**

**Venue: The Quad. Green Wrythe Lane, Carshalton SM5 1JW**

**Monday 26th January**

**Monday 23rd February**

**Monday 16th March**

**Monday 27th April**

**Monday 18th May**

**Monday 22nd June**

**Monday 13th July**

**Monday 21st September**

**Monday 19th October**

**Monday 23rd November**

**Monday 14th December**

## Chill, Chat and Connect Men's Evening Group



Aimed at fathers, stepfathers, foster dads, grandfathers and other significant male carers.

Fathers/male carers matter and they have a huge and significant impact on the lives of their children.

The monthly sessions are a chance for men to meet together to chill, chat and connect. It's a chance to share experiences and the challenges/positives of family life.

This is a safe, supportive, relaxed and non-judgemental space.

This group is led by male parent volunteers who are fathers themselves, with support of the parenting coordinator, Theresa Cameron.

Support and advice is available as required.

Light refreshments available.

**Where:**

**The Quad, Green Wrythe Lane, Carshalton SM5 1JW**

**Group dates and times: 6pm - 8pm**

**Monday 12th January**

**Monday 2nd February**

**Monday 2nd March**

**Monday 13th April**

**Monday 11th May**

**Monday 8th June**

**Monday 6th July**

**Monday 3rd August**

**Monday 7th September**

**Monday 5th October**

**Monday 9th November**

**Monday 7th December**

## **Chat, Chill and Connect, Men's Group (Daytime Group)**



### **Where:**

**Carshalton Family Hub and Children's Centre (previously known as Tweeddale Children's Centre)**

**Session Times: 12.30 - 2.30pm**

**Friday 9th January**

**Friday 23rd January**

**Friday 13th February**

**Friday 27th February**

**Friday 6th March**

**Friday 27th March**

**Friday 17th April**

**Friday 8th May**

**Friday 22nd May**

**Friday 5th June**

**Friday 19th June**

**Friday 3rd July**

**Friday 17th July**

**Friday 4th September**

**Friday 25th September**

**Friday 2nd October**

**Friday 23rd October**

**Friday 6th November**

**Friday 20th November**

**Friday 4th December**

**Friday 18th December**

## **Useful Information**

### **Addresses of Venues:**

Sutton Library Family Hub, Sutton Central Library, St Nicholas Way, Sutton SM1 1EA

Carshalton Family Hub and Children's Centre, Tweeddale Road, Carshalton SM5 1SQ

Phoenix Centre, Mollison Drive , Wallington SM6 9NZ

### **Family Hub Connectors Contact Details:**

Maja Nielsen Family Hub Connector for Central Sutton. Mob: 07821 637 721

Sharon Hackett Family Hub Connector for Carshalton. Mob: 07783 656 916

Natasha Barratt-Walters Family Hub Connector for Wallington. Mob: 07720 167 409

Sonia Gooden Family Hub Connector for Cheam and South Sutton. Mob: 07729 080069

### **Parenting Service Contact Details:**

Theresa Cameron Parenting Coordinator: Mob 07736 33 8924

Clare Kennedy Parenting Administrator: Working hours: Monday-Tuesday 9-5pm, Wednesday 9am.1pm.

Telephone:020 8770 5801. Mobile: 07873 702 777

Keeley Carter. Parenting Support Worker: Mob: 07761875887

Nyssa Smyth Parenting Support Worker : Mob: 07352 743152