

Year 7 Parent Information Evening

Form Tutor Session

7 (form)

Please enter your photograph here

Please enter your name and email address
here

Key Dates



- Early Progress Review - Friday 3rd October (internal)
- Meet the Tutor - Monday 13th October
- Enrichment day (Theatre trip to see 'The Lion King' – Wednesday 19th November
- Y7 Grade report – w/c 26th January
- KS3 Study Skills Parent Workshop (In School event) - Tuesday 14th April, 6-7pm
- Parents' Evening – Wednesday 6th May, 4-9pm
- Exams – w/c 18th May
- Y7 Full report – Fri 19th June

These dates are all on the school website.

Attendance and Punctuality Reminders

- Attendance and punctuality are very closely linked to academic success and achievement.
- All students should be in school by **8.20am** ready for registration at **8.25am**. **It is our legal requirement to take the register by 8.27am.**
- A minimum of 97% attendance is expected.
- Requests for authorised absence must be made in writing in advance to the Headteacher. The form can be found on the website.
- If your child has to leave school for an appointment during the school day please email the school at least 48 hours (two school days) in advance and include “appointment” in the subject of the email. To ensure the safeguarding of all our students we are unable to let a student leave school without parent/carer consent in Years 7-11.
- Please contact the school’s Attendance Officer (Years 7-11) using this email address – attendance@wallingtongirls.org.uk



Y7 Form Time Schedule



Monday

Looking at the week ahead - Student Bulletin, notices and announcements, student planner checks, equipment & uniform checks

Tuesday

Assembly day: Students have assembly with either their HoY or SLT, themes are based on our school values such as 'Curiosity', 'Courage' & 'Compassion'

Wednesday

PSHCE Programme

Thursday

Literacy Programme – Y7 Reading Challenge, encouraging reading for pleasure across a variety of literary genres.

Friday

Feelgood Friday (incorporating fortnightly wellbeing check-ins): An activity chosen by the form & led by the Form Captain, e.g. quizzes, chair yoga, games, mindful colouring

The SHARP Referral System



- SHARP is the Student Help Reporting Page where a student can report any concern they may have regarding themselves or a fellow student.
- This may relate to academic worries or a potential safeguarding concern.
- Students are encouraged to report any incidents which occur within the school and local community.
- The system is anonymous, therefore, as much detail as possible is required if we are to investigate a concern thoroughly.



Smoothwall



- Smoothwall Monitor is a real-time, digital monitoring solution that flags incidents as they happen on the school network.
- The system will pick up on what students type, search and view on any school device, including when students use a school device at home.
- Staff are made aware of content that may indicate risk to a student such as cyberbullying, suicide, gang membership, violence, or an inappropriate use of school resources.
- Parents should be checking their child's device regularly, including social media and group chats.

How to help manage worries that arise

- Prevention is better than cure – a supportive environment at home and school can stem the tide before it becomes overwhelming.
- Realistic goals and expectations, both at home and school.
- Healthy work-life balance; encourage involvement in clubs and hobbies.
- Ask your child to discuss concerns with their teachers, Form Tutor or HoY to put a plan in place.

How to help manage friendship issues

- Put the issue into perspective; is this a falling out that can resolve itself or something more serious?
- Encourage your child to try and resolve minor issues themselves, sometimes having space and time away from a friend is all that is needed.
- Communication with the school when necessary, through the Form Tutor first.
- Mediations organised if students need additional support resolving issues.

How to help manage workload

- Make use of the school planners; effective recording of homework tasks and dates for assessments to plan work accordingly. This should be checked and signed by parents weekly.
- Allow for working at their own pace and in their own way, with gentle encouragement.
- Ensure they have sufficient 'down' time.
- Encourage them to discuss concerns with their teachers/ Form Tutor.

Mental Health and Wellbeing



It might be difficult to know if there is something upsetting your child, but there are some common signs to look out for:

- significant changes in behaviour
- ongoing difficulty sleeping
- Lack of appetite
- withdrawing from social situations
- not wanting to do things they usually like
- self-harm or neglecting themselves

Please refer to our Mental Health Policy for more information or visit our website - [Helpful Guides for Parents - Wallington High School for Girls](#)

If you are ever concerned about your child and would like to speak to someone at school then please contact your child's Form Tutor, their Head of Year or Mrs Sundborg (Assistant Headteacher for Student Support, Designated Safeguarding Lead and Senior Mental Health Lead).

Mental Health Support Agencies

www.askus@familylives.org.uk

www.giveusashout.org



www.childline.org.uk



www.Samaritans.org



www.place2be.org.uk

www.bbc.co.uk/radio1/advice

YOUNG MiNDS

www.youngminds.org.uk



www.stem4.org.uk



Thank you for listening.

Are there any questions?