

A Day in The Life of a WHSG Student...

- Students can enter the school building at 7.50 when they can come and sit in their form rooms.
- Students must arrive by 8.25 and enter via the main school gate, if they are late they need to sign in via main reception where they will be given a late stamp.
- Students should be wearing their full uniform with no modifications. The uniform code can be found in their planners or on our school website.
- If students wish to stay late they can go to the library until 5:30pm, but they must let a teacher know they are on school grounds for fire safety reasons.
- A timetable of extra-curricular activities and clubs has been published. Most clubs run from 3-4pm.

Ensuring the Highest Standards of Conduct - Uniform



What our Form Time Looks Like

Monday

Assembly day: Students have assembly with either their head of year or a member of the school's leadership team, themes are based on our school values such as 'curiosity'

Tuesday

Looking at the week ahead- Student Bulletin, Notices and announcements

Wednesday

PSHCE lessons: more details on the next slide.

Thursday

Silent reading and planner checks

Friday

Feelgood Friday: *An activity chosen by the form, e.g. quizzes, chair yoga, games, mindful colouring*

PSHCE themes this term...

Theme	Learning Objective
New School, New Start	To understand how the change to secondary school is positive
Change	To understand how to cope with the changes and challenges of secondary school.
Resilience	To understand why resilience is important and how I can build resilience
Respect & Compassion	To understand how respect & compassion are linked and how I can demonstrate these qualities.
Self-Belief & Integrity	To understand what it means to have confidence in ourselves and what we believe in
Transition Reflection	To reflect on the achievements from the first term

How to help manage worries that arise

- Prevention is better than cure – a supportive environment at home and school can stem the tide before it becomes overwhelming.
- Realistic goals and expectations, both at home and school.
- Healthy work-life balance; encourage involvement in clubs and hobbies.
- Ask your child to discuss concerns with their teachers, tutor or HOY to put a plan in place.



How to help manage friendship issues

- Put the issue into perspective; is this a falling out that can resolve itself or something more serious?
- Encourage your daughter to try and resolve minor issues themselves, sometimes having space and time away from a friend is all that is needed.
- Communication with the school when necessary, through the tutor first.



How to help manage workload

- Make use of the school planners; effective recording of homework tasks and dates for assessments to plan work accordingly. This should be checked and signed by you weekly.
- Allow for working at their own pace and in their own way, with gentle encouragement.
- Ensure they have sufficient 'down' time.
- Encourage them to discuss concerns with their teachers/form tutor.



Any Questions?

