HEIRS OF THE PAST, MAKERS OF THE FUTURE

# Wallington Week

# Monday 17th November 2025

On Tuesday, we will be welcoming a project team from Climate School 180 as part of our ongoing work to become a more sustainable school. Climate School 180 (CS180) is a Learning through Landscapes initiative focused on helping schools understand how to deliver high-quality climate change education. The team will be working with a number of staff and students to support and guide our next steps in this important area.

Please look out for the letter sent home last week detailing all our awareness and fundraising activities to support all those affected by the devasting Hurricane Melissa in Jamaica.

A huge well done to our Year 7 netball team, whom I had the pleasure of watching in their match against Nonsuch last week. They played brilliantly, showing real teamwork and determination.

We also wanted to share a short extract from the thoughtful reflections written by three of our Year 12 students, Emily, Frema, and Saaliha, who attended the biannual Sutton Schools Council Conference at Wilson's School on 7th November. Representatives from 14 Sutton schools came together to discuss issues including smartphone use in schools, knife crime, anti-social behaviour, vaping, and discrimination. Students began each discussion by sharing their views and concerns, before hearing directly from council leaders and local organisations. The girls spoke powerfully about how inspiring it was to see young people's voices being taken seriously and to learn about challenges faced across different schools. The full write-up is available later in the newsletter.

Finally, last week we welcomed Herts for Learning to undertake an audit of our SEN provision. They will return in a few weeks, but their initial visit has already been extremely valuable. We were pleased to have much of our existing practice positively validated, and we have also identified some areas of development that we will build into our school improvement planning.

- Ms T O'Brien Headteacher



# <u>Useful Links</u>

### **Co-Curricular Activities**

SOCs, the school's online system for Co-Curricular activities, will allow your child to see all available activities but also allow you to view after school registers to see if your child is attending and in school.

#### Careers Noticeboard

For live updates on careers related opportunities please click here.

#### **Current Vacancies**

Click here for a link to our vacancies page

# **Upcoming Events**

- 21<sup>st</sup> November- Fusion Showcase
- 24<sup>th</sup> November- Y13
   Parents' Evening
- 2nd December- Winter Concert

## Calendar

## Week B



- Y11 Mock Orals

# **Tuesday**

- Y11 Food Practical Mock
- Y11 Mock Orals
- Y11 History in Action

# Wednesday

- Ypres Trip
- Senior Kangaroo & British Mathematical **Olympiad Round 1**
- Enrichment Day

# **Thursday**

- Ypres Trip
- Y11 Food Practical Mock
- Y11 Mock Orals
- Criminology Conference Sixth Form **Friday**
- Non-Uniform Day- Jamaica Hurricane **Relief Fundraiser**
- Y11 Food Practical Mock
- Y11 Mock Orals
- BFI Southbank Spanish Trip Headteachers Detention (3.10-5.10pm)
- Central Detention- (15:10-16:10pm)
- Fusion Showcase (6pm) Main hall

**Attendance** 



# **Staff Messages**

# Parent Workshop: Self-esteem and the Selfie

Date and time: Wed 12th Nov 2025, 19.00-

20.30

**Facilitator: PAPAYA** 

Location: This event will be held at Nonsuch

**High School for Girls** 

PAPAYA was launched 6 years ago when Dr. Susie Davies, a university GP, noticed the poor mental health of students. She discovered their mental health problems were often linked to their relationship with technology, especially excessive social media use and gaming. Despite limited evidence at the time, she became convinced that tech use in adolescents was having a negative impact on young people's mental health. This workshop will cover the risks to mental health associated with spending too much time online and the impact social media can have on positive self-esteem. It will also look at innovative ways for families to achieve a healthy balance with technology. .

Places will be allocated on a first come, first serve basis - please note, the talk is for parents and carers only.

If you would like to attend, please complete this form:

PAPAYA Parent Talk at Nonsuch High School

- Attendance Confirmation

#### Al and Nude Images

Childnet have put together a free leaflet (further below) for parents/carers which explores how generative AI can be misused. The leaflet includes:

- Why young people might choose to use Al to create illegal images.
- Ways parents and carers can support their children.
- Where to go for further help.
- Conversation starters to use at home.

#### <u>Parent Workshop: KS5 Study Skills (Years 12</u> <u>and 13 Parents)</u>

Date and time: Tuesday 25<sup>th</sup> November 2025, 18.00-19.00

Facilitator: Mr Donnelly - Assistant
Headteacher for Teaching and Learning at
WHSG

Location: This event will be held at Wallington High School for Girls

This workshop is for the parents of Years 12 and Year 13 students. Mr Donnelly will provide parents and carers with tips and techniques to support their child with revision and how to retain more information and knowledge. The session will also look at how we can increase students' chances of becoming expert learners.

-Mrs Sundborg
Assistant Headteacher & DSL

#### White Ribbon Day-Tuesday 25th November

White Ribbon Day is an international day of awareness where men and boys show their commitment to ending violence against women and girls (VAWG). Violence could include physical, emotional, sexual and digital. The promise is simple: to never commit, excuse or remain silent about male violence against women. It is also important to note that while VAWG is recognised as a movement across the UK, the inclusion of LGBTQ+ voices is also paramount. To read more about White Ribbon and the work they do to support girls and women, please visit: https://www.whiteribbon.org.uk/about-us

-Mrs Sundborg
Assistant Headteacher & DSL

## **Staff Messages**

Parent Workshop: Autism in Girls

Date and time: Wed 26<sup>th</sup> Nov 2025, 18.00-19.00 Facilitator: Dr Rachel Rebello – Educational & Child Psychologist

Location: This is a virtual event - Teams

This session explores how autism presents differently in girls, often leading to underdiagnosis or misdiagnosis. We will discuss unique traits, masking behaviours and how parents can better recognise and support their daughters' needs both at home and in school.

If you would like to attend, please complete this form:

Please see the meeting link below: Autism in Girls Parent Workshop - Wed 26th Nov - Fill out form

Microsoft Teams Meeting
https://teams.microsoft.com/l/meetupjoin/19%3ameeting\_MGViM2I0ZmUtYmU4Yi0
OODBILWIyOWItYjQwNWYxNTU5ZDM5%40thr
ead.v2/0?
context=%7b%22Tid%22%3a%22a383de7d7d37-4056-85d9-

05076fba603f%22%2c%22Oid%22%3a%2205dc 3acc-1c01-42c6-af36-0189578ea29e%22%7d

# Sutton Schools Council Conference Student Reflections

On the 7th of November, we - Emily, Frema, and Saaliha in Year 12 - attended the biannual Sutton Schools Council Conference, hosted at Wilson's School. We met with 13 other Sutton schools to discuss a range of topics, which this year included smartphone use in schools, knife crime, anti-social behaviour, vaping, and discrimination. We began each item by discussing our views and raising issues, then heard responses to these concerns directly from council leaders and organisations aimed at improving the local area. Since the last Conference, there has been immense progress made by organisations to help combat the issues raised previously - it was incredible to see how young people's concerns are being responded to.

A few key initiatives we saw were the implementation of bleed kits in schools and community centres, along with more accessible defibrillators available 24/7. This along with the teaching of lifesaving first aid using these kits for students, and the opening of safe space venues around the borough, were responses that really stood out to us. Additionally, we were made aware of a VR headset project designed to create an interactive story about knife crime and exploitation, which aims to raise awareness among young people. In addressing anti-social behaviour, we examined Operation Sceptre, a key local initiative tackling knife crime. This includes a police Intensification Week in May, which features weapon sweeps and increased police patrols, as well as an eight-week summer plan focused on addressing high-street theft and enhancing neighbourhood policing. We also expressed concerns about the ways that corner shops display vapes and how some sell them and other prohibited items to underage individuals, stressing the need for stricter enforcement to protect our community. There has also been an increase in CCTV cameras around Sutton to ensure crime is caught and dealt with. Finally, we listened to a key future project aimed at reducing discrimination across many different organisations, with more information to follow next year.

We had an amazing time discussing some of the problems we were made aware of inside school, as well as hearing completely different concerns from neighbouring schools. We hope to be able to attend the next conference in May to further help improve the local community!

# ENRICHMENT DAY INFORMATION

PLEASE FIND BELOW THE TIMES FOR THOSE WHO ARE MEETING FOR ENRICHMENT DAY IN SCHOOL. STUDENTS SHOULD GO STRAIGHT TO THEIR DESIGNATED AREA AND NOT THEIR USUAL FORM ROOM.

OUTSIDE OF SCHOOL, PLEASE REFER TO THE CORRESPONDENCE SENT VIA SCHOOL COMMS FOR WHERE THEY SHOULD MEET.

Year	Time	Entrance
7	11.45-12.00	Main gate
8	08.25-08.40	Main gate
10	08.25-08.40	Main gate
11	09.35-09.45	Reception
13	08.35-08.45	Main Hall (side doors)

ANY STUDENT WHO IS LATE SHOULD ENTER THROUGH RECEPTION AS USUAL.





following students for answering the most questions on the Carousel study pack this week. Well done!

> -Ms Nielen **Head of KS3 Science**

# YEAR 7

- MEHRAAB F 7SHA 1.
- 2. IRA D 7SEA
- **ELLAL 7JOH** 3.

# YEAR 8

- 1. **IMAN A 8JOH**
- 2. **HARRIET M 8SHA**
- 3. MANHA F 8CUR







# **Disco with DJ Troy!**

Get ready to dance the evening away at our Disco and Laser Show with DJ Troy on Wednesday, 26th November 2025, from 4-5:30pm in the Main School Hall!

Collect your friends, put on your best disco outfit, and come ready for an unforgettable afternoon of music, dancing, and fun!

Snacks and drinks included in your ticket.

https://www.tickettailor.com/events/pfawallingtongirl shighschool/1921376

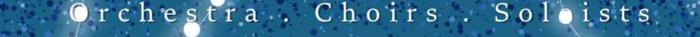


Any questions please email: pfa@wallingtongirls.org.uk

# MIND UNDERGROUND ESSAY COMPETITION

Essay competition has opened for 'Mind Underground' Write an essay and explore subjects beyond specification. Great for UCAS and to stretch yourself. Subjects include:

- **OVER INSTRUCT OF STATE OF STA**
- Medicine, Vetinary
- **OVER IT IS NOT THE CONTRACT OF THE CONTRACT O**
- History of art etc
- Friday
  3rd April 2026
- Deadline 11PM
- https://www.mindsunder ground.com/mindsundergroundcompetitions



Tickets £5 on ParentPay



# Tuesday **2nd** December

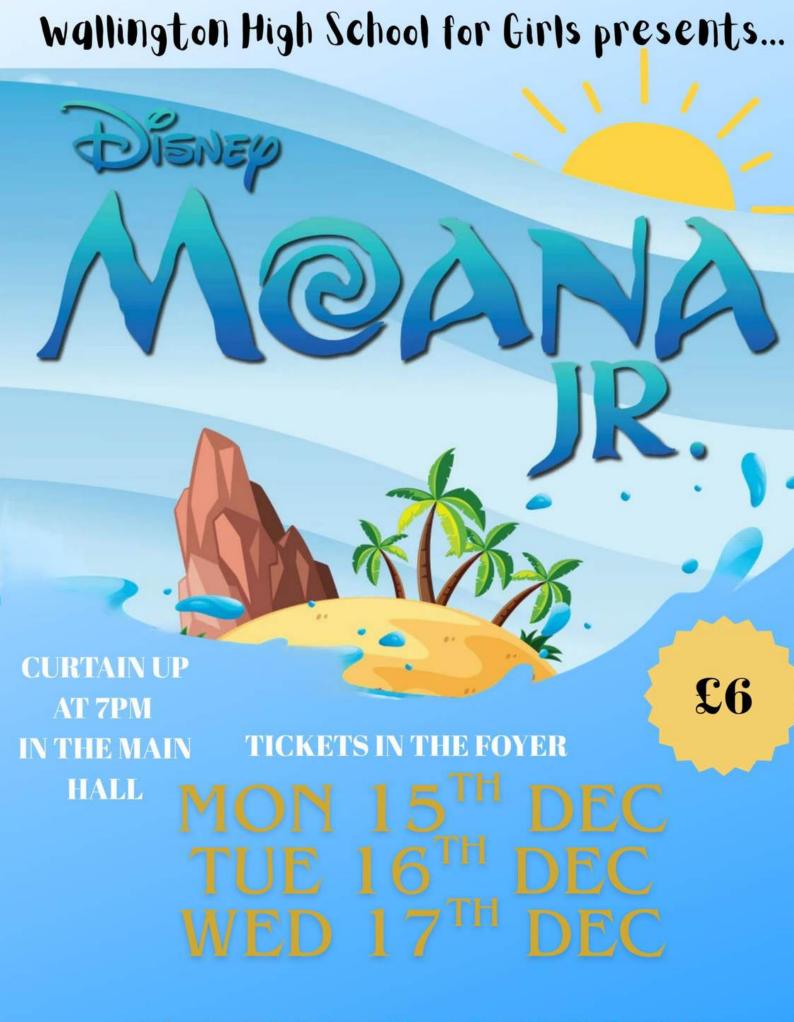
Main Hall

6:30pm

Doors open 6:15pm

Interval drinks & refreshments (cash and card accepted).

All proceeds from ticket sales and refreshments will support the work of the music department.



Music and Lyrics by Lin-Manuel Miranda, Opetaia Foa'i & Mark Mancina
Book Adapted by Susan Soon He Stanton
Music and Orchestrations Adapted and Arranged by Ian Weinberger
Based on the 2016 Disney film Moana



## **Senior Mathematical Challenge**

Earlier this term, all Year 12 and 13 Mathematicians and Further Mathematicians took park in the Senior Mathematical Challenge. This is a multiple-choice test that is sat by students across the UK. It encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems. The problems are challenging and designed to make even the most able students think!

Here is an example of one of the questions, which may also be accessible to students from lower

years... Ayain writes down all the 3-digit numbers consisting of three different odd digits.

How many of Ayain's numbers are divisible by 3?

A 42

B 36

C 30

D 24

E 18

(see later for solution and discussion)

This year's certificate thresholds are as follows:

Gold: 72+ Silver: 57+ Bronze: 46+

All students below the Bronze threshold will receive a certificate of Participation.

This year's follow-on thresholds are as follows:

British Mathematical Olympiad Round 1:104+

**Andrew Jobbings Senior Kangaroo:72**+

It is a great achievement to have been awarded a certificate and we would like to congratulate and celebrate the success of the following students...

#### Year 13

#### **Gold Certificates**

Abbinaya, Sinyi, Abenaya, Jade, Chloe, Diya and Sandra

#### **Silver Certificates**

Hannah, Ania, Taqwa, Macy, Dilani, Nila, Sherine, Emmanuella, Sarah, Safiyyah, Emily, Corrie, Sujaanie, Charlotte, Pavithra, Yasmine, Ashviya, Emily, Smriti, Victoria, Siya, Amy, Miracleleen, Amaya, Annette, Risha, Hasini, Roma and Thulasika

#### **Bronze Certificates**

Satwat, Rosie, Sophie, Radchaya, Nissi, Shruddha, Rohiny, Princess, Anvesha, Huda, Vrisha, Nithoojaah, Divjot, Zainab, Chloe, Inaaya, Harriet, Orla, Salvia, Phoebe, Mehreen, Pavishana, Sanjana, Sophie, Maia, Olivia, Prisha, Sarah, Najira, Corrie, Ayla, Kavisha, Lauren, Xiaoqi, Sreeranjini, Hafsah, Shiya, Calista, Natale, Alexa, Sarina, Rakshana, Mili, Varunika, Anika, Ella, Madeline, Hindara, Hannah, Amia-Grace, Iniya, Anna, Emily, Zaina, Amarachi, Shorna and Fatimah



## **Senior Mathematical Challenge**

#### Year 12

#### **Gold Certificates**

Amelia, Melissa, Lauri, Beth, Raya, Coco, and Shaili

#### **Silver Certificates**

Louisa, Annabel, Inaayah, Saani, Florence, Palak, Josie, Niamh, Damilola, Emma, Tilly, Gloria, Esther, Kavisha, Zara, Joanne, Haashini, Aabisha, Tooba, Angelina, Yusra, Emily, Anaa, Elaine, Simarpreet, Nicole, Anna, Jessica Sanjana, Lora, Saaliha, Grace, Millee, Zaynab and Lucila

#### **Bronze Certificates**

Saee, Malaika, Alicja, Simran, Nillasha, Asjhvini, Abirami, Pranavi, Ava, Harriet, Alice, Cassandra, Hailey, Harshini, Sofia, Piyasha, Ishika, Suree, Kajaniga, Maya, Si, Chelsa, Megha, Anishka, Haniya, Smriti, Isabella, Amy, Zainab, Suwetha, Aleeza, Aaiza, Shruthi, Maja, Rachel, Fatima, Mathuraa, Aswathy, Charlie, Katrina, Abinesha, Vidushee, Khalthoom, Mahnoor, Tia, Trista, Anqi, Ruhma, Asha, Lakshmi, Deepika, Jashmin, Baruni, Vani Byju, Kanisha, Refa, Amtul, Pranneeta, Abinaya, Humda, Angelica, Emmie, Luara, Megan and Zarina

All of the students in Year 12 or 13 who achieved a Gold certificate qualified for the next round and will sit the Senior Kangaroo.

Particular congratulations go to Abbinaya (13PRL) and Amelia (12SBE) for achieving the highest result in their years.

Isha (9Pan) also sat the SMC achieving an incredibly impressive score of 117 meaning she got the highest result in the school and has qualified to take part in round 1 of the British Mathematical Olympiad.

We wish everyone who is taking part in a follow-on round the best of luck!

Here is the solution to the earlier question...





A 3-digit number is divisible by 3 if, and only if, the sum of its digits is divisible by 3. The digits of Ayain's numbers are three different numbers from the set 1, 3, 5, 7, 9. Hence each number is obtained from one of the sets (1, 3, 5), (1, 5, 9), (3, 5, 7), or (5, 7, 9). For each possible triple, there are 6 possible orders, e.g. 135, 153, 315, 351, 513, 531. So in all,  $4 \times 6 = 24$  of Ayain's numbers are divisible by 3.

Well done to everyone who took part!

## **Sports**



# FOUNDATION

# JOIN A HUB





HUB:

**CROYDON GIRLS' HUB** 

**JOHN FISHER SCHOOL** 

VENUE: CROYDON, CR8 3YP

Observation Days: 18th & 25th Jan 2026 Winter Training: Sundays- Feb 1st to Mar 29th DATES:

(10.30am-1.30pm)

#### ELIGIBILITY CRITERIA

This Hub is looking for girls who are:

- aged 11-17
- not County players
- · not attending fee-paying schools



SURREY CRICKET FOUNDATION

Ready to play?

Sign up via the link below or scan the QR code above

www.tinyurl.com/MCCF-Croydon-Girls-2026

@\_MCCFOUNDATION



# FOUNDATION JOIN A HUB





HUB:

**CLAPHAM GIRLS' HUB** 

ST FRANCIS XAVIER COLLEGE

VENUE:

CLAPHAM, SW12 8EN

DATES:

Observation Days (The Kia Oval): 1st , 8th ,15th Dec (5-9pm) Winter Training: Sundays - Jan 11th to Mar 29th (1pm-4pm)

#### ELIGIBILITY CRITERIA

This Hub is looking for girls who are:

- aged 11-17
- not County players
- · not attending fee-paying schools



Ready to play?

Sign up via the link below or scan the QR code above www.tinyurl.com/MCCF-Clapham-Girls-2026

@\_MCCFOUNDATION



# Al and nude images

## **Advice for Parents and Carers**

Al is designed to complete tasks that, in the past, would have needed human thinking. Generative Al can be found on many different platforms and is used to create things, such as photos, music and text.

#### What has AI got to do with nude images?

Although Al is a useful tool and has many positive uses, it can also be misused, causing harm and upset to others.

One way in which generative AI can be misused is to edit or create a picture of someone so that they appear nude or naked. This is sometimes referred to as 'nudification', 'deepfakes', 'synthetic sexual content' or 'non-consensual intimate image abuse'. These images may then be shared further, for example using messaging apps or social media.

"Regardless of whether it's Al or whether it's real, it still has the same negative impact on the person, because they still feel the same things about the same image that's been shared. So it doesn't really matter whether it's real or fake, it still has that same impact on the person."

Young person, Childnet Focus Group.

#### Why might young people use AI to create nude images?

Some young people are using Al generated nude images to target each other, whilst others may use Al in this way because they do not realise it is harmful. Examples include:

- As a form of online bullying
- · To get revenge on someone who has annoyed, upset or hurt them
- As a joke or because they think it's funny
- To blackmail someone
- Because of peer pressure to join in with this kind of behaviour
- Because they are attracted to someone
- Because they are curious.



#### What can I do to support my child with this issue?

Talk openly with your child about their understanding of what generative Al is, how it can be used safely and responsibly, and how it can be misused.

Make it clear that using AI to create nude images of anyone without their consent is never okay and that it can be especially serious if the person is under the age of 18.

Make sure your child knows they can come to you if anything online worries or upsets them, even if they find it embarrassing or are worried about getting in trouble. Some of the barriers to talking to a trusted adult can be guilt, shame, and even a fear of losing access to their life online.

"I feel like some young people would be too scared to go to their parents or a teacher."

Young person, Childnet Focus Group.

If your child comes to you about something that has happened to them online, do not deny access to their devices in response, and instead provide them with the support that they need.

Plan how you would respond if your child told you they have a been a victim of this sort of abuse, for example by staying calm, offering support, assisting with reporting, and seeking further help.

Talking to a trusted adult will often provide young people with the correct help and support that they need. However, some young people may still feel unable to talk to a trusted adult for a number of reasons. As a result, it's also important to share the numbers and websites for child helplines with your family as an alternative if they would feel more comfortable speaking to someone else about a concern.

#### A note about the law

The law differs from country to country. However, a nude or sexualised image of someone under the age of 18, even if it has been created using AI, may be illegal.



#### What can I do if my child is targeted in this way?

If your child is targeted by Al- generated nude images, it is important to remember that it is not their fault.

They are likely to be feeling embarrassed, upset and alone, so reassure them that you are there to help and that you will work together to try help resolve the issue.

You should always report the image on the platforms where it has been shared. If you are not sure how to make a report, search the name of the platform and 'reporting' online. Many platforms may have a centralised portal for reporting concerns.

When making a report, you may be asked to choose a category for what you are reporting. Nude images created using AI can generally be categorised as "non-consensual intimate imagery". If your child is under 18, it can likely also be reported as "child sexual abuse material".

If your child has the nude image on their device, they can use services such as Take It Down (for global use) and Report Remove (UK only). These are free online services that can help a young person remove or stop the online sharing of nude, partially nude or sexually explicit images or videos of them before they are 18. They can be used for all nude images, including those created using Al.

If the incident involves other young people at your child's school, raise it with the teacher or other relevant staff so that they can help investigate and offer further support. It is important to know that a child's online life is not separate from their 'real' life – what happens online can have a direct impact on their life, and affect their mental health and schoolwork, which is why in-person and personal support is important.





#### If your child has used AI to create nude images, you should:

- Talk to them about why this behaviour isn't okay and the potential harms of this behaviour.
- If your child has targeted other young people at their school, work cooperatively with your child's school as part of any investigation.
- Tell your child to delete any nude images they have created from their devices and from any platforms that they have shared it on and get them to ask anyone they have shared it with to do the same. Remind them to always report this kind of content to the platform(s).

#### Conversation starters

What do you think generative Al is? Do you use it? What do you use it for?

Some people might choose to use Al to make a picture of someone appear nude or naked. This is sometimes called 'nudification.' Have you heard of this before?

Why is targeting someone using Al to make them appear nude not okay? Do you know what the law says about this?

Is there anything that would prevent you from asking for help if this happened to you?

How might someone use generative Al to target someone else? (e.g. to bully someone, to make fun of somebody, etc.) Why might someone target someone else in this way?

Do you think using AI to make someone appear nude is something happening with young people your age?

What advice would you give to someone who had been targeted in this way? Would you know how to report this kind of issue and what help is available?

How would you like me to support you if something like this ever happened to you?

### Attendance

Requests for absence, including illness or appointments should be sent to: <a href="mailto:attendance@wallingtongirls.org.uk">attendance@wallingtongirls.org.uk</a>

Please provide at least 2 full school days notice of a planned absence for the school to complete the required processes before the event.

Absences for longer that one day need to be confirmed at least 2 weeks prior to the event. Families should note that requests for holidays during term time will not be approved and penalty fines can be issued.

To notify WHSG of a leave of absence, please complete this form and return to the email above

#### **Contact Information and emails**

If you need to update your home address or contact telephone number, emergency contacts or any other information, please send the updates to:

KS3 and 4 - mandrews@wallingtongirls.org.uk
KS5 - jday@wallingtongirls.org.uk

When replying to any SchoolComms emails, please use the individual contact email provided and for general enquiries use <a href="mailto:info@wallingtongirls.org.uk">info@wallingtongirls.org.uk</a>



## **Parking**

Parking Please note that parents are unable to park or drive into the school grounds between the hours of 7.30am-4.30pm for safeguarding reasons. Families can contact our reception to ask for permission, where the needs arises for a pupil with mobility issues.

#### reception@wallingtongirls.org.uk

Please also ensure that when dropping your child at school each day, you are respectful of our local residents by not blocking drives and roads or impacting others safety by parking or dropping off your child(ren) irresponsibly

### **Punctuality**

Punctuality Good punctuality to both lessons and to school is expected of all students. We know that employers place great importance on punctuality and attendance, therefore it is important for our students to understand the value of being on time.

If a student is late 3 times within a half-term (roughly 6 weeks) they will receive a 60 mins detention on a Wednesday or a Friday. If the student is late again within the half-term they will receive an automatic 60 mins detention, a late report and there will be a meeting with parents. This will re-set at the start of each half-term

We ask that parents support these actions as important processes for the school and understand that detentions cannot be moved for any after school clubs or enrichment events. Should a detention clash with a medical appointment, evidence will be requested for the school to show flexibility.