



Wallington High School *For Girls*

HEIRS OF THE PAST, MAKERS OF THE FUTURE



FRIDAY 24TH
MARCH 2023

THE WALLINGTON WEEK

MESSAGE FROM THE HEADTEACHER

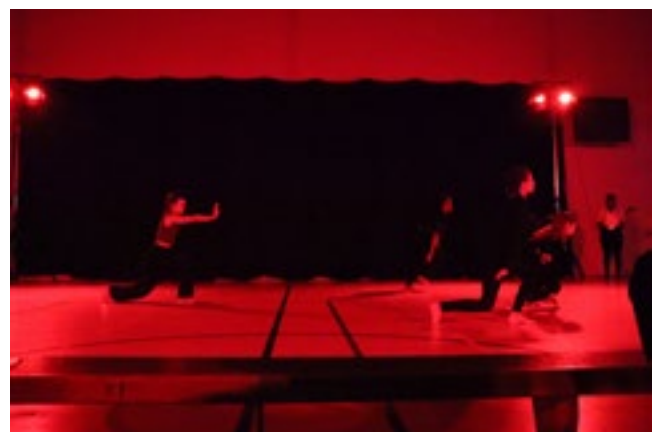
On Wednesday and Thursday, we held our annual Gym and Dance display. This is always a highly entertaining, energetic and well attended event. This year was no exception with the standard of displays being incredibly high performed by a large number of students. Every Year 7 form group got the chance to perform alongside our most talented gymnasts and dancers. It was a thoroughly enjoyable evening and audiences were left wowed by all of the performances.

This week's assemblies have focused on characteristics of successful people including the importance of remaining positive, focusing on the goal and not on the barriers to achieving that goal, being accountable, asking for help, keeping calm under pressure and being resilient as there will always be a solution to a problem.

Congratulations to the senior rugby team on beating the senior girls team from Langley Park Boys School who won with a very convincing victory and remain unbeaten this season!

Finally, wishing our community a peaceful and fulfilling Ramadan, Ramadan Mubarak.

- MR R BOOTH





PARENTING AND FAMILY SUPPORT

Family Lives – Offers a free and confidential helpline service for families. You can call them on 0808 800 2222 about any aspect of parenting and family life or visit their website - <https://www.familylives.org.uk/>

EXPLOITATION, GANGS AND KNIFE CRIME AWARENESS SESSION

If you have attended the first session of the two-part course offered by anti-knife crime charity, The Ben Kinsella Trust, please be reminded that the second session will be taking place on 28th March between 7-9pm.

These sessions are delivered by an ex-Met Officer.

Here is also a very informative video on the subject of knife crime and county lines. The video is presented and written by Christina Gabbitas, an award winning author. To find the video please follow the link below:

<https://www.youtube.com/watch?v=Q2iQ34LO4Lc>

ORGANISED BY COGNUS FOR AUTISM WEEK: 27TH - 31ST MARCH

As part of our commitment to raising awareness about autism and promoting inclusion for people with autism, we are pleased to announce a schedule of events for Autism Week.

Autism Week will take place from 27th to 31st March, and we have planned a series of events that are open to parents/carers, professionals, young people and a mixture of audiences.

To find out what events are available please refer to the attachment within the e-mail you received this newsletter.

We hope that you will join us for one or more of these events to learn more about autism and to show your support for people with autism. Please note that some events may require registration.

WORLD AUTISM ACCEPTANCE WEEK

World Autism Acceptance Week is back from 27th March until 2nd April 2023. Their theme for 2023 is colour, and they have a new virtual challenge, the Spectrum Colour Challenge; a new in-person event, the Spectrum Colour Walks; and lots of ideas to get your fundraising off to a colourful start.

They need you, more than ever, to join them in supporting the 700,000 autistic people in the UK. Every penny raised will help deliver their ambitious plans to transform our society into one that truly works for autistic people.

Please see the flyer (in the poster section of this newsletter - below) for the events available for parents/carers in Sutton.



TIKTOK GUARDIAN'S GUIDE

There have been quite a few updates to TikTok over recent months and they have created a guide for parents/ carers which includes family paring, digital wellbeing, privacy and more. You can find the up-dated guide by clicking [here](#).

SUPPORT OVER THE EASTER HOLIDAYS

In case you need some support over the Easter holidays and therefore the Safeguarding team is not available, please take a look at the below. This is also on the [school website - Pastoral Care home page](#).

If you are feeling low or unsafe, it is important you talk to someone you trust and let them know how you feel. Sometimes it can be difficult to talk to friends and family so here are some other places you can contact instead:

School nurse duty line - 020 8770 5409
Childline – 0800 1111
Samaritans – 116 123
Hopeline – 0800 068 4141
NSPCC – 0808 800 5000

www.talkofftherecordonline.org (Talking therapy)
www.nspcc.org.uk (concerned about a friend and their safety in the home)
www.selfharmuk.org (if someone you know / or you is concerned about self harm)
www.youngminds.org.uk (mental health concerns of any nature)
www.kooth.com (for anonymous emotional wellbeing support)
www.papyrus.org (if you / or someone you care for has suicidal thoughts)

PARENT WORKSHOP: SUICIDE AWARENESS

Date and time: Mon 15th May, 18.00-19.00

Facilitator: Ana Djurdjevic - Suicide Prevention Co-ordinator (Children and Young People)

Location: This is a virtual event – Teams

This workshop is for parents who would like to know more about suicide awareness. The workshop will consider the attitudes, myths and stigma that surround suicide. Participants will be encouraged to recognise and explore the 'signs' that may indicate a young person is having thoughts of suicide and how to have an open, safe and sensitive conversation about suicide.

Meeting details are below:

Microsoft Teams Meeting Join on your computer, mobile app or room device

Meeting ID: 358 728 738 087
Passcode: 5G5J32



YEAR 11 PIZZA PARTY

The Head of Year 11 has recently organized a pizza party for a select number of students who have been recognized for their hard work, effort, and attainment this year. This event was not only a celebration of their achievements but also a way to acknowledge the importance of recognizing and rewarding hard work and dedication.

The students who were selected for the pizza party had demonstrated excellent work ethic and academic performance throughout the year. These students had worked tirelessly to achieve their academic goals and were recognized for their dedication and perseverance.



JACK PETCHEY SPEAK OUT CHALLENGE

Aize in 10 Seacole has made it through to the Regional Finals of the Jack Petchey Speak out challenge and will be representing us on Wednesday 29th March at Wallington County Grammar school at 6pm.

We offer her our huge congratulations and if anyone would like to come along and support her on the night then please contact Mrs K Bates at kbates@wallingtongirls.org.uk.

LOST PROPERTY

We have a significant amount of lost property that has built up in school over the spring term.

Please ensure your child checks the uniform and clothing lost property in the covered walkway outside the canteen and reception for the more valuable items like watches and glasses as soon as possible over the next week.

Any named items that we can identify will be reunited with their owner but there are a lot of items that are still unnamed, resulting in the school not being able to locate an owner.

This is vitally important to check now as at the end of term, any lost property items that remain will be donated to charity where possible or disposed of.

Thank you.





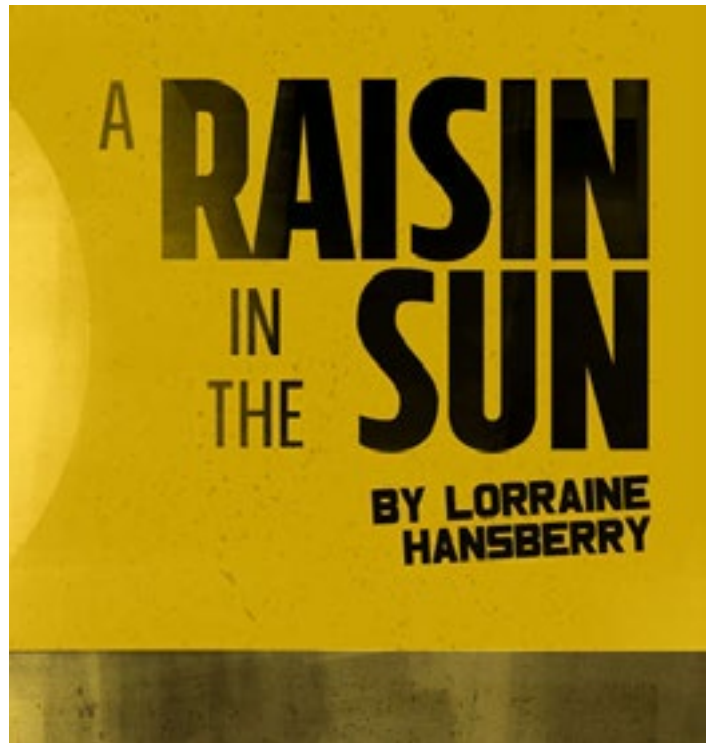
BOOK REVIEWS WRITTEN BY STUDENTS DURING THEIR ENGLISH LESSONS

In the book 'A Raisin in the Sun' by Lorraine Hansberry, readers are transported to the world of a struggling African American family in post-World War 2 Harlem. This powerful and thought-provoking work tackles themes of identity, culture, justice, and the pursuit of the American Dream. As we see from the reviews of Jaedah and Beth, this play has made a significant impact on the students studying it, inspiring them to approach sensitive topics with maturity and engage in discussions about the social and historical context of the play. Through this play, readers can gain a deeper understanding of the challenges faced by African American families in mid-twentieth-century America and how these struggles continue to impact society today.

Reviews can be read below:

A Raisin in the Sun, the book that we're studying has themes of identity, culture, and justice that are enhanced by the embedded context of Harlem post world war 2. This book alone served to encourage our class to approach sensitive themes with maturity and shrewdness.

Written by Jaedah in Year 9.



This half term, we have been studying 'A Raisin in the Sun' by Lorraine Hansberry. I think this is an important play to study as it teaches us about different people's experiences of life. This play tells the story of an African American family and their struggle to improve their situation and 'move up' in society. 'A Raisin in the Sun' covers some sensitive topics, an example being racism, however it has given our class an opportunity to have discussions about life at this time. This play was enjoyable to read and through studying it, I have learnt a lot about important events in history and how society has changed between when the play was set and now.

Written by Beth, Y9.



Intermediate Mathematical Challenge

This term, a selection of students from Year 11 took part in the Intermediate Mathematical Challenge. This is a multiple-choice test that is sat by students across the UK. It encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems. The problems are challenging and designed to make even the most able students think!

The competition was tough this year and the thresholds for certificates this year are 71+ gold, 55+ silver, 42+ bronze. Thresholds for invitation to follow on rounds were 77+ for Pink Kangaroo and 103+ for the Maclaurin Olympiad.

It is a great achievement to have been awarded a certificate and we would like to congratulate and celebrate the success of the following students.

Gold Certificates

Julia, Samiksha, Laila, Abhishree, Ritika, Hala, Emily, Kareena, Keren, Pavithra, Aanya, Hannah, Ysehult, Shreya, Priyasha, Maisy, Temiya, Isimoluwa, Leenuja, Mihika, Aishwarya, Janushya, Mekavi and Neha.

Silver Certificates

Rebecca, Laura, Reshini, Neha, Michelle, Abita, Dharanika, Helena, Daisy, Efua, Sanjna, Freya, Aurora, Abigail, Shreya, Alexandra, Simrah, Riya, Valentine, Kristy, Zara, Janani, Holly, Aiza, Victoria, Namoshi, Rithiksa, Janani S, Kaitlyn, Charita, Vithusha, Sara, Lucia, Tia and Alaya.

Bronze Certificates

Jiya, Magisaa, Maame, Janani R, Inayah, Avni, Sadhana, Deeptika, Hafizah, Stella, Diya, Vipasha, Rakshana, Iyanu, Zaina, Georgina, Loren, Salome, Rowen, Tanesha, Rose, Trinity, Anaya, Shadhana, Arabi, Nadine, Sarah, Kinza, Naina, Natsai, Anandhika, Mishti, Amelie, Anika, Riya, Yetunde, Jhanushka, Amelia, Dunia, Maanasha, Bethany, Rebecca and Aisha.

The following students have qualified for a follow-on round and sat additional tests this week. We wish them the best of luck for their results!

Maclaurin Olympiad

Julia (Bro)

Pink Kangaroo

Samiksha, Laila, Abhishree, Ritika, Hala, Emily and Kareena.

Particular congratulations go to Julia (Bro) as her incredibly impressive score of 109 is the best result of the whole school!

We are very proud of all the students who took part and hope they enjoyed the experience.

Miss Tucker





SPORTS NOTICES



FINAL CYCLO PARK SESSION

Last Friday our 1st GCSE Cycling group had their final session which focused on refining their skills and finishing with a grueling 10 mile race! Well done to all involved!



For more regular updates, follow us on Instagram

@WHS GPE

Y9 NETBALL UPDATE

A busy few weeks for the Year 9 Netball team whom have had lots of rearranged games due to bad weather.

A Team narrowly lost which demonstrates lots of progress. Royal Russel beat the Year 9s quite heavily in Year 7 and the score line this year was very even. The Bs also narrowly lost 9-6 with goal for goal play until the last few minutes.

Well played Year 9!



SENIOR RUGBY

The senior rugby team have spent the term training hard and recently play the Sixth Form girls rugby team from Langley Boys School. It was a very exciting game to watch with Wallington taking an early lead which they managed to maintain for the remainder of the game and winning by 28 points to 16. It was a well-deserved victory and means that the team remain unbeaten this season. With just one more game against Tiffins to go! Thank you to everyone that came out to support.



MAKERS OF THE FUTURE DAY

**WEDNESDAY 29TH MARCH
2023**

8.30am: Welcome (Main Hall)

9am-1pm: Higher Education Talks & Life beyond
Wallington Workshops

1.30-2.30pm: Higher Education/Careers Fair

6.30pm: Makers of the Future - Parent
Information Eve



WHSy

Would you like to understand more about county lines in Croydon, Bromley and Sutton?

Join our panel of experts for a live webinar



Lindsay Dalton
CEO, Pace



Metropolitan
Police



Sarah Pritchard
Barnardos

Free webinar for parents & carers

13th April, 7.00 - 8.30pm

Join our panel of experts and find out about county lines in your area, how to keep your child safe and what to do if you have concerns. You will also hear about child exploitation from a lived experience perspective.



Learn what county lines and child criminal exploitation is



Understand the signs that your child might be at risk or involved



Learn how offenders groom and exploit children



Understand what is happening in your area

Register: CroydenBromleySuttonParentWebinar.eventbrite.com



Under 8 to Under 13 Girl Cricketers Required

Sutton CC are looking for cricketers for our **Girls' section (Under 8 to Under 13)**—school years 3 to 8 inclusive.

In particular, we are looking for **U11/U12 girls with some hard-ball cricket experience** to supplement our current squad, who will compete in the **Surrey Junior U12 League** in 2023.

We are holding taster sessions on the below dates:

Wednesday, **5th April**: 3pm to 4.30pm

Wednesday, **12th April**: 3pm to 4.30pm

If you would like to attend, please contact **Peter Edwards** at **cricket@suttoncricketclub.com** or **07720 446841**

Please include your child's name, date of birth, parents' contact number and brief cricket experience.



ESPORTS / GAMES / COMPUTING / MEDIA / MUSIC

OPEN DAY



MONDAY 3RD APRIL 4-8PM
TUESDAY 6TH JUNE 4-8PM

BOOK YOUR PLACE NOW

accesscreative.ac.uk



access
creative college

Selsdon Little League Netball

OPEN DAYS

Saturdays, 13 & 20 May 2023

We currently have vacancies in our Junior and Senior teams for next season.

Are **YOU** interested in joining us for regular matches during term time?

HAVING LOTS OF FUN

MAKING NEW FRIENDS

If so, we would love you to come along to
Riddlesdown College courts, Honister Heights, Purley

JUNIORS: Yrs 5-7 as at 1 Sept.
Registration 9.00 a.m. for 9.30-10.30

SENIORS: Yrs 8 & 9 as at 1 Sept.
Registration 11.00 a.m. for 11.30-12.30

If you can't make it on these days call Lorna Jones



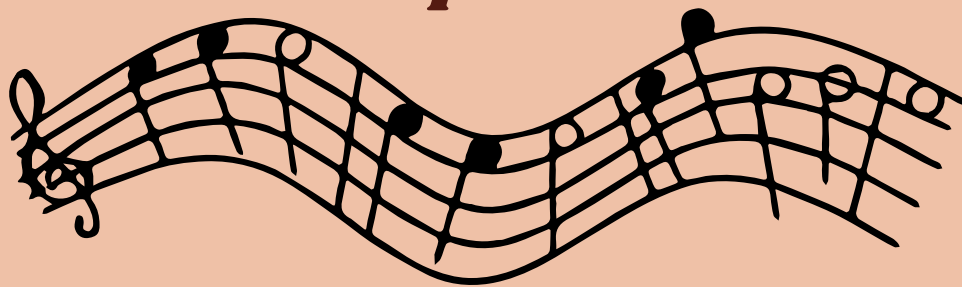
For further information contact **LORNA JONES – 020 8651 2383**



*WHSG Music Department
presents*

Spring Concert

***Tuesday 28 March
7pm***



***Featuring choirs,
orchestra, Indian
ensemble and
soloists***

***Tickets £3 available via
ParentPay from Friday 10th
March***

The poster features a vibrant background with a diagonal split between orange and light green. On the orange side, there are several thick, dark blue diagonal brushstrokes. The text is arranged in a clean, modern layout. The 'RA' logo is in the top left, the main title is centered, and the year '2023' is in a script font on the right. Information about the call for entries and submission dates is in the top right, and the Royal Academy of Arts logo and sponsor are at the bottom.

RA

Call for entries

An exciting opportunity
for students aged 4–19 to
exhibit their artwork online
and at the Royal Academy
of Arts

Open for submissions

9 January – 29 March 2023

Find out more and enter

roy.ac/youngartists
#rayoungartists

Young Artists' Summer Show

2023

Royal
Academy
of Arts

Made possible by Robin Hambro



Want to find out
what's new in the
library?

Check out our new
Instagram account
at:
[@wally_girls_library](https://www.instagram.com/wally_girls_library)



Instagram

Are you thinking about training to teach?

Visit the new website for more information

<http://www.suttonscitt.org.uk>



Train to Teach Event - London

Saturday 11th March 2023

10am-2.30pm linktr.ee/suttonscitt

**Open Morning Primary
Aragon Primary**

Thursday 16th March 2023

9am - 11am

Email: rfa@glenthorne.sutton.sch.uk

Train to Teach Webinar

Thursday 23rd March 2023

5pm - 6pm

linktr.ee/suttonscitt

**Open Morning Secondary
Glenthorne High School**

Thursday 30th March 2023

9am - 11am

Email: rfa@glenthorne.sutton.sch.uk

**Sign up
for our
Events**



**WOULD YOU LIKE TO
TALK ABOUT YOUR
YOUNG PERSON AND
GET SOME NEW
IDEAS OR
STRATEGIES?**

IF AVAILABILITY, YOU WILL BE
ALLOCATED A 30 MINUTE SLOT BETWEEN
THESE TIMES



AUTISM ADVICE SESSION FOR SUTTON FAMILIES

FRI, 10TH MAR, 9:30-12:30

MON 3RD APRIL 1-4

WED 17TH MAY 1-4

TUES 6TH JUNE 9.30-12.30

TUES 13TH JUNE 9.40-12.30

MON 10TH JULY 9.30-12.30

THURS 14TH SEPT 9.30-12.30

WEDS 11TH OCT 1-4

MON 6TH NOV 9.30-12.30

TUES DEC 12TH 3-6

BOOK BY EMAILING

THEAUTISMSERVICE@COGNUS.ORG.UK

**WOULD YOU LIKE TO
TALK ABOUT YOUR
YOUNG PERSON AND
GET SOME NEW
IDEAS OR
STRATEGIES?**

IF AVAILABILITY, YOU WILL BE
ALLOCATED A 30 MINUTE SLOT BETWEEN
THESE TIMES



AUTISM ADVICE SESSION FOR SUTTON PROFESSIONALS

WED 22ND MARCH 9.30-12.30

THURS 18TH MAY 1-4

FRI 2ND JUNE 9.30-12

TUES 20TH SEPT 1-4

THURS 2ND NOV 9.30-12

BOOK BY EMAILING

THEAUTISMSERVICE@COGNUS.ORG.UK