



# Wallington High School For Girls

HEIRS OF THE PAST, MAKERS OF THE FUTURE

## THE WALLINGTON WEEK

### MESSAGE FROM THE HEADTEACHER



We have a record number of our students who have been awarded offers to Oxford and Cambridge universities this year, with over half of all applications to Oxbridge being returned as offers. Offers for all other universities will come throughout this term and next.

We are proud of all our students

wherever they go, so long as they are happy, and we are always pleased that over 80% of them usually get their first choice. Degree apprenticeships are also on the rise, and these offer exciting opportunities for students to study and work at the same time.

From next week the Wallington Week will be sent home on a Monday so I can fully capture the events of the week before.

Year 9 options evening is being held on 7th February, please ensure this date is in your diaries.

The Year 11 summary of interventions and support will be out next week, it looks astonishing – such an amazing amount of support is being given to the year group.

Our senior netball team recently won 20-19 against Ewell Castle and were only winning during the last 1/4 of the game. They are currently on a 3/3 win streak and are undefeated in the league so far this year!

Thank you to all those who completed the parent survey – I will share the results soon. It has been insightful to read your comments and I will reflect fully on them all.

The PFA will be holding a secondhand clothes sale on 2nd February 3-5pm – details to follow.

### CO-CURRICULAR ACTIVITIES

[SOCs](#), the school's new online system for Co-Curricular activities, will allow your child to see all available activities but also allow you to view after school registers to see if your child is attending and in school.

### CAREERS NOTICEBOARD

For live updates on careers related opportunities please click [here](#).

### CURRENT VACANCIES

Click [here](#) for a link to our vacancies page.

### GENERAL NOTICES

#### CHANGES IN CONTACT INFO

If you need to update your home address or contact telephone number, emergency contacts or any other information, please send the updates to:

KS3 and 4 – [mandrews@wallingtongirls.org.uk](mailto:mandrews@wallingtongirls.org.uk)

KS5 – [jday@wallingtongirls.org.uk](mailto:jday@wallingtongirls.org.uk)

### PARKING

Please note that parents are unable to park or drive into the school grounds between the hours of 7.30 -4.30 for safeguarding reasons. Families can contact our reception to ask for permission, where the needs arises for a pupil with mobility issues.

[reception@wallingtongirls.org.uk](mailto:reception@wallingtongirls.org.uk)

Please also ensure that when dropping your child at school each day, you are respectful of our local residents by not blocking drives and roads or impacting others safety by parking or dropping off your child(ren) irresponsibly.



## GENERAL NOTICES

### ATTENDANCE

Requests for absence, including illness or appointments should be sent to:

[attendance@wallingtongirls.org.uk](mailto:attendance@wallingtongirls.org.uk)

Please provide at least 2 full school days notice of a planned absence for the school to complete the required processes before the event.

Absences for longer than one day need to be confirmed at least 2 weeks prior to the event. Families should note that requests for holidays during term time will not be approved and penalty fines can be issued.

To notify WHSG of a leave of absence, please complete this [form](#) and return to the email above.

### SCHOOL COMMUNICATIONS

A number of e-mails have been reported as junk/SPAM and therefore are not being received by parents/carers.

Please save the following e-mail address into your address book/safe senders list to ensure you are receiving our school communications:

[SC3195405a@schoolcomms.com](mailto:SC3195405a@schoolcomms.com).

### BACK-TO-SCHOOL ADVICE

Click [here](#) for essential information provided by the GovUK website.

### PUNCTUALITY

Good punctuality to both lessons and to school is expected of all students. We know that employers place great importance on punctuality and attendance, therefore it is important for our students to understand the value of being on time.

WHSG will issue same day, 20 min detentions for students that are late into school, without a valid reason or persistent lateness to classes. Parents and students will be notified as soon as possible of the detention and the reasoning by email.

We ask that parents support these actions as important processes for the school and understand that detentions cannot be moved for any after school clubs or enrichment events. Should a detention clash with a medical appointment, evidence will be requested for the school to show flexibility.





## GENERAL NOTICES

### NOTICE FROM THE DSL

#### E-SAFETY WORKSHOP

**Date and time:** Thurs 8th Feb 2024, 18.00-19.00

**Facilitator:** Steve Welding - Education E-safety

**Adviser from Cognus**

**Location:** This is a virtual event – Teams

Steve Welding is an online safety specialist who wishes to educate all parents on how they can support their children to make the correct choices online. As a parent or carer you play a key role in helping your child to stay safe online. You don't need to be an expert on the internet to help keep your child safe online. This workshop will provide you with advice and resources to help you in supporting your child to use the internet safely, responsibly and positively.

#### Meeting details:

Microsoft Teams Meeting

Meeting ID: 312 726 541 059

Passcode: fjAdSj

#### SOCIAL MEDIA AND GAMING - PARENT WORKSHOP

The NHS-in-School Education Wellbeing Service is offering a webinar for parents and carers on teens use of screen time, social media and gaming. You can sign up for one of the sessions by using this [link](#).

#### GET INTO DENTISTRY STUDENTS/PARENTS

FREE virtual "Get Into Dentistry" UCAS conference on Saturday, January 28th, from 9:30am to 3:30 pm.

Learn more at:

<https://dental-mentor.org/get-into-dentistry-ucas-conference/>

Spaces are limited, so students should register as soon as possible using the link below:

<https://airtable.com/appgXnyzN5ZD9lw6/shr-BuiR7SBAC19kE>

#### PARENT MENTAL HEALTH DAY

Parent Mental Health Day was on Saturday 27th January 2024. The day provides an opportunity for parents and carers to acknowledge and discuss their struggles as parents but also share in their achievements.

Navigating parenting can be challenging. There are many online resources available to help parents/carers with day-to-day questions and advice:

- [Support for parents | NSPCC](#)
- [Parenting support | Action For Children](#)
- [Advice for parents - NHS \(www.nhs.uk\)](#)
- [Barnardo's Family Space | Barnardo's Family Space \(barnardos.org.uk\)](#)

Parenting can be tough and impact on wellbeing. There are services available across Sutton for adults struggling with their mental health:

- [Sutton Uplift - Wellbeing, Talking Therapies and Primary Care](#)
- [Digital mental health and wellbeing support for Londoners | Good Thinking \(good-thinking.uk\)](#)
- [Mental health services - NHS \(www.nhs.uk\)](#)

# join the luna wellbeing challenge!

5th – 29th february 2024

build up healthy  
self care habits

boost your wellbeing through weekly challenges focusing on:



mental health



physical activity



sleep



body confidence

win skincare,  
period products  
and more



any questions? let

Chisom (School Counsellor)

know!

## Education Wellbeing Service Webinar

### Social Media & Gaming - What Parents Need to Know

Young people are spending more and more time  
on social media and gaming.

This workshop talks through the relationship  
between mental health and different forms of  
screentime – some of the myths, science and also  
tips for how to think about and support your teen  
around different forms of screentime.



#### DATE / TIME

Tuesday 6th February 1-2 pm

Wednesday 7th February 6:30 - 7:30 pm

#### LOCATION

Online - Hosted on Teams

Sign up to this event for  
free on Eventbrite (and  
check out our others!)  
by scanning the QR Code  
or following the link  
below:

[CLICK HERE](#) to book



wellbeinginschoolsevents@swlstg.nhs.uk