

Wallington High School For Girls

HEIRS OF THE PAST, MAKERS OF THE FUTURE

THE WALLINGTON WEEK

MESSAGE FROM THE HEADTEACHER



Welcome back to the second half of the Autumn term. The weather is changing so please ensure your daughters are wrapping up warm with waterproofs packed for our rainy days!

This is one of our busiest terms for events so please do look at the school calendar. The two

events the PFA are running include the Year 7 and 8 School Disco and our Winter Fair. The Disco event is on 17th November 4-7 pm and is in the school Hall. The PFA have sent out an Eventbrite link for tickets. Students can stay in school until the event where they can change in to their 'disco clothes!' The second event, the Winter Fair, is on 7th December. This will run from 4 – 7pm, and will be an opportunity for students and their families to attend school to watch a variety of school performances including music, dance and PE, as well as visit a number of stalls selling festive goodies. Please do come and support this event. If you wish to run a stall, it is only £25, please contact the PFA at pfa@wallingtongirls.org.uk.

Profit from both these events will go towards the benefit of the children. This year the PFA has already catered for the Rugby and Football kits and also the year 12 refreshments for the welcome evening. Without you and your generous support, this was not have been possible. Please see flyers attached for further details.

Talking of funding ... please do contribute in any way you can to our school fund where you can help us refurbish some of our science rooms. As I have said before, science is an incredibly popular subject for our students, and we really would like to modernize some of the spaces they are working in. If you follow this link, you could be donating in minutes School Fund - Wallington High School for Girls (wallingtongirls.org.uk)



Navigating Teen Body Image

Please find attached a poster for a parent webinar on "Navigating Teen Body Image" – more info in the posters section of this newsletter below.

Student Wellbeing Survey

We are keen to hear students' views and opinions on how the school supports students with their mental health and wellbeing. All students have been emailed a short survey to complete and responses are completely anonymous.

Parent Workshop: Special Educational Needs Drop-In

Date and time: Thurs 16th Nov 2023, 17.30-18.30 Facilitator: Mrs Bates (Director of Inclusion) and Tracy Matthews (Adapt to Learn ASD Specialist) Location: This event will be held at WHSG

Mrs Bates (Director of Inclusion) and Tracy Matthews (Adapt to Learn ASD Specialist) will be available to speak to parents of those students who have SEN. This will be an informal session where parents can ask questions, share experiences and gather ideas for supporting their child with SEN.

Co-Curricular Activities

SOCs, the school's new online system for Co-Curricular activities, will allow your child to see all available activities but also allow you to view after school registers to see if your child is attending and in school.

Current Vacancies

Food and Textiles Technician, Teacher of Geography (MAT) and Teacher of Humanities (MAT) are all available. To find out more, click here.





Parent Workshop: Drug and Alcohol Awareness

Date and time: Tues 21st Nov 2023, 18.00-19.30

Facilitator: The DSM Foundation
Location: This is a virtual event – Zoor

Location: This is a virtual event – Zoom

This online workshop will be led by a drug education charity, the Daniel Spargo-Mabbs Foundation. The workshop will involve finding out about:

- levels of young people's exposure to drugs and alcohol – what, where, when and how;
- what young people, and their parents and carers, need to know about the risks of drugs and alcohol;
- factors that affect young people's decisions about drugs and alcohol, including teenage brain development;
- how to have effective conversations with your child, and practical suggestions for what you can do to support them to stay safe;
- where to go for more information and support.

To register for this online workshop please click <u>here</u>.

After registering, you will receive a confirmation email from the Foundation containing information about joining the webinar.

Whatsapp Groups

It has been brought to our attention that there are a number of large WhatsApp groups which Sutton children and young people are part of — one being over 1000+ members. We have had reports from the police of inappropriate messages being shared. A reminder that to use WhatsApp in the UK, users must be 16-years-old or older. We encourage parents/ carers to have regular conversations with their young people about their social media activity. For further information about WhatsApp and how to keep your child safe online please see this website - What is WhatsApp? A safety how-to guide for parents | Internet Matters

Why is school attendance so important?

A student's progress is severely hampered if they do not regularly attend school. Where absence escalates and students miss 10% or more of school (equivalent to 1 day or more a fortnight across a full school year), this is classed as 'persistent absence' (PA) by the DfE. If this continues from Years 7 to 11, a total of six months' education will be lost.

It is expected that all students aim for at least 97% attendance each year. At WHSG:

- 97-100% attendance is defined as expected
- 95 96% attendance is defined as satisfactory
- Below 95% but above 90% is defined as a cause for concern
- Below 90% is defined as a serious cause for concern

The school understands that there are exceptional circumstances when levels of attendance may fall below 97% or even 95% for reasons beyond the student or parents' control, however these are very rare. For more information please see our Attendance and Punctuality Policy which can be found on our website and by clicking here to visit the Government website.





Student Medication

If any student has a condition that requires medication such as Adrenaline Auto Injectors, Antihistamines or Inhalers can parents and carers please ensure that we are provided with spare medication to be kept in the first aid room, in addition to medication carried by the student.

*Medication will be required for the upcoming Enrichment Activities in November and should be provided before that date / if you are notified of a medication request via email.

We require all medication to be supplied in its original container with leaflet, accompanied by a completed Parental Permission Form, one form per medication (available from the school website, school Life, Pastoral Care or by the link below.

http://wallingtonhighgirls.fluencycms.co.uk/Pastoral-Care

We would also ask that you would provide the school with replacements as and when the expiry date is reached.

The medication will be stored in the First Aid Room and given to your child as detailed on the Parental Permission Form.

A reminder that students must carry their own first response medication with them at all times.

If your child no longer requires medication, please email in this information so we can update our records accordingly.

Lost Property

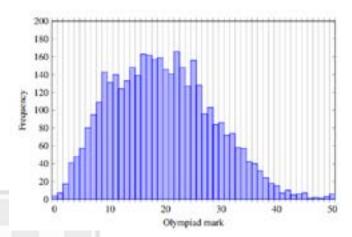
Many items are in our lost property including PE Kits, trainers, glasses, AirPods and more. Please advise your child to enquire at reception. Thank you.

NextGen Awards 2023

Vote for Jessica Asiedu-Kwatchey, a University of Cambridge student, as she competes for an Influencer Award against students from Queen Mary, Greenwich University, and the London School of Economics. Show your support for our alum by clicking here to cast your vote.

Mathematical Olympiad

In September twenty-five students from Year 12 and 13 took part in the Mathematical Olympiad for Girls. It is a very challenging competition which involved sitting a 2.5 hour examination paper. In the whole country only 3918 students sat this paper and this graph shows the distribution of all the students marks – showing how difficult the paper was!



We are very proud of Mishti, Ishika, Riya, Sophie, Katie, Tharaniga, Kareena, Neha, Rebecca, Leenuja, Avni, Abbie, Sanjna, Aanya, Diya, Naomi, Pavithra, Tamera, Piya, Shreeya, Shreya, Julia, Mithraa, Mihika, and Emily for taking part. They all took time to complete past papers, which can be found by the following link if you want to have a look and maybe try a few questions (remember they are super challenging but from working through the solutions you can really learn a lot!) https://bmos.ukmt.org.uk/home/ukmog.shtml



We have just received their results which were all very impressive.

The following students achieved a Distinction... Sophie, Kareena, Rebecca, Abbie, Sanjna, Aanya, Naomi, Pavithra, Shreya and Julia.

The following students achieved a Merit... Mishti, Katie, Tharaniga, Neha, Leenuja, Avni, Diya, Piya, Shreeya, Mihika and Emily.

Abbie and Julia jointly achieved the highest result in the school with an impressive 38 marks. Well done to everyone! Miss Tucker

Senior Mathematical Challenge

This term, all Year 12 and 13 Mathematicians took park in the Senior Mathematical Challenge. This is a multiple-choice test that is sat by students across the UK. It encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems. The problems are challenging and designed to make even the most able students think!

An example of one of the questions, which may be accessible to students from lower years as well was...



Year 13

Gold Certificates

Rukaiya, Angelica, Banujaa, Karnuya and Grace

Silver Certificates

Andrea, Sophie, Sutapi, Ashana, Shivanjaly, Yuvathi, Madumida, Tia, Thivahene, Shuwathi, Alice, Sumayya, Lucy, Hadiya, Ayesha, Soleyana, Emily, Charlotte, Jiya, Jasvene, Saranya and Levine.

Bronze Certificates

Gayathiri, Vinu, Nadine, Laxshana, Maisha, Uma, Olubukayomi, Raagave, Varsha, Najah, Amineh, Vaasahi, Karthikaa, Vithura, Shriya, Amnah, Ridhi, Safia, Sanshana, Khaviya, Isoke, Freya, Janelle, Venice, Roslynn, Anuraga, Varnikha, Aishah, Kavinajah, Aaminah, Poppy, Sujitha, Nanjeeba, Shreya, Aalia, Isobel, Khadeeja, Thebika, Sadaf, Dora, Thenuhaa, Manvi, Neekaiya, Sarah, Annie, Fariha, Vahini, Natalie, Bianca, Sophie, Anna, Melanie, Thushikaa, Arsha, Liz, Priyanka, Anjali, Pireethy, Dhushana, Ragshidaa, Ashmita and Methusha.

Year 12

Gold Certificates

Abbie, Naomi, Anusjhni and Alishba.

Silver Certificates

Arisha, Karshiga, Inez, Wendy, Abisna, Shu Ying, Lavanya, Aiko, Raji, Piranaya, Amelie, Kile, Trishali, Rym, Yasmine, Zainab, Lydia, Alvita, Zaira, Katie, Hannah, Deya, Piya and Zhi Ying.

Bronze Certificates

Hamama, Minali, Shrija, Shahrin, Kasthury, Tanvee, Ashani, Diora, Mariam, Leila, Chloe H, Danya, Alexandra, Theodora, Amirrthaa, Janya, Arunima, Suvika, Donna, Alexia, Zara, Thunsara, Maira, Abisha, Asiyah, Yvonne, Sophie, Dhriti, Tabitha, Maathuri, Debbyca, Chilohem, Sufia, Anna-Maria, Sri Nikhila, Melinda, Annapurna, Ashini, Sasha, Grace, Maahi, Ahlaam, Chloe D, Olya, Deepika, Alisha, Mathura, Romoluwa, Abarna, Sohana, Farida, Khullat, Mariam, Anjali, Imani, Amtul Baqi, Anusha, Bushra, Zahra, Rosa, Sharika, Shirin, Tuba, Joanna, Rochelle, Ayesha, Vilasini and Hibah.

All of the students who achieved a Gold certificate qualified for the next round and will sit the Senior Kangaroo.

Particular congratulations go to Rukaiya, Abbie and Naomi for achieving the highest result in their years. Rukaiya's incredibly impressive score of 91 is the best result of the whole school.

Well done to everyone who took part.



SAFEGUARDING FOR PARENTS

What is safeguarding?

Ensures that every child, regardless of their age, disability, gender reassignment, race, religion or belief, sex, or sexual orientation, has a right to equal protection from harm.

Safeguarding is the steps that people take to protect children and vulnerable people from harm.



Examples of safeguarding concerns to look out for:



Physical

A group of children start pushing or hitting a smaller child when an adult is not looking



Emotional

You see a crying child run towards their parent who responds in a harsh manner using inappropriate language



Sexual

A teenage girl walking home is catcalled and harassed, or being touched without consent



Neglect

You see a child wearing the same dirty clothes everyday and who steals food from other children



How can you help?

If you ever see anything happen to a child that makes you feel uncomfortable, please let your safeguarding lead / person know. You are not causing problems but it could save a child from unnecessary harm.

Any one of these things might not mean anything, but if your safeguarding lead / person isn't told, then they can't help.

Speak to:

MISS GOUGH



FOR EVERYONE, EVERYWHERE.

For safeguarding resources visit: the safeguarding company.com



"I Wish I Looked Like Them" Helping Teens Navigate Body Image Issues

Body image issues are increasingly a challenge for many teenagers and young people.

This workshop talks about our current understanding of body image issues, ideas for supporting your teen and resources for you and your teen.





DATE / TIME

Thursday 16th November 7.30-8.30 pm

Friday 17th November

12-1 pm

LOCATION

Online - Hosted on Teams

Sign up to this event for free on Eventbrite (and check out our others!) by scanning the QR Code or following the link below:

CLICK HERE to book



wellbeinginschoolsevents@swistg.nhs.uk





Woodcote Road, Wallington, Surrey. SM6 0PH

Thursday 7th December 2023 4.30-7.30pm

Do you have a wanderful small business and would like to have a stall at the WHSG Winter Fair, then please contact Mohua Kumar 07763 338786 or email PFAID wallingtongirls org.uk

Sellers fee only £25

Set up: 4pm onwards

Pack up: to be completed by 8pm (latest)

One complimentary hot drink to all stall holders



Come and find that perfect gift for someone special, savour a se drink and some seasonal music, or just enjoy the atmosphere and get into the festive spirit.

Amazing Raffle + Prizes * Refreshments * variety of stalls * Photo Booth

Form Music competitions * Gym & Dance showcase

