

# Welcome...

## Duke of Edinburgh

# Information Evening 2023

Mrs Woodvine and Miss Stooke (DofE WHSG coordinators)  
Mrs Collins (Internal Verifier)  
Jess (ActivAdventures)

*Start your DofE journey today*



# What is the DofE?

The DofE is a life-changing adventure.

You make it: The DofE is as unique as you are

Millions of young people in the UK have already done their DofE.

Now it's your turn.



**YOUTH  
WITHOUT  
LIMITS**



**YOUTH  
WITHOUT  
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# Why do DofE?

## Why do a Duke of Edinburgh's Award?

### ■ Participation develops:

- self-confidence,
- resilience,
- a sense of responsibility,
- new talents and abilities,
- the ability to plan and use time effectively,
- self management
- problem solving,
- presentation skills,
- communication skills,
- the ability to lead and work as part of a team

■ Major employers consider the Duke of Edinburgh's Award as the most important activity undertaken at school

■ Universities consider that undertaking the Award shows that young people have a suitably balanced character and transferable skills



# What is involved?

## BRONZE AWARD

VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
3 months	3 months	3 months	2 days 1 night

Plus a further 3 months in either the Volunteering, Physical or Skills section.

Year 9

## SILVER AWARD

VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
6 months	6 OR 3 months	6 OR 3 months	3 days 2 nights

Physical and Skills sections: one section for 6 months and the other section for 3 months

Year 10

If you didn't do BRONZE, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.

## GOLD AWARD

VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION	RESIDENTIAL
12 months	12 OR 6 months	12 OR 6 months	4 days 3 nights	5 days 4 nights

Physical and Skills sections: one section for 12 months and the other section for 6 months

Year 12

If you didn't do SILVER, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.

# What will I do?

## BRONZE

Volunteering **3** months

Physical **3** months

Skills **3** months

Expedition **2** days **1** night



*PLUS a further 3 months in the Volunteering, Physical or Skills section.*



# What will I do?

## SILVER

Volunteering **6** months

Physical

one section for  
6 months, the

Skills

other for 3 months

*Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.*

Expedition **3** days **2** nights



# What will I do?

## GOLD

Volunteering **12** months

Physical

one section for  
12 months, the

Skills

other for 6 months

*Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.*

Expedition **4** days **3** nights



Residential **5** days **4** nights



# Volunteering section

**Take action and make a difference to the causes you care about**

**Help others and change things for the better**



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## Helping people

- Helping children
- Helping children to read in libraries
- Helping in medical services e.g. Hospitals
- Helping older people
- Helping people in need
- Helping people with special needs
- Tutoring
- Young carer
- Youth work

## Community action & raising awareness

- Campaigning
- Cyber safety
- Council representation
- Drug & alcohol education
- Home accident prevention
- Neighbourhood watch
- Peer education
- Personal safety
- Promotion & PR
- Road safety

## Working with the environment or animals

- Animal welfare
- Environment
- Rural conservation
- Preserving waterways
- Working at an animal rescue centre
- Litter picking
- Urban conservation
- Beach and coastline conservation
- Zoo/farm/nature reserve work

## Helping a charity or community organisation

- Administration
- Being a charity intern
- Being a volunteer lifeguard
- Event management
- Fundraising
- Mountain rescue
- Religious education
- Serving a faith community
- Supporting a charity
- Working in a charity shop

## Coaching, teaching and leadership

- Dance leadership
- DofE Leadership
- Group leadership
- Head student
- Leading a voluntary organisation group
  - Girls' Venture Corps
  - Sea Cadets
  - Air Cadets
  - Jewish Lads' and Girls' Brigade
  - St John Ambulance
  - Scout Association
  - Air Training Corps
  - Volunteer Cadet Corps
  - Army Cadet Force
  - Boys' Brigade
  - CCF
  - Church Lads' & Girls' Brigade
  - Girlguiding UK
  - Girls' Brigade
- Sports leadership
- Music tuition

# Physical section

Take part in whatever  
dance, sport or fitness  
activity you would like

Get fitter and have fun  
along the way!



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## Individual sports

- Airsoft
- Archery
- Athletics (any field or track event)
- Biathlon/Triathlon/Pentathlon/Aquathon
- Bowls
- Boxing
- Croquet
- Cross country running
- Cycling
- Fencing
- Geocaching
- Golf
- Gymnastics
- Horse riding
- Modern pentathlon
- Motocross
- Orienteering
- Paintballing
- Pétanque
- Roller blading
- Roller skating
- Running
- Static trapeze
- Supercross
- Ten pin bowling
- Trampolineing
- Wheelchair fencing
- Wrestling

## Water sports

- Canoeing
- Diving
- Dragon Boat Racing
- Free-diving
- Kite surfing
- Kneeboarding
- Rowing & sculling
- Sailing
- Skurfing
- Sub aqua (SCUBA diving & snorkelling)
- Surfing/body boarding
- Swimming
- Synchronised swimming
- Underwater rugby
- Wakeboarding
- Windsurfing

## Dance

- Ballet
- Ballroom dancing
- Belly dancing
- Bhangra dancing
- Ceroc
- Contra dance
- Country & Western
- Flamenco
- Folk dancing
- Jazz
- Line dancing
- Morris dancing
- Salsa (or other Latin styles) dancing

- Scottish/Welsh/Irish dancing
- Street dancing/breakdancing/hip hop
- Swing
- Tap dancing

## Racquet sports

- Badminton
- Matkot
- Racketball
- Racketlon/Rackets
- Rapid ball
- Real tennis
- Squash
- Table tennis
- Tennis
- Wheelchair tennis

## Fitness

- Aerobics
- Fitness classes
- Gym work Medau movement
- Physical achievement
- Pilates
- Running/jogging
- Walking
- Weightlifting
- Wii-fit
- Yoga

## Extreme sports

- BMX
- Caving & potholing
- Climbing
- Free running (parkour)
- Ice skating Mountain biking Mountain unicycling
- Parachuting
- Skateboarding
- Skydiving
- Snow sports (skiing, snowboarding, snowkiting)
- Speed skating
- Street luge

## Martial arts

- Aikido
- Capoeira
- Ju Jitsu
- Judo
- Karate
- Kendo
- Mixed martial arts
- Self-defence
- Sumo
- Tae Kwon Do
- Tai Chi

## Team sports

- American football
- Baseball
- Basketball
- Boccia

- Camogie
- Cheerleading
- Cricket
- Curling
- Dodge disc
- Dodgeball
- Fives
- Football
- Frame football Futsal
- Gaelic football
- Goalball
- Handball
- Hockey
- Hurling
- Ice hockey
- Kabaddi
- Korfbal
- Lacrosse
- Netball
- Octopushing
- Polo
- Quadball
- Roller derby
- Rogaining
- Rounders
- Rugby (union/League)
- Sitting Volleyball
- Sledge hockey
- Sledge ice hockey
- Softball
- Stoolball
- Tchoukball
- Tug of war
- Ultimate flying disc
- Volleyball
- Wallyball
- Water polo
- Wheelchair basketball
- Wheelchair rugby



# Skills section

**Devote yourself to improving your skills in the things you love to do**

**Discover new passions and develop talents you didn't know you had**



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## Performance arts

- Ballet appreciation
- Ceremonial drill
- Circus skills
- Conjuring & magic
- Majorettes
- Puppetry
- Singing
- Speech & drama
- Theatre appreciation
- Ventriloquism
- Yoyo extreme

## Science & technology

- Aerodynamics
- Anatomy
- App design
- Astronomy
- Biology
- Botany
- Chemistry
- Coding/ programming
- Ecology
- Electronics
- Engineering
- Entomology
- IT
- Marine biology
- Oceanography
- Paleontology

- Physics
- Rocket making
- Taxonomy
- Weather/meteorology
- Website design
- Zoology

## Care of animals

- Agriculture (keeping livestock)
- Aquarium keeping
- Beekeeping
- Caring for reptiles
- Dog training & handling
- Horse/donkey/llama/alpaca handling & care
- Looking after birds (i.e. budgies & canaries)
- Pet care – health/training/maintenance
- Pigeon breeding & racing

## Music

- Church bell ringing
- Composing
- DJing
- Evaluating music & musical performances
- Improvising melodies
- Listening to, analysing & describing music

- Music appreciation
- Playing a musical instrument
- Playing in a band
- Reading & notating music
- Understanding music in relation to history & culture

## Natural world

- Agriculture
- Conservation
- Forestry
- Gardening
- Groundsmanship
- Growing carnivorous plants
- Plant growing
- Snail farming
- Vegetable growing

## Games & recreation

- Cards (i.e. bridge)
- Chess
- Clay target shooting
- Coxing
- Cycle maintenance
- Darts
- Dominoes
- Fishing/fly fishing
- Flying
- Gliding
- Go-karting

- Historical period re-enacting
- Kite construction & flying
- Mah Jongg
- Marksmanship
- Model construction & racing
- Motor sports
- Power boating
- Snooker, pool & billiards
- Sports appreciation
- Sports leadership
- Sports officiating
- Table games
- War games

### Life skills

- Alternative therapies
- Cookery
- Democracy in action
- Digital lifestyle
- Driving: car maintenance/car road skills
- Driving: motorcycle maintenance/road skills
- Event planning
  - First aid – St John/St Andrew/BRCS
- Hair & beauty
- Learning about the emergency services
- Learning about the RNLI (Lifeboats)
- Library & information skills
- Life skills
- Massage
- Money management
- Navigation
- Public speaking and debating
- Skills for employment
- Young Enterprise

### Learning & collecting

- Aeronautics
- Aircraft recognition
- Anthropology
- Archaeology
- Astronautics
- Astronomy
- Bird watching
- Coastal navigation
- Coins
- Collections, studies & surveys
- Comics
- Contemporary legends
- Costume study

- Criminology
- Dowsing & diving
- Fashion
- Forces insignia
- Gemstones
- Genealogy
- Heraldry
- History of art
- Language skills
- Military history
- Movie posters
- Postcards
- Reading
- Religious studies
- Ship recognition
- Stamp collecting

### Media & communication

- Amateur radio
- Blogging
- Communicating with people who are visually impaired
- Communicating with people who have a hearing impediment
- Film & video making
- Journalism
- Newsletter & magazine production
- Signalling
- Vlogging
- Writing

### Creative arts

- Basket making
- Boat work
- Brass rubbing
- Building catapults & trebuchets
- Cake decoration
- Camping gear making
- Candle-making
- Canoe building
- Canvas work
- Carnival/festival float construction
- Ceramics
- Clay modelling
- Crocheting
- Cross stitch
- DIY
- Dough craft
- Drawing
- Dressmaking
- Egg decorating
- Embroidery
- Enamelling

- Fabric printing
- Feng Shui
- Floral decoration
- French polishing
- Furniture restoration
- Glass blowing
- Glass painting
- Interior design
- Jewellery making
- Knitting
- Lace making
- Leatherwork
- Lettering & calligraphy
- Macramé
- Marquetry
- Model construction
- Mosaic
- Painting & design
- Patchwork
- Photography
- Pottery
- Quilting
- Rope work
- Rug making
- Snack pipping
- Soft toy making
- Tatting
- Taxidermy
- Textiles
- Weaving and spinning
- Wine/beer making
- Woodwork



# Expedition

Explore the great outdoors  
and spend a night away  
from home

Create memories that  
will last a lifetime



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# Residential (Gold Award only)

Five days and four nights  
away from home

Sharing experiences  
and creating new  
connections



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# Evidence

Each section of the Award must be evidenced. Evidence can include:

- Keeping Track booklet
- Assessor's Report Sheets (students can change activities so each change requires an assessor report sheet to be uploaded to the edofe site)
- Activity logs with assessor and participant comments

**Please Note: Each section must include one or more Assessor's Report**

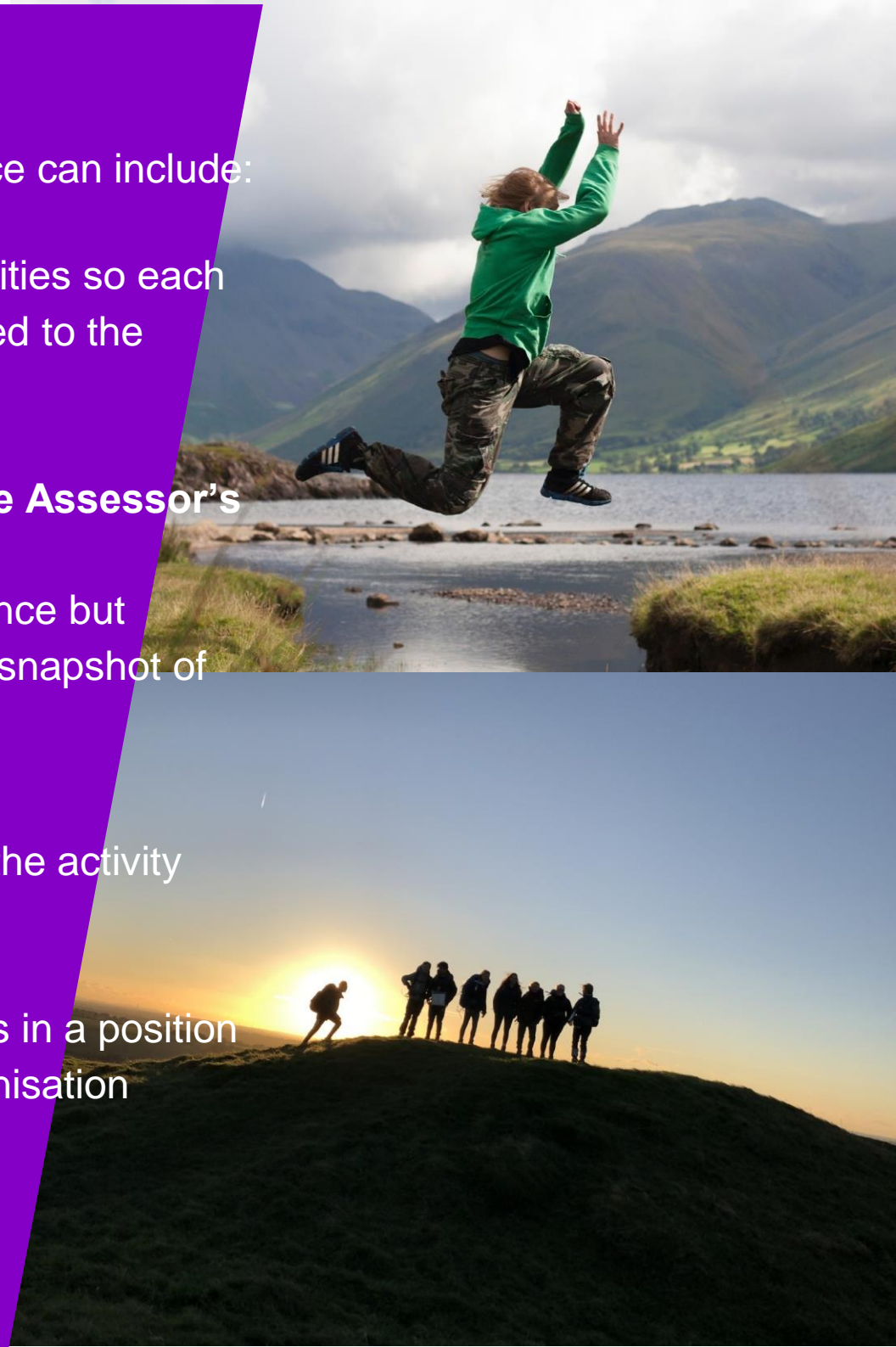
Photographs and videos can be used to enhance evidence but cannot be used on their own as they only show a small snapshot of time.

## Responsibility for Activities

It is your responsibility as a parent/carer to ensure that the activity your child undertakes is safe .

## Assessors

These can be anyone associated with the activity who is in a position of responsibility e.g. A sports coach or a voluntary organisation leader. **Assessors must not be family members.**





# Section Assessor

## What is a DofE section assessor?

A DofE section assessor mentors a participant in their activity and confirms what the participant has been doing, how they have progressed and how they have met their goals.

## Who can be a DofE Section Assessor?

Almost anyone! A DofE section assessor should have competence and knowledge of the activity that the participant is undertaking, and cannot be a peer or family member.

## What needs to be included in a report?

A good report should show the participant's achievements in their activity. It needs to have the correct start and finish dates marked on it to show the participant has completed the required timescale and be signed by the assessor with contact details. An assessor's report should be personalised, positive and encouraging.

## How is an assessor report submitted?

There are two options: participants may give their assessor a report card from their Welcome Pack to fill in, or assessors can write their report via <https://edofe.org/Assessor>. They will need the participant's eDofE number for the site. These reports are sent to the Leader's account to send to the participant; if you use the Welcome Pack page, the young person must scan the report onto their account themselves.



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**A PARENT  
AND CARER'S  
GUIDE TO THE  
DOFE AWARD**





# Your role

Guidance

Encouragement

Practical support

Recognising achievement



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# Fees

BRONZE AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
3 months	3 months	3 months	2 days 1 night
Plus a further 3 months in either the Volunteering, Physical or Skills section.			

**Fees:**  
**Enrolment - £35.50**  
**Expedition - £255**

Enrolment fee is paid via parentpay.  
 Expedition fee is paid directly to ActivAdventures later on.

SILVER AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
6 months	6 OR 3 months	6 OR 3 months	3 days 2 nights
Physical and Skills sections: one section for 6 months and the other section for 3 months			
If you didn't do BRONZE, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.			

**Fees:**  
**Enrolment - £35.50**  
**Expedition - £325**

Students on free school meals can apply by application to Mr Parkinson at WHSG for a bursary to cover the costs of the enrolment and part or whole payment of the expedition costs.

GOLD AWARD				
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION	RESIDENTIAL
12 months	12 OR 6 months	12 OR 6 months	4 days 3 nights	5 days 4 nights
Physical and Skills sections: one section for 12 months and the other section for 6 months				
If you didn't do SILVER, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.				

**Fees:**  
**Enrolment - £42.50**  
**Expedition - £400**

# Getting started

Are you ready to start an adventure you'll never forget?



**Deadline for  
ParentPay and  
enrolment fee:**

**17<sup>th</sup> November  
2023**



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Payment items

Jaimee - Duke of Edinburgh Bronze Award

22 - 23 Jun 24

[Help and guidance](#)



Duke of Edinburgh Bronze Award

By paying the enrolment fee for your child to join the Duke of Edinburgh programme, you agree to your child doing a DofE programme. You note that it is your responsibility to check that any activity your child undertakes for their DofE programme is appropriately managed and insured, unless the activity is directly managed or organised by their DofE group, centre or Licensed Organisation.

**Cost:** £35.50

**Due date:** 30 Nov 23

Additional information

The school requires the following information to be completed.



[Why we need this information](#)

I understand that the information below will be shared with any other parent/carer linked with Jaimee

\*please note, if you do not wish to share this information with linked parents/carers, you must provide it directly to the school before completing payment.

[Other details](#)



Has your child registered for any previous levels of DofE? Yes/No

200 characters remaining

If Yes, which level and what was your child's registration/ID number?

200 characters remaining

Payment

Pay full amount (£35.50)

I agree to my child doing a DofE programme. I will check that any activity undertaken is appropriately managed/insured unless it is directly organised by the DofE group/centre or Licensed Organisation

[Set up One-click payments](#)

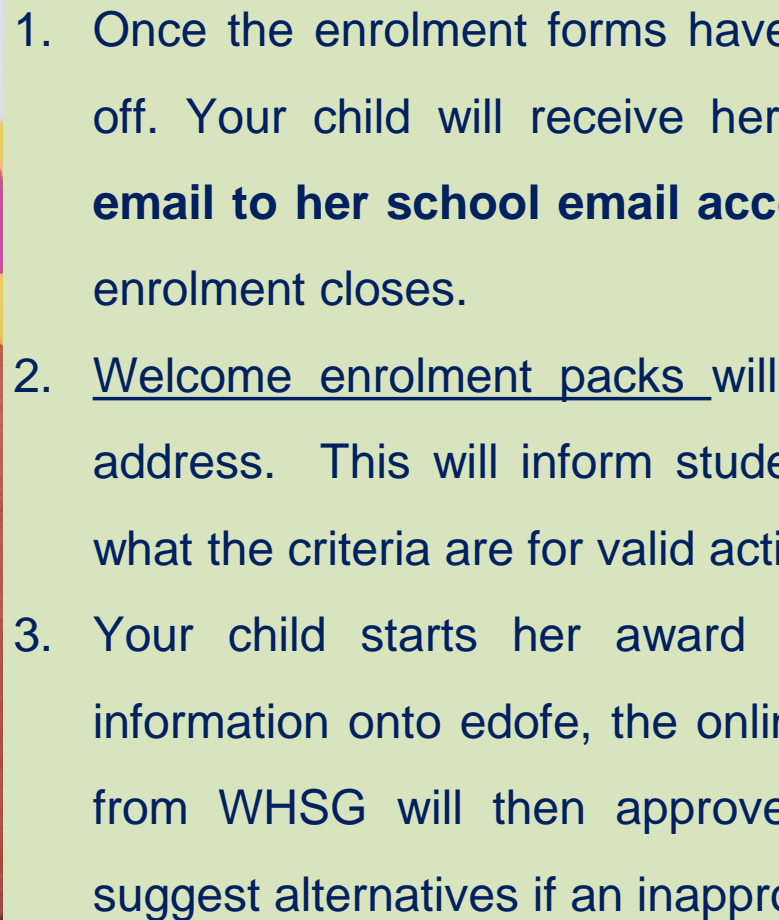
One-click payments are faster and simpler. Simply set up a direct debit mandate that allows payments to be taken from your bank account. Payments will only be taken when you tell us to.

[Add to basket](#)

[Cancel](#)



# Your Welcome Pack and eDofE

- 
- A photograph showing a red award ribbon with the word 'Bronze' in white, and a pink badge with the 'DofE' logo and the text 'DofE' and 'DofE' below it.
1. Once the enrolment forms have been received they will be sent off. Your child will receive her eDofE log-in and password **by email to her school email account** during the fortnight after the enrolment closes.
  2. Welcome enrolment packs will be sent to the student's home address. This will inform students how to collect evidence and what the criteria are for valid activities in each skill section.
  3. Your child starts her award and uploads all of her activity information onto edofe, the online portal. The DofE coordinators from WHSG will then approve the nature of the activities or suggest alternatives if an inappropriate activity is chosen.

## How is the Award being run at WHSG?

Wallington High School for Girls will be co-ordinating the Award and will deal with enrolments, queries and approvals for the Award.

ActivAdventures will deliver the expedition section of the Award providing in school training sessions, a training day, practice expedition and qualifying expedition.

The award is **student-led**.

Students **will be expected to attend** the expedition Training Day, all expeditions and upload all information onto the edofe site.



**Thank you for listening**

**Queries can be emailed to  
[dofe@wallingtongirls.org.uk](mailto:dofe@wallingtongirls.org.uk)**