



Wallington High School *For Girls*

FRIDAY 28TH
JANUARY 2022

HEIRS OF THE PAST, MAKERS OF THE FUTURE

THE WALLINGTON WEEK

MESSAGE FROM THE HEAD TEACHER

Following on from my university applications update last week, congratulations go to the 13 students who have now received offers from Cambridge. Offers cover a wide range of subjects including Land Economy, Philosophy, Education, Mathematics, History & Politics, Psychology, English, Veterinary Science, and Engineering. This brings our Oxbridge numbers to 18 for the year and all of Year 13 are to be congratulated for their excellent achievements this year.

Year 9 students are now beginning the process of choosing their GCSE options. As part of our support and guidance for this process, we recently held our Year 9 Options Evening for students and parents. In order to ensure that we were able to hold this in school, we split the event into three sessions for all the different form groups over the Wednesday and Thursday Evenings. Everyone had the opportunity to learn more about our curriculum at Key Stage 4, what options choices were available and advice on the best way to go about choosing them. Students and parents were encouraged to go away and look at the subject videos on our school website as a way of learning more about how each option subject is taught and assessed. Thank you to everyone that attended.

This week in our virtual assemblies, we have been sharing with students some aspects of our Equality, Diversity and Inclusion Action Plan which is separated into the three themes of Educate, Empower and Enjoy. As part of this we are launching a digital suggestion box for students and making sure they know how to report any issues of concern.

We are still continuing to see a gradual rise in the number of confirmed covid cases in the school (just under 3.5% of students). In order to keep everyone safe and reduce the risk of students and staff catching the virus, please continue to regularly self-test at home.

We have now received further information from the NHS immunisations team that covid vaccinations are becoming available for 12-15 year olds again as well as 16-17 year olds. This time round the service will not be operating in schools during the week but via pop up clinics at evenings and weekends. Please see the flyer which can be found later in this bulletin for further details.

Finally, we continue to receive feedback from local residents about inconsiderate and/or sometimes dangerous driving and parking by parents/carers when picking up or dropping

off their children for school. We encourage all in our community to prioritise safety and respect for all at all times.

Have a great weekend

MR R BOOTH
HEADTEACHER



Wallington
High School For Girls
HEIRS OF THE PAST, MAKERS OF THE FUTURE

WE ARE ON TWITTER!

KEEPING YOU UP TO DATE WITH
THE LATEST NEWS AND EVENTS DAILY HERE AT
WALLINGTON HIGH SCHOOL FOR GIRLS

FOLLOW US AND STAY CONNECTED



@girlswallington



COVID-19 vaccinations for children and young people (12 to 15 yrs AND 16-17 yrs)

Harris Academy Sutton pop-up clinic

Saturday 5 February 2022

Walk-in available 10am - 5pm




 Harris Academy Sutton, 2 Chiltern Road, Sutton, SM2 5RD

Main Hall via the main student gate

[Click to book an appointment](#)

or call **020 8614 5306**

IMPORTANT INFORMATION

-  Please **DO NOT** attend if it has been less than 12 weeks between your child's first and second dose.
-  Please **DO NOT** attend if your child has tested positive for COVID-19 in the previous 12 weeks.
-  All 12 to 15 year olds will need to be accompanied by an adult with parental responsibility.

THE WALLINGTON WEEK

CAREERS UPDATES ON VIRTUAL NOTICEBOARD



JOB OF THE WEEK – VIRTUAL MERCHANDISER

Work Experience

Investin live and online careers experience – Spring term University Hospitals Birmingham Trust Work Experience Programme

The largest free national work experience programme aspiring medical, dental and veterinary students has returned. This was developed last year in partnership with Birmingham Universities Hospitals Trust and it is free for students from 10-13 or S3-S6 year groups to participate in. Medical Schools are accepting virtual work experience as an alternative to in-person work experience in light of the pandemic and reduced access to placements.

With February Half Term and National Apprenticeship week fast approaching, Speakers for Schools have some really big companies offering free placements, such as The British Army, Morgan Sindall, The NHS and many many more. Please see the noticeboard for more details.

APPRENTICESHIPS

The latest apprenticeships featured on Rate My Apprenticeship including Deutsche Bank, Government Economic Service, Lloyds Bank, Mott Macdonald and Morrisons. We have also received a very interesting vacancy from the Department of International Trade for an International Trade Trainee as well as a Degree Apprenticeship in UX Design.

KEY STAGE 3 COMPETITION

Research a NHS career from the 350 job profiles on the Health Careers web site, create materials to promote it and see if you can win! Competition ends 31 April 2022

University Events

Exploring Medicine, Healthcare and work experience for healthcare courses with St George's, University of London

We are thrilled to share with you the below three webinars exploring Medicine, Healthcare, and work experience for healthcare courses. These webinars are designed to help you gain a stronger understanding of the courses, application processes and the types of work experience that universities are looking for in your application.

EXPLORING MEDICINE

Date: Wednesday 9 February

Time: 16.00 – 17.30

Join St George's staff and medical students as we cover the following topics:

- Why medicine? – hear from our medical students about why they chose their subject
- Overview of the application process and entry requirements
- Work experience – get tips from medical students on what you can do now to gain insight into medicine and

work experience alternatives

- What skills do doctors need?
- What can you do now to prepare your application?
- Q & A – ask your questions to our medical students and staff

[Register your place](#)

Exploring healthcare courses and careers

Date: Wednesday 23 March

Time: 17.00 – 18.00

Interested in applying for a healthcare course at university but not sure which route is right for you? This event will give an insight into different healthcare roles and courses and an overview of the university application process and entry requirements. You'll also have the chance to hear from healthcare university students about their experiences.

[Register your place](#)

WORK EXPERIENCE FOR HEALTHCARE COURSES

Date: Wednesday 30 March

Time: 17.00 – 18.00

Find out why universities ask for work experience from healthcare and medicine applicants, what types of experience are useful, and how to reflect on your experiences to make a strong university application. You'll be advised by staff and medicine/healthcare students on what you can do now to gain insight into clinical roles and work experience alternatives during a pandemic, and will be signposted to useful resources and tools.

[Register your place](#)

THE WALLINGTON WEEK

ENRICHMENT UPDATE

Exciting news for the upcoming Spring Enrichment day on the 10th March 2022

Plans have now been finalised and parents will be sent letters shortly confirming the arrangements and to ask for consent and any payment towards the costs where appropriate.

Year	7	8	9	10	11	12	13
Activity	<p>Disability Awareness Day Dept: PCSHE In school event Providing students with a chance to enhance their understanding of the world around them; students will spend the day focusing on disabilities and how they impact individual and their surrounding and what our young people may be able to do to help Cost: £0</p>	<p>Day out in Greenwich Dept: Tech Offsite event Students will get the chance to visit three different sites in Greenwich; The cutty Sark, Maritime History Museum and the Royal observatory on a day that links in to History, science and Tech curriculum. Cost: £20 per student</p>	<p>RHS Wisley visit Dept: Geography Offsite event Students will visit RHS Wisley to further deepen their understanding of the recent geography Topic biodiversity through examining the variety of habitats displayed at the world famous gardens. Cost: £15 per student</p>	<p>GCSE Curriculum Day Dept: Various Offsite event Students will spend the day undertaking deeper dives into one of their GCSE topics. Further information on your individual visit will be issued to each student reflecting the topics you study.</p>	<p>English Revision day Dept: English In school event The morning will focus on Macbeth and watching a play delivered by a theatre company. The afternoon will provide huge opportunities to undertake English revision</p>	<p>PCSHE Day In school event Year 12 will spend the day focusing on personal development; undertaking several informative workshops</p>	<p>Independent Living Day In school event Year 13 will spend the day focusing on personal development; Learning skills and techniques that will set them up for the next stages of their lives</p>

In planning these activities, we do also want to rest assure both students and parents that, the implications of COVID 19 have been considered and the events will be run to ensure we accordance with all COVID protocols at the time.

Where any activity incurs a cost for the students, WHSG will always attempt to keep the costs as low as we can whilst also providing the best experience as we can.

If you have any questions, please do not hesitate to contact us at enrichment@wallingtongirls.org.uk

THE WALLINGTON WEEK



ORA SINGERS Composer Competition

APPLICATIONS FOR THE 2022 COMPOSER COMPETITION ARE NOW OPEN!

Are you interested in composing?

The award-winning **ORA Singers** has opened their third national Composer Competition, a **FREE** scheme aimed at developing the skills of young composers.

Enter for the chance to become a Finalist or Apprentice in the Composer Competition!

10 Finalists will each receive **10 hours** of **one-to-one mentoring** from **industry-leading** composers, who will help them write a **new choral piece** as part of the Competition. Finalists will be invited to join ORA Singers in a **Workshop** mid-way through the Competition, where they'll sing through their sketches and offer tips and advice with a **professional composer!** At the end of the Competition, ORA Singers will record and perform each Finalist's completed piece to a **panel of experts** at the **Competition Final Concert**, and the winners will be announced!

Up to **40** Apprentices will also receive **first-class mentoring**, through 4 online **masterclasses**. Apprentices will gain unmissable insight into the world of composition, and will be encouraged to write their own short choral piece!

Apply now at
www.orasingers.com/2022-competition

Signatur

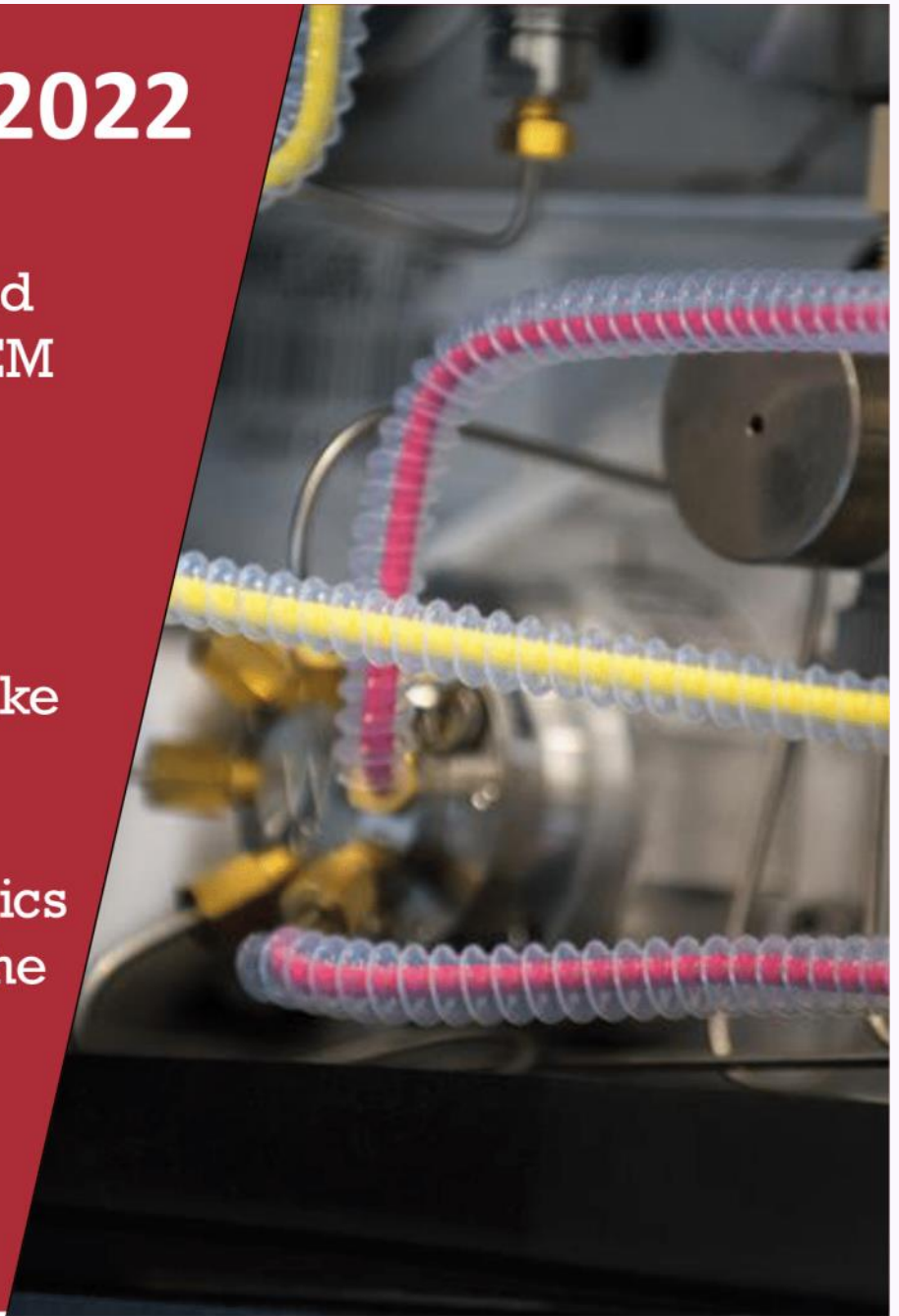


scala
RADIO

STEM Up 2022

Are you interested in studying a STEM subject at University?

If so, would you like to attend a free program online meeting academics and students at the University of Bristol?

**When?**

26th April, 3rd May, 10th May, 17th May 2022.

Who?

Year 12 students and mature enquirers from anywhere in the UK can apply.

Where?

All the sessions will be online.

SCAN ME



THE WALLINGTON WEEK

New Meal Deals

MEAL DEAL

JUST SANDWICH

+ 

+  HOMEBAKE OR
PIECE OF FRUIT

+  RADNOR SPLASH

£2.50

Aspens

MEAL DEAL

SALAD POT

+ 

+  HOMEBAKE OR
PIECE OF FRUIT

+  RADNOR SPLASH

£2.50

Aspens

MEAL DEAL

DAILY SPECIAL HOT
MEAL OF THE DAY

+ 

+  HOMEBAKE OR
PIECE OF FRUIT

+  RADNOR SPLASH

£2.50

Aspens

MEAL DEAL

HOT DELI DISH
OF THE DAY

+ 

+  HOMEBAKE OR
PIECE OF FRUIT

+  RADNOR SPLASH

£2.50

Aspens

Aspens

**World
KITCHEN**

SAMPLE MENU

WEEK ONE

Aspens

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**TRADITIONAL
DISH**

Pasta Carbonara

Penne pasta topped
ham & cream sauce
with garlic bread &
salad

Cheeseburger

Beef burger with
paprika wedges &
slaw

Jerk Chicken

Marinated chicken
with rice & peas
toasted flatbread

Chicken Korma

Mild chicken curry
with rice & naan,
tomato & red onion
salad

Chip Shop

Battered fish with
curry sauce, chips &
minted peas

**VEGGIE
DISH**



**Roasted Veg
& Lentils pasta**

Penne pasta topped
tomato, lentils, veg
sauce with garlic
bread & salad

Spicy Bean Burger

Veggie burger with
paprika wedges &
slaw

Jerk Veggie Fillet

Marinated quorn fillet
with rice & peas
toasted flatbread

Vegetable Biryani

Mild Veggie curry
with rice, naan,
tomato & red onion
salad

Chip Shop

Veggie spring roll
with curry sauce,
chips & minted peas

Hot DELI

Our Hot Deli Range includes Fresh Dough Pizzas, Pasta & Noodle Pots, Filled Jacket Spuds, Panini, Hot Chicken Wraps, Wings & Loaded Wedges.

**DELICIOUS
DESSERTS**

Raspberry Ripple
Sponge

Chocolate
Brownie

Carrot and
Pineapple Muffin

Apple Flapjack

Ice Cream Tub or
Chef's special

THE WALLINGTON WEEK

**World
KITCHEN**

SAMPLE MENU

WEEK TWO

Aspens


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**TRADITIONAL
DISH**

Meatball Marinara
Fusilli pasta topped
meatball & tomato
sauce with garlic
bread & Salad

Tandoori Chicken
Marinated chicken
with rice, mini
papadums, mango
chutney

Bangers & Mash
Sausages served with
mash potatoes, peas
& gravy

Southern Chicken
Marinated battered
chicken with corn on
the cob & Slaw

Chip Shop
Battered fish with
curry sauce, chips &
minted peas

**VEGGIE
DISH**



**Meatless ball
Marinara**
Fusilli pasta topped
quorn meatball &
tomato sauce with
garlic bread & salad

Lebanese Falafel
Pitta filled with
falafel, mint yogurt &
citrus salad

**Potato & Spinach
Frittata**
Italian omelette
served with roasted
veg & salad

**Southern
Baked Cauliflower**
Marinated cauliflower
with corn on the cob
& Slaw

Chip Shop
Veggie spring roll
with curry sauce,
Fried Rice
& minted peas

Hot DELI

Our Hot Deli Range includes Fresh Dough Pizzas, Pasta & Noodle Pots, Filled Jacket Spuds, Panini, Hot Chicken Wraps, Wings & Loaded Wedges.

**DELICIOUS
DESSERTS**

**Sticky Toffee
Pudding**

Carrot Cake

**Orange
Polenta Cake**

**Banoffee
Whoopie Pie**

**Chocolate
Crunch**

**World
KITCHEN**

SAMPLE MENU

WEEK THREE

Aspens


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**TRADITIONAL
DISH**

Beef Bolognese
Spaghetti topped
beef bolognaise
sauce with, garlic
bread & salad

**Chicken Chow
Mein**
Five Spice chicken
with noodles &
prawn cracker

Hunters Chicken
BBQ chicken &
bacon with wedges
& onion rings

**Lamb Shawarma
Wrap**
Lamb kebab wrap
with salad & fries

Chip Shop
Fish Finger Sandwich
with Tartare Sauce,
Chips & Mushy Peas

**VEGGIE
DISH**



Vegan Bolognese
Spaghetti topped
veggie bolognaise
sauce with, garlic
bread & salad

Teriyaki Tofu
Five Spice tofu with
noodles &
Prawn cracker

**Cauliflower
Popcorn**
Cauliflower with
Sweet chilli
dip, wedges &
onion rings

**Quorn &
Vegetable Wrap**,
Quorn wrap with
salad & Fries

Chip Shop
Battered Quorn
Sausage
with Curry Sauce,
Chips & Peas

Hot DELI

Our Hot Deli Range includes Fresh Dough Pizzas, Pasta & Noodle Pots, Filled Jacket Spuds, Panini, Hot Chicken Wraps, Wings & Loaded Wedges.

**DELICIOUS
DESSERTS**

**Chocolate
Cornflake Crispy**

Eton Mess

Banana Cake

**Raspberry
Flapjack Muffin**

**Lemon and
Sultana Cookie**

THE WALLINGTON WEEK

Aspens



TARIFF

Mid-morning SELECTION

Sausage Roll	£1.20
Bacon/Sausage/Vegetarian Bap	£1.20
Toast x2	£0.60
Hash Brown x2	£0.90
Mini Potato Waffles x4	£0.80
Cheese on Toast	£1.25
Breakfast Wrap	£2.10
Bacon & Cheese Turnover	£1.60
Brunch Pot	£1.30
Topped Toast	£1.25
American Pancakes with 1 Topping	£1.00

Dine with us DEALS

Main meal

Hot Dish Meal Deal £2.50
Just sandwich Meal Deal £2.50
Salad Pot Meal Deal £2.50

Look out for our new offers
all for £2.50

COLD DRINK

SANDWICHES & WRAPS

FRESH FRUIT

DESSERT POT

World KITCHEN

Main Meal served with fresh vegetables

£2.30

Hot or Cold Dessert

£0.70



HOT PANINIS

STREET FOOD MARKET



JACKET POTATOES

Cold DELI

Baguette Just	£1.80
Baguette Classic	£2.00
Baguette Deli	£2.20
Sandwiches Just	£1.35
Sandwiches Classics	£1.60
Sandwiches Deli	£1.80
Wrap Just	£1.80
Wrap Deli	£2.10
Small snack Pot	£1.30
Protein Topper	£0.80
Dessert Pot	£1.00
Fruit Pot	£0.95
Fresh Fruit	£0.45

Hot DELI

Panini	£2.20
Toastie	£1.70
Ciabatta	£2.10
Plain Pizza Slice	£1.10
Topped Pizza Slice	£1.30
Plain 6" Pizza	£1.80
Topped 6" Pizza	£2.00
Plain Pasta	£0.80
Pasta with 1 Topping	£1.20
Pasta with 2 Toppings	£1.50
Plain Jacket with Butter	£1.20
Jacket with 1 Topping	£1.60
Jacket with 2 Toppings	£2.00
Chicken Burger	£1.80
Chicken Wings	£1.70
Theos Hot Wrap	£2.10

Drinks

Hot Drinks

Tea	£1.00
Coffee	£1.00
Hot Chocolate	£1.00
Latte	£1.00
Cappuccino	£1.00

Cold Drinks

Still Water	£1.00
Radnor Splash	£1.00
Radnor Fizz	£0.80
Radnor Splash	£0.60
Small Slushie	£1.00
Large Slushie	£1.50