



Wallington High School *For Girls*

TUESDAY 8TH
FEBRUARY 2022

HEIRS OF THE PAST, MAKERS OF THE FUTURE

THE WALLINGTON WEEK

MESSAGE FROM THE HEAD TEACHER

I am glad to be able to share this newsletter with the school now fully open again following the power outage on Thursday evening. Thank you to everyone for being so understanding.

It has been fantastic to see the extra-curricular life of the school flourishing again after the impact of the pandemic and this is very much the theme of my introduction this week. On Wednesday, when I wandered round the school grounds at the end of the day, I was able to see so many after school activities taking place, including football, rugby and netball. Alongside all of this, the Wallington Girls Year 12 Sports Leaders hosted the Sutton Primary school athletics competition on Wednesday 2nd January. 12 schools attended throughout the day, competing in a range of track and field events, with our amazing sixth form leaders scoring, time keeping and leading Year 5/6 through their events. The primary school students were taken aback by our amazing big sports hall and based on the volume of cheering, they all had a great time.

Our Year 7 and 8 Athletes were also competing themselves at the borough Secondary schools athletics competition on Monday. Year 7 finished 1st place out of the 8 schools attending and now progress to the South London Youth games competition next week. Year 8's came 2nd place and narrowly missed out on progressing to the finals. Year 7 and 8 were also busy competing at the Surrey schools netball tournament on Tuesday and again had a fantastic day with lots of successes. Year 7's came 3rd place overall competing against some very tough Surrey schools.

Rehearsals have continued in earnest for our school production which this year is 'A Midsummer Night's Dream'. Everyone has been working hard to ensure it is a great production that meets the high standards set in previous years. Performances will take place on Tuesday 1st March, Wednesday 2nd March and Thursday 3rd March. Tickets are now on sale and further details can be found later in this edition.

Year 12 have embraced the rigorous process of applying to be a member of the Senior Prefect Team and have all shown themselves to be passionate and articulate students with a real drive to give back to the community. Having interviewed prospective Head Girls this week, I am delighted to announce our new Senior Prefect Team:

Head Girls: Annie & Sonam
Deputy Head Girl (Year 7): Varsha
Deputy Head Girl (Year 8): Diane
Deputy Head Girl (Year 9): Soleyana
Deputy Head Girl (Year 10): Raolat
Deputy head Girl (Year 11): Uma
Deputy Head Girls (Community): Lakshmitha & Vaasahi
Deputy Head Girls (Curriculum): Aliya & Molly
Deputy Head Girls (Equality, Diversity and Inclusion): Karen & Sutapi
Deputy Head Girls (Charity): Jannah & Libby
Deputy Head Girls (Events): Natali & Shivanjaly

We wish them every success for their year ahead in post and they will formally begin their roles after half term. We will have an opportunity to publicly thank our outgoing team later this term.

Finally, a reminder that students return to school after the half-term break on Tuesday 22nd February as Monday 21 February is an INSET day (GLT Conference).

Have a great week

MR R BOOTH HEADTEACHER



THE WALLINGTON WEEK

immerse
EDUCATION

Cambridge, Oxford & London Summer School Essay Competition



STUDENT SUCCESS

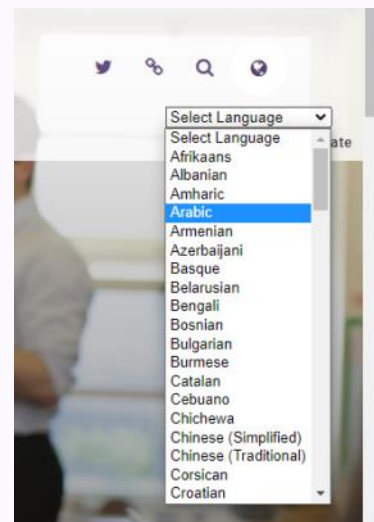
Riya in Year 11 took part in the 2022 Immerse Education Essay Competition. This was a record-breaking competition that received thousands of entries from students attending leading schools all over the world. Each of the judges commented on the extremely high quality of essays that were received this year across all categories, and it was clear that candidates had invested significant effort in researching and writing their essays. The judges selected Riya's essay to receive a **full scholarship** (100%) to take part in their Medicine 16-18 summer programme at her university of choice including Oxford, Cambridge or UCL.

Riya's essay was recognised as the highest calibre of entries this year. The full scholarship will cover all of the course fees, which includes half-board accommodation, academic materials and all activities/excursions.

On behalf of our school community here at Wallington High School for Girls we wanted to congratulate Riya for this amazing achievement.

NEW WEBSITE FEATURE GOOGLE TRANSLATE

We are always looking at ways where we can improve our communication methods between our school and parents/carers. We are aware that there may be members of our wider school community where English may not be their first language. In light of this we have installed the Google Translate Website Translator widget to our website. This feature can be found in the top right corner of our website homepage. Google Translate is a widget that translates web page content into 100+ different languages.



If you need to translate any of the pdf documents that are loaded onto our school website please use the following link translate.google.com where you can upload the pdf and select the language the document is in and the language you would like the document to be translated into. Once the document is ready you will be able to download the pdf in your chosen language. The following file formats are supported: .doc, .docx, .odf, .pdf, .ppt, .pptx, .ps, .rtf, .txt, .xls, or .xlsx.

Google continually looks for ways to improve the quality of any translations they may not be perfect - so please use your best judgement when reading any content translated via Google Translate.

We hope that this added feature enables our website to be more inclusive and user friendly.

If you have any queries or comments about this new feature please email lfitzgerald@wallingtongirls.org.uk.



Wallington
High School For Girls
HEIRS OF THE PAST, MAKERS OF THE FUTURE

WE ARE ON TWITTER!

KEEPING YOU UP TO DATE WITH
THE LATEST NEWS AND EVENTS DAILY HERE AT
WALLINGTON HIGH SCHOOL FOR GIRLS

FOLLOW US AND STAY CONNECTED



@girlswallington

THE WALLINGTON WEEK

Aspens



CATERING UPDATE

TARIFF CHANGE

It has been a challenging year for our catering contract, the hospitality sector has been experiencing food shortages within their supply chain and problems with deliveries, both of which have impacted the school. Despite this the Catering Teams have been working hard not to disrupt the service to our students. However, the combination of these issues combined with inflation, increase in minimum wage and rising energy prices, we have been informed that we will see a 3% increase overall on the tariff prices in the canteen from 22nd February. This increase has been kept to a minimum and has not affected all items sold.

PLASTIC BOTTLES

As a Trust, we have a responsibility to reduce our plastic waste where possible and one way of doing this is to remove the plastic bottles from the meal deal offer in the canteen. We have asked Aspens to review the meal deals and provide a tariff which excludes the drink option so that students are not encouraged to purchase a plastic bottle. The school has a number of water refilling stations so would like to encourage the students to bring in their own bottle which they can refill throughout the day. There will be a reduced number of drinks available to purchase as a singular item if students do not bring their water bottles.

MEAL DEALS

As highlighted above, the school asked Aspens to review their Meal Deal to ensure we are offering a more sustainable, value for money lunch. By removing the drink from the Meal Deal, we can now offer two price points for the Meal Deal. These include a 2 food item Meal Deal for £2.30 or a 3 food item Meal Deal for £2.50. The attached update outlines what will be included in each of the Meal Deal options and the overall saving made. The marketing will be updated in the canteen to reflect the changes and the Catering Staff will be on hand to advise students on the offer. The Meal Deal price is still within the free school meal allowance and we hope that students will feel encouraged to use this.

NEW 3 WEEK MENU

Aspens have been working with a Development Chef to create new menus which will be going live after the February Half term. The menus change weekly and work on a three week cycle, they offer a range of healthy options for students to choose from. Aspens met with the student councils last year and have used their feedback in the menu development. Going forward we are pleased to announce that all of the vegetarian options on the new menu will be vegan. We hope that students enjoy the new menus on offer and would like to encourage students to provide the Catering Team with feedback.

To try and minimise disruption, these changes will all be coming into effect on the **22nd of February** (21st February is an INSET day) when the students return from their half term break. We have attached a document which sets out the new weekly menus, the revised tariff sheet and what students can expect from their meal deals.

THE WALLINGTON WEEK

Gym & Dance Gym & Dance 2022

30th & 31st March 6.30pm

30th & 31st March 6.30pm



THEME = BOOKS

Auditions:

Dance Auditions (Years 8-13) - Monday 14th March (3-5pm), (Year 7) - Tuesday 15th March (lunch)

Gym Auditions (All years) - Tuesday 15th March (3-5pm)

Sign up outside the pe office from Monday 7th Feb



WHSG needs you!



We also wanted to reach out again, to our WHSG community, to ask if anyone would be willing or know of anyone that may be willing to lend their knowledge or expertise to our Year 7 Disability awareness day. We will be running sessions on Hearing, Visual, Physical impairments along with a session on the various impacts of Mental Health and Neurological disorders. If you have, or are aware of anyone that may be willing to pass on their expertise or knowledge on one of the subjects, we would love to hear from you on enrichment@wallingtongirls.org.uk



THE WALLINGTON WEEK

Wallington High School for Girls

presents:

A Midsummer Night's dream

Tuesday 1st March

Wednesday 2nd March

Thursday 3rd March

Tickets are £5

**Available to
buy at lunch in
the foyer**

**In the main
hall at 7pm
each night**

THE WALLINGTON WEEK

CAREERS UPDATES ON VIRTUAL NOTICEBOARD

National Apprenticeships Week 7th to 11th February

Apprenticeships can be a great alternative route into careers for young people. As part of National Apprenticeships week there are many webinars for students to watch and find out more.

AllAboutSchoolLeavers are hosting free virtual apprenticeship events and open evenings for students across the UK.

Post-16 events

Students can sign up below.

Rolls Royce - Benefits of Apprenticeships

8th February 2022, 4.30pm-5.30pm

Register here: <https://www.schoolleaverfair.co.uk/auditorium/live-webinars/60/benefits-of-apprenticeships>

Virtual open evening with BT

10th February 2022, 4pm-5pm

Register here: <https://www.schoolleaverfair.co.uk/auditorium/live-webinars/64/virtual-open-evening-with-bt>

Introduction to AstraZeneca & Making an Apprenticeship Application

10th February 2022, 5pm-6pm

Register here: <https://www.schoolleaverfair.co.uk/auditorium/live-webinars/66/introduction-to-astrazeneca-making-an-apprenticeship-application>

Post-18 events

We are working with Standard Chartered and Schroders at post-18 level, for students interested in a career in finance.

Students can sign up using the links below.

Standard Chartered - virtual open evening

27th January 2022, 4pm-5pm

Register here: <https://www.schoolleaverfair.co.uk/auditorium/live-webinars/61/virtual-open-evening-with-standard-chartered>

Schroders - virtual open evening

2nd February 2022, 4pm-5.30pm

Register here: <https://www.schoolleaverfair.co.uk/auditorium/live-webinars/59/virtual-open-evening-with-schroders>

Students, parents and schools can browse and sign up for all of their events here: <https://www.schoolleaverfair.co.uk/auditorium/live-webinars>



Springpod are holding a Virtual Apprenticeship Careers Fair during National Apprenticeship Week 7th to 11th Feb. We have a whole range of industries covered from professional services, finance, engineering, real estate and business. Students will be able to meet some of the UK's top apprentice employers such as PWC, Kier, Pepsi and Deloitte.

This is a great opportunity for students considering the apprenticeship option to gather the information needed to make an informed decision. You can plan your own programme and book to talks that match your career interests.

Bookings are open now - Click here to book your place and explore the programme - [virtual apprenticeship fair](#).

Virtual Work Experience and Events

Speakers for Schools are offering an amazing range of virtual work experiences and taster days including the Royal Opera House, and a Work Experience Opportunity, Tunnelling Under London with SCS Railways. For more information please check the [Careers Noticeboard](#).

THE WALLINGTON WEEK

ENRICHMENT UPDATE

All the Spring Enrichment day visits have now been launched and all Parents/Carers and Students alike should have received full details of their day.

Please remember that the deadline for providing consents, emergency contacts and any payment is the 21st February 2022.

These can be completed by our parent pay portal

www.parentpay.com

Year	7	8	9	10	11	12	13
Activity	Disability Awareness Day Dept: PCSHE In school event Providing students with a chance to enhance their understanding of the world around them; students will spend the day focusing on disabilities and how they impact individual and their surrounding and what our young people may be able to do to help Cost: £0	Day out in Greenwich Dept: Tech Offsite event Students will get the chance to visit three different sites in Greenwich; The cutty Sark, Maritime History Museum and the Royal observatory on a day that links in to History, science and Tech curriculum. Cost: £20 per student	RHS Wisley visit Dept: Geography Offsite event Students will visit RHS Wisley to further deepen their understanding of the recent geography Topic biodiversity through examining the variety of habitats displayed at the world famous gardens. Cost: £15 per student	GCSE Curriculum Day Dept: Various Offsite event Students will spend the day undertaking deeper dives into one of their GCSE topics. Further information on your individual visit will be issued to each student reflecting the topics you study.	English Revision day Dept: English In school event The morning will focus on Macbeth and watching a play delivered by a theatre company. The afternoon will provide huge opportunities to undertake English revision	PCSHE Day In school event Year 12 will spend the day focusing on personal development; undertaking several informative workshops	Independent Living Day In school event Year 13 will spend the day focusing on personal development; Learning skills and techniques that will set them up for the next stages of their lives

In planning these activities, we do also want to rest assure both students and parents that, the implications of COVID 19 have been considered and the events will be run to ensure we accordance with all COVID protocols at the time.

Where any activity incurs a cost for the students, WHSG will always attempt to keep the costs as low as we can whilst also providing the best experience as we can.

If you have any questions, please do not hesitate to contact us at enrichment@wallingtongirls.org.uk

THE WALLINGTON WEEK

Safer
Internet
Day 2022 | Tuesday
8 February

Coordinated by the UK Safer Internet Centre

Safer Internet Day 2022 is on Tuesday 8th February and will be celebrated with the theme 'All fun and games? Exploring respect and relationships online'. Safer Internet Day inspires a national conversation about using technology responsibly, respectfully, critically, and creatively.

- [Digital Resilience Toolkit - Supporting 11-13s online - \(BSL sign language\) - YouTube](#)
- [Digital Resilience toolkit supporting teens - \(BSL sign language\) - YouTube](#)
- [Tailored online safety advice for families | Internet Matters - YouTube](#)
- [Social Media Scams | Internet Matters x Barclays Digital Eagles - YouTube](#)
- [Stop, Speak, Support - Cyberbullying guidance for kids | Internet Matters - YouTube](#)
- [Fake news and misinformation advice hub | Internet Matters - YouTube](#)
- www.internetmatters.org/resources/esafety-leaflets-resources/



This year's theme is Growing Together. We will be encouraging children (and adults) to consider how they have grown, and how they can help others to grow.

USEFUL LINKS:

- <https://www.childrensmentalhealthweek.org.uk/growth-stories/>
- [My Changing Shapes | Children's Mental Health Week 2022 - YouTube](#)
- [We All Have Mental Health - YouTube](#)
- <https://youtu.be/9XVOnukml5Y>



On Friday 11th February we will be holding a non-uniform day. We ask that students bring in a £1 donation if they wish to participate. The money raised will be donated to Place2be who are a mental health charity working to provide mental health support in schools. The theme is Dress to Express.

Please note that students wearing mufti are still expected to follow the usual rules: -



- Shoulders and stomachs should be covered (no vest-tops or crop tops)
- Underwear should not be visible – no sheer tops or see-through leggings
- Jeans should be smart or skirts at least mid-thigh in length. No shorts.
- Students will still be required to wear their lanyards and face masks are still encouraged.

In the case of students who have PE on Friday they will need to change into their PE kits for their lesson.

THE WALLINGTON WEEK











WEEK 1

21 FEB, 14 MAR, 4 APR, 25 APR, 16 MAY, 6 JUN, 27 JUN, 18 JUL

MEAT/ FISH					
	American Cheeseburger with Burger Sauce & Potato Wedges	Chicken Korma Curry served with Rice & Naan Bread or Poppadum	Roast of the Day served with Roasties & Seasonal Vegetables	Beef Cottage Pie served with Seasonal Vegetables	Battered Fish served with Chips and Peas or Baked Beans
VEGGIE					
	Sweet Potato & BBQ Jackfruit Burger served with Potatoes Wedges	Cauliflower & Chickpea Curry served with Rice & Naan Bread or Poppadum	Roast Quorn served with Roasties & Seasonal Vegetables	Shepherdess pie served with Seasonal Vegetables	Vegetarian Spring Roll with Chips & Peas or Baked Beans
DESSERT	Chocolate Brownie	Lemon Drizzle Cake	Peach Cobbler	Carrot Cake	Cornflake Tart

WEEK 2

28 FEB, 21 MAR, 11 APR, 2 MAY, 23 MAY, 13 JUN, 4 JUL, 25 JUL

MEAT/ FISH					
	Traditional Baked Sausages served with Mash Potatoes & Peas	Spicy Chicken Curry served with Rice and Naan Bread or Poppadum	Roast of the Day served with Roasties & Seasonal Vegetables	Chicken & Sweetcorn Pie served with Seasonal Vegetables	Battered fish served with Chips and Peas or Baked Beans
VEGGIE					
	Baked Quorn Sausages served with Mash Potatoes & Peas	Sweet Potato & Coconut Curry served with Rice and Naan Bread or Poppadum	Jambalaya Stuffed Pepper served with Roasties & Seasonal Vegetables	BBQ Baked Bean & Veggie Sausage Pie served with Seasonal Vegetables	Homemade Fishless Cake served with Chips and Peas or Baked Beans
DESSERT	Rice Pudding & Jam	Marble Cake	Banana Loaf	Golden Syrup & Apple Sponge	Bread & butter pudding

THE WALLINGTON WEEK

WEEK 3

7 MAR, 28 MAR, 18 APR, 9 MAY, 30 MAY, 20 JUN, 11 JUL

MEAT/ FISH



Beef chilli & Rice served with Tortilla Chips with assorted dips



Breaded Chicken Katsu served with Coriander Rice & Cucumber Salad



Roast of the Day served with Roasties & Seasonal Vegetables



Beef Lasagne served with Garlic Bread & Chef's Salad



Battered fish served with Chips and Peas or Baked Beans

VEGGIE



Bean Chilli & Rice served with Tortilla Chips with assorted dips



Veggie Thai Green Curry served with Coriander Rice & Cucumber Salad



Roast Quorn served with Roasties & Seasonal Vegetables



Veggie lasagne served with Garlic Bread & Chef's Salad



Sweet Chilli Jackfruit "Crabless" served with Chips & Peas or Baked Beans

DESSERT

Apple Crumble

chocolate orange sponge

Pineapple Upside Down

Sticky Toffee Pudding

Banana Loaf

MEAL DEAL

ANY DELI SANDWICH 

+  HOMEBAKE

£2.30

Aspens © 2020

SAVING UP TO 50P

MEAL DEAL

MAIN MEAL 

+  HOMEBAKE

£2.50

Aspens © 2020

SAVING 70P

MEAL DEAL

HOT PASTA POT 

+  HOMEBAKE

+  WHOLE FRUIT

£2.50

Aspens © 2020

SAVING 35P

NEW GLT MEAL DEAL

THE WALLINGTON WEEK

Aspens



TARIFF

Mid-morning SELECTION

Sausage Roll	£1.20
Bacon/Sausage/Vegetarian Bap	£1.20
Toast x2	£0.60
Hash Brown x2	£0.90
Potato Waffles x2	£0.95
Cheese on Toast	£1.25
Breakfast Wrap	£2.10
Bacon & Cheese Turnover	£1.60
Brunch Pot	£1.30
Topped Toast	£1.25
American Pancakes with 1 Topping	£1.00

Main meal

Dine with us DEALS

Hot Dish Meal Deal £2.50
Sandwich Meal Deal £2.30
Pasta Pot Meal Deal £2.50

Look out for our new offers

CHOOSE YOURSELF A
COLD DRINK
OR
CHOOSE
SANDWICHES & WRAPS
OR
JUST
FRESH FRUIT
OR
TUCK INTO A
DESSERT POT

World KITCHEN

Main Meal served with fresh vegetables	£2.30
Hot Dessert	£1.05
Cold Dessert	£0.95



HOT PANINIS



JACKET POTATOES

Cold DELI

Baguette Just	£1.80
Baguette Classic	£2.10
Baguette Deli	£2.30
Sandwiches Just	£1.40
Sandwiches Classics	£1.65
Sandwiches Deli	£1.90
Wrap Just	£1.90
Wrap Deli	£2.20
Small snack Pot	£1.30
Protein Topper	£0.80
Dessert Pot	£0.95
Fruit Pot	£1.00
Fresh Fruit	£0.45

Hot DELI

Panini	£2.30
Toastie	£1.70
Ciabatta	£2.20
Plain Pizza Slice	£1.15
Topped Pizza Slice	£1.35
Plain 6" Pizza	£1.80
Topped 6" Pizza	£2.00
Plain Pasta	£1.20
Pasta with 1 Topping	£1.50
Pasta with 2 Toppings	£1.80
Plain Jacket with Butter	£1.20
Jacket with 1 Topping	£1.70
Jacket with 2 Toppings	£2.30
Chicken Burger	£1.90
Chicken Wings	£1.70
Theos Hot Wrap	£2.30

Drinks

Hot Drinks

Tea	£0.90
Coffee	£1.20
Hot Chocolate	£1.30
Latte	£1.30
Cappuccino	£1.30

Cold Drinks

Still Water	£1.00
Radnor Splash 500ml	£1.10
Radnor Fizz	£1.00
Radnor Splash 250ml	£0.90
Small Slushie	£1.00
Large Slushie	£1.20