



Wallington High School *For Girls*

FRIDAY 11TH
MARCH 2022

HEIRS OF THE PAST, MAKERS OF THE FUTURE

THE WALLINGTON WEEK

MESSAGE FROM THE HEAD TEACHER

I am delighted to announce that last weekend the RAF Section of our Combined Cadet Force (with Wilson's School) achieved the status of National Champions in the Royal Air Squadron Trophy Competition. This is a truly remarkable achievement and means that the RAF section have been crowned national champions in the last three out of five years (with a year off for lockdown). As well as winning the overall trophy they won the Aircraft Recognition and Military Knowledge trophies and were runners up in the drill competition. Needless to say, all of this took a huge amount of additional commitment and effort, including parading an additional night for months as well as organising their own training programme. Huge congratulations go to everyone involved and in particular to the WHSG members of the team – Sgt Garg (Year 12), Lcpl Mircheva (Year 11), Lcpl Rajan (Year 11) and Cdt Thambiayah (Year 10). Thank you also to Lt Col Burton and all of the Wilson's and Wallington staff involved with CCF.

Yesterday, students enjoyed our second Enrichment Day of the academic year with lots of exciting and interesting events taking place. Year 7 had a disability awareness day, Year 8s enjoyed a trip to Greenwich and Year 9 a trip The Royal Horticultural Society's garden at Wisley. Year 10 had a variety of things taking place, including trips to Tate Britain, the Imperial War Museum, Natural History Museum as well as a Theology and Philosophy Day. Year 11 focused on their English revision day, in preparation for their GCSEs in the summer, including watching a live performance of Macbeth in the morning. Year 12 looked into sexual health, drugs awareness and positive mental health and Year 13 enjoyed an 'independent living' day in preparation for their time at university. As this all took place yesterday, a full write up of the day, including pictures, will feature in next week's edition. Huge thank you to all the staff involved, in particular the activity and visit leads.

We are currently looking for an Enrichment Officer and also for a part-time receptionist. Further details can be found on the school website. Please tell your friends and family and ask them to contact the school if they are interested in these posts.

Finally, this week we said farewell to our Librarian, Mrs Murphy, who is leaving us to take up a new role. Mrs Murphy has been instrumental in setting up our new Library and supporting students with their reading and we wish her all the very best.

Have a great weekend

MR R BOOTH
HEADTEACHER



Wallington
High School *For Girls*
HEIRS OF THE PAST, MAKERS OF THE FUTURE

WE ARE ON TWITTER!

KEEPING YOU UP TO DATE WITH
THE LATEST NEWS AND EVENTS DAILY HERE AT
WALLINGTON HIGH SCHOOL FOR GIRLS

FOLLOW US AND STAY CONNECTED



@girlswallington

THE WALLINGTON WEEK

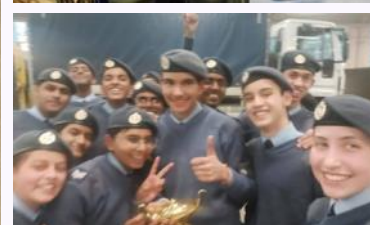
NATIONAL CHAMPIONS IN THE ROYAL AIR SQUADRON TROPHY COMPETITION

After winning our regional competition a few months earlier, the time had come for our team to once again head to RAF Halton to compete for the National title. Each year the top RAF sections from all over the country compete in the following disciplines: Drill, Military Knowledge, Command task, First Aid, Aircraft recognition and Shooting. The competition was fierce, with 14 other CCF units taking part- all having earned the top 3 spots in their region. The team, led by CWO Dayal, with the supervising staff (Flt Lt Luck and Lt Col Burton) consisted of 13 Wilson's and WHSG Cadets and NCOs, faced the challenge of being the youngest team the CCF has had to offer- with only a small number of us having been to the competition before. However, we persevered and tackled each discipline one by one. After 8 months of extensive training, our hard work finally pulled off when we were announced national champions! There were tears, applause, cheers and our golden trophy- awarded by the Commandant of the Air Cadets, Air Commodore Tony Keeling. Having achieved our national title, the training for the new team will commence next academic year, with the aim to dominate and proudly shine for years to come.

The following list entails the WHSG cadets that were in the team:

- Sgt Garg - Year 12
- Lcpl Mircheva - Year 11
- Lcpl Rajan - Year 11
- Cdt Thambiayah - Year 10

**SGT GARG
YEAR 12**



THE WALLINGTON WEEK

ONLINE WORKSHOP YEAR 10 & 11 PARENTS/CARERS

We are pleased to be able to offer parents and carers the opportunity to take part in an online workshop aimed at supporting your child through the exam period. This workshop, run by the school's Educational Psychologist, will provide an overview of the psychology of anxiety, and introduce concepts and strategies to support your child. The workshop will focus on exam stress, and ways in which parents can offer support through effective communication, as well as practical supports. Time for questions will also be available.

We do hope that parents and carers of students in Year 10 and 11 will be able to attend this workshop.

Save the Date: Wednesday 30th March 6.30-7.30pm

If you have any questions regarding this event please do contact Mrs German mgerman@wallingtongirls.org.uk

Please note that we will have a parental workshop for parents and carers of KS3 students after Easter and details of this will be issued soon.

MRS GERMAN

THURSDAY 17TH MARCH 2022 EARLY FINISH

On Thursday 17th March it is Year 8 Virtual Parents' Evening which begins at 2.00pm.

All Year 8 students will be dismissed from school at the end of period 3, 12.05pm.

All remaining year groups, will then be dismissed at 1.05pm.

Please note there **will** be a reduced lunch service available for students before they leave the school for the day.

MR PARKINSON

CERVANTES THEATRE TRIP A LEVEL SPANISH



On Thursday 3rd March we visited the Cervantes Theatre in London to see 'La Casa de Bernarda Alba'. The play, written by the Spanish playwright Federico García Lorca, is part of our A-Level Spanish specification. Seeing the play in person was invaluable as it allowed us to better understand the plot and core themes as a whole. We took particular interest in the use of lighting by the director Jorge De Juan to represent the increasing oppression and darkness in the play. The intimacy of the layout of the theatre enhanced our experience, as we felt trapped inside the house alongside Bernarda's daughters. Our visit to the Cervantes theatre felt like we had stepped into the theatre district in Madrid, with Spanish music playing and the staff all conversing in Spanish. Overall, it was an enjoyable evening, and one that we would recommend to an aspiring Spanish student.

LILY & ISABELLA
YEAR 13

THE WALLINGTON WEEK

YEAR 11 FOOD GCSE PRACTICAL EXAM

The Year 11 Food students worked extremely hard to produce some very inspiring products for their GCSE practical exam. I was immensely proud of what they achieved and they all completed very skilful dishes which were presented to a very high standard, despite having many Covid interruptions throughout their two year course they have all progressed extremely well.

Students were able to choose from two design briefs set by the Exam board. The most popular brief was to produce Italian dishes. Many students made and flavoured their own pasta, bread, ice cream etc with every component was made from scratch. The results were delicious!

The second design brief was to produce healthy dishes for primary school children. The emphasis on this brief was to reduce the amount of sugar, salt and fat in foods and encourage children to eat a wider variety of fruits and vegetables. Again, a wide array of colourful and appetising dishes were created.

Congratulations Year 11 Food students for being so impressive in your practical exams! I hope you enjoy seeing a snap shot of some of the products that were made.

MRS BEALES
HEAD OF FOOD





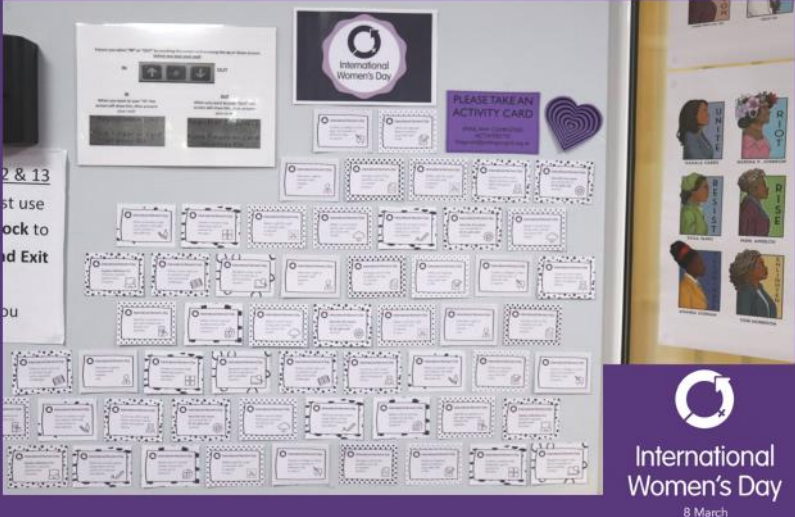
Tuesday 8th March 2022

Today (and everyday) we celebrate all of the wonderful and amazing women within our community here at Wallington High School for Girls.

International Women's Day

8 March

Take a look at the displays we popped up in our reception foyer to celebrate International Women's Day 2022. There are lots of posters, artworks, quotes and even themed activity cards for students and staff to take.



WOMEN IN PSYCHOLOGY

If you are interested in Psychology, here are some of the departments favourite psychologists for Women's History Month 2022! - HCN & RWB



Beverly Daniel Tatum: Educational Psychologist who investigates racial identity development in teenagers and race in education.

Joy Harden Bradford: Social Psychologist who investigates relationships and created 'Therapy for Black Girls'



Mamie Phipps Clark: Social Psychologist who investigated the development of self-consciousness in black pre-school children. Her research was vital evidence in the Supreme Court's *Brown V Education* (1954) case in USA.

Jane Ogden: Health Psychologist who investigates eating behaviour and women's health.



THE WALLINGTON WEEK

EDI AT WALLINGTON

14th - 18th March 2022

Next week at Wallington we will be celebrating **Sign Language Week** from the 14th-18th March!

British Sign Language involves a combination of hand gestures, facial expressions and body language to communicate, and is the preferred language amongst the deaf community in the UK.

Our celebration of Sign Language Week will include:

- Form time presentations from our Junior EDI representatives.



- **British Sign Language learning sessions** for every year group at lunch in C02.

Monday 14th: **KS3**

Tuesday 15th: **KS4**

Wednesday 16th: **KS5**

Please come along to your year group's allocated session, it will be hugely enriching, not to mention really fun!

EDI book of the week:

**TA-NEHISI
COATES**
—
**BETWEEN
THE WORLD
AND ME**

Charity Books & Clothes SALE!

DATE: 30TH MARCH
2022
TIME: LUNCH & AFTER
SCHOOL
WHERE: MAIN SCHOOL
HALL
IN SUPPORT OF: CAMFED
AND NEW RECYCLING
BINS!

DATES AND TIMES TO DROP OFF ANY DONATIONS! (ALL IN SCHOOL HALL)

WEDNESDAY 16TH MARCH: 8AM-8.45AM & BREAKTIME.
WEDNESDAY 23RD MARCH: 8AM-8.45AM & BREAKTIME.
TUESDAY 22ND MARCH: 8AM-8.45AM & BREAKTIME.

THE WALLINGTON WEEK

Gym & Dance Gym & Dance 2022

30th & 31st March 6.30pm

30th & 31st March 6.30pm



THEME = BOOKS

Auditions:

Dance Auditions (Years 8-13) - Monday 14th March (3-5pm), (Year 7) - Tuesday 15th March (lunch)

Gym Auditions (All years) - Tuesday 15th March (3-5pm)

Sign up outside the pe office from Monday 7th Feb



WEEK 1

21 FEB, 14 MAR, 4 APR, 25 APR, 16 MAY, 6 JUN, 27 JUN, 18 JUL

MEAT/ FISH



American
Cheeseburger
with Burger
Sauce & Potato
Wedges



Chicken Korma
Curry served with
Rice & Naan
Bread or
Poppadum



Roast of the Day
served with
Roasties &
Seasonal
Vegetables



Beef Cottage Pie
served with
Seasonal
Vegetables



Battered Fish
served with Chips
and Peas or
Baked Beans

VEGGIE



Sweet Potato &
BBQ Jackfruit
Burger
served with
Potatoes Wedges



Cauliflower &
Chickpea Curry
served with Rice
& Naan Bread or
Poppadum



Butterbean stew
served with
Roasties &
Seasonal
Vegetables



shepherdless pie
served with
Seasonal
Vegetables



Vegetarian Spring
Roll with Chips &
Peas or Baked
Beans

DESSERT

Chocolate
Brownie

Lemon Drizzle
Cake

Peach Cobbler











Carrot Cake

Cornflake Tart

THE WALLINGTON WEEK











WEEK 2

28 FEB, 21 MAR, 11 APR, 2 MAY, 23 MAY, 13 JUN, 4 JUL, 25 JUL

MEAT/ FISH					
	Traditional Baked Sausages served with Mash Potatoes & Peas	Spicy Chicken Curry served with Rice and Naan Bread or Poppadum	Roast of the Day served with Roasties & Seasonal Vegetables	Chicken & Sweetcorn Pie served with Seasonal Vegetables	Battered fish served with Chips and Peas or Baked Beans
					
	Baked Quorn Sausages served with Mash Potatoes & Peas	Sweet Potato & Coconut Curry served with Rice and Naan Bread or Poppadum	Jambalaya Stuffed Pepper served with Roasties & Seasonal Vegetables	BBQ Baked Bean & Veggie Sausage Pie served with Seasonal Vegetables	Homemade Fishless Cake served with Chips and Peas or Baked Beans
	DESSERT	Rice Pudding & Jam	Marble Cake	Banana Loaf	Golden Syrup & Apple Sponge

WEEK 3

7 MAR, 28 MAR, 18 APR, 9 MAY, 30 MAY, 20 JUN, 11 JUL

MEAT/ FISH					
	Beef chilli & Rice served with Tortilla Chips with assorted dips	Breaded Chicken Katsu served with Coriander Rice & Cucumber Salad	Roast of the Day served with Roasties & Seasonal Vegetables	Beef Lasagne served with Garlic Bread & Chef's Salad	Battered fish served with Chips and Peas or Baked Beans
					
	Bean Chilli & Rice served with Tortilla Chips with assorted dips	Veggie Thai Green Curry served with Coriander Rice & Cucumber Salad	Butternut & mushroom Wellington - served with Roasties & Seasonal Vegetables	Veggie lasagne served with Garlic Bread & Chef's Salad	Sweet Chilli Jackfruit "Crabless" served with Chips & Peas or Baked Beans
	DESSERT	Apple Crumble	chocolate orange sponge	Pineapple Upside Down	Sticky Toffee Pudding

THE WALLINGTON WEEK



COVID-19 vaccinations for children and young people (12 to 15 yrs AND 16-17 yrs)

Carshalton Boys Sports College pop-up clinic

Saturday 19 March 2022

Walk-in available 10am - 4pm

 [Winchcombe Road, Carshalton, SM5 1RW](#)

[Click to book an appointment](#)

Wimbledon College pop-up clinic

Sunday 20 March 2022

Walk-in available 10am - 4pm

 [Wimbledon College, Edge Hill, London SW19 4NS](#)

[Click to book an appointment](#)

Important information

Recent Covid infection?

If you have tested positive for Covid-19 since **25 December 2021**, it is too soon to have your vaccine.

Coming for your second dose?

Make sure your first dose was on or before **25 December 2021**.

Over 16 and coming for a booster?

Make sure your 2nd dose was on or before **19 December 2021**.

or call
020 8614 5306