



Wallington High School *For Girls*

HEIRS OF THE PAST, MAKERS OF THE FUTURE

FRIDAY 12TH
NOVEMBER 2021

THE WALLINGTON WEEK

MESSAGE FROM THE HEAD TEACHER

Welcome back after the half-term break and I trust that everyone had an enjoyable and relaxing break. For those of you celebrating Diwali last week, I hope you were able to enjoy time with friends and family, and I wish you health, wealth, and prosperity in this coming year.

Everyone has settled very quickly back into school life including Year 11 who have their mock GCSE examinations which continue through to the 19th November. The majority of these exams are in the Sports Hall so it is important that students are considerate and obey the signs around any exam venue asking for silence so as not to disturb the candidates.

This week (and next week as well) our assemblies have focused on the theme of 'Remembrance'. Alongside this, we held a two minutes silence yesterday at 11.11am in honour of Remembrance Day and those who gave up their lives in the line of duty.

Other events this week have included the Cybersecurity team at KPMG coming in to deliver a workshop to all of Year 10 students about online safety as well as the Senior Maths Challenge which involved all of our Sixth Form mathematicians. We have also now been able to restart our outreach work with local primaries and this week some of our staff and senior students went to Hackbridge Primary school to deliver the first of our Mathematics masterclasses to twenty of their Year 5 students. They will then be spending the next few weeks coming over to WHSG on Wednesday afternoons for further masterclasses.

Have a great weekend

MR R BOOTH
HEADTEACHER

REMINDER

WHAT TO DO IF YOUR CHILD HAS TO LEAVE SCHOOL FOR A MEDICAL APPOINTMENT.

If your child has to leave school for an appointment during the school day please send email to the school at least 24 hours in advance (except if it is an emergency appointment then send it on the day) addressed to attendance@wallingtongirls.org.uk:

To ensure the safeguarding of all our students we are unable to let a student leave school without parent/carer consent in year 7 -11.

We would ask that you advise us in your email whether your child is being collected by a parent/carer. If you are not collecting your child, please give your permission for them to leave school on their own in the email.



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WE ARE ON TWITTER!

KEEPING YOU UP TO DATE WITH
THE LATEST NEWS AND EVENTS DAILY HERE AT
WALLINGTON HIGH SCHOOL FOR GIRLS

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@girlswallington



Sutton

Children's Wellbeing Service -

Q & A Session for parents:

- Are you concerned your teenager may be self-harming?
- Do you feel you want more information on self-harm?
- Do you have any questions about self-harm? Why young people may self-harm or how to respond and support them?

If yes, then this Q & A SESSION could be BENEFICIAL!

When:

Thursday 25 November 6.30pm — 8pm

Wednesday 1 December 12pm — 1.30pm

Where: Virtually (Microsoft Teams)

If you would like to join us for this workshop, please sign up at

<https://www.eventbrite.co.uk/e/self-harm-q-a-tickets-195077761837>

Email SuttonCWP@swlstg.nhs.uk with any questions



THE WALLINGTON WEEK

ENRICHMENT DAY - WEDNESDAY 17TH NOVEMBER

7	8	9	10	11	12	13
Orienteering Day Dept: Geography Offsite event A day of immersive and hands on learning with your new map reading skills and an opportunity to visit Bocketts Farm.	PE Challenge Day Dept: PE In school event A day to physically and mentally challenge students developing team building, problem solving and experiencing new sports /activities.	Forensic Science Day Dept: Science In school event Students will undertake a day dedicated to forensic science; hands on activities to solve a crime but also learning about its uses and impact in the real world directly from a Metropolitan Police Forensics Officer.	Modern Foreign Languages Day Dept: MFL The day will be packed with immersive learning opportunities to help increase confidence and improve listening and oral skills in the chosen language.	Exams Revision day As the Year 11 exams are running during this period, you will have the day as a dedicated revision day Good Luck in those exams!	Big Day Out Offsite Event Year 12 will experience the "Big Day out" in London. Choosing their own itinerary students can visit museums, Important buildings and Historical Landmarks, developing multiple skills and confidence along the way.	Inter-view Day



THE WALLINGTON WEEK

ENRICHMENT UPDATE

EDUCATION IN ACTION ONLINE CONFERENCES

This week saw the start of the autumn series of online conferences run by Education in Action. So far Geography and History A Level students watched some incredibly insightful lectures, learnt some invaluable exam techniques and heard from some amazing presenters about their curriculum topics in a hugely in-depth way. The coming week sees the turn of Technology and Further Maths students.

AUTUMN ENRICHMENT DAY

The coming week also sees the return of the Autumn Enrichment Day after a year without. On Wednesday the 17th November, Years 7-10 will be undertaking visits offsite or in school events that are designed to develop their current curriculums and increase confidence levels in the various subjects running the events. Whilst also allowing students to have a little fun and do something a little different! Year 12 and 13 will be undertaking personal development in these days either exploring Museums and Exhibitions across London or undertaking an interview day to develop essential skills to aid progression to Higher Education and new careers.

Please make sure to provide the consents and any requested payments for these event as soon as possible to allow for the relevant planning to take place. If you are having any issues with these days or providing permissions, please contact us on enrichment@wallingtongirls.org.uk

DUKE OF EDINBURGH

The deadlines to join the Duke of Edinburgh Award program for 2021/22 academic year have now passed. If you have submitted an application, we will be in contact shortly to confirm the next stages of enrolment including signing with the Duke of Edinburgh directly and Activ Adventure expeditions. Please keep your eyes peeled for further information.

WORLD CHALLENGE EXPEDITION

World Challenge program held a hugely successful Parental Information session on the 9th November with over 60 parents attending. The interest in the trip is so high it is likely that we may have to run two expedition trips to Malawi in July 2023! If you and your families have decided to commit to this expedition, don't forget to sign up with World Challenge directly by November 26th. Sign up information can be found on the world challenge section of our enrichment pages on the website.

<https://www.wallingtongirls.sutton.sch.uk/page/?title=World+Challenge&pid=129>

THE WALLINGTON WEEK

AGE LIMITS FOR COMMON SOCIAL MEDIA & MESSAGING APPS

Working out the minimum user age for social media and messaging apps is a minefield for mums and dads. The developer gives the app a recommended user age, but the app stores have their own age ratings. On top of that, sometimes the law has a role to play and age ratings differ between countries.

To help mums and dads, I've put together this list showing the recommended age of the more popular apps and their age rating on the app store. All ratings apply to the United Kingdom.

APP	RECOMMENDED USER AGE	APP STORE AGE RATING	
		OS APP STORE	GOOGLE APP STORE*
 INSTAGRAM	13	12+	Parental Guidance
 TIKTOK	13	12+	Parental Guidance
 SNAPCHAT	13	12+	Parental Guidance
 FACEBOOK	13	12+	Parental Guidance
 FB MESSENGER	13	12+	Parental Guidance
 PINTEREST	13	12+	Parental Guidance
 DISCORD	13	17+	Parental Guidance
 YOUTUBE	13	17+	Parental Guidance
 LINKEDIN	16	12+	Parental Guidance
 WHATSAPP	16	17+	PEGI 3
 CLUBHOUSE	18	17+	N/A

What is World Kindness Day?

World Kindness Day is a holiday that promotes the importance of being kind to each other, to yourself, and to the world. The purpose of this day is to help everyone understand that kindness is what binds us all together. This understanding has the power to bridge the gap between nations. With kindness, we can overcome the divides of politics, race, religion, gender, and so much more. What began as an effort from the World Kindness Movement at a Tokyo conference 24 years ago is now a global movement reminding everyone of the power of kindness.

Ideas and Simple Ways to be Kind

Being kind doesn't need to look or be extravagant. Sometimes the simplest things make the most significant difference! Here are a few simple ideas and ways to be helpful on World Kindness Day in the workplace, at school, with your loved ones, or even while out running errands. Look for opportunities while you go through your day to infuse kindness into someone's day. It'll change their day and yours for the better!

- Smile when you walk by others
- Call a relative you haven't spoken to in a while
- Tidy up around your house
- Pick up trash you see on the ground outside and throw it in a garbage can
- Hold the door open for someone
- Compliment someone
- Send a positive or encouraging text to five people in your contacts
- Tell a family member or friend you love them
- Offer to help with someone's errands
- Give a surprise gift to someone you care about
- Send a kind card or note to a friend
- Spend less time on your phone and more time with people you care about
- Offer a classmate help with homework
- Talk to someone new
- Practice gratitude
- Volunteer
- Give someone a hug

World Kindness Day is celebrated each year on November 13th.



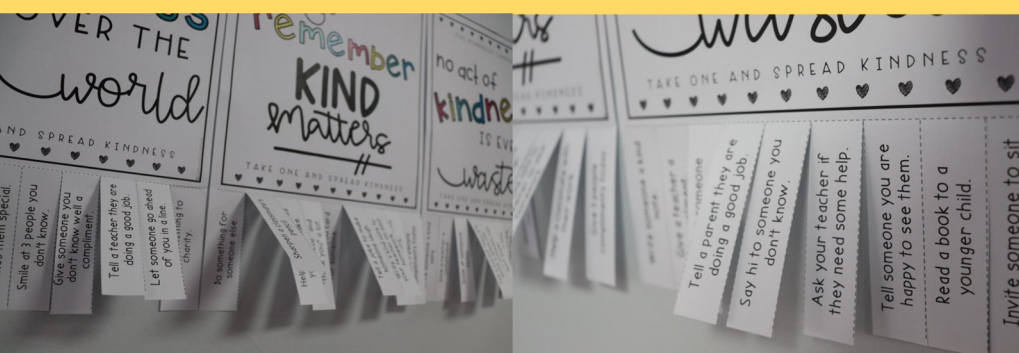
The world
is full of
kind people.
If you can't
find one,
be one.

**WORLD
KINDNESS
DAY 2021**
inspirekindness.com

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inspirekindness.com

World Kindness Day 13th November

To celebrate World Kindness Day we have popped up some mini displays around the reception and foyer area featuring quotations about the importance of kindness as well as posters with tear off strips with ideas on how to spread kindness this week.

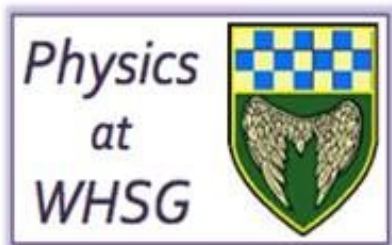


THE WALLINGTON WEEK

Brass and Music Theory Lessons

- Trumpet/cornet lessons
- Trombone lessons
- French horn lessons
- Baritone horn lessons
- Music theory lessons – ABRSM grades 1-8, a great supplement to GCSE/AS/A Level Music studies.
- 30 minute individual lessons
- All levels welcome from beginner to advanced
- Theory lessons can also be taught in small groups.

For Brass and/or theory lessons please contact the Head of Music, mngobi@wallingtongirls.org.uk with your full name, year group, instrument, ability and parent email address.



A-level Physics: Drop-in

Do you have any questions you can't figure out the answer to or topics you want some help on? Or maybe you just want a space to work with a physics teacher on hand? Come along and get the support you need!

Year 12

- Week A - **Wednesday** before school (8 – 8.25) in **S14**
- Week B – **Monday** lunch time (1.20 – 1.50) in **S14**

Year 13 – every **Wednesday** (week A & B) either

- Before school (8 – 8.25) in **S9** (general questions)
- At lunch time (1.20 – 1.50) in **S12** (focussed on previous week's revision)

If there is no physics teacher when/where drop in is scheduled to be taking place, find them in the Science Office (S15).