



Wallington High School *For Girls*

HEIRS OF THE PAST, MAKERS OF THE FUTURE

FRIDAY 5TH
FEBRUARY 2021

THE WALLINGTON WEEK

MESSAGE FROM THE HEAD TEACHER

Dear Parents and Carers,

We have now finished week 5 of lockdown and I wanted to just say a massive thank you to parents and carers for the great job that they are doing supporting students at home with their remote learning – it is much appreciated. As yet, we still do not know when we will see students returning back to school although the aspiration currently from government is that students will start to return from Monday 8th March.

Thank you to everyone who so far has responded to our parent survey on remote learning. A reminder that the survey can be found at the following link:

https://forms.office.com/Pages/ResponsePage.aspx?id=FqwLD5I-3E6GjRHbRevYXHUpZF6_hOFBhnQmlf5GeIpUOUZPTVVTODRHQkJRtkZZTFBZUUVCNkxDMY4u

Deadline for submissions is Monday 8th February. We will then use this to look at further adjustments to our remote learning provision and our support for students working at home.

I am pleased that we have been able to continue with some of our extra-curricular activities over lockdown, all be it virtually. Our CCF cadets have continued to parade in high numbers each week via Zoom with around 220 attending each week. In particular, congratulations to Tess, Alicia, Mary, Louisa, Nina and Zara who have all recently received promotions. With regards to the Duke of Edinburgh Scheme, on Monday an impressive two hundred and twenty nine of students will be completing their DfE expedition training online with our expedition providers, Activ Adventures. This includes 153 students completing their Bronze award, 46 completing their Silver and 30 completing their Gold Award.

Finally, now that the Ofqual consultation on the awarding of GCSE and A level grades in light of the cancellation of public exams has closed, we await the final guidance. Current indications are that this guidance is likely to be published the week beginning Monday 22nd February. We will then be in a position to confirm our approach to centre assessed grades and finalise plans for the summer term for Year 11 and 13 students.

Have a great week.

Mr R. V. Booth



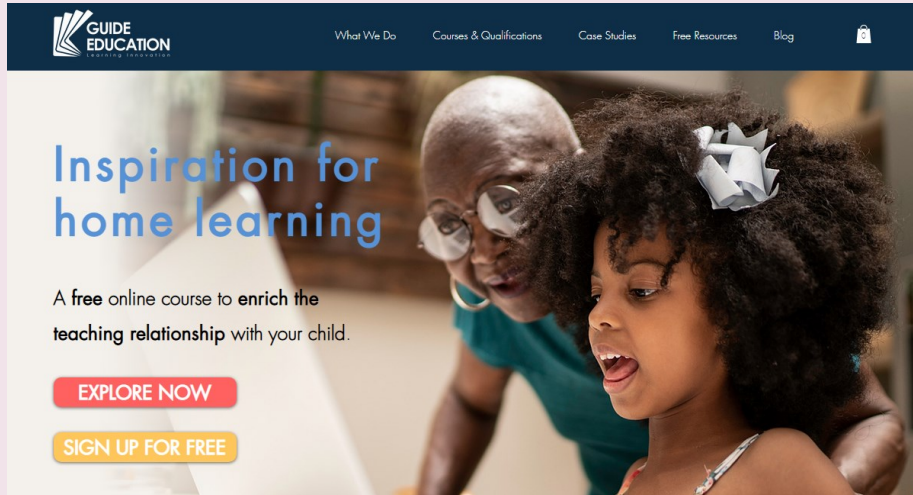
Tomorrow
will be
a good
day



THE WALLINGTON WEEK

REMOTE LEARNING RESOURCES

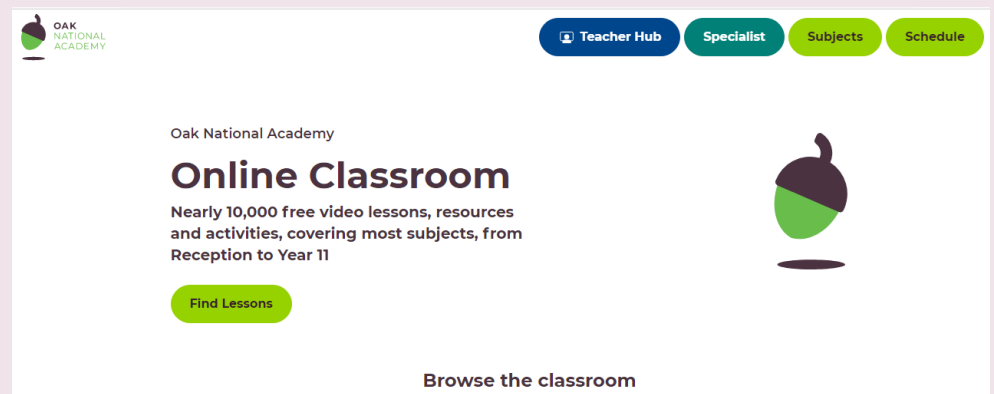
Below are some links to some great online resources that we wanted to highlight to Parents/Carers.



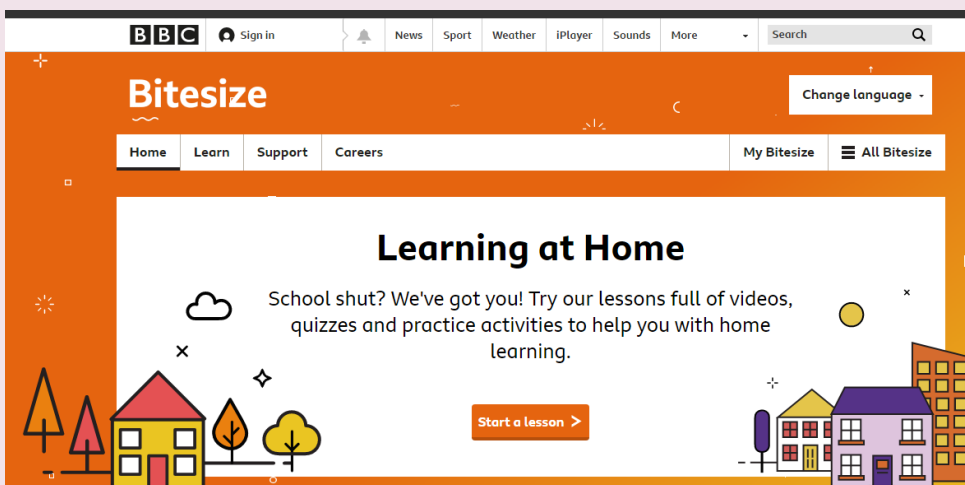
The screenshot shows the top navigation bar of the Guide Education website with links: What We Do, Courses & Qualifications, Case Studies, Free Resources, Blog, and a shopping bag icon. The main banner features a photograph of a man and a young girl looking at a laptop. The text on the banner reads: 'Inspiration for home learning', 'A free online course to enrich the teaching relationship with your child.', 'EXPLORE NOW' (in a red button), and 'SIGN UP FOR FREE' (in a yellow button).

[Parent Support Course | Guide Education](#)

[Oak National Academy Online Classroom \(thenationalacademy\)](#)



The screenshot shows the Oak National Academy Online Classroom website. The top navigation bar includes 'Teacher Hub', 'Specialist', 'Subjects', and 'Schedule'. The main content area features the Oak National Academy logo, the title 'Online Classroom', and the text: 'Nearly 10,000 free video lessons, resources and activities, covering most subjects, from Reception to Year 11'. There is a 'Find Lessons' button and a 'Browse the classroom' link at the bottom. An acorn logo is also visible on the right side.



The screenshot shows the BBC Bitesize website. The top navigation bar includes the BBC logo, 'Sign in', and links for News, Sport, Weather, iPlayer, Sounds, and More. The main header is 'Bitesize' with a 'Change language' dropdown. Below the header is a navigation bar with 'Home', 'Learn', 'Support', 'Careers', 'My Bitesize', and 'All Bitesize'. The main content area features the title 'Learning at Home' and the text: 'School shut? We've got you! Try our lessons full of videos, quizzes and practice activities to help you with home learning.' There is a 'Start a lesson >' button. The background has a colorful illustration of houses and trees.

[Educational programmes to help children learn at home are available from the BBC.](#)

THE WALLINGTON WEEK



ACTION CALENDAR: FRIENDLY FEBRUARY 2021



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|--|---|--|--|--|---|
| 1 Send someone a message to say how much they mean to you | 2 Ask a friend how they have been feeling recently | 3 Do an act of kindness to make life easier for someone else | 4 Organise a virtual 'tea break' with colleagues or friends | 5 Show an active interest by asking questions when talking to others | 6 Get back in touch with an old friend you've not seen for a while | 7 Make an effort to have a friendly chat with a neighbour |
| 8 Share what you're feeling with someone you really trust | 9 Thank someone and tell them how they made a difference for you | 10 Look for the good in people, even when they frustrate you | 11 Send an encouraging note to someone who needs a boost | 12 Focus on being kind rather than being right | 13 Send a friendly message of support to a local business | 14 Tell your loved ones why they are special to you |
| 15 Smile at the people you see and brighten their day | 16 Check in on someone who may be struggling and offer to help | 17 Respond kindly to everyone you talk to today, including yourself | 18 Appreciate the good qualities of someone in your life | 19 Share a video or message you find inspiring or helpful | 20 Make a plan to connect with others and do something fun | 21 Actively listen to what people say, without judging them |
| 22 Give sincere compliments to people you talk to today | 23 Be gentle with someone who you feel inclined to criticise | 24 Tell a loved one about their strengths that you value most | 25 Thank three people you feel grateful to and tell them why | 26 Give positive comments to as many people as possible today | 27 Call a friend to catch up and really listen to them | 28 Make uninterrupted time for your loved ones |



"The best way to cheer yourself up is to cheer somebody else up" - Mark Twain



"The only way to have a friend is to be one" - Ralph Waldo Emerson

LGBTQ+ History month

How to get involved!

Take part in some events!

Many people have taken time to organize events that you can take part in from the comfort of your own home. If you have some free time, why not show some support.

A whole page of events can be found here-

<https://www.lgbthistory.org.uk/whats-on/>

Do some extra reading!

There is plenty to learn about LGBTQ+ history, and the museum of London has put together a great resource exploring the rich heritage of LGBTQ+ Londoners.

Interesting articles can be found here-

<https://www.museumoflondon.org.uk/museum-london/whats-on/exhibitions/lgbt-history-month?series=LGBTQ%20month>

THE WALLINGTON WEEK

THE HISTORY OF DRAG

Drag Racing has become such a popular art form, especially with the success of RuPaul's Drag Race, but it isn't a new occurrence and has been around for a while.

- Although not called 'drag', in Shakespearean theatre, male actors were cast as female roles, and many historians believe the word 'drag' could originate from the way the dresses men wore on stage dragged along the floor.
- The UK's first drag queen is often acknowledged to be Princess Seraphina (otherwise known as John Cooper) in the early 18th century. It's surprisingly older than we think!
- Over time, drag evolved into focusing more on the individual queens and their fanbases, and developed hand in hand with vaudeville (the form of comedy and variety theatre that was evolving in England throughout the late 19th and early 20th century).
- Of course we have to recognise that drag wasn't always tolerated in society since homosexuality and gender fluidity were frowned upon by society as a whole.
- Nevertheless, drag evolved significantly in the USA, with 1970s drag balls in New York, with more models appearing, and the Stonewall riots (1969) and notably Marsha P Johnson increased this fight for equality and acceptance.
- Eventually, drag began to enter the mainstream consciousnesses and in 2009, the first series of RuPaul aired.

STONEWALL

The 1969 Stonewall uprising in 1969 was a monumental moment in history, but unfortunately not one we often hear of.

overview

The police raided the Stonewall inn on 28 June 1969, which was a bar in a LGBT+ area of New York. This was the second time police had raided it, throwing hundreds of people out onto the street and beating them up. Naturally the LGBT+ community was furious about this unjust treatment and they fought back. It triggered a week of protests, inspiring others around the world to join protests and rights groups to fight for equality. Importantly, the Stonewall uprising involved so many different types of people, standing up and standing proud.



We've come a long way since Stonewall in 1969, but we still have so much progress to make, and the uprising is a reminder of how much power we have when we stand together in defiance against unjust treatment.



THE WALLINGTON WEEK

SAGA – WHSG

- SAGA at WHSG means a safe space for everyone (whether LGBT+ or not) to openly discuss LGBT+ issues whether personal or general and learn about the LGBT+ community from one another
- We engage freely in debate over LGBT+ news stories and discuss being LGBT+ in the 21st century and what that means for us
- This all sounds very serious but SAGA is a calm environment where we really just vibe with one another knowing that we are free to be exactly who we are in all earnest
- One discussion we had prior to lockdown was about the ways in which one could come out; about trying to ensure that the person is comfortable with coming out and the main advice we concluded was:

To not rush yourself

To take as much time as you need (if you want to come out to everyone in one go that's also your prerogative)

To ensure it is safe for you to do so

And to remember that coming out is completely on your own terms and no one deserves to know if you don't want to tell them

We are currently not running due to lockdown however questions and discussions are always welcome

Being able to lead SAGA at WHSG was rewarding in many ways as it helped me to understand better the challenges I had faced as an LGBT+ youth and in turn allowed me to help others in discovering themselves. SAGA at WHSG is particularly wonderful as it is a truly safe space for all queer and non queer folk to openly discuss the way the LGBT+ community is seen and described across the world in the 21st century. It has been beautiful to be a part of something so important to many young LGBT+ students facing times of crisis and loneliness within themselves at WHSG. From the moment I arrived in 2015 to the moment I'm leaving in 2021 I have seen so many people grow and change for themselves and learn more about the LGBT+ community. It has brought a slice of the LGBT+ community into my life, given my lifelong friends and taught me so much about myself. I'm eternally grateful for the schools LGBT+ Society – SAGA.

-Anna Gungaloo (currently SAGA leader) – **feel free to email me at any point to discuss or ask about LGBT+ issues and the community in any way or simply to chat about being LGBT+ today I'm always willing to talk whilst SAGA is not currently ongoing due to lockdown –**
agungaloo14@wallingtonirlorg.uk

SAGA – History

- SAGA means Sexuality and Gender Acceptance and our LGBT+ Society at WHSG has been called this since 2018
- The LGBT+ Society at WHSG has existed for almost 7 years now with Anna Gungaloo being the 8th Leader of the society
- The proposal was originally put forward by Isha Dwesar as a 6th form only club however these days it encompasses all from years 9+
- For the past 4 years SAGA has held an annual Pride week in June (Pride month)
- We've had a lot of cake in the past years to celebrate the terms and years of being able to help one another grow and understand ourselves better



Forming WHSG's LGBTQ+ society is definitely one of the most rewarding things I've done in my life. Coming out at 14, there was a lot I had to figure out on my own about my identity and the complexities of the LGBTQ+ community. Having someone more established in the community and more secure in their identity to guide and reassure me on my journey would have been amazing, so one of my aims when I formed the society was to be this person for others. Taking on that role was incredibly humbling, but also very exciting to see people freely explore their identities and grow. Similarly, I knew from my own experiences that having a safe queer space in which to develop and explore your identity was extremely valuable, and so I wanted to create that space for future years of queer and questioning students at WHSG.

Isha Dwesar – Ex Student on the creation of WHSG's LGBT+ Society in 2014/15, the first ever leader of SAGA aka LGBT+ Society

THE WALLINGTON WEEK

CAREERS INFORMATION



YOUNG PROFESSIONALS

National Apprenticeship week

Monday 8th February
3pm - 5pm

We will be hearing from 12 different apprentices from some of the biggest brands on the planet! Each apprentice will give a shot 10-minute snapshot on what they do, their career journey to date and why their apprenticeship has been the best route for them!

Open to all year groups in
Y10, Y11, Y12 & Y13

- ✓ Opportunity to ask questions and find out about other young people's career journeys
- ✓ Learn about different types of apprenticeships, some myth busting and a few prizes along the way!



| Monday 8th February 3pm - 5pm | | |
|---|--|-----------------------------------|
| YOUNG PROFESSIONALS 15:00 - 15:10 | EY 15:10 - 15:20 | IBM 15:20 - 15:30 |
| bp 15:30 - 15:40 | M&S EST. 1884 15:40 - 15:50 | pwc 15:50 - 16:00 |
| QA 16:00 - 16:10 | CIMA 16:10 - 16:20 | gsk 16:20 - 16:30 |
| HSBC UK 16:30 - 16:40 | vodafone 16:40 - 16:50 | Capgemini 16:50 - 17:00 |

12 Global Brands

Open to all Y10, Y11, Y12 & Y13 Students!

Degree Apprenticeships
Work Experience
Insight Day Opportunities

Hear from some inspiring apprentices!

Registration Link:

<https://www.research.net/r/NAW2021>

Some of upcoming events and tasters at Queen Mary University of London that may be of interest to you

UCAS Late Applications on **Thursday 04 February, 3.30-4.30pm**

Students can register for this event online at; <https://events.unibuddy.co/queen-mary-london/ucas-late-applications>

- Modern Languages taster event titled, 'Decolonizing the Curriculum': Rethinking the Study of Modern Languages at University on **Wednesday 17 February, 5-6.30pm**
- Comparative Literature Taster on **Wednesday 24 February, 5-6pm**
- Linguistics Taster on **Wednesday 17 March, 5-6pm**
- Film Studies Taster on **Wednesday 24 March, 5-6pm**

For more information on each event and to register, please visit; <https://www.qmul.ac.uk/slif/outreach/>

East London Universities: Student Wellbeing & Success on **Wednesday 24 February, 4.30-6.30pm**

Parents, carers are invited to join us to hear from students, alumni and staff from across **eight east London universities**. With opportunities to hear from experts and to ask questions, this event aims to support student wellbeing and successful outcomes.

For the full programme and to register for the East London Universities event, please visit:
<https://www.qmul.ac.uk/outreach/activity-portal/supportingstudentwellbeing/>

THE WALLINGTON WEEK

CAREERS INFORMATION

CROYDON APPRENTICESHIP WEEK

8th - 12th February 2021



**BECOME AN APPRENTICE &
EARN WHILE YOU LEARN!**

National Apprenticeship Week 2021 -
Croydon College



Love documentaries?
Wondering what opportunities there
are for working in TV?

Our Netflix-supported Grierson DocLab schemes could be for you... The factual TV and documentary industry needs new diverse talent. We therefore particularly welcome applications from those currently under-represented throughout the industry.

The Grierson Trust - Grierson
DocLab 2021

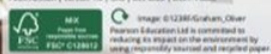


See yourself as a
Chemist?



Learning a language can prepare you for a career as a chemist by building your foundational skills in communication, problem-solving, and meticulous attention to detail and accuracy.

**Learn a
Language!**

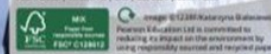


See yourself as a
Detective?



Problem-solving and critical thinking skills are essential to become a great detective, as is the ability to communicate with members of your community in their native language. Active listening will also allow you to pick up on details in interviews and reports.

**Learn a
Language!**



THE WALLINGTON WEEK



See yourself as a **Diplomat?**

To become a successful diplomat, you will often need to know more than one language and be able to communicate effectively, both in writing and orally. You will also need to explore and understand different cultures and be able to connect with communities worldwide.



Learn a Language!



See yourself as an **Engineer?**

Studying a language will help develop the skills you need to become an engineer, including problem-solving skills, verbal and written communication skills, attention to detail, and the ability to work well in a team.



Learn a Language!



See yourself as a **Screenwriter?**

Being able to write and speak a different language will provide you with insight into how people talk and communicate as well as greatly open your range of opportunity in writing screenplays for TV shows and films that will broadcast across the world.



Learn a Language!



See yourself as a **Marketing Manager?**

A great marketing manager will have strong communication skills, creative problem-solving skills, and the ability to empathise - all skills that can be developed by studying a language in school.



Learn a Language!



THE WALLINGTON WEEK

CAREERS INFORMATION



Applications for our **2021 Virtual Work Experience programme** are now open and will close on **22nd Feb.**

in f

Attention Y12
Please see the link below
for virtual work
experience

[https://
www.capgemini.com/gb-
en/careers/capgemini-
schools-programme/
capgemini-work-
experience-programme/
work-experience-2021/](https://www.capgemini.com/gb-en/careers/capgemini-schools-programme/capgemini-work-experience-programme/work-experience-2021/)

ARE YOU A
FUTURE
DR?



DR.EAM

Virtual Dentistry Admissions Conference

A free national event for state school pupils.

Practical skills, talks from dentists, life as a dental student, work experience advice, Q&A panels and MORE!

Saturday 20th February 2020

9am to 5.00pm

Birmingham Widening Access to Medical Sciences

<https://bham.onlinesurveys.ac.uk/dream-dentistry-2021-application>



Invitation For Parents: Success Beyond School

Free expert advice on guiding your child to a successful career



★ Trustpilot



Excellent
4.9 out of 5

Parent Event Series - InvestIN Education

THE WALLINGTON WEEK

ENRICHMENT

ENRICHMENT OPPORTUNITIES FOR YEAR 12

Dear Year 12 Students,

Now is the ideal time to start looking for opportunities to help enrich your learning and support your university application. There may be various summer schools, online days etc you could be applying for. Some Universities/Oxbridge Colleges set essay competitions – for example Newnham College Cambridge have essay competitions across many subjects (see below). There are many more different competitions/activities/lectures etc you can find... do some research and then share what you find with a relevant teacher so other students can benefit too! Most of all find something that you can enjoy doing and hopefully inspires you...

Good luck!

Newnham College Cambridge
Essay Prizes

The 2021 Newnham Essay Prize competition is now open.

All female students currently in Year 12 at a UK school may enter the prizes, which are offered in Archaeology, Biological Sciences, Classics, Computer Science, Engineering, History, Mathematics, Modern and Medieval Languages, Music, Philosophy and Psychological and

Behavioural Sciences, as well as our annual '**Woolf Essay Prize**' with questions inspired by Virginia Woolf's *A Room of One's Own*.

Each of the Newnham Essay Prizes have a first prize of £400, a second prize of £200 and a third prize of £100.

We welcome entries from interested students studying any combination of subjects. Each competition has a slightly different word limit, so please consult the Information and Questions sheet for each of the prizes. All essays must reference sources (including websites consulted) and provide a bibliography.

Students may only submit an essay for **one subject**. Each school may only submit **5 entries** per subject. The deadline to submit entries is 12pm on **Wednesday 10 March 2021**.

Further details can be found here

[Newnham Essay Prizes – Newnham College \(cam.ac.uk\)](https://www.newnham.cam.ac.uk/essay-prizes/)

I would suggest you check with the Head of Department at school for your subject before you write your essay as we are only allowed to submit 5 entries per subject.

School Art competition

Art club with Grayson Perry

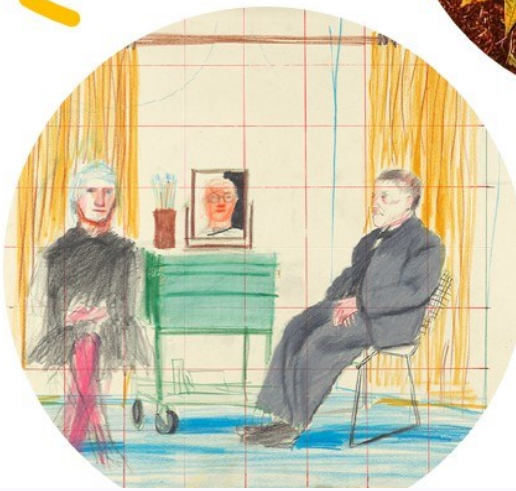
Art Club is a television programme made by British artist Grayson Perry and his wife Philippa during the first lockdown. Each week they set a theme such as 'pets' and members of the public and celebrities all submitted their personal artwork within that theme. Art Club is returning soon on Channel 4 for a new series with a new set of themes to work with.

We in the art department at WHSG have decided to join in and run our own Art Club competition alongside the series. There will be house points and prizes for winning entries.

Please follow this link for the full details

[https://wallingtongirls-my.sharepoint.com/:p:/g/personal/vwilkinson_wallingtongirls_org_uk/](https://wallingtongirls-my.sharepoint.com/:p:/g/personal/vwilkinson_wallingtongirls_org_uk/EViV5ntL4JBm4tZcYCIYYYBU4mLhubosYirI5rjhkuzPg)

[EViV5ntL4JBm4tZcYCIYYYBU4mLhubosYirI5rjhkuzPg](https://wallingtongirls-my.sharepoint.com/:p:/g/personal/vwilkinson_wallingtongirls_org_uk/EViV5ntL4JBm4tZcYCIYYYBU4mLhubosYirI5rjhkuzPg)



THE WALLINGTON WEEK

WEEK 5 CHALLENGE

KNEES TO FEET JUMP



FINAL CHALLENGE

Without using your hands for support, can you jump from your knees to your feet in one movement?

Youtube - Knee to Feet Jump Challenge to see how it is done!



Our #SaferInternetDay Top Tips

Stay safe online

Check with an adult if you are ever unsure about what to share or who you are chatting to online



saferinternetday.org.uk

#AnInternetWeTrust



We are supporting Safer Internet Day 2021!



Safer Internet Day 2021

Tuesday
9 February

saferinternetday.org.uk



YEAR OF THE OX

Chinese New Year 2021

February 2021 is an auspicious month as it contains the Chinese New Year, which starts on the 12th February 2021 and ends of the 26th February.

The Chinese New Year marks the end of the coldest days. People welcome spring and what it brings along: planting and harvests, new beginnings and fresh starts. You can also call it a Lunar New Year as there is no set date for the Chinese New Year; it moves between the 21st Jan and the 20th Feb each year depending on the cycle of the moon.

The myths and fables that exist around the Chinese New Year are also interesting. According to one legend, there was a monster named Nian (年). It is told that Nian usually lives at the bottom of the sea and comes up once a year, around the new year, to feast on animals and humans. On this day, the villagers would all escape into the mountains. One year, a beggar came to seek shelter, but everyone was hurrying away. Only an old woman took him in and he promised to chase Nian away. He busied himself with decorating the homes.

At midnight, Nian lumbered in but stopped short when it saw the red paper on the doors. As it roared in anger, firecrackers suddenly sounded and it trembled in fear. When it saw the beggar, dressed in red, laughing at it, it could only run away. The villagers came back the next day and were pleasantly surprised that the homes were all still standing. They realized that loud noises and the color red were Nian's kryptonite.

This is why, on New Year's Eve, families eat dinner in their homes fortified by red decorations. At midnight, firecrackers are sounded. In addition, people will wear new and festive red clothing to celebrate.

Another Myth focuses on an evil spirit named Sui (祟). It would appear on New Year's Eve and pat the heads of sleeping children three times. The children would end up with a fever. Even if they recovered from the fever, they'd never be the same again. One couple entertained their child with some coins at night. When he fell asleep, they placed the coins on red paper and left it by the pillow. When Sui came, the coins flashed and frightened it away. From then on, parents would give children money wrapped in red paper every New Year's Eve. Find out the full details around the traditional of the red pockets in the link below <https://chinesenewyear.net/red-pockets/>

With that in mind, our enrichment section this week will focus on the Chinese new year and its meaning and celebrations.

THE WALLINGTON WEEK

HOW TO MAKE A CHINESE RED LETTER

You will need:

Paper or thin card – can be red or any colour
Scissors
Glue
Glitter/colouring pens

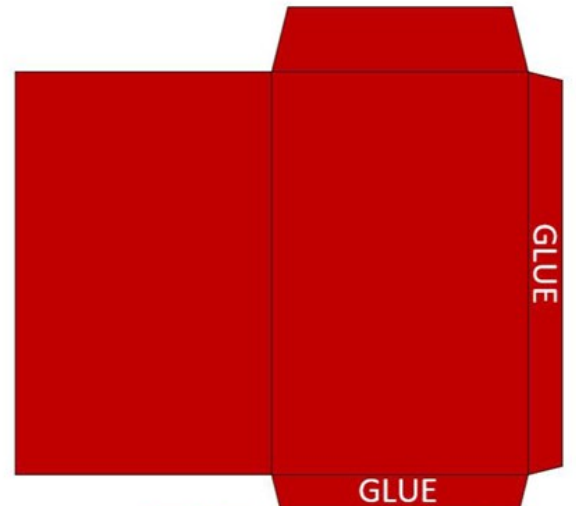
What to do:

First print out the template onto your sheet or draw the rough dimensions onto your paper or card.
It's roughly square but with three flaps one along the length of one edge & half way along the two adjoining sides
(make one of the shorter flaps slightly wider)
Cut around the template
Glue along the long flap and the thinner of the short flaps
Folder along the middle of the paper to attach the other side to the glued flaps
so it ends up looking like a pocket
Once decorated you can fold the top wider flap inside the pocket to hold in the contents.
Traditionally you would fill these with some coins and give to members of your family.

How to decorate:

Now let your creative juices flow and decorate however you wish.
Traditionally these would be covered in Chinese writing and gold glitter. Some ideas are below

新年快乐!
(new) (year) (happy)
Happy Chinese New Year!



What about making some home made new year decorations for your own house this Friday to start the weekend on a really good note!

Chinese paper cuttings would look amazing placed in peoples windows; you would cut out the shape pf an ox as 2021 is the year of the OX, some traditional Chinese flowers or cut out Chinese calligraphy or any design. Some ideas are below:



Or create a door couplet, a traditional addition to a Chinese house at New Year to ward off bad spirits or encourage a blessing. You will need two either side of the door and they can be made out of paper, card or material (whatever you have to hand) but again you can get as creative as you like from attempting Chinese script or making very ornate pictures.

Or Why not attempt to cook some traditional snacks for your family to enjoy this coming Friday?

There are lots of foods that are deemed as special and have a good meaning at new year but why not maybe attempt to make a traditional peanut brittle Or a traditional new year cake



Or if you feel really brave how about attempting to make the most auspicious of foods, **DUMPLINGS**. In Chinese, dumplings 饺子 (jiǎo zi) sounds like 交子 (jiāo zi). 交 (jiāo) means “exchange” and 子 (zi) is the midnight hour. Put together, jiāo zi is the exchange between the old and new year. All dumplings should be wrapped at this time. By eating dumplings, you are sending away the old and welcoming the new. Some people will also put a coin in a random dumpling. Whoever eats it will have great luck that year!

We would love students to share any of their efforts with us via enrichment@wallingtongirls.org.uk

THE WALLINGTON WEEK

ENRICHMENT

February Language Challenge

Change the language settings on your TV/streaming channel and watch your programmes with subtitles in the language you are learning

Learn to write your favourite phrase in a different language

Research which language may be the most useful in your dream job

Travel List
List ten countries you would like to visit by the time you are 25

Practise the language you are studying on an app for 10 mins

Cook a traditional dish from a country that speaks the language you are learning

Teach a parent or guardian three common phrases in a foreign language ie
1) Excuse me
2) Can you repeat that
3) Sorry I don't understand

Watch a foreign language film in the language you are studying

find 10 cool words in your language that don't have an English equivalent

Listen to some music from the country whose language you are studying. Find a playlist on spotify/youTu be and google the lyrics

Read a magazine or book written in a foreign language

Change you social media app settings into the language you are studying for one hour

Faraday Engineering Competition

Unfortunately the physical Faraday Challenge, we had arranged on the 13th January 2021 some students in year 8, had to be cancelled due to the school closure. Instead we are giving all students aged up to 15 the chance to enter their replacement virtual competition.

History Competition

Don't forget the Historical story competition published last week; we are looking forward to reading some of your entries in the coming weeks.

Virtual Faraday Challenge 2021

IET The Institution
Engineering and Technology

This season's Virtual Faraday Challenge tasks young people to see if they can assist the work of Network Rail in helping them to **sustainably manage the increasing numbers of passengers** using their network and **minimise their impact on the environment**.



- For any student up to 15 years
- you can enter individually or as a group
- Entries will be judged every month
- More information here: <https://education.theiet.org/faraday-challenge-days/virtual-faraday-challenge/>

Any questions please email Mrs Caspary

THE WALLINGTON WEEK

Write Your Own Historical Fiction Competition 2021



Are you a history buff? Do you like creating a good old yarn? Then this national competition opportunity may be for you! Students from all years are invited to write a historical story, which can be set in **ANY*** period or place in the past, so the story can fit in with and extend any historical topic you may be studying. The story should be a minimum story length of 400 words and a maximum word length of 3500 words. We regret that entries that go over this word limit may not be considered.

Prizes

All entries submitted will get 3 house points
5 Winning students for WHSG will receive a £10 book voucher and 10 house points and will also be put forward to enter the national competition.

Winners of the national competition will each receive a cash prize of £25 and an engraved Bath Aqua Blue glass paperweight or bookmark (or equivalent).

Deadline

Entries need to be submitted by the end of the day on the **1st March 2021** and submitted to enrichment@wallingtongirls.org.uk
Winners will be announced and some published in the following Wally Week and student bulletins. Winners of the national competition will be announced at the beginning of June

Judges are looking for:

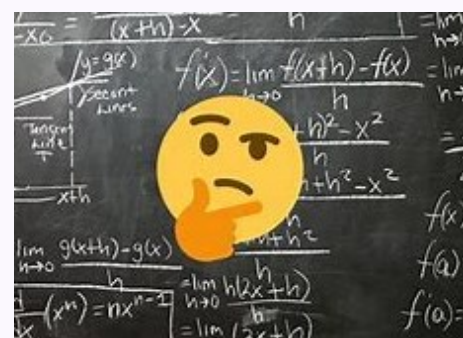
- **Historical accuracy** – even down to the choice of names characters are given and any props additional to the historical setting
 - **A riveting read** with a good plot!
 - **A convincing story** - i.e. is it plausible that these events and/or this character could have existed at the time?
 - **Use of historical knowledge** to feed the plot, context and character
 - **Effective use of historical vocabulary and literary conventions**, including where dialogue is included in the story
- Creative and interesting perspectives of story-telling.** In the past we have received an entry telling the story of a siege from the perspective of the castle!

Sixth Form Mathematical Enrichment and Problem-Solving Club

During period 5 on Wednesdays, I have arranged to meet with some Year 12 Further Maths students to look at some challenging mathematical problems and talk about ideas of how to extend and enrich your mathematical experience. (And maybe think of things to enhance your UCAS application!).

If you are in the sixth form and free at that time and would like to come and join us then please email me and I will send you a TEAMS invite.

Miss Tucker (stucker@wallingtongirls.org.uk)



The Reigate & Redhill Music and Drama Festival Results May 4th–15th 2021



Online Entries: 1st January - 15th March 2021
Video submissions 16th March - 16th April 2021
Entries cost between £4 and £16 per class



A Virtual festival inviting videoed performances of instrumental music, singing and speech & drama for remote adjudication. Performers of all ages will be given expert feedback, a graded certificate for their performance and the opportunity to be selected for a virtual concert of Festival 2021 highlights.

The syllabus will be available on the website from 1st January 2021.

Enter at: www.reigate-redhillmusicfest.org.uk



THE WALLINGTON WEEK

ENRICHMENT



DID YOU KNOW?

The 11th Feb 2021 marks the international day of women and girls in science. In honour of that I wanted to introduce Dr Leila Denmark, the worlds oldest doctor when she retired in 2001 at the age of 103!

She was born in the 1st Feb 1898 in America, the third of 12 children. Growing up in a farming community, from a young age she had a passion to heal, learning on the farm animals.

Initially drawn to teaching, Denmark earned a BA degree from Georgia's Tift College in 1922 and then taught science. However, realising that her ambitions lay in medicine, she pushed aside the prejudices that existed particularly in the South, and enrolled at the Medical College of Georgia in Augusta in 1924. Four years later and the only woman in a class of 52 students, she became the third woman to earn a medical degree from the college.

When a whooping cough epidemic swept through Atlanta, USA in 1932, Denmark was spurred on to conduct pioneering research in the diagnosis, treatment and immunisation of the disease that killed so many underprivileged babies. Denmark's findings led to the development of the whooping cough vaccine.

To keep costs to a minimum in a country that had no free healthcare service, Denmark did not employ a nurse or receptionist and relied on a "sign-in sheet" to bring order to her waiting room. She

also rarely charged patients more than \$10 for an office consultation, and it was not unusual for her to spend an hour counselling a new mother. Her medical instruments were few and barely changed: a stethoscope, an otoscope, blood pressure cuff, chemicals to test urine and to measure haemoglobin, and, most of all, her inquiring mind. Denmark gained a reputation for being able to diagnose a child's illness from just looking – and as a no-nonsense doctor who did not mince her words. In an interview, she recalled, "When a mother asks, 'Doctor, what makes my baby so bad?'" she was likely to get the answer, "Go look in the mirror. You get apples off apple trees."

As she approached her 110th birthday, in 2008, Denmark credited her longevity to drinking only water, eating no refined sugars and including a protein and vegetable with every meal. She added, "You keep on doing what you do best, as long as you can. I enjoyed every minute of it for more than 70 years. If I could live it over again, I'd do exactly the same thing."

