

The Wallington Week

Tuesday 4th November 2025

I would like to extend a warm welcome back to all students, staff, and families as we begin the second half of the autumn term. This term promises to be an exciting one, with several key events for our school community.

Our Year 11 students begin their mock exams this week, and we wish them every success.

In the coming weeks, we also have the Annual Fusion Showcase, Year 13 Parents' Evening, and the Winter Concert. We will also celebrate academic achievements at the GCSE Prizegiving and look forward to the School Production at the end of December.

I look forward to a productive and enjoyable term ahead, and to celebrating the success of our students in all areas of school life.

- Ms T O'Brien
Headteacher



Upcoming Events

- 21st November- Fusion Showcase
- 24th November- Y13 Parents' Evening

Useful Links

Co-Curricular Activities

SOCs, the school's online system for Co-Curricular activities, will allow your child to see all available activities but also allow you to view after school registers to see if your child is attending and in school.

Careers Noticeboard

For live updates on careers related opportunities please [click here.](#)

Current Vacancies

Click here for a link to our [vacancies page](#)

Calendar

Week B

Monday

- Year 11 Mock Exams all week

Tuesday

- Year 10 Photography NEA Day

Wednesday

- Central Detention- 15:10-16:10pm
- CERN Parent Information Evening - Main Hall 5-5:30pm

Thursday

- Y12/13 History in Action
- YPES Parent Information Evening, 5-5:30pm

Friday

- Central Detention- (15:10-16:10pm)

Attendance

Y7

98.48%

Y8

96.90%

Y9

96.88%

Y10

96.97%

Y11

96.03%

Staff Messages

Anti-Bullying Week (10th – 14th Nov)

Anti-Bullying Week 2025 will take place from Monday 10th - Friday 14th November, with the theme: Power for Good. Every year, bullying impacts the lives of countless young people and silence helps it grow. That's why, this Anti-Bullying Week, we're empowering young people to use their Power for Good to safely speak up and raise awareness when they see bullying, face to face or online. We will be marking the week through assemblies and displays around the school.

- Mrs M Sundborg
Assistant Headteacher & DSL



Rewards

At the end of last term we sent home 995 e-certificates for those students whose attendance was 97% and above. Well done to all of those students!

- Mrs M Sundborg
Assistant Headteacher & DSL



Parent Workshop: Self-esteem and the Selfie

Date and time: Wed 12th Nov 2025, 19.00-20.30

Facilitator: PAPAYA

Location: This event will be held at Nonsuch High School for Girls

PAPAYA was launched 6 years ago when Dr. Susie Davies, a university GP, noticed the poor mental health of students. She discovered their mental health problems were often linked to their relationship with technology, especially excessive social media use and gaming. Despite limited evidence at the time, she became convinced that tech use in adolescents was having a negative impact on young people's mental health. This workshop will cover the risks to mental health associated with spending too much time online and the impact social media can have on positive self-esteem. It will also look at innovative ways for families to achieve a healthy balance with technology. .

Places will be allocated on a first come, first serve basis - please note, the talk is for parents and carers only.

If you would like to attend, please complete this form:

[PAPAYA Parent Talk at Nonsuch High School – Attendance Confirmation](#)

- Mrs M Sundborg
Assistant Headteacher & DSL

Staff Messages

Parent Workshop: KS5 Study Skills (Years 12 and 13 Parents)

Date and time: Wed 19th Nov 2025, 18.00-19.00

Facilitator: Mr Donnelly – Assistant Headteacher for Teaching and Learning at WHSG

Location: This event will be held at Wallington High School for Girls

This workshop is for the parents of Years 12 and Year 13 students. Mr Donnelly will provide parents and carers with tips and techniques to support their child with revision and how to retain more information and knowledge. The session will also look at how we can increase students' chances of becoming expert learners.

– Mrs M Sundborg
Assistant Headteacher & DSL

Free Online Rolling Autism Programme for anyone Caring for a Loved One with an Eating Disorder with Autism

This rolling programme spread over three months provide an opportunity to meet other families facing the complexities of an eating disorder alongside autism in a safe, non-judgemental and confidential setting. Places are limited and will be allocated on a first-come first-serve basis. All the sessions are funded by the Charlie Waller Trust.

Three sessions are now being offered on a rolling basis to carers of loved ones with an eating disorder and an ASC or high level autistic traits:

- **Session One: Autism & ED skills illustration of New Maudsley skills session.**
Thursday October 9 6pm - 8.30pm.
- **Session Two: Skills practice session on autism affirming communication styles.**
Thursday November 13 6pm - 8.30pm.
- **Session Three : Skills practice session on autism friendly techniques for planning for change.**
Thursday December 11 6pm - 8.30pm.

Please contact Jenny Langley for more information and forthcoming dates:

jenny@newmaudsleycarers-kent.co.uk

– Mrs M Sundborg
Assistant Headteacher & DSL



Staff Messages

Important Notice: Student Medications for Enrichment Activities – November 2025

As we prepare for upcoming enrichment activities, we want to ensure the safety and wellbeing of all students. If your child requires any medications – such as EpiPens, antihistamines, inhalers, or other essential medications – please ensure these are supplied to the school as soon as possible.

Students must also carry their own first-response EpiPen and/or inhaler during all enrichment activities. This is essential to ensure immediate access in case of an emergency.

Please note that students will not be able to participate in any enrichment activities if their required medications have not been provided or if they are not carrying their personal emergency medication.

Please check that:

- Medications are clearly labelled with your child's name.
- All medication is in-date and in its original packaging.
- You have completed and submitted any relevant medical forms for each medication to the school office/ First aid room.

Thank you for your cooperation in helping us keep every student safe and supported.

-Ms D Newell
Reprographics & First Aid Officer



YEAR 7 SPANISH BOARD GAMES

In Spanish lesson, just before half term, Year 7 worked in groups in order to design and create their own board games as a way to revise content covered in Spanish during Autumn 1. They then did a carousel activity where they played others games and finally we voted for the best ones.

-Mr Bermudez-Caro
Head of Spanish

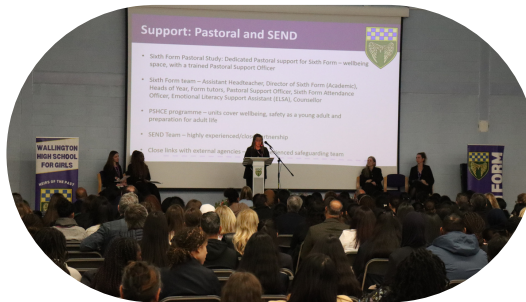


Sixth Form Open Evening

On Thursday 16th October, we were pleased to welcome hundreds of students and families to our Sixth Form Open Evening. Both current Year 11 students and many visitors from other schools came along to find out more about life in our Sixth Form.

Guests listened to a talk from the Headteacher, then explored different subjects to meet teachers and learn about A Level courses and opportunities on offer.

Lots of our Sixth Formers helped out on the night as subject reps, tour guides, and greeters; they did a brilliant job showing what life at WHSG is really like. The evening was a great success, below are some photos from the event.



10 Pankhurst

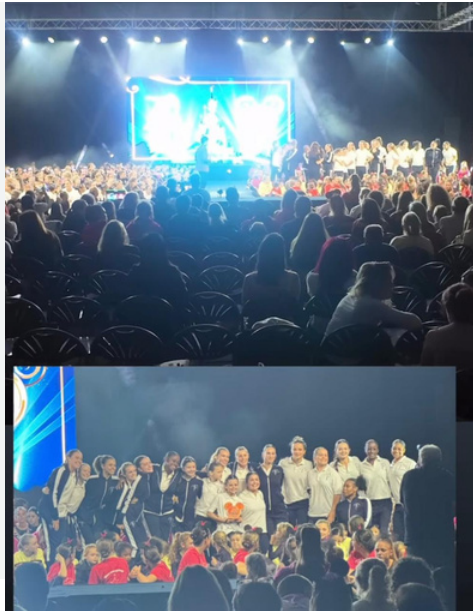
On Thursday 16th October, 10Pankhurst staged a protest to raise awareness about the barriers faced by women in the world today. Inspired by our form time reading on the topic of feminism, we wanted to recognise that we still have a long way to go to achieve full gender equality. We created and designed placards to share the shocking statistics we have learnt, such as 130 million girls are missing out on school worldwide, and 113 countries do not have laws protecting women's right to equal pay for equal work. During form time, we marched quietly around the school displaying our placards and applause and cheering from the classes that saw us. Thank you

-Ms V Keohane
KS3 English Co-ordinator



Student Achievement

Congratulations to Sadie B (9 Sharman) and her squad for their impressive performance at the **Gymnastics Magique** competition last weekend. After an intense few days of travel and competition, the team achieved an outstanding second place overall, a fantastic result that reflects their hard work and dedication.



Trip

On Saturday 4th of October, the WHSG Model United Nations Society was lucky enough to be able to send 2 delegations to Reigate Grammar School to take part in their Model UN Conference. It was an amazing day, and our delegates performed brilliantly, with Lizanne and Anniyah bringing back awards. We are so proud of everything we were able to achieve and hope to send delegates for next year's conference. We would like to thank our teacher lead, Mr Lawrence, for supervising us at the conference, and congratulate all our wonderful delegates for a lovely day, they represented the school really well, and it was a very enjoyable experience.

-Dara



Creative Careers Fair

On Tuesday 30th September, a group of thirty students from media, film and drama classes from year ten to thirteen accompanied by Ms. Keohane, Ms. Khan and Mrs. Borrageiro-Maier were lucky enough to go on an afterschool trip to the Warner Brothers Studio Tour London to learn about the makings of the Harry Potter films and careers in the creative industries. We were immersed in the magic of the movies from the minute we stepped into the Great Hall where the one and only Warwick Davis, most well-known for his roles as Professor Flitwick, a goblin bank teller and Griphook throughout the franchise, delivered a speech on what it meant to work in TV and film and how important every role is. Then, the schools taking part walked through the tour, stopping at the many stalls set up with creatives from the film explaining all the aspects of their jobs and how they contribute to production including: costuming; sound effects; prosthetics; props; set design etc. After collecting our potions (mocktails) from the potions classroom and continuing the tour, we got to see how the crew created classrooms and iconic areas such as the Forbidden Forest as well as how different common rooms were produced to reflect the houses. We reached platform 9 $\frac{3}{4}$ and boarded the Hogwarts Express to see the carriages throughout all eight films before stopping for dinner. Outside, we got to see the Hogwarts Bridge and the Knight Bus prior to looking at the creation of props, Gringotts Bank and concept art to end the tour by the model of Hogwarts where we collected goodie bags filled with merchandise and information on careers. The aim of the trip was to get students more involved in the creative industries as the number of young people choosing creative subjects has declined substantially. Personally, I think the trip totally achieved its goal as we had so much fun whilst learning about a variety of careers. I'm sure everyone who went will agree with me when I say it was the best school trip I have ever been on including Ms Keohane who has said "absolutely first class - a brilliantly informative trip". If you are interested in working in any of these industries, please look into them to help keep them alive. (Also, we were on the BBC news which was really cool!)

-Meredith 10 Athena



Harvest Collection

Well done to Year 7, who have truly embodied the school value of Compassion through collecting tins & dried goods to donate to food banks all across London, as part of the City Harvest Festival Food Drive last term.

- Ms Muir
Head of Year 7



New Canteen Menus for October-April

WEEK 1

Cucina

Week Commencing: 27/10/2025 17/11/2025 08/12/2025 19/01/2026 09/02/2026
02/03/2026 23/03/2026 13/04/2026

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Beef Bolognese with Wholegrain Pasta & House Salad

TUESDAY

Kung Pao Chicken with Vegetable Rice

WEDNESDAY

Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Tikka Masala, Served with Braised Rice & Kachumber Salad

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Plant Based Bolognese with Wholegrain Pasta and House Salad (V)

TUESDAY

Kung Pao Cauliflower with Vegetable Rice (VE)

WEDNESDAY

Lentil Sage & Onion Wellington (V)

THURSDAY

Butter Cauliflower & Chickpea Curry, Served with Braised Rice & Kachumber Salad (V)

FRIDAY

Homemade Cheese & Onion Slice with Chips & Peas (V)

DESSERTS

MONDAY

Spiced Pineapple Cake with Custard

TUESDAY

Chocolate & Banana Brownie

WEDNESDAY

Syrup Sponge with Custard

THURSDAY

Oaty Apple Crumble with Custard

FRIDAY

Hot Chocolate Rocky Road

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

STREET VIBES

MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available Tuesday to Thursday. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURALLY

MONDAY

Pakistani Tarka Dhal (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Onion Bhaji & Vegetable Rice Bowl (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA

MONDAY

Tomato & Basil Pasta

TUESDAY

Pasta in a Cheese Sauce

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza

Week Commencing; 03/11/2025 24/11/2025 15/12/2025 05/01/2026 26/01/2026
16/02/2026 09/03/2026 30/03/2026 20/04/2026

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS		VEGETARIAN MAIN MEALS	
MONDAY Pork & Beef Sausage or Chicken & Beef Sausage, Served with Mash with Onion Gravy		MONDAY Vegan Sausage Casserole with Gravy (VE)	
TUESDAY Beef Lasagne with Homemade Garlic Bread & Garden Peas		TUESDAY No Waste Cauliflower Cheese Pasta Bake (V)	
WEDNESDAY Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy		WEDNESDAY Cheese, Onion & Leek Pie, Served with Seasonal Vegetables & Gravy (V)	
THURSDAY Sweet & Sour Chicken, Served with Fried Rice		THURSDAY Sweet & Sour Tofu with Fried Rice (V)	
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce		FRIDAY Jamaican Squash Pasty with Chips & Peas (V)	

DESSERTS				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Sponge with Chocolate Sauce	Pear & Ginger Crumble with Cinnamon Custard	Jam Sponge with Custard	Baked Churros	Hot Chocolate Rocky Road
Fruit and Jelly Pots Available Daily				

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily	JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily
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ADD IT!
TOP IT!**

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With weekly rotating choices, there's always something tasty.

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NATURally				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fork Friendly Falafel Kebab (VE)	Vegan Singapore Noodles (VE)	Singapore Fried Rice (VE)	The Big Plant Burger (VE)	Garlic & Chilli Noodles (VE)
TRATTORIA				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Pasta in a Cheese Sauce	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

Week Commencing; 20/10/2025 10/11/2025 01/12/2025 22/12/2025 12/01/2026
02/02/2026 23/02/2026 16/03/2026 06/04/2026

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS		VEGETARIAN MAIN MEALS	
MONDAY BBQ Chicken Served with Salt & Peppers Wedges, Garden Peas		MONDAY Chipotle Quorn Dippers with Salt & Pepper Wedges & Garden Peas (V)	
TUESDAY Chicken Arrabbiata Pasta Bake		TUESDAY Crunchy Topped Macaroni Cheese and House Salad (V)	
WEDNESDAY Roast Shoulder of Pork or Salt & Pepper Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy		WEDNESDAY Cheesy Roasted Squash & Parsnip Crumble. Served with Seasonal Vegetables & Gravy (V)	
THURSDAY Chicken Korma with Pilau Rice & Coriander Salad		THURSDAY Cauliflower Bhaji with Pilau Rice & Mint Yogurt (V)	
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce		FRIDAY Crispy Onion Pakora Burger Served with Mango Slaw, Chips & Peas (VE)	

DESSERTS				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sticky Lemon Sponge	Mixed Berry & Apple Crumble	Jam Roly Poly & Custard	Banana Pudding & Custard	Hot Chocolate Rocky Road
Fruit and Jelly Pots Available Daily				

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily	JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily
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NATURally				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Cauliflower Wings, Served with Salt & Pepper Wedges (V)	Vegan Singapore Noodles (V)	Hot Falafel Buddha Bowl (V)	Onion Bhaji Skewer with Bombay Potatoes (VE)	Garlic & Chilli Noodles (VE)
TRATTORIA				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Pasta in a Cheese Sauce	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

Mathematical Olympiad for Girls and Mathematical Competition for Girls

On Thursday 25th September, all of the Year 12 and Year 13 Further Mathematicians, either sat the Mathematical Olympiad for Girls or the Mathematical Competition for Girls. Both of these competitions are designed to inspire and challenge young female mathematicians across the UK

The Mathematical Competition for Girls is a new competition, really testing students' problem solving skills to answer some very challenging questions.

We were so proud of our results....

Students who achieved a Distinction in Year 12

Amelia, Maja, Shaili, Mathuraa, Palak and Xinyan

Students who achieved a Distinction in Year 13

Jade, Macy, Maheli, Abbinaya, Diana, Zoha, Diya, Diya, Ania, Esther, Meera and Aarabi

Students who achieved a Merit in Year 12

Melissa, Esther, Anqi, Joanne, Anishka, Annabel, Lyra, Aarthisha, Disha, Lakshmi, Vidushee, Nicole, Emily, Piyasha, Jashmin, Nillasha, Josephine, Zaynab, Cassandra, Raya and Rachel

Students who achieved a Merit in Year 13

Ashviya, Nilasha, Ria, Varsha, Thulasika, Abenaya, Saanvi, Sinyi, Mae-Ling, Shruddha, Anika and Sanvi

Amelia in Year 12 achieved the highest result in the School - with a very impressive score of 40 and Jade achieved the highest result in Year 13 with 33.

The Mathematical Olympiad for Girls has been running for twelve years and involves writing some formal answers to longer questions. We had four Year 12 students, Lauri, Louisa, Pranavi and Nithusiga take part. We are delighted to announce that all of those students did very well, Lauri and Nithusiga being awarded a Merit certificate and Louisa achieving the highest result of the school, gaining a Distinction.

Here is an example of one of the questions that appeared in different forms but on both papers...

- (a) Positive (non-zero) whole numbers a and b satisfy $(a + b)(a - b) = 45$.
- (i) How many possible values of a are there? [2 marks]
 - (ii) What is the smallest possible value of a ? [2 marks]
- (b) Priya and Rhia each create a sequence of positive integers.
- Priya starts with 1000 and adds consecutive odd numbers, so that her sequence begins 1000, 1001, 1004, 1009.
- Rhia starts with 3025 and also adds consecutive odd numbers.
- (i) The number 3025 appears in both sequences. The next smallest number that appears in both sequences is a four-digit number ' $3abc$ '. Enter the digits ' abc ' on your answer sheet. [3 marks]
 - (ii) How many numbers (including 3025) appear in both sequences? [3 marks]

Well done to everyone who took part!

-Miss Tucker
Maths Teacher

We're pleased to share that a new Preparation for Adulthood Hub is due to open at the Sutton Life Centre towards the end of November. This dedicated space will serve as a central point for children, young people, and families to access a wide range of services and support throughout the week.

The Hub will be home to:

- **The Local Offer, providing information and guidance on services available in Sutton.**
- **A variety of partner organisations offering support around education, employment, health, independent living, and community inclusion.**
- **Opportunities for drop-in sessions, workshops, and events tailored to support young people in their journey to adulthood.**

We're excited about the potential this space holds for enhancing collaboration and improving outcomes for young people across the borough. More details, including opening dates and how schools can get involved, will follow shortly. We will be sending out draft schedules for events in October and we would love to know what you would like to see from the hub.

CARER AND PCLA PARENT SUPPORT MENU: AUTUMN 2025



Date & Time	Venue	Training
Tuesday 21st October 2025 11.30am-12.30pm	In- person Cantium House, Railway Approach, Wallington SM6 0DZ	Managing emotions and behaviours in the home (1 Hour Workshop) Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to book: Click here to sign up
Tuesday 25th November 2025 12pm-1pm	Online session - upon sign up a link will be sent to you	Navigating education, useful information for PEPs and supporting learning (drop-in slots) Target Audience: Foster Carers How to book: Click here to sign up
Tuesday 25th November 2025 1pm-2pm	Online session - upon sign up a link will be sent to you	Navigating the education system (drop-in slots) Target Audience: Kinship Carers, SGO and adoptive parents How to book: Click here to sign up
Monday 8th December 2025	Upon sign up the bitesize email will be sent on Monday 8th December	A bitesize email: Practical ideas and support to help reading and learning in the home Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to sign up: Click here

FOSTER CARERS: For information on the Therapeutic Hub's **DBT sessions (Dialectical Behaviour Therapy)** please enquire via your Supervising Social Worker for further information and referrals. (Due to start October 2025).

CARER AND PCLA PARENT SUPPORT, SPRING AND SUMMER 2026



Date & Time	Venue	Training
Thursday 8th January 2026 9.30-10.30am	Online session - upon sign up a link will be sent to you	Practical ideas and strategies for supporting attendance for children and young people (1 hour workshop) Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to book: Click here to sign up
Monday 23rd February 2026 1pm-2.30pm	In- person Cantium House, Railway Approach, Wallington SM6 0DZ	Understanding neurodiversity and the overlap with childhood developmental trauma (1.5 hour workshop) Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to book: Click here to sign up
Thursday 16th April 2026 9.45-10.45am	In- person Cantium House, Railway Approach, Wallington SM6 0DZ	A wellbeing workshop delivered by Careena, Therapeutic Hub Specialist (1 hour workshop) Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to book: Click here to sign up
Monday 1st June 2026 1pm-2pm	In- person Cantium House, Railway Approach, Wallington SM6 0DZ	Transition support for schools and placements (1 hour workshop) Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to book: Click here to sign up

FOSTER CARERS: For information on the Therapeutic Hub's **DBT sessions (Dialectical Behaviour Therapy)** please enquire via your Supervising Social Worker for further information. (Due to start October 2025).



TRANSITION FROM CHILDREN SERVICES TO ADULT SERVICES

WORKSHOP FOR PARENT/CARERS

An opportunity for parents and carers to learn more about the transition of young people with SEND from children to adult services in Sutton

**SPACES ARE LIMITED
REGISTER NOW**

Email: localoffer@sutton.gov.uk

With:

**Claire Jackson, Designated
Social Care Officer**

**Meera Padhair, Transition
Team, Adult Social Care**

**Emma Morris
Lead EHCP Coordinator**



10.30am to 11.30 am



**Thursday 13th
November 2025**



**Westcroft Leisure
Centre,
Westcroft Road,
Carshalton SM5 2TG.**



Your School Nursing Service

A service for all children and young people aged 11–19 and their families.

What do School Nurses do?

School nurses are registered nurses who have professional experience in supporting the health needs of all school children. This is in line with the Department of Health 'Healthy Child Programme'.

The school nursing team works with all secondary school age pupils and sometimes their families, providing advice on support on areas such as:

- Parenting
- Young people with special needs and complex health needs
- Sleep/behaviour
- Allergies and asthma
- Development
- Eating problems
- Alcohol, drugs and smoking
- Emotional and mental health issues
- Sexual health and relationships



What else can your school nurse team offer?

- Confidential drop-ins
- PSHE in schools
- Enuresis (bed-wetting) clinics
- Support health needs in school
- Safeguarding
- Healthy weight programme
- Confidential health advice
- Home visits
- Referral to other specialists

When to expect to see your school nurse team

Your named school nurse may meet with you:

- At schools parent/teacher evenings
- In your classroom delivering PSHE
- Assemblies
- Drop-ins
- Targeted group work
- At any other time as requested by the young person or the family at an appropriate time or venue, including at home



In addition, we will be asking parents to complete and return a health questionnaire in Year 7. This will help us identify any health needs that may require support in school.

In Year 10, we will meet with young people in school to deliver information on a variety of topics. This will enable young people to start to identify and take responsibility for their own health needs.

In addition:

Young people or their families can contact their named school nurse to discuss any health concerns either via the school, direct phone contact or by email.

Who do we work with?

We often work with other agencies in the best interests of families, including educational staff, GPs, health visitors, speech therapists, hospital staff, therapists, and both children and adult social services.

We may share confidential information with these agencies with your consent. We will only share information without permission when we have a duty of care due to serious concerns about the welfare or safety of a child or young person.

Healthy Child Programme

Your community

All communities offer a range of services for children and families. Parent's and carers are welcome to access the school nurse at school, children's centres and other community locations or the school nurse may visit your family at home.

Universal services The school nursing team provides the Healthy Child Programme to promote healthy lifestyles for children, young people and their families. They offer support through a variety of public health initiatives both in school and the local community.

Universal plus The school nursing team offers a swift response to specific health concerns, long-term issues and additional health needs. They provide care plans for children in schools who have conditions such as diabetes, allergies, epilepsy and other health needs. The team also ensures that school staff have sufficient training to safely support your child or young person in school.

Universal partnership plus School nurses support children, families and young people with complex physical and emotional health needs over a period of time in collaboration with other services, including specialist health services, the local authority, Youth Justice System and voluntary organisations.

Contact us

By phone on

020 8770 5409

We are available Monday to Friday (excluding Bank Holidays) 9am to 5pm and we can visit you at school, home, within a community setting or at a children's centre.

By email

hcpadmin@sutton.gov.uk

Or visit

suttonhealthandcare.nhs.uk/school-nursing

This leaflet is evidence based wherever the appropriate evidence is available, and represents an accumulation of expert opinion and professional interpretation.

Details of the references used in writing this leaflet are available on request from:
suttonhealthandcare.nhs.uk

No conflict-of-interest were declared in the production of this booklet. The information in this booklet is correct at the time of going to print.

Attendance

Requests for absence, including illness or appointments should be sent to:

attendance@wallingtongirls.org.uk

Please provide at least 2 full school days notice of a planned absence for the school to complete the required processes before the event.

Absences for longer than one day need to be confirmed at least 2 weeks prior to the event. Families should note that requests for holidays during term time will not be approved and penalty fines can be issued.

To notify WHSg of a leave of absence, please complete this form and return to the email above

Contact Information and emails

If you need to update your home address or contact telephone number, emergency contacts or any other information, please send the updates to:

KS3 and 4 –

mandrews@wallingtongirls.org.uk

KS5 –

jday@wallingtongirls.org.uk

When replying to any SchoolComms emails, please use the individual contact email provided and for general enquiries use info@wallingtongirls.org.uk



Parking

Parking Please note that parents are unable to park or drive into the school grounds between the hours of 7.30am-4.30pm for safeguarding reasons.

Families can contact our reception to ask for permission, where the need arises for a pupil with mobility issues.

reception@wallingtongirls.org.uk

Please also ensure that when dropping your child at school each day, you are respectful of our local residents by not blocking drives and roads or impacting others' safety by parking or dropping off your child(ren) irresponsibly.

Punctuality

Punctuality Good punctuality to both lessons and to school is expected of all students. We know that employers place great importance on punctuality and attendance, therefore it is important for our students to understand the value of being on time.

If a student is late 3 times within a half-term (roughly 6 weeks) they will receive a 60 mins detention on a Wednesday or a Friday. If the student is late again within the half-term they will receive an automatic 60 mins detention, a late report and there will be a meeting with parents. This will re-set at the start of each half-term.

We ask that parents support these actions as important processes for the school and understand that detentions cannot be moved for any after school clubs or enrichment events. Should a detention clash with a medical appointment, evidence will be requested for the school to show flexibility.