

CHILD PROTECTION AND SAFEGUARDING POLICY

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1. Introduction

- 1.1 The safety and welfare of students is of the utmost importance across all schools in the Girls' Learning Trust (GLT). All adults working in the Trust must be vigilant in protecting children from harm and abuse and be aware that any student may be at risk of harm or abuse. All adults working within the Trust have a duty to safeguard and promote the welfare of all students under the Education Act 2002, Children's Acts of 1989 and 2004, Keeping Children Safe in Education (Sept 2019) and Working Together to Safeguard Children (HM Government 2018), through identifying any child welfare concerns and taking action to address them in partnership with families and other agencies where appropriate. At all times Trust staff must work in the best interests of the child.

Links to all referenced documents can be found in Appendix D.

- 1.2 In addition to this child protection and safeguarding policy, there are other policies and procedures (at both Trust and School level) to cover the roles of staff, students and parents/carers in respect of health and safety, student discipline, student attendance and equality and diversity matters. The Trust also ensures that issues of child protection are raised with students through the Personal, Social, Health, Citizenship and Economic Education (PSHC/EE) curriculum. This policy applies to all staff, Trustees, Governors and volunteers working in the Trust and students and parents/carers are informed about this and other policies on each school's website. There are a number of elements to this policy:
- 1.2.1 Ensuring safe recruitment practice in checking the suitability of all staff and volunteers to work with children;
 - 1.2.2 Raising awareness of child protection issues amongst all staff and volunteers and of what to do if they have concerns;
 - 1.2.3 Developing and implementing procedures for identifying and reporting cases, or suspected cases, of abuse;
 - 1.2.4 Developing effective links with relevant agencies and co-operating as required with their enquiries regarding child protection matters including attendance at case conferences and core group meetings;
 - 1.2.5 Establishing and maintaining a safe environment in which children feel secure, recognise when they are at risk and are encouraged to talk freely about anything that concerns them and seek help when needed;
 - 1.2.6 Ensuring children know there are adults in the School whom they can approach if they are worried about anything;
 - 1.2.7 Including opportunities in the PSHC/EE curricula to develop and equip students with the skills needed to recognise risks and stay safe from abuse;

- 1.2.8 Supporting students who have been abused or may be at risk of significant harm in accordance with any agreed child protection plan;
 - 1.2.9 Ensuring an appropriate response to any concern or allegation about a member of staff or volunteer;
 - 1.2.10 Ensuring staff follow accepted “safe practice” principles when working with students;
 - 1.2.11 Ensuring all staff and students are fully aware of the dangers of radicalisation;
 - 1.2.12 Ensuring all staff and students are fully aware of the dangers of CSE (child sexual exploitation) and criminal exploitation (“county lines”);
 - 1.2.13 Ensuring all staff and students are fully aware of the dangers of FGM (female genital mutilation).
 - 1.2.14 Ensuring all staff and students are fully aware of the dangers of so – called honour-based violence;
 - 1.2.15 Ensuring all staff and students are fully aware of the various forms of peer-on-peer abuse including incidents of sexting and abuse of SEND students;
 - 1.2.16 Ensuring all staff and students are aware of the additional safeguarding vulnerabilities of students with SEN and/or disabilities;
 - 1.2.17 Ensuring that student attendance is monitored, that two emergency contacts are held for each student and that student absence is followed up in accordance with the attendance and punctuality policy of each school in the Trust and the Children Missing Education statutory guidance https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/550416/Children_Missing_Education_-_statutory_guidance.pdf
 - 1.2.18 Ensuring all staff read and understand Part 1 and Annex A of HM Government guidance–“ Keeping children safe in education” (DfE Sept 2019); https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/828312/Keeping_children_safe_in_education.pdf
- 1.3 If there are Child Protection concerns the **London Child Protection Procedures (5th Edition, London Safeguarding Children Board, 2017)** must be followed (available on request from the School, and also available from the Designated Safeguarding Lead (DSL). It can also be found at <http://www.londoncp.co.uk/> . The Sutton Local Safeguarding Children Board (LSCB) has adopted these procedures. This policy and procedure also accords with:
- 1.3.1 HM Government guidance– “Keeping children safe in education” (DfE Sept 2019);

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/828312/Keeping_children_safe_in_education.pdf

1.3.2 “Working Together to Safeguard Children” (HM Government, 2018)
[Working together to safeguard children - GOV.UK](#)

1.4 If lower level concerns or needs (i.e. vulnerable students requiring ‘Early Help’) are identified for any particular student, then the Sutton Common Assessment Framework (flowchart available at www.sutton.gov.uk) should be followed. This is available through the DSL, their Deputy or the Head of Year teams in each school. Referral may then be made to the MASH team in the appropriate local authority.

1.5 If a child is identified as a ‘Child Missing Education (CME)’ then the statutory guidance found in Appendix E will be followed as per the Attendance and Punctuality Policy.

2. Definitions

2.1 **Safeguarding and promoting the welfare of students** relates to any child or young person on the School roll who has suffered from or **may be at risk of** physical injury, neglect, emotional abuse or sexual abuse.

2.2 **Parents/carers** refers to those with legal parental responsibility.

2.3 Definitions of Abuse (Children)

2.3.1 Abuse

A form of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm, or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by others (e.g. via the internet). They may be abused by an adult or adults, or another child or children.

2.3.2 Physical abuse

A form of abuse which may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child.

2.3.3 Emotional Abuse

The persistent emotional maltreatment of a child such as to cause severe and persistent adverse effects on the child’s emotional development. It may involve conveying to a child that they are worthless or unloved,

inadequate, or valued only insofar as they meet the needs of another person. It may include not giving the child opportunities to express their views, deliberately silencing them or 'making fun' of what they say or how they communicate. It may feature age or developmentally inappropriate expectations being imposed on children. These may include interactions that are beyond a child's developmental capability, as well as overprotection and limitation of exploration and learning, or preventing the child participating in normal social interaction. It may involve seeing or hearing the ill-treatment of another. It may involve serious bullying (including cyber bullying), causing children frequently to feel frightened or in danger, or the exploitation or corruption of children. Some level of emotional abuse is involved in all types of maltreatment of a child, though it may occur alone.

2.3.4 Sexual Abuse

Involves forcing or enticing a child or young person to take part in sexual activities, not necessarily involving a high level of violence, whether or not the child is aware of what is happening. The activities may involve physical contact, including assault by penetration (for example, rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside of clothing. They may also include non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse (including via the internet). Sexual abuse is not solely perpetrated by adult males. Women can also commit acts of sexual abuse, as can other children.

2.3.5 Neglect

The persistent failure to meet a child's basic physical and / or psychological needs, likely to result in the serious impairment of the child's health or development. Neglect may occur during pregnancy as a result of maternal substance abuse. Once a child is born, neglect may involve a parent or carer failing to:

- provide adequate food, clothing and shelter (including exclusion from home or abandonment);
- protect a child from physical and emotional harm or danger;
- ensure adequate supervision (including the use of inadequate care-givers); or
- ensure access to appropriate medical care or treatment.

It may also include neglect of, or unresponsiveness to, a child's basic emotional needs.

2.3.6 Peer Abuse

In addition peer-on-peer abuse may occur which may involve any of the above forms of abuse. This will be dealt with as any other safeguarding matter

depending upon the circumstances, or in accordance with the respective anti-bullying policies of each school in the Trust. At all times where online abuse may be taking place guidance from the UKCIS Guidance: Sexting in Schools and colleges, responding to incidents, and safeguarding young people (2017) will be followed. This document can be found in appendix D.

3. Recognition

The first indication of concern about a student's welfare is not necessarily the presence of a serious injury. Any combination of indicators of concern could indicate wider environmental factors that may be a threat to their safety and/or welfare. Concerns may be because of:

- bruises or marks on a student's body;
- remarks made by the student, another student, a parent/carer or another adult;
- observations of the student's behaviour;
- unexplained changes in the student's behaviour or personality;
- evidence of disturbance or explicit detail about abuse or possible abuse in a student's play, drawing or writing;
- evidence of neglect, failure to thrive or exposure to unnecessary risks;
- unauthorised absence from school;
- information about the parent(s) / carer(s) of the child or their home background;
- misuse of information technology e.g. sexting, inappropriate comments on social media, cyber bullying and online grooming.

Information on recognising the specific signs and symptoms of Child Sexual Exploitation (CSE) radicalisation, and female genital mutilation (FGM) can be found in Appendix E.

4. Designated Staff for Child Protection

4.1 Each school in the Trust has a Designated Safeguarding Lead (DSL) with the role defined in a job description, although the lead role of the DSL will not be delegated. In addition, there is a nominated Trustee (from the Trust Board) for safeguarding and a nominated Governor (from the Local Governing Body). Details of these postholders can be found in Appendix A. All staff in the Trust must understand the role of the DSL.

Any member of staff concerned about a student must tell the DSL immediately or, in their absence, whoever is deputising, or the Headteacher of the school in accordance with the school child protection procedures in Appendix B.

The DSL has a responsibility to:

- 4.1.1 liaise with the nominated governor, the local authority Education and social care, Police and other agencies on individual child protection cases;
- 4.1.2 act as the contact person within the School, providing advice and support and ensuring that all staff (including temporary, supply staff and volunteers and members of the governing body) are aware of their role;
- 4.1.3 be responsible for co-ordinating action within the School on child protection issues;
- 4.1.4 discuss individual cases with staff on a “need to know basis” to protect children's right to confidentiality;
- 4.1.5 oversee the planning of any curricular or other provision in relation to child protection matters;
- 4.1.6 with any other relevant staff (e.g. class teacher, tutor, and year head), represent the School at child protection meetings and be a member of a “Core Group” if required;
- 4.1.7 ensure staff are familiar with this Trust Policy and any School Procedures, the London Child Protection Procedures, and Department of Education guidance;
- 4.1.8 raise awareness about child protection & safeguarding to the school community on an on-going basis;
- 4.1.9 together with the Headteacher and Local Authority Safeguarding Children Adviser, Training and Development Officer, arrange child protection training for **all** (i.e. including contractors) regularly (and induction sessions for new staff. This should also include Trustees and Governors
- 4.1.10 All staff should be aware of systems within their school or college which support safeguarding and these should be explained to them as part of staff induction. This should include:
 - the child protection policy;
 - the behaviour policy;
 - the staff code of conduct;
 - the safeguarding response to children who go missing from education; and
 - the role of the designated safeguarding lead (including the identity of the designated safeguarding lead and any deputies)
- 4.1.11 ensure that they (the DSL and the deputies) receive update training at least annually via the Sutton Designated Persons Network; and
- 4.1.12 give opportunities for staff to contribute to, and shape, safeguarding arrangements and Child Protection & Safeguarding Policy and also provide regular updates. This should also include Trustees and Governors.

4.1.13 report termly on safeguarding to the Trust Board and the Local Governing Body.

4.2 The Headteacher in each school (or the CEO of the Trust in their absence) has a responsibility to act in loco parentis. In the course of an investigation social care or Police might wish to speak to a child without parental knowledge or consent. The Headteacher has discretion to sanction this to allow the authorities to explore concerns and to determine whether there are grounds for further action. In these cases the Headteacher will ensure that the child's welfare is secured and the child has access to a trusted adult.

4.3 The Headteacher in each school (or the CEO of the Trust in their absence) will not allow a child to be removed from the School premises without either:

4.3.1 parental consent;

4.3.2 an order of the Court or a Police Protection Order, or

4.3.3 the child's own consent (providing the child is deemed by the Headteacher to be of an age of understanding to give informed consent and in the opinion of the Headteacher they have sufficient maturity to understand what is involved and sufficient understanding to be capable of making up her own mind on the issue).

5. The Role of Individual Staff

5.1 Everyone across the Trust must be alert to the possibility that any student could be the victim of abuse or neglect and must be familiar with these procedures. Concern about a student must be discussed with the DSL immediately so that if necessary, a referral can be made without delay.

5.2 Members of staff should **not** investigate child protection concerns. This is done by social care or the Police. However, if a student says something, it is vital to listen carefully, so you can record and report it accurately. Records will also assist other members of staff who may have concerns.

6. Confidentiality of Records

6.1 Students and their parents/carers have the right to expect all staff to deal sensitively and sympathetically with their situation. It is important that information is only available to those who need to know it. Parents/carers and, where appropriate students, should be told their right to confidentiality may be breached if information comes to light suggesting possible harm to a child/young person. Child protection issues relating to individual cases must not be subject to open discussion in the staff room or elsewhere in the School.

6.2 Members of staff should also remember not to promise to students to keep secrets where a safeguarding matter is concerned.

6.3 The Trust GDPR Policy and Freedom of Information Policy outlines the schools duties with regards to confidentiality and information sharing. However, Keeping

Children Safe in Education (2019), paragraph 78 states: 'The Data Protection Act 2018 and GDPR do not prevent, or limit, the sharing of information for the purposes of keeping children safe.' In addition paragraph 80 states: 'This includes allowing practitioners to share information without consent.'

7. Working with Children

7.1 It is recognised that young people who are abused, neglected, or who witness abuse or neglect may find it difficult to develop a sense of self-worth. They may feel helpless, humiliated and a sense of blame. The schools in the Trust may be the only stable, secure and predictable element in the lives of children at risk. When at school their behaviour may be challenging and defiant or they may be withdrawn. The Trust and each school will endeavour to support the students through:

7.1.1 the content of the curriculum;

7.1.2 the Trust and each school's ethos, which promotes a positive, supportive and secure environment and gives students a sense of being valued;

7.1.3 the School policy that relates to behaviour and use of devices on school premises, which is aimed at supporting vulnerable students in the School; the School will ensure that students know that some behaviour is unacceptable and that they are valued and not blamed for any abuse which has occurred;

7.1.4 liaison with other agencies that support students such as social care, the child and adolescent mental health service, the borough school attendance service and the educational psychology service; and

7.1.5 ensuring that, where a student with a child protection file leaves the School, their information is transferred to any new school immediately and that the social worker is informed.

8. Recruitment, Selection, Training and Supervision of Staff and Volunteers

8.1 In the recruitment and selection of staff and volunteers the School will at all times adhere to the Government guidance contained within *“Working Together to Safeguard Children” (HM Government 2018)* and *“Keeping children safe in education” (DfE Sept 2019)*

8.2 We will ensure that our interview panels contain at least one safer recruitment trained staff member, that we always follow up gaps in previous employment, that we always require specific references from employers for the last five years and that for all posts, paid and voluntary, the appropriate Disclosure and Barring Service certificate. In line with recruitment guidance we:

- keep a central record of all staff with the date and outcome of their DBS check so at all times staff and students and parents/carers can be assured this has been done;
- record the date and number of an individual’s DBS certificate on the Single Central Record. For anyone who has information on their DBS certificate, a risk assessment is carried out regarding that information and actions taken accordingly.
- require two and sometimes three references. Employers within the past five years, who are not given as referees are contacted separately.
- ask for an overseas Police Check for anyone who has lived or worked abroad for more than three months within the last five years.

8.3 The full guidance for the Trust Safer Recruitment Process can be found in Appendix C.

8.4 At some point in the recruitment process staff are expected to disclose any relationships and/or associations they may have with a student either in person or online.

9. Contractors and Outside Services

9.1 All contractors providing services within the School whose staff has access to school premises are expected to comply with this policy and the attached procedure.

9.2 In particular any contractor or organisation delivering a service on behalf of the School or using the premises is required to provide evidence that they adhere to the above requirements in terms of recruitment, selection, training and supervision of their staff and any volunteers, in particular DBS disclosure checks.

Checks are usually only required if a contractor’s member of staff will be left unsupervised.

- 9.3 This policy and procedure will also apply to any organisation using school facilities.
- 9.4 In the case of Nonsuch High School for Girls, parts of the School's facilities are leased separately to a leisure group and a nursery. David Lloyd Leisure controls the occupation and use of the leisure complex. The Treetops Nursery controls the occupation and use of the nursery. There is provision within the leases for routine management meetings between the School and the controlling bodies enabling parties to liaise with the School on safeguarding children and child protection, where needed.
- 9.5 Where services or activities are provided separately by a third party, the Trust is responsible for seeking assurance that the organisation or business concerned has appropriate policies and procedures in place in regard to safeguarding children and child protection.

10. Home Visits

- Home visits should always be discussed with a member of SLT and always be carried out in the best interests of the child.
- Staff should attend home visits in pairs for their own security. A contact number must be left with the school office.
- They must sign out and inform the office of where they are going and at which time.
- Visits should not be unannounced, however there may be certain situations, such as poor attendance, where an unannounced visit is required.
- The home visit should only go ahead if the parent/carer is present.
- A brief risk assessment should be carried out before the first home visit takes place and referred to for subsequent visits.
- Members of staff should introduce themselves and the purpose of the visit should be explained.
- One adult should lead the visit to avoid the parent/carer feeling overwhelmed.
- Notes should be taken to inform future planning for the family.
- Staff should constantly read the mood of the visit to ensure that they do not put themselves in danger, including animals.
- Confidentiality should be respected at all times, unless there is a CP concern.
- All notes should be written up and shared appropriately.

In Case of Emergencies

- The school office should be aware of who is making a home visit and to which family
- If the member of staff does not return at the agreed time, then the school office will ring the contact number

The Police must be called if there is no answer or a call is received from the staff on the visit and there is reasonable cause for concern.

11. Child Protection Procedure

Staff should follow the Child Protections Procedure found in Appendix B for concerns relating to any type of physical, sexual, emotional abuse or neglect. This includes sexting, CSE, FGM, radicalisation, forced marriage, so-called honour-based killings, upskirting and peer-on-peer abuse (see appendix E for further information).

Any member of staff who becomes aware of a private fostering arrangement must inform the DSL who will inform the local authority. Private fostering is when a child under the age of 16 (under 18 if disabled) is cared for by someone who is not their parent or a 'close relative'. This is a private arrangement made between a parent and a carer, for 28 days or more.

11.1 Concerns About a Child

11.1.1 Contact with the family should be discussed with the DSL, who may consult the Multi Agency Safeguarding Hub (MASH).

11.1.2 In cases where a minor physical injury causes concern, it is usual Trust and school practice to discuss this with the parent or carer. If the explanation suggests a non-accidental cause for the injury (or a failure to protect the student from harm), the student (as appropriate), parent or carer should be informed that the matter must be referred to the MASH. In cases of possible neglect or emotional abuse, the concern may have built up over a period of time. There may have been discussion previously between school staff and the family about sources of help but if concerns persist, the DSL will need to refer to the MASH and will normally advise the family of this.

11.1.3 **In cases where there are suspicions of abuse, the DSL may seek immediate advice from the Multi Agency Safeguarding Hub (MASH) before discussing this with the family.**

11.2 Recording

11.2.1 All records relating to child welfare concerns will be kept on CPOMS.

11.2.2 Where there are concerns about a student, everything should be recorded in writing as soon as possible after disclosure. A Child Protection file may be opened and must be (if paper) easily distinguishable from others where there are no concerns. Electronic files will be linked to CPOMS.

11.2.3 The School will keep written and electronic records of any concerns about students, even where there is no need to refer the matter immediately.

11.2.4 Information from records will only be accessed by staff on a "need to know" basis.

11.2.5 Key staff will need to know when a student is subject to a Child Protection Plan or is a Child in Need (CIN), so they can monitor the student's welfare.

11.2.6 Records relating to the student's welfare will remain on the student's file as long as the student is a student at the School.

11.2.7 When the student leaves the School, the new school or college will be advised in writing that their records contain information about child protection concerns even where these are no longer current. Records should be sent to the new school or college in a way that is lawful in terms of the requirements of the General Data Protection Act.

11.3 Concern about a staff member, carer or volunteer

11.3.1 Allegations or concerns about a member of staff, worker or volunteer must immediately be notified to the Headteacher (or the CEO, if the concern is about the Headteacher). If the concern is about the CEO then the Chair of the Trust Board should be notified.

11.3.2 The Headteacher, CEO, (or Chair of Trust Board), or Trustee with safeguarding responsibility will always consult the Local Authority Designated Officer (LADO).

11.3. Following consultation, the Headteacher, CEO, (or Chair of Trust Board) will decide on appropriate action:

11.3.3.1 immediate referral to the LADO;

11.3.3.2 consideration of disciplinary proceedings.

11.3.4 It is important to bear in mind that although the concern may relate to an individual student, other students may also be at risk.

11.3.5 When appropriate (*see guidance above*), consideration will be given to referral of a member of staff to the Independent Safeguards Authority (ISA) for consideration of the case (now part of the Disclosure Barring Service).

11.3.6 If a member of staff believes a reported allegation or concern is not being dealt with appropriately, they should report the matter to the Local Authority Designated Officer (LADO) to give support and direction on how to proceed. Alternatively, refer to the Trust Whistleblowing Policy.

11.4 Harm from, or to, other children

11.4.1 Abuse or concerns about a risk of abuse or harm by other young people is subject to the same safeguarding procedures as in respect of young people being abused by an adult.

11.4.2 Professionals responding should be alert to the risk a child may pose to children other than any "current" victim.

11.4.3 Young people who harm others are likely to have considerable needs themselves (e.g. they may have been subjected to abuse, witnessed domestic violence or committed criminal offences).

11.4.4 In such cases there will usually be a need to refer the alleged perpetrator of harm to the MASH.

11.5 Foreign exchange visits

Children on foreign exchange visits typically stay with a family selected by the school in the host country (the "Partner School") and are vulnerable for reasons comparable to others living away from home. When working with Partner Schools, it will not be possible for DBS checks to be obtained for host families abroad, as the DBS does not reach beyond the UK.

The school will verify that the Partner School has a suitable vetting procedure in place to assess the suitability of home placements and should confirm that these checks have been properly conducted. If Partner Schools do not, or are unwilling, to carry out suitable checks on host families the exchange should not go ahead.

In the event that student's family is the subject of a Section 47 Enquiry (of the Children Act 1989) or a child in the family is subject to a Child Protection Plan, the family should be regarded as unsuitable to receive a student from an overseas school. Where there have been past concerns in the home that are known to the school, the nominated teacher should consult with the Designated Safeguarding Lead to agree whether further information is required prior to agreeing the suitability of the family to receive an overseas student.

11.6 Requests for assistance by other agencies

11.6.1 School staff have a legal duty to assist local authority Social Care Services or the Police when they are making enquiries about the welfare of students.

11.6.2 Information about a student must therefore be shared on a "need to know" basis with other agencies.

11.6.3 When telephone requests for information are received, **always** maintain security by checking the telephone number listing for the caller and calling back to a switchboard number **before** giving information or confirming the student is on the School roll.

11.6.4 Always advise the DSL about such requests for information.

11.6.5 Requests for attendance at meetings about individual students (e.g. child protection conferences) should be notified to the DSL, who will arrange preparation of a report and attendance at the meeting.

11.6.6 Reports should contain information about the child's:

- academic progress
- attendance
- behaviour
- relationships with children and adults
- family
- any other relevant matter

11.6.7 Reports should be objective, distinguishing between fact, observation, allegation and opinion'

11.6.8 Reports will normally be made available to the student's family, unless the DSL has specified otherwise.

11.7 Students subject to a Child Protection Plan

11.7.1 The School will be told by the relevant local authority Children and Family Social Work Service when a student is subject to a Child Protection Plan (previously the Child Protection Register), whether the London Borough of Sutton or another local authority.

11.7.2 The name of the key social worker must be clearly recorded on the student's record.

11.7.3 The School will participate fully in the work of Core Groups for these students, to assist with the objectives of the Child Protection Plan for the student.

11.7.4 When a student is subject to a Child Protection Plan, the School will report all unexplained absences to the Key Social Worker, even if only of a day.

11.7.5 When a student is subject to a Child Protection Plan, the School will report all behavioural changes or other concerns to the key social worker; and

11.7.6 When a student who is subject to a Child Protection Plan leaves the School, all the child protection information relating to that student will be transferred to any new school.

11.8 General Issues

All staff across the Trust must observe the above policy and procedure at all times.

Each term, both the LGB and the Trust Board will receive a report on safeguarding as part of the Headteacher or CEO Report.

This policy will be reviewed by the Trust Board annually and final approval

given by the Trust Board.

12. Internet Filtering and Monitoring

12.1 Each school will have in place a filtering system that records internet activity and can produce a report that analyses anyone trying to access blocked sites or carrying out suspicious searches.

12.2 In the first instance this is viewed by the DSL in each school.

12.3 The DSL then determines whether an investigation needs to take place. If a safeguarding concern is raised then the child protection procedures in this policy will be followed.

Contact Details for People with Responsibility for Child Protection

	NHSG	WHSG	CHSG
Designated Safeguarding Lead (DSL):	Mr Philip Sides sides-p@nonsuchschool.org	Mrs Michelle German mgerman@wallingtongirls.org.uk	Miss Helen Holmes hholmes@suttonmail.org
Deputy DSLs:	Mrs Nicky Holmes holmes-n@nonsuchschool.org Miss Hannah Johns johns-h@nonsuchschool.org Mrs Nicola Bond bond-n@nonsuchschool.org Ms Amy Cavilla cavilla-a@nonsuchschool.org	Mrs Cat Godyn cgodyn@wallingtongirls.org.uk Mr Richard Booth rbooth@wallingtongirls.org.uk	Mrs Stacey Warren swarren1@suttonmail.org Mrs Wendy Newman wnewman@suttonmail.org
Safeguarding Governor:	Mrs Andrea Cooke cooke-a@nonsuchshcool.org	Mrs Rosemary Allotey rallotey@wallingtongirls.org.uk	Mr Paul Harding pharding@suttonmail.org
GLT Trustee:	Mr Alex Clark aclark@girlslearningtrust.org		
Local Authority	Multi Agency Safeguarding Hub (MASH)		MASH – 020 8 770 6001 mash@sutton.gov.uk

Please note that the information below is subject to change. The DSL in each school will have access to the latest version

CHILD PROTECTION PROCEDURE: GUIDANCE FOR STAFF

If concern arises about the welfare of a student the following procedure must be followed.

DO NOT DELAY

1. Tell the Designated Safeguarding Lead (DSL) as soon as you can in person, email or writing - it may be necessary to interrupt a lesson to do this - do not leave notes in the DSL pigeonhole as they may not get back to check their post until the end of the day once the child has gone home;
2. Early referral gives more time to offer help to the student and family before the situation becomes severe or serious; when the matter is already severe or serious, early referral gives more time for others to protect the student;
3. The DSL may consult Social Care Services.

MAKE WRITTEN NOTES

1. At the earliest opportunity, record your concerns on CPOMS, record facts accurately and be clear when you are expressing an opinion and the basis for this - these notes will help to ensure accuracy in recalling events later - notes should be legible, signed and dated.
2. If you make written notes at the time of the disclosure please make sure these are signed and dated and passed to the DSL.

CONCERN FROM SOMETHING THE CHILD SAYS

Listen - do not ask questions or interrogate. Consider interpreting services if English is a second language. Consider using a signer or communication aid if student has special needs.

Remain calm - if you are shocked, upset or angry the student will sense this and this could stop them from saying more.

Reassure - the student has done nothing wrong - tell them it is alright to talk.

Do not promise to keep it secret - tell the student you cannot keep the matter secret and will need to take advice from someone who can help.

REFERRAL PROCESS

Only the DSL or their deputy should make a referral to Social Care or to the Police. However, referral must not be delayed - if the DSL or deputy is not available a senior member of staff should be advised and the referral made (see London Child Protection Procedures for details). The Multi-Agency Safeguarding Hub (MASH) or the Education Safeguarding Children Adviser who will be happy to discuss concerns even if you are not sure at that stage that a referral needs to be made. Contact details for all relevant agencies are in Appendix A.

If a member of staff has concerns about safeguarding practices in the school they should refer to the whistleblowing policy and follow its guidance. Alternatively refer to point 37 of 'Keeping Children Safe in Education' DfE September 2019.

Where a member of staff refers a matter relating to FGM in a child under 18, they should also personally report the matter to the police.

REMEMBER

1. if in doubt, consult;
2. do not ignore concerns, even if these are vague;
3. your first responsibility is to the student; and
4. if you need help or support to manage your own feelings, this can be provided.

CONTACT WITH THE FAMILY

Contact with the family should be made by the DSL, their deputy or the appropriate Head of Year.

In cases where a minor physical injury causes concern, it is usual school practice to discuss this with the parent or carer. If the explanation suggests a non-accidental cause for the injury (or a failure to protect the student from harm) the student (as appropriate), parent or carer should be informed that the matter must be referred to the MASH.

In cases of possible neglect or emotional abuse, the concern may have built up over a period of time. There may have been discussion previously between school staff and the family about sources of help but if concerns persist, the DSL will need to refer to the MASH and will normally advise the family of this.

In cases of self-harm appropriate guidance, including Sutton LSCB guidance, will be followed. Responses vary from case to case and the DSL will decide on the appropriate course of action in discussion with the Head of Year and, in some cases, MASH.

In cases where there are suspicions of sexual abuse, the DSL will seek immediate advice from the MASH before discussing this with the family.

RECORDING

- all records relating to child welfare concerns will be kept on either the student's confidential file or on CPOMS. The file will be kept secure - a chronology of concern should be kept in the front of the paper records;
- where there are concerns about a student, the paper file contains a notification that there is a separate child protection file held in a secure office. Our electronic information management system has an appropriate "flag" to indicate that there are concerns about the student.
- we will keep all records of any concerns about students using the reporting form for child protection, even where there is no need to refer the matter immediately;
- information from records will only be accessed by staff on a "need to know" basis;
- Key staff will need to know when a student is subject to a Child Protection Plan, so they can monitor the student's welfare;
- records relating to the student's welfare will remain on the student's file as long as the student is a pupil at the school;
- when the student leaves the school, the new school or college will be advised in writing that our records contain information about child protection concerns even where these are no longer current. Records should be sent to the new school or FE College in a way that is lawful in terms of the requirements of the General Data Protection Act;

SAFER RECRUITMENT PROCEDURE

1. RATIONALE

Girls' Learning Trust (GLT) is committed to safeguarding the welfare of students. It is important that every effort is made during recruitment to deter unsuitable individuals from applying for jobs or from being appointed. Similarly, where appointing people or contractors to undertake activities during the school day, we must be equally vigilant. In order to ensure this, this procedure must be adhered to for all appointments regardless of the nature of the job. By following this procedure the Trust will be emphasizing its commitment to safeguarding students and should serve as a deterrent to would-be abusers.

2. STAFF EMPLOYED BY THE TRUST

The GLT Safer Recruitment Procedure will follow the process outlined in GLT HR Procedures.

2.1 The Job Advertisement

In addition to specifying the usual details of the post, all job advertisements will include a statement about our commitment to safeguarding and promoting the welfare of children. The following statement must always be included.

“In line with our recruitment procedure and for the protection of our students, the successful candidate will be subject to an enhanced DBS disclosure. This school is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment....”.

Adverts are signed off by a member of the Senior Leadership Team (SLT) prior to advertising (final proof may be approved by HR Manager).

2.2 The Applicant's Information Pack

The application pack must contain:

- An application form which **must** be completed in full.
- Details that a CV alone will not be acceptable.
- A more detailed statement regarding the school's commitment to safeguarding and promoting the welfare of our students by referring to the Trust's Child Protection and Safeguarding Policy and the Guidance for Safe Working Practice for the Protection of Students and Staff procedure.
- A Person Specification split into essential and desirable criteria where appropriate.
- Information that the essential criteria of the person specification should ideally be met in full.
- Criteria used on the person specification will include qualifications, experience and any other requirements needed to perform the role in relation to working with children and young people.
- A description explaining how the candidate's fulfilment of the requirements will be tested and assessed during the selection process will be included in the person specification.
- Information that reference requests will ask for comment on the candidate's performance history and conduct, including performance management issues, disciplinary investigations and any proven disciplinary offences, whether time expired or not. Also about any specific concerns that the referee might have or be aware of in regard to the person's suitability to work with children. In addition referees will be asked to comment about the candidate's suitability to the post and for details of behaviour management expertise.
- Advice that providing false information is an offence and could result in the application being rejected or summary dismissal if the applicant has been selected. There could be possible referral to the Teachers' Misconduct team or the Police, if appropriate.

In addition the application pack should contain:

- Information about the school.
- A detailed job description.
- Any additional information pertinent to the nature of the job.

2.3 The Application Form

The Application Form and associated papers must request:

- Full identifying details of the applicant including current and former names and current address.
- Teacher reference number (for teaching posts only).
- A statement of any academic and / or vocational qualification the applicant has obtained with details of the awarding body and date of award.
- A full history in chronological order (including post-secondary education, part-time and voluntary work, as well as full time employment) with commencement and end dates, explanations for periods not in employment and reasons for leaving employment.
- More detailed information regarding teaching experience e.g. age range, subjects, posts held etc.
- Details of interests / hobbies, details of special areas of teaching interest (teaching posts only).
- Details of relevant training undertaken recently e.g. First Aid, IT skills etc.
- A statement as to why the applicant is applying for the post and what attributes they would contribute.
- Advice that all shortlisted candidates will be required to declare any past criminal convictions.
- A declaration of any family or close relationship to existing employees or employers (including Trustees, members and Governors).
- Details of two referees. One should be the current or most recent employer and if not presently working with children the employer by whom the person was most recently employed in work with children.
- Advice that friends or relatives should not be given as referees.
- Ethnicity details for monitoring purposes should be provided on a separate sheet.

The candidate should sign the form to confirm if they have lived or worked abroad in the last five years, any criminal convictions and confirmation that information contained on the form is accurate.

If the candidate is unable to confirm that they have no criminal convictions, they should provide details, which should be returned with the application form. In this instance, the HR Officer will advise the CEO.

2.4 Shortlisting

The shortlisting panel is usually those involved in the interview and should include the line manager and a member of the SLT. At least one member of the panel must be Safer Recruitment-trained.

2.5 Invitation to Interview

The letter or email can be sent in the name of the CEO or delegated person.

The invitation to interview must contain:

- The position for which the candidate is applying.
- Details of the time and location of the interview.
- The membership of the interview panel.
- A timetable of the interview structure. – (this may be given on the day).
- If the candidate is required to teach a lesson or make a presentation, sufficient information of what is required.
- The name and telephone number of a contact to confirm attendance.
- Details of what information to bring along e.g. original certificates, photographic id and confirmation of eligibility to work in the UK.
- Advice that any previous criminal convictions need to be disclosed at this stage.

2.6 The Interview

Good Practice prior to interview:

- Check the application forms to ensure they are fully and properly completed.
- That information provided is consistent and does not contain any discrepancies.
- Identify any gaps in employment.
- Identify any details regarding motivation and attitudes that need clarification at interview.
- Approach referees for all short-listed candidates, including internal applicants.
- Always seek and obtain references directly from the referee in writing.

Questions must be clear and relevant. The following are examples of bad practice:

- Making assumptions.
- Asking convoluted questions.
- Using complex or jargon words, unless relevant to the post.
- Leading the candidate in a particular direction.
- The interviewer talking too much.
- Letting the individual sidetrack the process.
- Accepting a short and un-detailed answer – probe and ask further question(s) if required.

2.7 Requesting a Reference

References will normally be obtained prior to interview for a leadership or teaching post, and after interview for all other posts.

It is important that the letter or email requesting a reference should contain the following:

- A comment on the candidate's performance history and conduct, including performance management issues, disciplinary investigations and any proven disciplinary offences, whether time expired or not.
- A question about any specific concerns that the referee might have or be aware of in regard to the person's suitability to work with children.
- A question about suitability to the post.
- A comment about the referee's legal liability for references and that the reference should contain no material misstatement or omission.
- That the content of the reference may be discussed with the applicant at the end of the interview process.
- That the referee may be contacted subsequently for clarification of any part of the reference.
- Include the job description and person specification for the post.

2.8 Making an Offer

The Headteacher / CEO or SLT member will inform both the successful and unsuccessful candidates. The CEO will confirm salary details before any formal offer letter / contract is issued.

At this stage, any offer of employment is subject to the satisfactory completion of all pre-employment checks.

2.9 Pre-Employment Checks

The HR Manager will arrange a convenient time for the successful candidate(s) to come into school to provide any additional information required and complete the online DBS check.

For all new staff, the Trust will require the following information and checks to be completed prior to the commencement of employment:

- Full Name, DOB and NI number – to be supplied.
- Employer Access / IFL registration (for teachers) – confirm registration number.
- Teacher number – confirm number.
- Enhanced Disclosure (DBS) – to be completed (or transferred if appropriate). In addition to obtaining the DBS certificate, anyone who is appointed to carry out teaching work will require an additional check to ensure they are not prohibited from teaching. For those engaged in management roles (in independent schools - including academies and free schools) an additional check is required to ensure they are not prohibited under section 128 provisions.
- Overseas Police Check – if relevant (time living abroad), complete checks.
- Prohibition Order Checks – all new teachers must undergo a Prohibition Order Check via the National College for Teaching and Leadership (NCTL) Employer Access Service & the record kept on the SCR
- Safeguarding Training – confirm that completed and date (or to be completed within first 3 days of employment).
- Photographic ID Checks – normally involves taking a copy of the employee's passport.
- Qualification Checks – copy of qualification certificates.
- Permission to work in the UK – confirm eligibility to work in UK. These further checks should include a check for information about any teacher sanction or restriction that an EEA professional regulating authority has imposed, using the NCTL Teacher Services' system. Although restrictions imposed by another EEA regulating authority do not prevent a person from taking up teaching positions in England, schools and colleges should consider the circumstances that led to the restriction or sanction being imposed when considering a candidate's suitability for employment.
- Health Questionnaire – completed by candidate.
- NCTL Hearings – When requesting a reference, the school will ask whether a prospective employee has ever been subject to a hearing by the National College for Teaching and Leadership (NCTL) – irrespective of the outcome. If a prospective member of staff has been subject to a hearing, further information will be requested.

Only once these checks are complete, will the contract of employment be confirmed, and then the new starter will be issued with the usual ID badges, access to the IT network & SIMS (if appropriate).

2.10 Induction training

Induction training is usually arranged before a new starter joins. They may be able to join a new staff Induction Session, which normally occurs at the end of June, and is run by a member of SLT for new teaching staff due to start in September. If this timing is not suitable (as will frequently be the case for support staff) a separate induction session will be organised by the HR Manager.

The Induction Training Session will include general information about the Trust and the school, and will include key policies and procedures, notably:

- Child Protection and Safeguarding Policy (training may be completed online or during the induction session).
- Keeping Children Safe In Education (Sept 2019 or latest update)
- Health and Safety Policy
- Equality & Diversity Policy
- Emergency Evacuation Procedures
- Whistleblowing Policy
- Acceptable Use of IT Policy
- Behaviour Policy

All new starters will receive an e-mail on their first day at work outlining all the key policies and where they are stored. It is the responsibility of all new starters to read and familiarise themselves with the said policies.

The new starter's understanding of these will be checked verbally.

An effective induction process is valuable because it:

- Supports new members of staff.
- Gives every opportunity for new staff to understand the ethos and expectations of the Trust and school.
- Identifies potential concerns at the earliest time in order to offer training and advice.

- Ensures new staff fully understand the expectation of the post and of the school as well as their own responsibilities.
- Clarifies what is considered bad practice.
- Highlights appropriate conduct.
- Provides plenty of opportunity to discuss child safeguarding issues.

Support staff also have a six month probationary period, where they meet with their line manager at regular intervals in order for queries to be addressed and any issues identified.

2.11 Single Central Record and Setting Up a Personnel file

Information on all new staff will be recorded on the Single Central Record as soon as possible after the contract has been agreed. Amendments will be made as necessary from time-to-time – e.g. change of address, change of name.

The following information will be retained on the Personnel File:

- Application form.
- Job description.
- Interview notes and any interview exercise.
- References.
- Health Clearance form.
- DBS information issued by the London Borough of Sutton (LBS) will only be kept on the SCR.
- Copy of passport – signed to say original seen. If no passport, birth certificate and current address details and other photographic ID.
- Details of any visas.
- Copies of qualifications – signed to say originals seen.
- For teaching staff, confirmation of qualifications and that there are no sanctions in place is obtained from the Employer Access online site and this information is printed and retained on file.
- Any other relevant correspondence received.
- Signed form confirming induction pack received and policies understood.

3. OTHER PEOPLE HAVING ACCESS TO THE SCHOOL SITE AND STUDENTS

3.1 Overview

At any given time, there will be a wide range of people requiring unsupervised access to the school sites during the school day. In some cases, the most appropriate approach may be to provide supervision by a member of staff. The categories of people involved include, but are not limited to:

People, not employed by companies (although may be self-employed), having unsupervised access to the school and students (see Section 3.2):

- Peripatetic music instructors.
- Volunteers (such as Parents & Friends Association, Trustees and Governors).
- Combined Cadet Force Volunteers.
- Sports coaches (such as trampoline, gym, cheerleading) – *could be employed by companies.*
- Arts Award coaches.
- Careers Advisor – *could be employed by a company; currently self-employed.*
- Sign Language Interpreters – *usually supervised, could be employed by companies,*
- Work Experience students – *usually supervised,*

People, employed by companies / organisations, having unsupervised access to the school and students (see Section 3.3):

- Agency workers / supply teachers.
- PGCE / Schools Direct Students.
- Companies / people running enrichment events for students and / or training events for staff (including Oxbridge events, other enrichment activities) – *often supervised, review case-by-case circumstances.*
- Duke of Edinburgh Award Scheme / Activ Adventures.
- Drama / LAMDA coaches.
- School Nursing Service.
- Contractors providing services, such as cleaning & catering.

Under this procedure, we will be equally vigilant in ensuring that safer recruitment procedures are followed in relation to these categories of people / companies, where they have unsupervised access to the school site during the school day (7am-4pm) and / or 1:1 access to our students (on/off site).

The default position is that Reception will issue visitor badges (i.e. identification badges from other organisations will not be accepted) and all visitors will be required to sign in for emergency evacuation purposes. The exception to this is in the case of colleagues from any school in the Trust and from borough services, as having a valid identification badge will be adequate, provided colleagues sign in.

Where information cannot be obtained prior to the individual being in school, such as in the case of a Foreign Language Assistant newly arrived in the country, the school will ensure that all available information has been obtained. The HR Officer will prepare a risk assessment based on the information available, arrangements for access to children, and any other pertinent information. The risk assessment will document the controls put in place to manage and/or mitigate the risk. This will be approved by the Headteacher. The risk assessment will be monitored on a monthly basis by the HR Officer, in the updating and checking of the Single Central Register, and will be closed once the full information has been obtained.

The arrangements are set out below.

3.2 People not employed by companies having unsupervised access to the school & students

Where individual people (including self-employed people and Governors) have unsupervised access to the school and students during the school day, they will be subject to the same rigorous checks as we would normally undertake when recruiting a new member of staff / employee.

The Trust will require the following information and checks to be completed prior to a person being given unsupervised access to the school and students:

- Full Name and DOB – to be supplied.
- Application Form - detailing address, previous names, employment history etc..
- Enhanced Disclosure (DBS) – to be completed (or transferred if appropriate).
- Overseas Police Check – if relevant (time living abroad), complete checks.
- Safeguarding Training – completed and date (or to be completed within first 3 days).
- Photographic ID Checks – normally involves taking a copy of the person's passport.
- References and CV Checks – all received, and confirm that no gaps in employment and all employers over the last 5 years have been checked.
- Qualification Checks – copy of qualification certificates, if applicable.
- Permission to work in the UK – confirm eligibility to work in UK, if applicable.

3.3 People employed by companies having unsupervised access to the school & students

Where people with access to the school and students are employed by a company, the Academy will require for every individual:

- Either, full information (as in section 3.2 above)
- Or, partial information (see list below) together with written confirmation and assurances from the company that it undertakes safer recruitment procedures (a good example is the letter provided by the School Nursing Service confirming that safer recruitment checks are completed by them).

Partial information would involve the following **key information** being disclosed to the academy:

- Full Name, DOB – to be supplied.
- Employer Access / IFL registration (for teachers) – confirm registration number.
- Teacher number – confirm number.
- Enhanced Disclosure (DBS) – confirm that clear, date and number.
- Safeguarding Training – confirm that completed and date.

In addition, the company would be required to confirm in writing that it has undertaken (in relation to the person being allowed access to the school and students):

- Photographic ID Checks.
- Overseas Police Checks – if relevant.
- Permission to work in the UK Checks.

This may be set out in a contract (as in the case of the cleaning contract) or letter to the school, and should be renewed periodically.

On arrival at the school it must be confirmed that the person arriving is the person for whom the agency has provided the checks listed above.

4. MONITORING OF SAFER RECRUITMENT PROCEDURES

In the interests of maintaining a safe school culture, the CEO and the Trust Board will review the safeguarding procedures annually (normally through the Trust HR Committee).

REFERENCED DOCUMENTS AND ABBREVIATIONS

DOCUMENTS

Children missing education (DfE September 2016)	https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/550416/Children Missing Education - statutory guidance.pdf
Keeping children safe in education (DfE September 2019)	https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/828312/Keeping children safe in education.pdf
London Child Protection Procedures (5th Edition, London Safeguarding Children Board, March 2017)	http://www.londoncp.co.uk/
Safeguarding Children and Safer Recruitment in Education (DfES, 2011)	https://www.education.gov.uk/consultations/downloadableDocs/Safeguarding%20Children%20Guidance.pdf
Sexting in schools and colleges: responding to incidents and safeguarding young people (UKCCIS)	https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/551575/6.2439_KG
The Prevent Duty (DfE June 2015)	https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/439598/prevent-duty-departmental-advice-v6.pdf
Working together to safeguard children (HM Government, Sep 2018)	Working together to safeguard children - GOV.UK
Female Genital Mutilation Multi-agency statutory guidance on female genital mutilation April 2016	Multi-agency statutory guidance on female genital mutilation - GOV.UK
Forced Marriage	Forced marriage - GOV.UK
Honour-based violence	Honour based violence - Get the facts
Child Sexual Exploitation (CSE) Definition and guidance for practitioners	https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/591903/CSE Guidance Core Document 13.02.2017.pdf

ABBREVIATIONS

CAF	----	Common Assessment Framework
CJSM	----	Criminal Justice Secure Email
CP		Child Protection
CSE	----	Child Sexual Exploitation
CV	----	Curriculum Vitae
CYPLD	----	Children and Young People’s Learning Directorate
DBS	----	Disclosure and Barring Service
DfE	----	Department for Education
DOB	----	Date of Birth
DSL	----	Designated Safeguarding Lead
EEA	----	European Economic Area
FE	----	Further Education
FGM	----	Female Genital Mutilation
GLT	----	Girls’ Learning Trust
HR	----	Human Resources
ID	----	Identification
IFL	----	Institute for Learning
ISA	----	Independent Safeguarding Authority
IT	----	Information Technology
KCSIE	----	Keeping Children Safe in Education
LADO	----	Local Authority Designated Officer
LBS	----	London Borough of Sutton
LGB	----	Local Governing Body
LSCB	----	Local Safeguarding Children’s Board
MASH	----	Multi Agency Safeguarding Hub
NCTL	----	National College for Teaching and Leadership
NI	----	National Insurance
PGCE	----	Post Graduate Certificate of Education
SCR	----	Single Central Register
SIMS	----	School Information Management System
SLT	----	Senior Leadership Team

KEY INFORMATION RELATING TO A RANGE OF CHILD PROTECTION ISSUES

1. So-called ‘honour-based’ violence (including Female Genital Mutilation and Forced Marriage)

So-called ‘honour-based’ violence (HBV) encompasses incidents or crimes which have been committed to protect or defend the honour of the family and/or the community, including female genital mutilation (FGM), forced marriage, and practices such as breast ironing. Abuse committed in the context of preserving “honour” often involves a wider network of family or community pressure and can include multiple perpetrators. It is important to be aware of this dynamic and additional risk factors when deciding what form of safeguarding action to take. All forms of HBV are abuse (regardless of the motivation) and should be handled and escalated as such. Professionals in all agencies, and individuals and groups in relevant communities, need to be alert to the possibility of a child being at risk of HBV, or already having suffered HBV.

FGM is considered a form of abuse in the UK and is illegal.

All staff within the Trust will be alert to the possibility of a girl being at risk of FGM, or already having suffered FGM. If staff members are worried about someone who is at risk of FGM or who has been a victim of FGM, they are required to share this information with social care and/or the police.

Teaching staff are **legally required** to report to the police any discovery, whether through disclosure by the victim or visual evidence, of FGM on a girl under the age of 18. Teachers failing to report such cases will face disciplinary action.

NB. The above does not apply to any suspected or at-risk cases, nor if the individual is over the age of 18. In such cases, local safeguarding procedures will be followed.

There are a range of potential indicators that a student may be at risk of FGM. While individually they may not indicate risk, if two or more indicators are present, this could signal FGM.

Victims of FGM are most likely to come from communities that are known to adopt this practice. It is important to note that the student may not yet be aware of the practice or that it may be conducted on them, so staff will be sensitive when broaching the subject.

Indicators that may show a heightened risk of FGM include the following:

- The socio-economic position of the family and their level of integration into UK society
- Any girl with a mother or sister who has been subjected to FGM
- Any girl withdrawn from PSHE

Indicators that may show FGM could take place soon include the following:

- When a female family elder is visiting from a country of origin
- A girl may confide that she is to have a ‘special procedure’ or a ceremony to ‘become a woman’
- A girl may request help from a teacher if she is aware or suspects that she is at immediate risk

- A girl, or her family member, may talk about a long holiday to her country of origin or another country where the practice is prevalent

All staff will be vigilant to the signs that FGM has already taken place so that help can be offered, enquiries can be made to protect others, and criminal investigations can begin.

Indicators that FGM may have already taken place include the following:

- Difficulty walking, sitting or standing
- Spending longer than normal in the bathroom or toilet
- Spending long periods of time away from a classroom during the day with bladder or menstrual problems
- Prolonged or repeated absences from school followed by withdrawal or depression
- Reluctance to undergo normal medical examinations
- Asking for help, but not being explicit about the problem due to embarrassment or fear

Staff will not examine students, and so it is rare that they will see any visual evidence, but they will report to the police where an act of FGM appears to have been carried out. Unless the teacher has a good reason not to, they should also consider and discuss any such case with the DSL.

Forced marriage

Forcing a person into a marriage is a crime in England and Wales. A forced marriage is one entered into without the full and free consent of one or both parties and where violence, threats or any other form of coercion is used to cause a person to enter into a marriage. Threats can be physical or emotional and psychological. A lack of full and free consent can be where a person does not consent or where they cannot consent (if they have learning disabilities, for example). Nevertheless, some communities use religion and culture as a way to coerce a person into marriage. Schools and colleges can play an important role in safeguarding children from forced marriage.

2. Child sexual exploitation (CSE)

For the purpose of this policy, **“child sexual exploitation”** is defined as: a form of sexual abuse where an individual or group takes advantage of an imbalance of power to coerce, manipulate or deceive a child or young person into sexual activity, for either, or both, of the following reasons:

- In exchange for something the victim needs or wants
- For the financial advantage or increased status of the perpetrator or facilitator

CSE does not always involve physical contact, as it can also occur online. It is also important to note that a child can be sexually exploited even if the sexual activity appears consensual.

The Trust has adopted the following procedure for handling cases of CSE, as outlined by the DfE:

Identifying cases

Trust staff members are aware of and look for the key indicators of CSE; these are as follows:

- Going missing for periods of time or regularly going home late

- Regularly missing lessons
- Appearing with unexplained gifts and new possessions
- Associating with other young people involved in exploitation
- Having older boyfriends or girlfriends
- Undergoing mood swings or drastic changes in emotional wellbeing
- Displaying inappropriate sexualised behaviour
- Suffering from sexually transmitted infections or becoming pregnant
- Displaying changes in emotional wellbeing
- Misusing drugs or alcohol

Referring cases

Where CSE, or the risk of it, is suspected, staff will discuss the case with the DSL. If after discussion a concern still remains, local safeguarding procedures will be triggered, including referral to the LA.

Support

The LA and all other necessary authorities will then handle the matter to conclusion. The school will cooperate as needed.

3. Homelessness

The DSL and deputy(s) will be aware of the contact details and referral routes in to the Local Housing Authority so that concerns over homelessness can be raised as early as possible.

Indicators that a family may be at risk of homelessness include the following:

- Household debt
- Rent arrears
- Domestic abuse
- Anti-social behaviour
- Any mention of a family moving home because “they have to”

Referrals to the Local Housing Authority **do not replace referrals to social care** where a child is being harmed or at risk of harm.

For 16- and 17-year-olds, homelessness may not be family-based and referrals to social care will be made as necessary where concerns are raised.

4. County lines criminal activity

For the purpose of this policy, “**County lines criminal activity**” refers to drug networks or gangs grooming and exploiting children to carry drugs and money from urban areas to suburban areas, rural areas and market and seaside towns.

Staff will be made aware of students with missing episodes who may have been trafficked for the purpose of transporting drugs.

Staff members who suspect a student may be vulnerable to, or involved in, this activity will immediately report all concerns to the DSL.

The DSL will consider referral to the National Referral Mechanism on a case-by-case basis.

Indicators that a student may be involved in county lines activity include the following:

- Persistently going missing or being found out of their usual area
- Unexplained acquisition of money, clothes or mobile phones
- Excessive receipt of texts or phone calls
- Relationships with controlling or older individuals or groups
- Leaving home without explanation
- Evidence of physical injury or assault that cannot be explained
- Carrying weapons
- Sudden decline in school results
- Becoming isolated from peers or social networks
- Self-harm or significant changes in mental state
- Parental reports of concern

5. Students with family members in prison

Students with a family member in prison will be offered pastoral support as necessary.

They will receive a copy of '[Are you a young person with a family member in prison](#)' from Action for Prisoners' Families where appropriate and allowed the opportunity to discuss questions and concerns.

6. Students required to give evidence in court

Students required to give evidence in criminal courts, either for crimes committed against them or crimes they have witnessed, will be offered appropriate pastoral support.

Students will also be provided with the booklet '[Going to Court and being a witness](#)' from HMCTS where appropriate and allowed the opportunity to discuss questions and concerns.

7. Contextual safeguarding

Safeguarding incidents can occur outside of school and can be associated with outside factors. Trust staff, particularly the DSL and their deputy(s), will always consider the context of incidents – this is known as contextual safeguarding.

Assessment of students' behaviour will consider whether there are wider environmental factors that are a threat to their safety and/or welfare.

The school will provide as much contextual information as possible when making referrals to social care.

8. Preventing radicalisation

For the purpose of this policy, "**radicalisation**" refers to the process by which a person comes to support terrorism and extremist ideologies.

Protecting children from the risk of radicalisation is part of the school's wider safeguarding duties.

The school will actively assess the risk of students being drawn into terrorism.

Staff will be alert to changes in students' behaviour which could indicate that they may be in need of help or protection.

Staff will use their professional judgement to identify students who may be at risk of radicalisation and act appropriately, which may include making a referral to the Channel programme. The school will work with local safeguarding arrangements as appropriate.

The school will ensure that they engage with parents and families, as they are in a key position to spot signs of radicalisation. In doing so, the school will assist and advise family members who raise concerns and provide information for support mechanisms.

Any concerns over radicalisation will be discussed with a child's parents, unless the school has reason to believe that the child would be placed at risk as a result.

Training

The DSL will undertake Prevent awareness training to be able to provide advice and support to other staff on how to protect children against the risk of radicalisation. The DSL will hold formal training sessions with all members of staff to ensure they are aware of the risk indicators and their duties regarding preventing radicalisation.

Risk indicators of vulnerable students

Indicators of an identity crisis include the following:

- Distancing themselves from their cultural/religious heritage
- Uncomfortable with their place in society

Indicators of a personal crisis include the following

- Family tensions
- A sense of isolation
- Low self-esteem
- Disassociation from existing friendship groups
- Searching for answers to questions about identity, faith and belonging

Indicators of vulnerability through personal circumstances include the following:

- Migration
- Local community tensions
- Events affecting their country or region of origin
- Alienation from UK values
- A sense of grievance triggered by personal experience of racism or discrimination

Indicators of vulnerability through unmet aspirations include the following:

- Perceptions of injustice
- Feelings of failure
- Rejection of civic life
- Indicators of vulnerability through criminality:
- Experiences of dealing with the police
- Involvement with criminal groups

Making a judgement

When making a judgement, staff will ask themselves the following questions:

- Does the student have access to extremist influences?
- Does the student access the internet for the purposes of extremist activities (e.g. using closed network groups, accessing or distributing extremist material, contacting such groups covertly using Skype)?

- Is there a reason to believe that the student has been, or is likely to be, involved with extremist organisations?
- Is the student known to have possessed, or be actively seeking, extremist literature/other media likely to incite racial or religious hatred?
- Does the student sympathise with or support illegal/illicit groups?
- Does the student support groups with links to extremist activity?
- Has the student encountered peer, social, family or faith group rejection?
- Is there evidence of extremist ideological, political or religious influence on the student?
- Have international events in areas of conflict and civil unrest had a noticeable impact on the student?
- Has there been a significant shift in the student's outward appearance that suggests a new social, political or religious influence?
- Has the student come into conflict with family over religious beliefs, lifestyle or dress choices?
- Does the student vocally support terrorist attacks, either verbally or in their written work?
- Has the student witnessed or been the victim of racial or religious hate crimes?
- Is there a pattern of regular or extended travel within the UK?
- Has the student travelled for extended periods of time to international locations?
- Has the student employed any methods to disguise their identity?
- Does the student have experience of poverty, disadvantage, discrimination or social exclusion?
- Does the student display a lack of affinity or understanding for others?
- Is the student the victim of social isolation?
- Does the student demonstrate a simplistic or flawed understanding of religion or politics?
- Is the student a foreign national or refugee, or awaiting a decision on their/their family's immigration status?
- Does the student have insecure, conflicted or absent family relationships?
- Has the student experienced any trauma in their lives, particularly trauma associated with war or sectarian conflict?
- Is there evidence that a significant adult or other person in the student's life has extremist views or sympathies?

Critical indicators include where the student is:

- In contact with extremist recruiters.
- Articulating support for extremist causes or leaders.
- Accessing extremist websites.
- Possessing extremist literature.
- Using extremist narratives and a global ideology to explain personal disadvantage.
- Justifying the use of violence to solve societal issues.
- Joining extremist organisations.

- Making significant changes to their appearance and/or behaviour.

Any member of staff who identifies such concerns, because of observed behaviour or reports of conversations, will report these to the DSL.

The DSL will consider whether a situation may be so serious that an emergency response is required. In this situation, a 999 call will be made; however, concerns are most likely to require a police investigation as part of the Channel programme, in the first instance.

Channel programme

Safeguarding children is a key role for both the school and the LA, which is implemented through the use of the Channel programme. This service shall be used where a vulnerable student is at risk of being involved in terrorist activities.

In cases where the school believes a student is potentially at serious risk of being radicalised, the head-teacher or DSL will contact the Channel programme.

The DSL will also support any staff making referrals to the Channel programme.

The Channel programme ensures that vulnerable children and adults of any faith, ethnicity or background, receive support before their vulnerabilities are exploited by those that would want them to embrace terrorism, and before they become involved in criminal terrorist-related activity.

The programme identifies individuals at risk, assesses the extent of that risk, and develops the most appropriate support plan for the individuals concerned, with multi-agency cooperation and support from the school.

The delivery of the Channel programme may often overlap with the implementation of the LA's or school's wider safeguarding duty, especially where vulnerabilities have been identified that require intervention from CSCS, or where the individual is already known to CSCS.

Extremist speakers

The Trust prevents speakers who may promote extremist views from using the school premises.

Building young people's resilience

The school will:

- Provide a safe environment for debating controversial issues.
- Promote fundamental British values, alongside students' spiritual, moral, social and cultural development.
- Allow students time to explore sensitive and controversial issues.
- Provide students with the knowledge and skills to understand and manage potentially difficult situations, recognise risk, make safe choices and
- recognise where pressure from others threatens their personal safety and wellbeing.
- Equip students to explore political and social issues critically, weigh evidence, debate, and make reasoned arguments.
- Teach students about how democracy, government and law making/enforcement occur.
- Teach students about mutual respect and understanding for the diverse national, regional, religious and ethnic identities of the UK.

Resources

The school will utilise the following resources when preventing radicalisation:

- Local safeguarding arrangements
- Local police (contacted via 101 for non-emergencies)
- The DfE's dedicated helpline (020 7340 7264)
- The Channel awareness programme
- The [Educate Against Hate](#) website

9. A child missing from education

A child going missing from school is a potential indicator of abuse or neglect and, as such, these children are increasingly at risk of being victims of harm, exploitation or radicalisation.

Staff will monitor students that go missing from the school, particularly on repeat occasions, and report them to the DSL following normal safeguarding procedures, in accordance with the respective schools' Attendance and Punctuality policy.

The school will inform the LA of any student who fails to attend regularly or has been absent without the school's permission for a continuous period of 10 school days or more.

Admissions register

Students are placed on the admissions register at the beginning of the first day that is agreed by the school, or when the school has been notified that the student will first be attending.

The school will notify the LA within five days of when a student's name is added to the admissions register.

The school will ensure that the admissions register is kept up-to-date and accurate at all times and will inform parents when any changes occur.

Two emergency contact details will be held for each student where possible.

Staff will monitor students who do not attend the school on the agreed date and will notify the LA at the earliest opportunity.

If a parent notifies the school that their child will live at a different address, the school will record the following information on the admissions register:

- The full name of the parent with whom the student will live
- The new address
- The date from when the student will live at that address

If a parent notifies the school that their child will be attending a different school, or is already registered at a different school, the following information will be recorded on the admissions register:

- The name of the new school
- The date on which the student first attended, or is due to attend, that school

Where a student moves to a new school, the school will use a secure internet system to securely transfer students' data.

To ensure accurate data is collected to allow effective safeguarding, the school will inform the LA of any student who is going to be deleted from the admission register, in accordance

with the Education (Student Registration) (England) Regulations 2006 (as amended), where they:

- Have been taken out of the school by their parents, and are being educated outside the national education system, e.g. home education.
- Have ceased to attend the school, and no longer live within a reasonable distance of the premises.
- Have been certified by the school's medical officer as unlikely to be in a fit state of health to attend, before ceasing to be of compulsory school age, and their parent has not indicated the intention to the student continuing to attend school after ceasing to be of compulsory school age.
- Have been in custody for a period of more than four months due to a final court order and the school does not reasonably believe they will be returning to the school at the end of that period.
- Have been permanently excluded.

The school will also remove a student from the admissions register where the school and LA has been unable to establish the student's whereabouts after making reasonable enquiries into their attendance.

If a student is to be removed from the admissions register, the school will provide the LA with the following information:

- The full name of the student
- The full name and address of any parent with whom the student lives
- At least one telephone number of the parent with whom the student lives
- The full name and address of the parent with whom the student is going to live, and the date that the student will start living there, if applicable
- The name of the student's new school and the student's expected start date there, if applicable
- The grounds for removal from the admissions register under regulation 8 of the Education (Student Registration) (England) Regulations 2006 (as amended)

The school will work with the LA to establish methods of making returns for students back into the school.

The school will highlight to the LA where they have been unable to obtain necessary information from parents, e.g. where an address is unknown.

The school will also highlight any other necessary contextual information including safeguarding concerns

10. Students with SEND

The school recognises that students with SEND can face additional safeguarding challenges and understands that further barriers may exist when determining abuse and neglect in this group of students.

Staff will be aware of the following:

- Certain indicators of abuse, such as behaviour, mood and injury, may relate to the student's disability without further exploration; however, it should never be assumed that a child's indicators relate only to their disability
- Students with SEND can be disproportionately impacted by things like bullying, without outwardly showing any signs
- Communication barriers may exist, as well as difficulties in overcoming these barriers

When reporting concerns or making referrals for students with SEND, the above factors will always be taken into consideration.

When managing a safeguarding issue relating to a student with SEND, the **DSL** will liaise with the school's **SENDCO**, as well as the student's family where appropriate, to ensure that the student's needs are effectively met.

11. Alternative provision

The school will remain responsible for a student's welfare during their time at an alternative provider.

When placing a student with an alternative provider, the school will obtain written confirmation that the provider has conducted all relevant safeguarding checks on staff.

12. Work experience

When a student is sent on work experience, the school will ensure that the provider has appropriate safeguarding policies and procedures in place.

Where the school has students conduct work experience at the school, an enhanced DBS check will be obtained if the student is over the age of 16.

13. Homestay exchange visits

School-arranged homestays in UK

Where the school is arranging for a visiting child to be provided with care and accommodation in the UK in the home of a family to which the child is not related, the responsible adults are considered to be in regulated activity for the period of the stay.

In such cases, the school is the regulated activity provider; therefore, the school will obtain all the necessary information required, including a DBS enhanced certificate with barred list information, to inform its assessment of the suitability of the responsible adults.

Where criminal record information is disclosed, the school will consider, alongside all other information, whether the adult is a suitable host.

In addition to the responsible adults, the school will consider whether a DBS enhanced certificate should be obtained for anyone else aged over 16 in the household.

School-arranged homestays abroad

It is not possible for schools and colleges to obtain criminality information from the DBS about adults who provide homestays abroad. Schools and colleges should liaise with partner schools abroad, to establish a shared understanding of, and agreement to the arrangements in place for the visit. They should use their professional judgement to satisfy themselves that the arrangements are appropriate and sufficient to safeguard effectively every child who will take part in the exchange. Parents should be aware of agreed arrangement. Schools and colleges are also free to decide whether they consider it necessary to contact the relevant foreign embassy or High Commission of the country in question to discuss what checks may be possible in respect of those providing homestay outside of the UK. Students will be provided with emergency contact details to use where an emergency occurs or a situation arises that makes them feel uncomfortable.

Privately arranged homestays

Where a parent or student arranges their own homestay, this is a private arrangement and the school is not the regulated activity provider.

14. Private fostering

Where the school becomes aware of a student being privately fostered, they will notify the LA as soon as possible to allow the LA to conduct any necessary checks.

15. Sexual violence

Sexual violence refers to the three following offences:

Rape: A person (A) commits an offence of rape if he intentionally penetrates the vagina, anus or mouth of another person (B) with his penis, B does not consent to the penetration and A does not reasonably believe that B consents.

Assault by Penetration: A person (A) commits an offence if s/he intentionally penetrates the vagina or anus of another person (B) with a part of her/his body or anything else, the penetration is sexual, B does not consent to the penetration and A does not reasonably believe that B consents.

Sexual Assault: A person (A) commits an offence of sexual assault if s/he intentionally touches another person (B), the touching is sexual, B does not consent to the touching and A does not reasonably believe that B consents.

- Harmful sexual behaviours

The term “**harmful sexual behaviour**” is used to describe behaviour that is problematic, abusive and violent, and that may cause developmental damage. Harmful sexual behaviour may include:

- Using sexually explicit words and phrases.
- Inappropriate touching.
- Sexual violence or threats.
- Full penetrative sex with other children or adults.
- Sexual interest in adults or children of very different ages to their own.
- Forceful or aggressive sexual behaviour.
- Compulsive habits.
- Sexual behaviour affecting progress and achievement.
- Using sexually explicit words and phrases.
- Sexual violence or threats.

Sexual behaviour can also be harmful if one of the children is much older (especially where there is two years or more difference, or where one child is pre-pubescent and the other is not) and where the child may have SEND.

16. Upskirting

'Upskirting' typically involves taking a picture under a person's clothing without them knowing, with the intention of viewing their genitals or buttocks to obtain sexual gratification, or cause the victim humiliation, distress or alarm. It is now a criminal offence.

17. Domestic abuse

The cross-government definition of domestic violence and abuse is:

Any incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse between those aged 16 or over who are, or have been, intimate partners or family members regardless of gender or sexuality. The abuse can encompass, but is not limited to:

- psychological;
- physical;
- sexual;
- financial; and
- emotional.

Exposure to domestic abuse and/or violence can have a serious, long lasting emotional and psychological impact on children. In some cases, a child may blame themselves for the abuse or may have had to leave the family home as a result. Domestic abuse affecting young people can also occur within their personal relationships, as well as in the context of their home life.

A preventative approach

In order to prevent peer-on-peer abuse and address the wider societal factors that can influence behaviour, the school will educate students about abuse, its forms and the importance of discussing any concerns and respecting others through the curriculum, assemblies and PSHCE lessons.

The school will also ensure that students are taught about safeguarding, including online safety, as part of a broad and balanced curriculum in PSHE lessons, RSE and group sessions. Such content will be age and stage of development specific, and tackle issues such as the following:

- Healthy relationships
- Respectful behaviour
- Gender roles, stereotyping and equality
- Body confidence and self-esteem
- Prejudiced behaviour
- That sexual violence and sexual harassment is always wrong
- Addressing cultures of sexual harassment

Students will be allowed an open forum to talk about concerns and sexual behaviour. They are taught how to raise concerns and make a report, including concerns about their friends or peers, and how a report will be handled

Awareness

All staff will be aware that students of any age and sex are capable of abusing their peers and will never tolerate abuse as “banter” or “part of growing up”.

All staff will be aware that peer-on-peer abuse can be manifested in many different ways, including sexting and gender issues, such as girls being sexually touched or assaulted, and boys being subjected to hazing/initiation type of violence which aims to cause physical, emotional or psychological harm.

All staff will be made aware of the heightened vulnerability of students with SEND, who are three times more likely to be abused than their peers. Staff will not assume that possible indicators of abuse relate to the student’s SEND and will always explore indicators further.

LGBTQ+ children can be targeted by their peers. In some cases, children who are perceived to be LGBTQ+, whether they are or not, can be just as vulnerable to abuse as LGBTQ+ children.

The respective school’s response to girl-on-girl sexual violence and sexual harassment will be equally as robust as it is for incidents between children of the opposite sex.

Students will be made aware of how to raise concerns or make a report and how any reports will be handled. This includes the process for reporting concerns about friends or peers.

Support available if a child has been harmed, is in immediate danger or at risk of harm

If a child has been harmed, is in immediate danger or is at risk of harm, a referral will be made to social care.

Within one working day, a social worker will respond to the referrer to explain the action that will be taken.

Support available if early help, section 17 and/or section 47 statutory assessments are appropriate

If early help, section 17 and/or section 47 statutory assessments (assessments under the Children Act 1989) are appropriate, school staff may be required to support external agencies. The DSL and deputies will support staff as required.

Support available if a crime may have been committed

Rape, assault by penetration and sexual assaults are crimes. Where a report includes such an act, the police will be notified, often as a natural progression of making a referral to MASH. The DSL will be aware of the local process for referrals to both MASH and the police.

Whilst the age of criminal responsibility is 10 years of age, if the alleged perpetrator is under 10, the principle of referring to the police remains. In these cases, the police will take a welfare approach rather than a criminal justice approach.

Each school in the Trust has a close relationship with the local police force and the DSL will liaise closely with the local police presence.

Support available if reports include online behaviour

Online concerns can be especially complicated. The school recognises that there is potential for an online incident to extend further than the local community and for a victim, or the alleged perpetrator, to become marginalised and excluded both online and offline. There is also strong potential for repeat victimisation if the content continues to exist.

If the incident involves sexual images or videos held online, the [Internet Watch Foundation](#) will be consulted to have the material removed.

Staff will not view or forward illegal images of a child. If they are made aware of such an image, they will contact the DSL.

Managing disclosures

Victims will always be taken seriously, reassured, supported and kept safe. Victims will never be made to feel like they are causing a problem or made to feel ashamed.

If a friend of a victim makes a report or a member of staff overhears a conversation, staff will take action – they will never assume that someone else will deal with it. The basic principles remain the same as when a victim reports an incident; however, staff will consider why the victim has not chosen to make a report themselves and the discussion will be handled sensitively and with the help of CSCS where necessary. If staff are in any doubt, they will speak to the DSL.

Where an alleged incident took place away from the school or online but involved students from the school, the school's duty to safeguard students remains the same.

All staff will be trained to handle disclosures. Effective safeguarding practice includes:

- Never promising confidentiality at the initial stage.
- Only sharing the report with those necessary for its progression.
- Explaining to the victim what the next steps will be and who the report will be passed to.
- Recognising that the person the child chose to disclose the information to is in a position of trust.
- Being clear about boundaries and how the report will be progressed.
- Not asking leading questions and only prompting the child with open questions.
- Waiting until the end of the disclosure to immediately write a thorough summary. If notes must be taken during the disclosure, it is important to still remain engaged and not appear distracted.
- Only recording the facts as the child presents them – not the opinions of the note taker.
- Where the report includes an online element, being aware of searching, screening and confiscation advice and [UKCCIS sexting advice](#).
- Wherever possible, managing disclosures with two staff members present (preferably with the DSL or a deputy as one of the staff members).
- Informing the DSL or deputy as soon as possible after the disclosure if they could not be involved in the disclosure.

The DSL will be informed of any allegations of abuse against students with SEND. They will record the incident in writing and, working with the SENCO, decide what course of action is necessary, with the best interests of the student in mind at all times.

Confidentiality

The school will only engage staff and agencies required to support the victim and/or be involved in any investigation. If a victim asks the school not to tell anyone about the disclosure, the school cannot make this promise. Even without the victim's consent, the information may still be lawfully shared if it is in the public interest and protects children from harm.

The DSL will consider the following when making confidentiality decisions:

- Parents will be informed unless it will place the victim at greater risk.

- If a child is at risk of harm, is in immediate danger or has been harmed, a referral will be made.
- Rape, assault by penetration and sexual assaults are crimes – reports containing any such crimes will be passed to the police.

The DSL will weigh the victim's wishes against their duty to protect the victim and others. If a referral is made against the victim's wishes, it will be done so extremely carefully and the reasons for referral will be explained to the victim. Appropriate specialist support will always be offered.

Anonymity

There are legal requirements for anonymity where a case is progressing through the criminal justice system. The school will do all it can to protect the anonymity of children involved in any report of sexual violence or sexual harassment. It will carefully consider, based on the nature of the report, which staff will be informed and what support will be in place for the children involved.

When deciding on the steps to take, the school will consider the role of social media in potentially exposing victims' identities and facilitating the spread of rumours.

Risk assessment

The DSL or a deputy will make an immediate risk and needs assessment any time there is a report of sexual violence. For reports of sexual harassment, a risk assessment will be considered on a case-by-case basis. Risk assessments are not intended to replace the detailed assessments of experts, and for incidents of sexual violence it is likely that a professional risk assessment by a social worker or sexual violence specialist will be required.

Risk assessments will consider:

- The victim.
- The alleged perpetrator.
- Other children at the school, especially any actions that are appropriate to protect them.

Risk assessments will be recorded (either on paper or electronically) and kept under review in accordance with the Trust's GDPR policy.

The DSL or a deputy will decide the school's initial response, taking into consideration:

- The victim's wishes.
- The nature of the incident.
- The ages and developmental stages of the children involved.
- Any power imbalance between the children.
- Whether the incident is a one-off or part of a pattern.
- Any ongoing risks.
- Any related issues and the wider context, such as whether there are wider environmental factors in a child's life that threaten their safety and/or welfare.
- The best interests of the child.
- That sexual violence and sexual harassment are always unacceptable and will not be tolerated.

Immediate consideration will be given as to how to support the victim, alleged perpetrator and any other children involved.

For reports of rape and assault by penetration, whilst the school establishes the facts, the alleged perpetrator will be removed from any classes shared with the victim. The school will consider how to keep the victim and alleged perpetrator apart on school premises, and on transport where applicable. These actions will not be seen as a judgement of guilt on the alleged perpetrator.

For reports of sexual violence and sexual harassment, the proximity of the victim and alleged perpetrator and the suitability of shared classes, premises and transport will be considered immediately.

In all cases, the initial report will be carefully evaluated and the wishes of the victim, nature of the allegations and requirement to protect all children will be taken into consideration.

Managing the report

The decision of when to inform the alleged perpetrator of a report will be made on a case-by-case basis. If a report is being referred to CSCS or the police, the school will speak to the relevant agency to discuss informing the alleged perpetrator.

There are four likely outcomes when managing reports of sexual violence or sexual harassment:

- Managing internally
- Providing early help
- Referring to CSCS
- Reporting to the police

Whatever outcome is chosen, it will be underpinned by the principle that sexual violence and sexual harassment is never acceptable and will not be tolerated. All concerns, discussion, decisions and reasons behind decisions will be recorded either on paper or electronically.

The following situations are statutorily clear and do not allow for contrary decisions:

- A child under the age of 13 can never consent to sexual activity.
- The age of consent is 16.
- Sexual intercourse without consent is rape.
- Rape, assault by penetration and sexual assault are defined in law.
- Creating and sharing sexual photos and videos of children under 18 is illegal – including children making and sending images and videos of themselves.

Managing internally

In some cases, e.g. one-off incidents, the school may decide to handle the incident internally through behaviour and bullying policies and by providing pastoral support.

Providing early help

The school may decide that statutory interventions are not required, but that students may benefit from early help – providing support as soon as a problem emerges. This approach can be particularly useful in addressing non-violent harmful sexual behaviour and may prevent escalation of sexual violence.

Referral to Social Care

If a child has been harmed, is at risk of harm or is in immediate danger, the school will make a referral to MASH. Parents will be informed unless there is a compelling reason not to do so (if referral will place the victim at risk). This decision will be made in consultation with MASH.

The school will not wait for the outcome of an investigation before protecting the victim and other children.

The DSL will work closely with MASH to ensure that the school's actions do not jeopardise any investigation. Any related risk assessment will be used to inform all decisions.

If MASH decide that a statutory investigation is not appropriate, the school will consider referring the incident again if they believe the child to be in immediate danger or at risk of harm.

If the school agrees with the decision made by MASH, they will consider the use of other support mechanisms such as early help, pastoral support and specialist support.

Reporting to the police

Reports of rape, assault by penetration or sexual assault will be passed on to the police – even if the alleged perpetrator is under 10 years of age. Generally, this will be in parallel with referral to MASH. The DSL and deputies will follow the local process for referral.

Parents will be informed unless there is a compelling reason not to do so. Where parents are not informed, it is essential for the school to support the child with any decision they take, in unison with MASH and any appropriate specialist agencies.

The DSL and governing body will agree what information will be disclosed to staff and others, in particular the alleged perpetrator and their parents. They will also discuss the best way to protect the victim and their anonymity.

The DSL will be aware of local arrangements and specialist units that investigate child abuse.

In some cases, it may become clear that the police will not take further action, for whatever reason. In these circumstances, the school will continue to engage with specialist support for the victim as required.

Bail conditions

Police bail is only used in exceptional circumstances. It is unlikely that a child will be placed on police bail if alternative measures can be used to mitigate risks.

The school will work with MASH and the police to support the victim, alleged perpetrator and other children (especially witnesses) during criminal investigations. The school will seek advice from the police to ensure they meet their safeguarding responsibilities.

The term 'released under investigation' (RUI) is used to describe alleged perpetrators released in circumstances that do not warrant the application of bail.

Where bail is deemed necessary, the school will work with MASH and the police to safeguard children – ensuring that the victim can continue in their normal routine and continue to receive a suitable education.

Managing delays in the criminal justice system

The school will not wait for the outcome (or even the start) of criminal proceedings before protecting the victim, alleged perpetrator and other children. The associated risk assessment will be used to inform any decisions made.

The DSL will work closely with the police to ensure the school does not jeopardise any criminal proceedings, and to obtain help and support as necessary.

The end of the criminal process

Risk assessments will be updated if the alleged perpetrator receives a caution or is convicted. If the perpetrator remains in the same school as the victim, the school will set out clear expectations regarding the perpetrator, including their behaviour and any restrictions deemed reasonable and proportionate with regards to the perpetrator's timetable.

The school will ensure that the victim and perpetrator remain protected from bullying and harassment (including online).

Where an alleged perpetrator is found not guilty or a case is classed as requiring "no further action", the school will offer support to the victim and alleged perpetrator for as long as is necessary. The victim is likely to be traumatised and the fact that an allegation cannot be substantiated does not necessarily mean that it was unfounded. The school will discuss decisions with the victim and offer support.

The alleged perpetrator is also likely to require ongoing support, as they have also been through a difficult and upsetting experience.

- Ongoing support for the victim

Any decisions regarding safeguarding and supporting the victim will be made with the following considerations in mind:

- The terminology the school uses to describe the victim
- The age and developmental stage of the victim
- The needs and wishes of the victim
- Whether the victim wishes to continue in their normal routine
- The victim will not be made to feel ashamed about making a report
- What a proportionate response looks like

Victims may not disclose the whole picture immediately and they may be more comfortable talking about the incident on a piecemeal basis; therefore, a dialogue will be kept open and the victim can choose to appoint a designated trusted adult.

Victims may struggle in a normal classroom environment. Whilst it is important not to isolate the victim, the victim may wish to be withdrawn from lessons and activities at times. This will only happen when the victim wants it to, not because it makes it easier to manage the situation.

The school will provide a physical space for victims to withdraw to.

Victims may require support for a long period of time and the school will be prepared to offer long-term support in liaison with relevant agencies.

Everything possible will be done to prevent the victim from bullying and harassment as a result of any report they have made.

If the victim is unable to remain in the school, alternative provision or a move to another school will be considered – this will only be considered at the request of the victim and following discussion with their parents.

If the victim does move to another school, the DSL will inform the school of any ongoing support needs and transfer the child protection file.

- Ongoing support for the alleged perpetrator

When considering the support required for an alleged perpetrator, the school will take into account:

- The terminology they use to describe the alleged perpetrator or perpetrator.
- The balance of safeguarding the victim and providing the alleged perpetrator with education and support.
- The reasons why the alleged perpetrator may have abused the victim – and the support necessary.
- Their age and developmental stage.
- What a proportionate response looks like.
- Whether the behaviour is a symptom of their own abuse or exposure to abusive practices and/or materials.

When making a decision, advice will be taken from CSCS, specialist sexual violence services and the police as appropriate.

If the alleged perpetrator moves to another school (for any reason), the DSL will inform the destination school of any ongoing support needs and transfer the child protection file.

The school will work with professionals as required to understand why the abuse took place and provide a high level of support to help the student understand and overcome the reasons for their behaviour and reduce the likelihood of them abusing again.

Disciplining the alleged perpetrator

Disciplinary action can be taken whilst investigations are ongoing and the fact that investigations are ongoing does not prevent the school reaching its own conclusion and imposing an appropriate penalty.

The school will make such decisions on a case-by-case basis, with the DSL taking a leading role. The school will take into consideration whether any action would prejudice an investigation and/or subsequent prosecution. The police and CSCS will be consulted where necessary.

The school will also consider whether circumstances make it unreasonable or irrational for the school to make a decision about what happened while an investigation is considering the same facts.

Disciplinary action and support can take place at the same time.

The school will be clear whether action taken is disciplinary, supportive or both.

Shared classes

Once the DSL has decided to progress a report, they will again consider whether the victim and alleged perpetrator will be separated in classes, on school premises and on school transport – balancing the school's duty to educate against its duty to safeguard. The best interests of the student will always come first.

Where there is a criminal investigation into rape or assault by penetration, the alleged perpetrator will be removed from classes with the victim and potential contact on school premises and transport will be prevented.

Where a criminal investigation into rape or assault by penetration leads to a conviction or caution, in all but the most exceptional circumstances, this will constitute a serious breach of discipline and result in the view that allowing the perpetrator to remain in the school would harm the education or welfare of the victim and potentially other students.

Where a criminal investigation into sexual assault leads to a conviction or caution, the school will consider suitable sanctions and permanent exclusion. If the perpetrator will remain at the school, the school will keep the victim and perpetrator in separate classes and manage potential contact on school premises and transport. The nature of the conviction or caution, alongside the wishes of the victim, will inform any discussions made.

Where a report of sexual assault does not lead to a police investigation, this does not mean that the offence did not happen or that the victim has lied. Both the victim and alleged perpetrator will be affected and appropriate support will be provided. Considerations regarding sharing classes and potential contact will be made on a case-by-case basis.

In all cases, the school will record its decisions and be able to justify them. The needs and wishes of the victim will always be at the heart of the process.

Working with parents and carers

In most sexual violence cases, the school will work with the parents of both the victim and alleged perpetrator. For cases of sexual harassment, these decisions will be made on a case-by-case basis.

The school will meet the victim's parents with the victim present to discuss the arrangements being put in place to safeguard the victim, and to understand their wishes in terms of support arrangements and the progression of the report.

Schools will also meet with the parents of the alleged perpetrator to discuss arrangements that will impact their child, such as moving them out of classes with the victim. Reasons behind decisions will be explained and the support being made available will be discussed. The DSL or a deputy will attend such meetings, with agencies invited as necessary.

Clear policies regarding how the school will handle reports of sexual violence and how victims and alleged perpetrators will be supported will be made available to parents.

Safeguarding other children

Children who have witnessed sexual violence, especially rape and assault by penetration, will be provided with support.

It is likely that children will "take sides" following a report, and the school will do everything in its power to protect the victim, alleged perpetrator and witnesses from bullying and harassment.

The school will keep in mind that contact may be made between the victim and alleged perpetrator and that harassment from friends of both parties could take place via social media and do everything in its power to prevent such activity.

As part of the school's risk assessment following a report, transport arrangements will be considered, as it is a potentially vulnerable place for both a victim and alleged perpetrator. Schools will consider any additional support that can be put in place.

17. Online safety

As part of a broad and balanced curriculum, all students will be made aware of online risks and taught how to stay safe online.

Through training, all staff members will be made aware of the following:

- Student attitudes and behaviours which may indicate they are at risk of potential harm online
- The procedure to follow when they have a concern regarding a student's online activity

The school will ensure that suitable filtering systems are in place to prevent children accessing terrorist and extremist material.

The use of mobile phones by staff and students is closely monitored by the school. The school will ensure that the use of filtering and monitoring systems does not cause "over blocking" which may lead to unreasonable restrictions as to what students can be taught regarding online teaching.

18. Mobile phone and camera safety

All members of the school community will adhere to the terms of the respective schools' E-Safety Policy at all times.

Photographs and videos of students will be carefully planned before any activity with particular regard to consent and adhering to the Trusts GDPR policy

The Trust will adhere to its Photograph and Media policy at all times.

Staff will report any concerns about another staff member's use of mobile phones to the DSL, following the procedures outlined in the Child Protection and Safeguarding Policy.

19. Sports clubs and extracurricular activities

Clubs and extracurricular activities hosted by external bodies, e.g. charities or companies, will work in collaboration with the school to effectively safeguard students and adhere to local safeguarding arrangements.

Paid and volunteer staff running sports clubs and extracurricular activities are aware of their safeguarding responsibilities and promote the welfare of students.

Paid and volunteer staff understand how they should respond to child protection concerns and how to make a referral to CSCS or the police, if necessary. All national governing bodies of sport that receive funding from either Sport England or UK Sport, must aim to meet the Standards for Safeguarding and Protecting Children in Sport.

20. Safer recruitment

An enhanced DBS check with barred list information will be undertaken for all staff members engaged in regulated activity. A person will be considered to be in 'regulated activity' if, as a result of their work, they:

Are responsible on a daily basis for the care or supervision of children.

Regularly work in the school at times when children are on the premises.

Regularly come into contact with children under 18 years of age.

The DfE's [DBS Workforce Guides](#) will be consulted when determining whether a position fits the child workforce criteria.

Pre-employment checks

The governing board will assess the suitability of prospective employees by:

- Verifying the candidate's identity, preferably from the most current photographic ID and proof of address except where, for exceptional reasons, none is available.
- Obtaining a certificate for an enhanced DBS check with barred list information where the person will be engaged in regulated activity.
- Obtaining a separate barred list check if an individual will start work in regulated activity before the DBS certificate is available.
- Checking that a candidate to be employed as a teacher is not subject to a prohibition order issued by the Secretary of State, using the [TRA Teacher Services' System](#).
- Verifying the candidate's mental and physical fitness to undertake their working responsibilities, including asking relevant questions about disability and health to establish whether they have the physical and mental capacity for the specific role.
- Checking the person's right to work in the UK. If there is uncertainty about whether an individual needs permission to work in the UK, the advice set out on the [Gov.UK](#) website will be followed.
- If the person has lived or worked outside the UK, making any further checks that the school considers appropriate; this includes checking for any teacher sanctions or restrictions that an EEA professional regulating authority has imposed.
- Checking professional experience, QTS and qualifications as appropriate using Teacher Services.
- **Academies, free schools and independent schools only** confirming that an individual taking up a management position is not subject to a section 128 direction.

An enhanced DBS certificate will be obtained from candidates before or as soon as practicable after appointment. An online update check may be undertaken through the DBS update service if an applicant has subscribed to it and gives their permission.

Internal candidates

- If an individual moves from a position within the Trust that did not involve the provision of education to one that does, it will be treated as if the individual were a new member of staff and all required pre-appointment checks will be carried out.
- References from internal candidates will always be scrutinised before appointment.

ITT candidates

Where applicants for ITT are salaried by the school, the school will ensure that enhanced DBS checks with barred list information are carried out.

Written confirmation will be obtained to ensure that an enhanced DBS certificate and barred list check has been carried out for all fee-funded trainees.

Governors

An enhanced DBS check will be carried out for each member of the governing board in a maintained school. Where a governor also engages in regulated activity, a barred list check will also be requested. The school will also contact the TRA using Teacher Services to check if a proposed governor is barred as a result of being subject to a section 128 direction.

Where a barred list check has been performed, the section 128 direction will also be shown and will not require a separate check.

The trust requires **enhanced DBS checks on all members of the academy trust**, individual charity trustees, and the chair of the board of charity trustees. Before an individual becomes a trustee, the school will carry out an enhanced DBS check and confirm their identity. Where a trustee also engages in regulated activity, a barred list check will also be requested. An additional check is required for those in management positions, to ensure that they are not prohibited under section 128 provisions. Where a barred list check has been performed, the section 128 direction will also be shown and will not require a separate check. If the individual lives or has lived outside of the UK, consideration will be given as to further checks that may be necessary.

Those who have lived or worked outside of the UK

For those who have lived or worked outside of the UK, additional checks regarding teacher sanctions or restrictions will be conducted, this includes checking for any teacher sanctions or restrictions that an EEA professional regulating authority has imposed.

Barred list check

An enhanced DBS check may be requested for anyone working in school that is not in regulated activity but does not have a barred list check.

If there are concerns about an applicant, an enhanced DBS check with barred list information may be requested, even if they have worked in regulated activity in the three months prior to appointment.

Written information about their previous employment history will be obtained from candidates and the appropriate checks undertaken to ensure information is not contradictory or incomplete.

References

References will be obtained directly from referees and scrutinised, with all concerns satisfactorily resolved prior to confirmation of employment.

References will only be accepted from a **senior person** and not from a colleague.

References will be sought on all short-listed candidates, including internal ones, before an interview and checked on receipt to ensure that all specific questions were answered satisfactorily.

References will be obtained prior to interviews taking place and discussed during interviews.

Open testimonials will not be considered.

Information about past disciplinary actions or allegations will be considered carefully when assessing an applicant's suitability for a post.

Information sourced directly from a candidate or online source **will be carefully vetted** to ensure they originate from a credible source.

Volunteers

No volunteer will be left unsupervised with a student or allowed to work in regulated activity until the necessary checks have been obtained.

An enhanced DBS certificate with barred list check will be obtained for all new volunteers in regulated activity that will regularly teach or look after children on an unsupervised basis or provide personal care on a one-off basis.

Personal care includes helping a child with eating and drinking for reasons of illness, or care in connection with toileting, washing, bathing and dressing for reasons of age, illness or disability.

A supervised volunteer who regularly teaches or looks after children **is not** in regulated activity.

The school will obtain an enhanced DBS certificate with barred list check for existing volunteers that provide pastoral care.

Unless there is cause for concern, the school will not request any new DBS certificates with barred list check for existing volunteers that have already been checked.

A risk assessment will be undertaken for volunteers not engaged in regulated activity when deciding whether to seek an enhanced DBS check.

Contractors

The school will ensure that any contractor or employee of the contractor working on the premises has been subject to the appropriate level of DBS check.

Checks will be conducted to ensure that the contractor presenting themselves for work is the same person on whom the checks have been made.

Contractors without a DBS check will be supervised if they will have contact with children. The identity of the contractor will be checked upon their arrival at the school.

Data retention

DBS certificates will be securely destroyed as soon as practicable, but not retained for longer than six months from receipt.

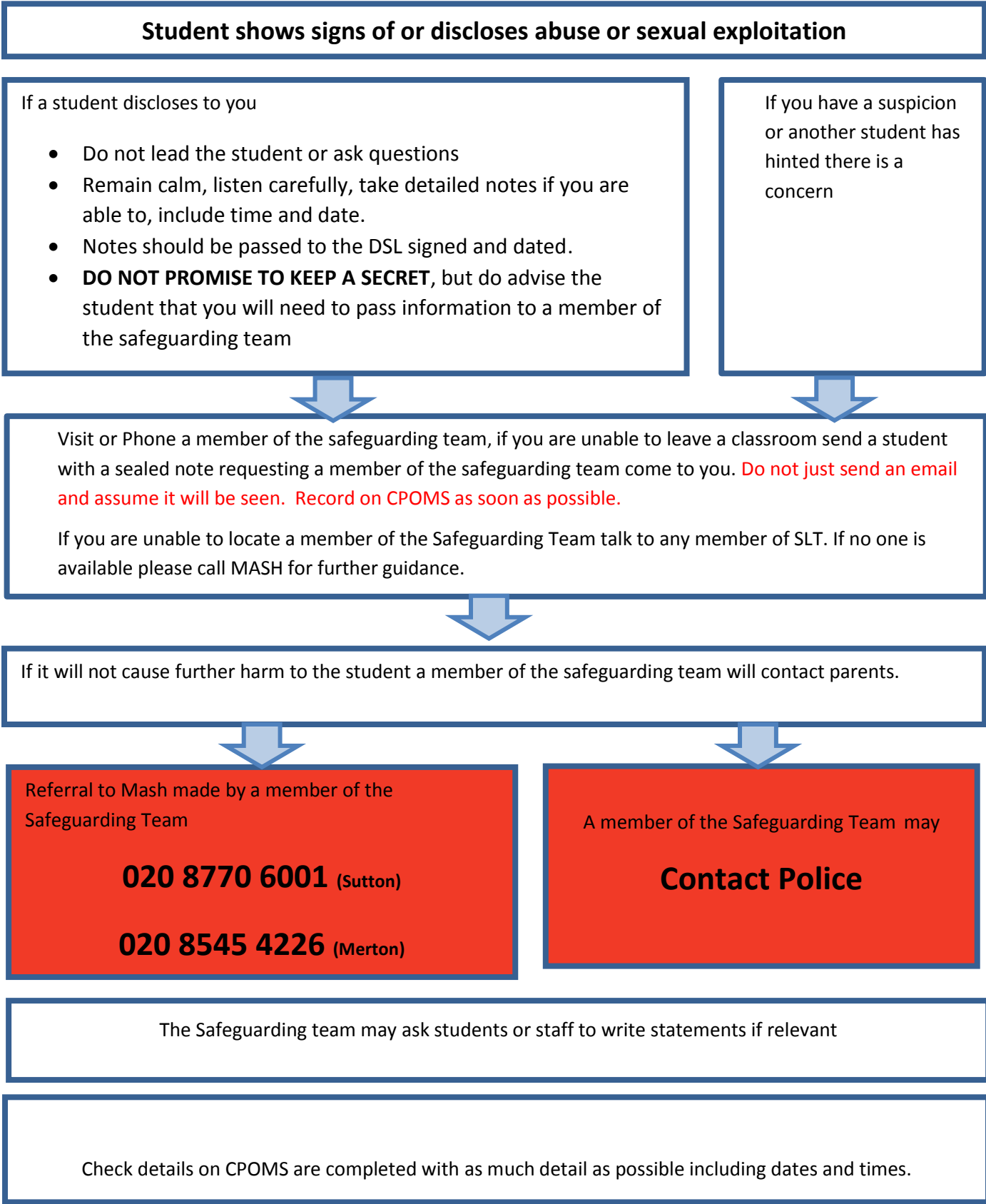
A copy of the other documents used to verify the successful candidate's identity, right to work and required qualifications will be kept for the personnel file. The personnel file will be held for the duration of the employee's employment plus six years.

Referral to the DBS

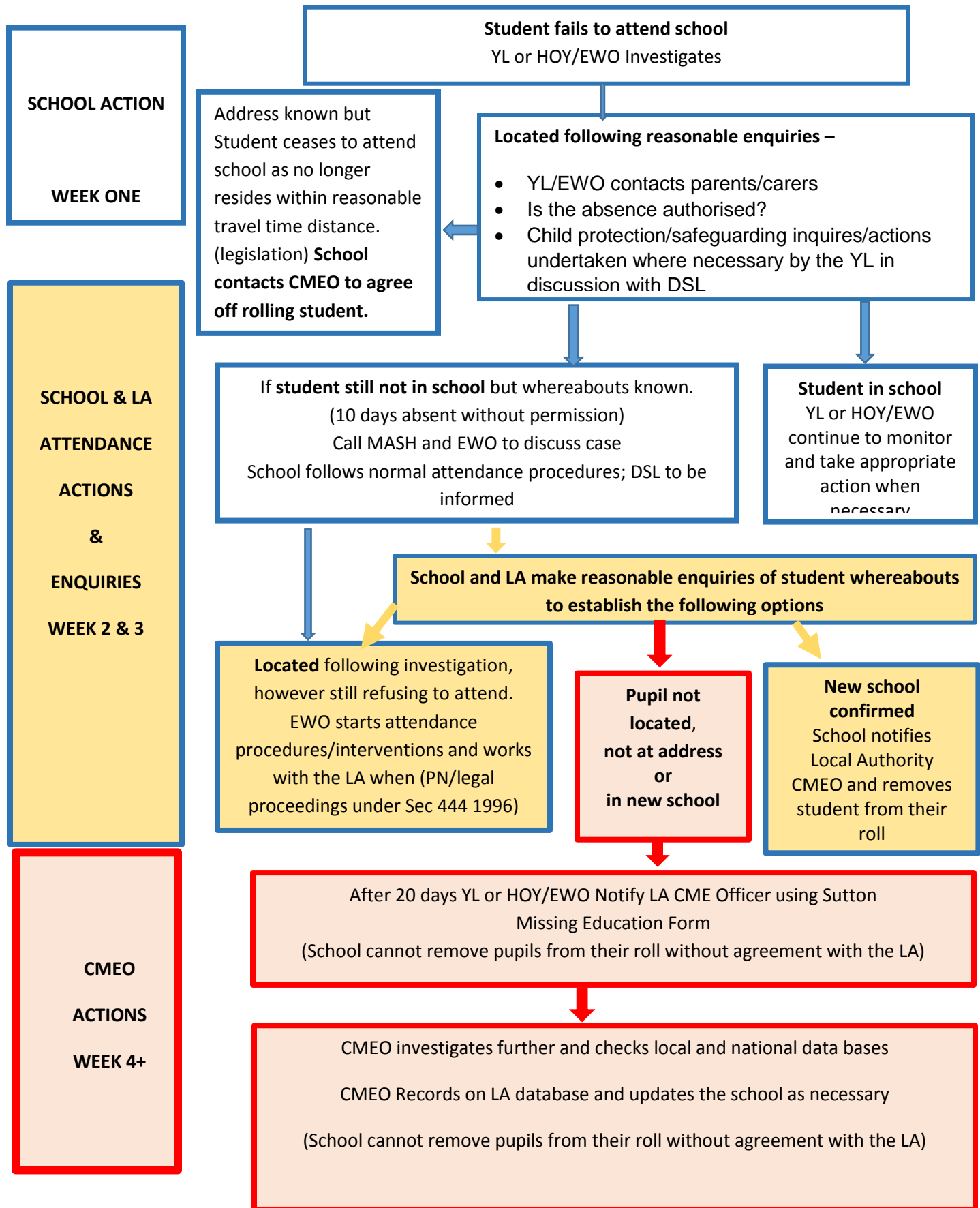
The school will refer to the DBS anyone who has harmed a child or poses a risk of harm to a child, or if there is reason to believe the member of staff has committed an offence and has been removed from working in regulated activity.



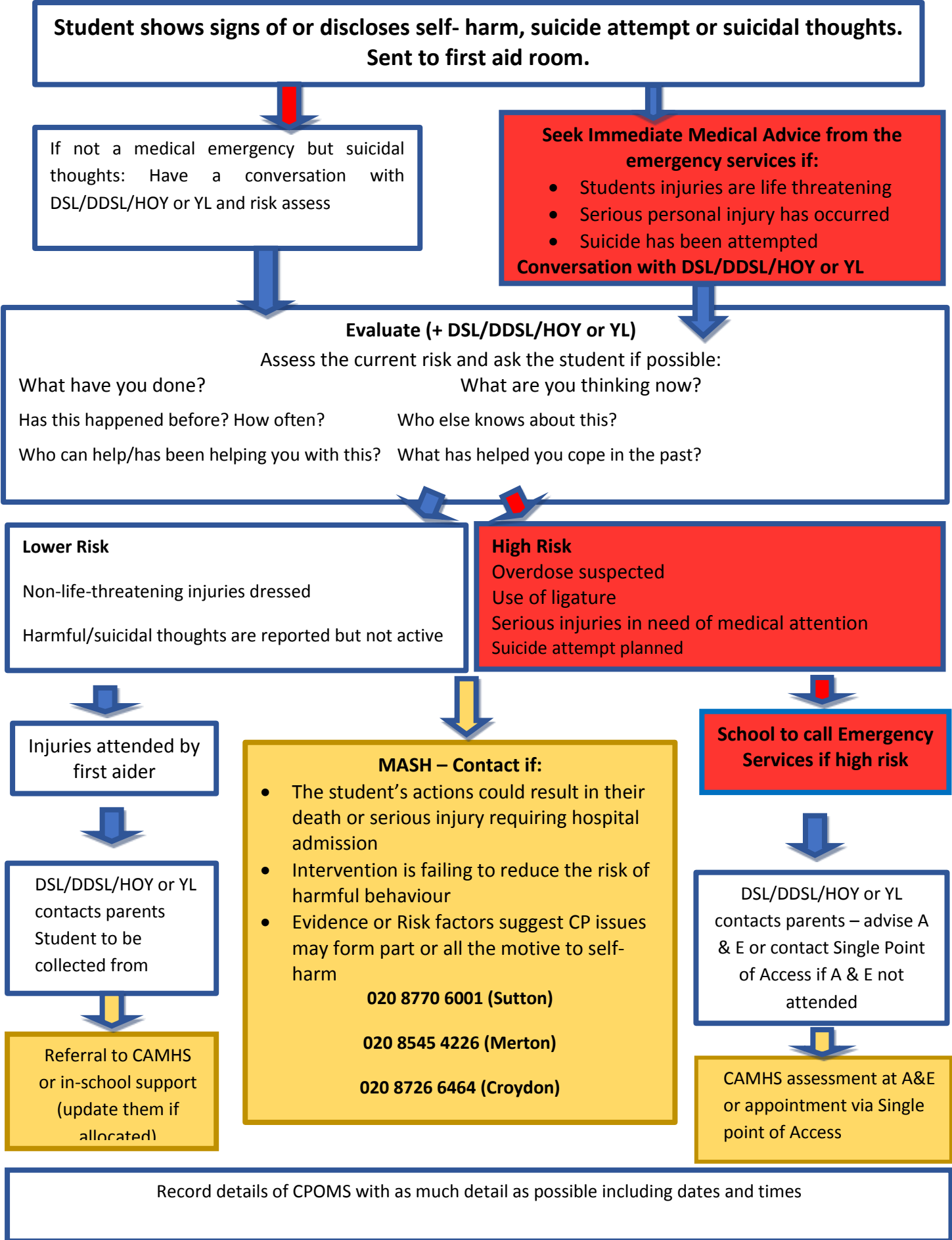
Safeguarding Flowchart



Children Missing Education referral pathways



Managing Self-harm Flowchart





Sutton LSCB
Local Safeguarding
Children Board

LSCB MANAGEMENT OF SELF-HARM PROTOCOL

**FOR ALL STAFF AND VOLUNTEERS WORKING WITH CHILDREN
AND YOUNG PEOPLE IN SUTTON**

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1. INTRODUCTION

This is the third edition of the Local Safeguarding Children Board (LSCB) self-harm protocol. This is to ensure that national and local learning from serious case reviews (SCRs), learning reviews, and case audits are embedded across the partnership, and that there is effective co-ordination of partnership responses in Sutton.

The protocol is a strategic document setting out partners' roles and responsibilities in line with Working Together 2015, Public Health, NHS NICE guidance, and London Child Protection Procedures. Local guidance for seeking professional advice, making referrals, assessment processes, and multi-agency management of risk are set out in separate guidance as an appendix at the end. The flowchart is intended to provide a helpful overview of the multi-agency process and is covered in multi-agency training available to partners.

2. PURPOSE AND POLICY CONTEXT

This is a self-harm protocol, for managing cluster suicide responses refer to [Public Health England guidance](#).

The National Institute for Health and Care Excellence (NICE) self-harm guidance¹ recognises that most acts of self-harm are unseen by professionals and that most people who access services are unlikely to receive bespoke self-harm services. The emphasis is therefore on employers and commissioners having processes in place to ensure that staff in direct contact with children and young people have the necessary skills and knowledge to manage self-harm for those that are not under acute or specialist medical management.

Safeguarding and child protection issues should be managed as in accordance with the [Sutton LSCB threshold document](#) and [London Child Protection Procedures](#).

The LSCB threshold document is a generic safeguarding guide for all areas of safeguarding, professional judgement is required in utilising the document. The flowchart in Appendix A should aid professionals in applying thresholds for self-harm.

3. SCOPE

This protocol is a strategic document to strengthen partnership working when responding to self-harm. It relates to all professionals and volunteers working with children and young people (0 – 18),² to support both them and young people to reduce the risk of self-harm incidents by:

- Supporting agencies to manage self-harm as it arises;
- Improving the response on presentation, disclosure, or suspected signs of self-harm;
- Improving the quality of support, advice, and guidance offered by all workers who work with young people.

4. DEFINITIONS

Self-harm³ is defined as when somebody intentionally damages or injures their body. It's usually a way of coping with or expressing overwhelming emotional distress. However, the intention is more often to punish

¹ NICE Self-harm guidance (2013) <https://www.nice.org.uk/guidance/qs34/resources>

² This is a wider age group than the one defined within the NICE guidelines of 8 – 18 years.

³ NHS Choices <http://www.nhs.uk/conditions/Self-injury/Pages/Introduction.aspx>

themselves, express their distress, or relieve unbearable tension. Sometimes the reason is a mixture of both. Self-harm can also be a cry for help and some individuals may go on to complete a suicide attempt.

Although some people who self-harm are at a high risk of suicide, many people who self-harm don't want to end their lives. In fact, the self-harm may help them cope with emotional distress, so they don't feel the need to kill themselves.

5. KEY PRINCIPLE FOR PARTNERSHIP WORKING

The role of the LSCB under Working Together 2015 is to co-ordinate multi-agency professional safeguarding activity, issue policy, procedure, and guidance, and facilitate training to promote emotional wellbeing and reduce the likelihood of or actual risk of significant harm.

The national learning from SCRs⁴ is that nearly all suicides are related to adolescents, the majority being male. The learning relates to self-harm, disclosure of suicidal feelings, and working across agencies. In Sutton, local learning from SCRs, learning reviews, case audits, and rapid response meetings reflect the national picture, and there is a strong commitment among all partners and commissioners to work together to reduce the risk of suicide and suicide attempts. Self-harm is not always an indicator of a young person's intent to complete suicide, however, practitioners need to be aware of the above for their knowledge and skills to safeguard children.

6. WHY PEOPLE SELF-HARM, AND TYPES AND SIGNS OF SELF-HARM

6.1 WHY PEOPLE SELF-HARM⁵

Self-harm is more common than many people realise, especially among younger people. It's estimated around 10% of young people self-harm at some point, but people of all ages do. This figure is also likely to be an underestimate, as not everyone seeks help.

In most cases, people who self-harm do it to help them cope with overwhelming emotional issues, which may be caused by:

- **Social problems** – such as being bullied, having difficulties at work or school (particularly around exam periods), copycat behaviour, peer/ social media pressure, having difficult relationships with friends or family, coming to terms with their sexuality if they think they might be gay or bisexual, loneliness,⁶ low self-esteem and low confidence, sadness, numbness, lack of control over their lives, parental mental health, parental alcohol and substance misuse, or coping with cultural expectations, such as an arranged marriage;
- **Trauma** – such as physical or sexual abuse, the death of a close family member or friend, exposure to domestic violence, or having a miscarriage;
- **Psychological causes** – such as having repeated thoughts or voices telling them to self-harm, disassociating (losing touch with who they are and with their surroundings), or borderline personality disorder.

These issues can lead to a build-up of intense feelings of anger, guilt, hopelessness and self-hatred. The person may not know who to turn to for help and self-harming may become a way to release these pent-up feelings.

⁴ NSPCC <https://www.nspcc.org.uk/preventing-abuse/child-protection-system/case-reviews/learning/suicide/>

⁵ NHS <https://www.nhs.uk/conditions/self-harm/>

⁶ NSPCC <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/self-harm/>

Self-harm is linked to anxiety and depression. These mental health conditions can affect people of any age. Self-harm can also occur alongside antisocial behaviour, such as misbehaving at school or getting into trouble with the police.

Consideration needs to be given to children and young people with disabilities, such as, autism spectrum disorder and ADHD, which may be a reason for self-harming.

6.2 TYPES OF SELF-HARM⁷

- Cutting or burning their skin;
- Punching or hitting themselves/ walls etc.;
- Ligatures;
- Poisoning themselves with tablets or toxic chemicals;
- Misusing alcohol or drugs;
- Deliberately starving themselves (anorexia nervosa) or binge eating (bulimia nervosa);
- Neglectful behaviour;
- Excessively exercising;
- Engaging in risk-taking behaviour;
- Harmful sexual behaviour.

6.3 SIGNS OF SELF-HARM⁸

- Unexplained cuts, bruises or cigarette burns, usually on their wrists, arms, thighs and chest;
- Keeping themselves fully covered at all times, even in hot weather;
- Signs of depression, such as low mood, tearfulness or a lack of motivation or interest in anything;
- Self-loathing and expressing a wish to punish themselves;
- Disinterest in personal appearance and/or hygiene;
- Not wanting to go on and wishing to end it all;
- Becoming very withdrawn and not speaking to others;
- Changes in eating habits or being secretive about eating, and any unusual weight loss or weight gain;
- Signs of low self-esteem, such as blaming themselves for any problems or thinking they're not good enough for something;
- Signs they have been pulling out their hair;
- Signs of alcohol or drugs misuse, including misuse or omission of prescribed medication, for example, insulin or anti-depressants.

⁷ NHS <https://www.nhs.uk/conditions/self-harm/>

⁸ NHS <https://www.nhs.uk/conditions/self-harm/>

6.4 INITIAL RESPONSE TO A YOUNG PERSON ON DISCLOSURE OF SELF-HARM

If you are aware that a student, child or young person, has self-harmed this is the recommended approach:

- Listen calmly (**Assess**);
- Seek first aid treatment, if necessary (**Manage**);
- Contact parents/carers as soon as possible (**Inform**);
- Contact other professionals for advice (**Assess**);
- Work with the young person and their families to ensure appropriate support is in place to address both the self-harming and the underlying issues (**Manage**);
- Monitor the situation and communicate regularly with parents/carers (**Inform**);
- Consider other children and young people who may be affected (**Assess**).

To assist in identifying self-harm, the tool in Appendix B can be used.

7. EFFECTIVE RESPONSES, ROLES, AND RESPONSIBILITIES

7.1 EFFECTIVE RESPONSES

The effective responses are at the three levels of low, medium, and high risk, and all professionals should refer to the LSCB threshold document to make a professional judgement of what response is required in each individual case. If a professional is concerned about determining the level of risk, they should ring the CAMHS (Child and Adolescent Mental Health Service) SPA (020 3513 3800) for advice.

Professionals in all agencies must be alert to the possibility that a child with whom they are in contact may be harming themselves and have suicidal thoughts, even if they may not present with any observable risk factors. The professional must discuss their concerns with their agency's nominated safeguarding advisor and use the managing self-harm flowchart (Appendix A) to inform response.

In cases where a child is considered to be at low risk of harm, a plan for focused early intervention and diversion must be made to safeguard the child. Agencies should consider, in discussion with the Multi-Agency Safeguarding Hub (MASH), the extent to which the agency is able to meet the child's needs themselves as a single agency, and how to proceed if not.

In cases where the risk is considered to be medium (where there is a safeguarding concern) or high, the professional and/or their nominated adviser should make a referral to MASH on all new cases, and use the appropriate referral form. If the young person has an allocated social worker, please inform them.

7.2 ROLES AND RESPONSIBILITIES

The specific roles and responsibilities for each agency and service in Sutton are set out below:

MULTI-AGENCY SAFEGUARDING HUB (MASH)

The MASH should receive a referral from professionals if it reaches the medium risk (where there is a safeguarding concern) or the high risk threshold, and MASH would then process this in accordance with their

usual practice. In addition to this, MASH would make the specialist safeguarding lead in this matter aware of the case so that it can be discussed at the three-weekly self-harm meeting (more details in Appendix E).

- Telephone: 0208 770 6001
- Out of hours: 0208 770 5000
- Email: mash@sutton.gov.uk(.cjsm.net)

CHILDREN'S SOCIAL CARE

Children's Social Care will hold the lead responsibility for responding to children who are at risk of or who have suffered actual significant harm under the London Child Protection Procedures. The practice directives for managing suicide and self-harm within Children's Social Care include the 'Need to Know' incident reporting procedure, most commonly initiated by MASH or, for an open case, the allocated social worker.

CAMHS

1. SUTTON SINGLE POINT OF ACCESS (SPA)

The SPA operating hours are **9am – 5pm, Monday-Friday**. A clinician will be available to discuss potential referrals on **0203 513 3800 option 1**. Parents, carers, and professionals can use the service for:

- Discussion of potential referrals;
- Advice and guidance;
- Planned telephone assessments.

The **extended hours to the SPA**, run between **5pm – 8pm, Monday-Friday**. This service provides advice around mental health and emotional wellbeing issues. For emergency situations, please continue to direct children and families to the emergency department where there is an immediate medical issue. For other enquiries, please feel able to contact the SPA until 8pm.

The SPA operate a duty system daily. To access the duty system please contact either of the below numbers and ask to speak to the SPA duty clinician.

For the process following a SPA referral see Appendix I.

2. SELF-HARM CAMHS NURSE

The CAMHS nurse with a self-harm focus is offering regular supervision to school nursing staff on a six-weekly basis. The self-harm nurse will provide assessments and brief intervention to young people where there are risk issues related to self-harm that require CAMHS support. The self-harm nurse can also provide advice and guidance. To contact the self-harm nurse call the SPA on **0203 513 3800 option 1** and request to speak to the self-harm nurse.

A flyer for the Sutton CAMHS nurse for self-harm can be seen in Appendix D.

3. SUTTON COMMISSIONED SERVICES

An outline of commissioned services against tiers of need and level of risk can be found in Appendix H.

4. CAMHS EMERGENCY CARE SERVICE (CECS)

The CAMHS Emergency Care Service is a team of specialist nurses who provide psychosocial and risk assessments for young people under 18 presenting with a mental health crisis to St Helier Hospital. The team also provide follow up appointments to ensure the appropriate ongoing support for young people who have presented at the hospital. The same assessment service is provided out of hours by the Psychiatry Doctor based at St Helier Hospital in liaison with the CAMHS Speciality Doctor on call. The CAMHS Emergency Care Service links closely with the out of hours team to ensure safe handover and transition of care.

For all young people attending Emergency Department regarding self-harm, a referral must be made to MASH, and a telephone call at time of attendance to share and triangulate information in order to complete the assessment robustly. Discharge from the acute session should not take place without consultation with a paediatrician (if appropriate), CAMHS SPA, and MASH. See Appendix A.

5. OFF THE RECORD

CAMHS SPA frequently refer to Off The Record within the Sutton Alliance Tier 2 pathway which may be part of an intervention for young people struggling with self-harm. Off The Record provide face-to-face counselling for young people aged 11 – 25 in Sutton.

If a young person is identified as high risk, Off The Record would refer to MASH and to Tier 3 CAMHS, in accordance with their own agency's policy.

POLICE

Police reports come into the police division of the MASH as a part of business as usual. MASH police apply the LSCB thresholds and will liaise with the social care division of the MASH on cases that are not allocated, or would send the police report automatically to the allocated social worker. Where there is a need for police to be involved they attend the three-weekly self-harm meetings, and would fulfil their usual role should a strategy meeting be called.

SCHOOLS AND COLLEGES

When a disclosure or concern is raised about self-harm from a young person, it will always be assessed by the designated safeguarding lead, and decisions around threshold will be made in line with school or college procedures.

The designated safeguarding lead will then speak with the young person to obtain an initial response and gather information, and discuss how the young person can be supported. There is a need to speak to the young person's parents, unless doing so would increase the risk to the student.

The young person will either be referred to the GP, Emergency Department and MASH, CAMHS, or an in-house pastoral team, depending on an assessment of the current risk the young person is exposed to. All young people, where a concern has been raised, will be monitored and reviewed.

Further tasks that schools and colleges should consider undertaking are to:

- Assess and record extent to which other pupils may be at risk or may be drivers for self-harm behaviour;
- Assess whether social media activity is part of the problem;

- Assess whether academic expectations of schools/parents are a driver;
- Assess extent to which drivers behind self-harm could/might affect others;
- Decide what preventative measures the school may need to take.

HEALTH SERVICES

Referrals may be made to a young person's GP, and a range of other services in order to assess the child or young person's needs and the risks they may be exposed to, information needs to be gathered and analysed. Ideally, when referring to GPs or emergency departments it is important to share the concerns about the young person's self-harm.

Epsom and St Helier Hospitals: in a crisis situation where a child presents with a serious injury or has taken an overdose, help should be sought from a colleague and immediate medical attention should be sought using usual first aid and emergency services as needed.

It is usual to refer all cases of recent self-poisoning to an emergency department as the quantity and exact nature of the substances ingested may not be known or accurately stated. The child or young person should not be encouraged to vomit. Any remaining substances should be taken to the emergency department to help identify the treatment.

Health services should refer to their own agency guidance on managing young people with self-harm.

SCHOOL NURSES

A team of school nurses deliver frontline support to schools and their pupils with health-related matters, including: physical, mental, and emotional. Nurses provide weekly drop-in sessions in most schools, which are confidential and will support pupils with a range of health issues. Emotional problems and self-harm feature significantly in their workload and, where appropriate, they will request advice and supervision from CAMHS. School nurses play an important role in helping schools to manage pupils who are at risk of self-harm or actually self-harming without having to refer all cases to CAMHS or MASH.

School nurses need to refer to their own agency guidance on managing young people with self-harm.

VOLUNTARY AND COMMUNITY GROUPS/AGENCIES

The London Borough of Sutton has a vibrant and diverse voluntary and community sector; this consists of registered charities and community and voluntary sector organisations. These organisations are governed by Boards of Trustees or Management Committees and the services are delivered through a combination of paid staff and volunteers. In Sutton there are over 400 organisations registered with Community Action Sutton, although it is estimated that the size of the sector is more extensive than this.

These organisations provide a range of essential services including: information and advice, befriending, counselling, adult health, social care, advocacy, play and leisure services, and mentoring. Community Action Sutton works with the diversity of community members across Sutton, including: Black and Minority Ethnic community members, older people, Carers, people with a mental health diagnosis, victims and survivors of domestic violence, victims of crime, people with long term conditions, children and young people, and people with Learning Disabilities.

This list is not exhaustive and Community Action Sutton, based on local needs assessments, seeks funding and resources to support those needs.

Contact details:

- Community Action Sutton c/o Granfers Community Centre, 73-79 Oakhill Road, Sutton, SM1 3AA;
- Contact number: 0208 644 2867;
- Contact email: enquiries@suttoncvs.org.uk.

8. REFERENCES

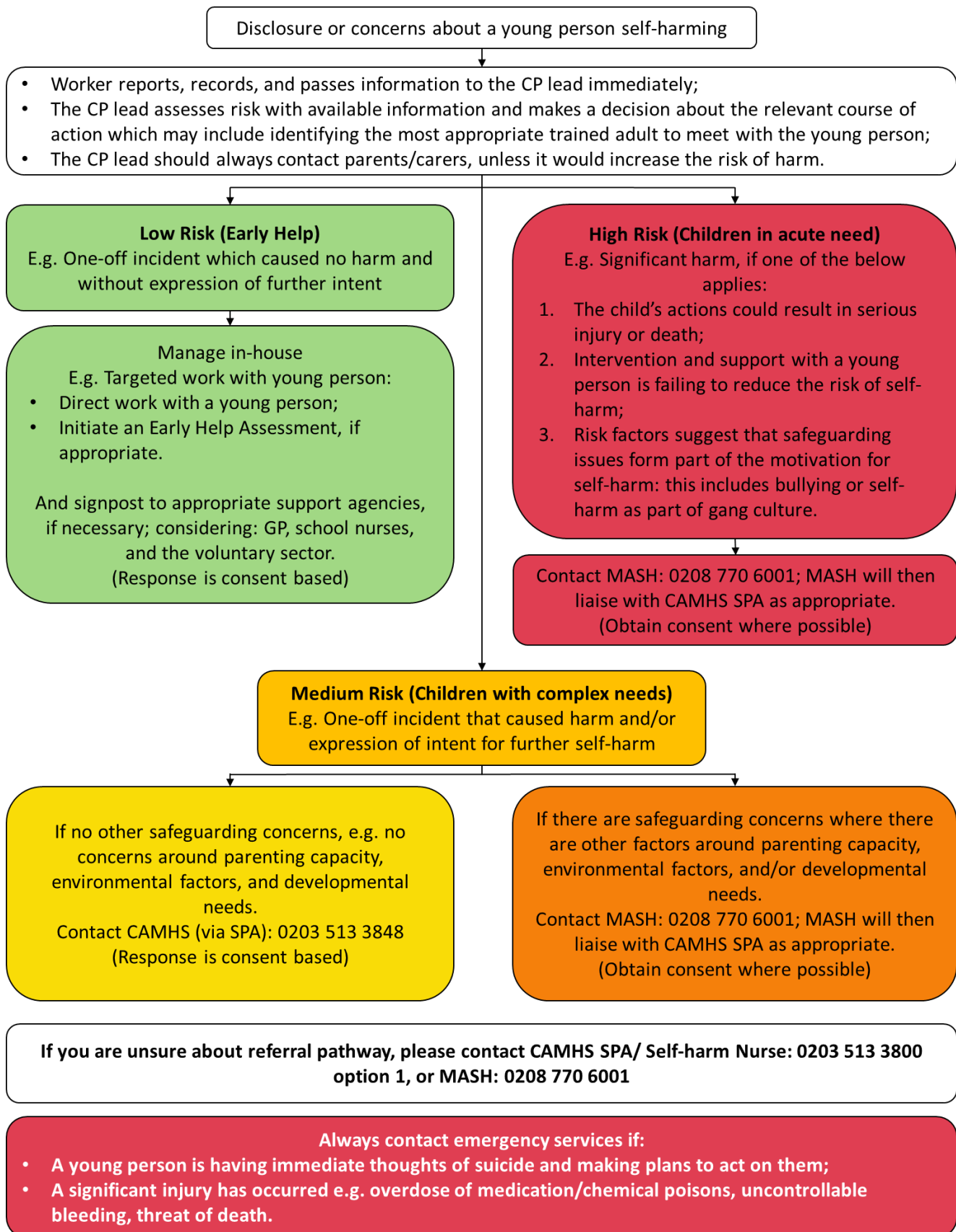
1. Public Health England guidance:
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/459303/Identifying_and_responding_to_suicide_clusters_and_contagion.pdf
2. NICE Self-harm guidance (2013): <https://www.nice.org.uk/guidance/qs34/resources>
3. Sutton LSCB Threshold document:
<http://www.suttonlscb.org.uk/files/guidancedocs/Sutton%20LSCB%20Multi-Agency%20Threshold%20Guidance.pdf>
4. London Child Protection Procedures: <http://www.londoncp.co.uk/>
5. NHS Choices: <http://www.nhs.uk/conditions/Self-injury/Pages/Introduction.aspx>
6. NSPCC: <https://www.nspcc.org.uk/preventing-abuse/child-protection-system/case-reviews/learning/suicide/>
7. Sutton LSCB Website: <http://www.suttonlscb.org.uk/>

FURTHER READING

1. The University of Manchester study on Suicide by Children and Young People:
http://research.bmh.manchester.ac.uk/cmhs/research/centreforsuicideprevention/nci/reports/cyp_2017_report.pdf

APPENDIX A: MANAGING SELF-HARM FLOWCHART

MANAGING SELF-HARM FLOWCHART



APPENDIX B: SUPPORTING GUIDANCE AND ADVICE

INITIAL INFORMATION GATHERING/ASSESSMENT

(Information that is useful to have so you can discuss the incident with the lead professional, Early Help, CAMHS SPA, or MASH advisor)

- 1. Be honest with the young person and tell them you will have to pass this on to the Child Protection Lead, but that you will let them know what's going to happen;**
- 2. Encourage the child to remain in the setting until you have discussed the incident with the Child Protection Lead;**
- 3. Try to ensure that if the child is in the setting for the rest of the day, that they have someone they can come and talk to, if necessary;**

It is important to write down what the young person says (not always in front of them) as you will want to have a record, and it also helps you inform the Child Protection Lead.

PROMPTS TO TALK ABOUT A SELF-HARM INCIDENT

You have come to me and told me that you have self-harmed...

- Are you willing to show me what you have done? (it may need medical attention) OR
- What have you done? Tell me about it? (Different types of self-harm: cutting, hitting, burning)
- Did it help?
- Have you done it before?
- Do you plan to do it again?
- Have you told anyone else, your parents or carers?
- What are you planning to do the rest of the day/ weekend? (This is to check if they have any support at home or are going to be alone)

Now this is out in the open this is what we need to do to support you...

MOOD SCALE

If you were to think about how you are feeling what number would you be?

1 (I'm feeling OK)	2	3	4	5	6	7	8	9	10 (I have a plan and want to die)
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How would you like to feel?

SUICIDAL THOUGHTS

You have come to me and told me that you have had these thoughts...

- Have you tried to do anything to harm yourself?
- Have you made any plans to end your life?
- What are you planning to do for the rest of the day or weekend? (As above)

USE THE MOOD SCALE ABOVE

APPENDIX C: MANAGING ACTS OF SELF-HARM – ATTENDANCE AT EMERGENCY DEPARTMENTS

- I. If the self-harm act has occurred and involved ingestion, serious lacerations or an excessive dose/omission of prescribed medication, the child or young person should attend the Emergency Department.
- II. When an overdose is revealed the child or young person will need to be assessed in hospital. Details about what has been taken and when must be shared with medical staff.
- III. If the self-harm incident has involved ingestion, **do not** give anything to the child or young person to make them sick, or make them want to go to the toilet to flush out their stomach or bowels.

PROCEDURES AT EMERGENCY DEPARTMENTS (ED)

- I. Emergency admissions to hospital and related care will take precedence before the initiation of a self-harm protocol.
- II. All children/ young people who attend ED must be **referred by ED** to MASH, or if at tier 1, then information shared to MASH as soon as possible. A telephone call **must** be made to MASH.
- III. All children/ young people with self-harm will need a referral to MASH by CAMHS/Mental Health Team.
- IV. Children/ young people presenting with self-harm will be directed to the Paediatric ED department up until their 17th birthday. Thereafter, they will usually be directed to the general (Adult) ED.
- V. Initial assessment will then be carried out by a triage nurse. ED staff need to inform MASH of attendance and outcome.
- VI. Following Triage in ED a decision will be made as to whether an immediate referral to the CAMHS team, or a review by the Paediatric or Adult Medical Team is required (as determined by age criteria described above), if there is a need for medical intervention, for example, treatment following an overdose, or suturing of a wound. If no treatment is required, the child is referred to the CAMHS nurse or Psychiatry Team on call.
- VII. As a general guide **all** children less than 16 years presenting with self-harm should be admitted to hospital for observation and assessment. However, if following a CAMHS assessment there is no need for medical intervention, it may not be appropriate for the child to be admitted.
- VIII. If admission is required, young people aged 16 years up until their 17th birthday who present with self-harm can be admitted to the Paediatric ward if admission is deemed safe and appropriate.
- IX. 17 year olds requiring admission for ongoing medical treatment will be referred to the on call medical team and admitted to an adult medical ward. Psychiatric assessment will take place once medical treatment is complete. If ongoing medical treatment is not required they will be assessed by CAMHS or On Call Psychiatry in ED.
- X. The exception to 17 year olds requiring admission, is a case where no increased or ongoing risk is identified. This decision should only be made in conjunction with CAMHS, and the child or young person must be assessed by CAMHS in ED. If there is no medical intervention then CAMHS and MASH will make the decision to discharge.
- XI. Before discharge from ED or the inpatient ward, there must be a risk assessment and a Crisis and Contingency Plan (safety plan) developed with the child/ young person, parents/ carers, CAMHS, and a social worker (MASH/EDT). The communication between CAMHS, MASH/EDT is usually by telephone.
- XII. For children and young people deemed to be medically fit but under CAMHS, CAMHS should determine if it is safe for them to be discharged.

Sutton CAMHS Nurse for Self-Harm

The Sutton CAMHS nurse for self-harm will provide:

- Advice and guidance to professionals around self-harm
- Discussion/support about whether to make a referral to CAMHS
- Advice and guidance to parents/ carers in relation to concerns about self-harm

Following this, if no further support is required, a direct referral to the self-harm nurse will not be made.

A direct referral can be made where there are concerns regarding:

- Suicidal ideation
- An associated mental health difficulty, such as low mood/depression or anxiety
 - Requirement for risk assessment of needs

Direct referrals can be discussed in advance with the self-harm nurse or a member of the CAMHS SPA team on **020 3513 3800 (Option 1)**.



Where a direct referral is needed, a SPA referral form will be completed and the self-harm nurse will provide:

- Assessment of emotional/mental health needs
- Assessment of risk associated with self-harm or suicidal ideation
- A safety plan with the child, young person and their parent/carer
- Brief intervention sessions focused on safety planning, reducing risk and encouraging safe coping skills.
- Referral onward to further intervention where required.

The self-harm nurse will have links to other CAMHS provision where required.

Please feel able to contact the SPA Duty system to speak to a CAMHS clinician or to contact the self-harm nurse.

Thank you

APPENDIX E: SELF-HARM/ SUICIDAL IDEATION THREE WEEKLY MEETINGS

TERMS OF REFERENCE

1. OBJECTIVE OF THE MEETING

To explore the needs of children who self-harm or experience suicidal ideation and to ensure that services are offering the relevant support required with respect to their mental health.

To monitor and track how interventions impact on outcomes for the child and to share this information quarterly with the Self-Harm/ Suicidal Ideation Quarterly Review Meeting.

2. PURPOSE

The purpose of the meeting is to support the achievement of better outcomes for vulnerable children and young people in Sutton who self-harm or express suicidal ideation.

The multi-agency Meeting will discuss children and young people who have self-harmed and have been referred into the Referral and Assessment team or are open to the Local Authority, because the safeguarding threshold has been met with respect to their mental health concerns or where there are additional safeguarding concerns which are contributing to their mental health.

Within the meeting, discussion will focus upon multi-agency collaboration and intervention to prevent further self-harm incidents and ensure safety plans are in place and appropriately actioned by the correct agency.

The focus is on information sharing, collaborative working, identifying resources and support, and ensuring that interventions are timely and lead to improved outcomes.

The focus is also on monitoring and tracking children who self-harm/ have suicidal ideation (and are open to Children's Social Care) to assess the impact of services and interventions on the outcomes for children.

3. FUNCTIONS AND AIMS

- To ensure timely and specific intervention for children and young people who self-harm or express suicidal ideation;
- To encourage shared knowledge;
- To monitor and review the interventions and outcomes for children;
- To share information with the Self-Harm Review Group who meet quarterly.

4. MEMBERSHIP

The tracking process is led by the Local Authority with the support of other agencies.

The membership of the multi-agency meeting is made up of a range of agencies and partners that provide services to children and families.

Membership is not static and will be adapted to meet the needs of the cases to be discussed.

Core membership will include:

- Specialist Safeguarding Advisor, Chair

- CAMHS Specialist Nurse or CAMHS Psychologist, RAS, Co-Chair
- Safeguarding Manager, Royal Marsden, or LAC Health Nurse Representative
- Education Representative

Occasional membership:

- Team Manager, Children's Services
- Assistant Team Managers, Children's Services
- Advanced Practitioner, Children's Services
- CAMHS Specialist Nurse (Self-Harm Lead)

5. CRITERIA AND THRESHOLD

Children and young people identified who self-harm and/or have suicidal.

Children will be RAG rated with respect to their mental health risk of self-harm where this has been determined by CAMHS or using the self-harm protocol guidance where CAMHS have not given a threshold.

New referrals will be considered at every meeting. Review of children open to the tracker will be set within the meeting but will be at least every three meetings.

6. THE MEETING PROCESS

The meeting is scheduled on a Tuesday every three weeks between the times of 9:30 and 11:00.

The chair will send out a list of children to be discussed and an invite list, no later than the Thursday before the Tuesday meeting.

Members of the meeting should prepare updates in advance and bring to the meeting. In the event a member is unable to attend, provisions for information regarding individual young people should be made available to the members in readiness for the meeting.

7. OUTCOMES

Following discussion at the meeting, actions will be recorded and shared with the members. Where no further support is required, this will be noted and shared with the relevant members.

Outcomes for individual children will be recorded in their case notes.

Children will remain on the tracker until there is evidence that there has been an improvement to the outcomes and their risk rating has reduced.

8. FEEDBACK

Members of the meeting are required to provide feedback to their service on cases that have been discussed.

Feedback will be provided, on a regular basis, to the CAMHS Partnership Board governed by CAMHS Strategic Board and to the LSCB.

Members will identify any trends or themes and report these to managers and the Self-Harm Review Group.

9. CONFIDENTIALITY

The information discussed in the Self-Harm/ Suicidal Ideation Meeting is confidential. Members agree the aim of the meeting is to share information in order to accurately identify the services most needed and best able to help the young person and their family.

APPENDIX F: SELF-HARM/ SUICIDAL IDEATION QUARTERLY REVIEW MEETINGS

TERMS OF REFERENCE

1. OBJECTIVE OF THE MEETING

To monitor and track how interventions impact on outcomes for children who are known to Children's Social Care and who self-harm/ have suicidal ideation (both as individuals and cohorts) and to use this as a mechanism to review the effectiveness of interventions.

2. PURPOSE

The purpose of the review meeting is to support the achievement of better outcomes for vulnerable children and young people in Sutton who self-harm or express suicidal ideation.

Children/ young people who self-harm/ have suicidal ideation and are open to Children's Social Care are currently reviewed at the Self-Harm/ Suicidal Ideation Tracking meeting every three weeks.

The Self-Harm/ Suicidal Ideation Review meeting will serve to have some strategic oversight of the Self-Harm/ Suicidal Ideation Tracking meeting by considering the impact of interventions on outcomes for children both as individuals and in cohorts.

The multi-agency meeting will review the impact of interventions on children and young people who have self-harmed/ expressed suicidal ideation and have been referred into the Referral and Assessment team or are open to the Local Authority.

Within the meeting, discussion will focus upon outcomes for the child/ young person to understand if interventions are leading to a reduction in risk. By considering cohorts of children it is anticipated that themes and patterns will be identified.

3. FUNCTIONS AND AIMS

- To encourage shared knowledge;
- To monitor and review the interventions and outcomes for children;
- To provide oversight to the Self-Harm/ Suicidal Ideation Tracker meeting who meet three weekly.

4. MEMBERSHIP

The membership of the multi-agency meeting is made up of a range of agencies and partners that provide services to children and families.

Core membership will include:

- Operational Manager, Children's Social Care, Chair
- Specialist Safeguarding Advisor, Co-Chair
- CAMHS, Co-Chair
- Health Representative
- Education Representative (Mainstream)

- Education Representative (STARS)
- Commissioning

5. CRITERIA/ THRESHOLD

Children and young people identified as being at risk of self-harm and suicidal ideation or connected to young people who have significantly self-harmed and/or completed suicide.

Children will be RAG rated with respect to their mental health risk of self-harm/ suicidal ideation using the CAMHS threshold guidance.

6. THE MEETING PROCESS

The meeting is scheduled every three months.

The specialist safeguarding lead will send out a list of children to be reviewed at least one week in advance of the meeting.

7. OUTCOMES

Following discussion at the meeting, actions will be recorded and shared with the members. Where no further support is required, this will be noted and shared with the relevant members.

Outcomes for individual children will be recorded in their case notes.

Children will continue to be reviewed until there is evidence that there has been an improvement to their mental health outcomes and their risk rating has reduced.

The efficacy of interventions will be considered and information shared appropriately with colleagues to inform future planning.

8. FEEDBACK

Members of the meeting are required to provide updates on cases that have been allocated to their service.

Feedback will be provided, on a regular basis to the CAMHS Partnership Board governed by the CAMHS Strategic Board and to the LSCB.

9. CONFIDENTIALITY

The information discussed in the Self-Harm/ Suicidal Review Meeting is confidential. Members agree the aim of the meeting is to share information in order to accurately identify the services most needed and best able to help the young person and their family.

APPENDIX G: COMMISSIONING ARRANGEMENTS

TIER 1 (EARLY HELP)

Children who are experiencing difficulties are usually first identified within tier 1 universal services, for example, by a teacher in school, GP, school nurse, or youth worker. Similarly, parents and carers who identify that their child needs support will usually seek help first from this level. If further support is required children and young people will be referred to the SPA where they will be assessed and, if appropriate, referred on to the right pathway/support the first time.

TIER 2 (CHILDREN WITH COMPLEX NEEDS)

Sutton Alliance are jointly commissioned by LBS and Sutton Clinical Commissioning Group (SCCG) to deliver services that improve and enhance the emotional wellbeing and mental health of vulnerable children and young people through the provision of a targeted and responsive early intervention service. Sutton Alliance is led by South West London and St George's Mental Health NHS Trust (SWLSTG) and is delivered in partnership with Jigsaw4U and Off the Record.

OFF THE RECORD SUTTON

Free counselling for Sutton young people aged 11-25 and support for parents of young people who self-harm. Contact details: 020 8680 8899, or register online at www.talkofftherecord.org/sutton for online counselling and workshops.

JIGSAW4U

Support for children and families in Sutton around loss and bereavement, parenting, and missing children. Contact details: 020 8687 1384, www.jigsaw4u.org.uk.

TIER 3 (CHILDREN WITH COMPLEX NEEDS/IN ACUTE NEED)

Tier 3 services are commissioned by Sutton CCG from SWLSTG. Tier 3 services are delivered by multidisciplinary teams from the Jubilee Health Centre, Wallington, and other community settings providing a specialist service for children and young people with more severe, complex, and persistent disorders. Team members include child and adolescent psychiatrist, clinical psychologists, and community psychiatric nurses, along with other supporting therapists.

TIER 4 (CHILDREN IN ACUTE NEED)

Highly specialist services such as inpatient services, secure forensic adolescent units, and highly specialised outpatient services. Tier 4 services are commissioned by NHS England.

APPENDIX H: LIST OF SERVICES

1. SUTTON SERVICES

- **MASH** – Multi-agency Safeguarding Hub; telephone: 0208 770 6001.
- **CAMHS SPA** – Single Point of Access; telephone: 0203 513 3800.
- **Off the Record Sutton** – Free counselling for Sutton young people aged 11-25 & support for parents of young people who self-harm; telephone: 020 8680 8899, website: www.talkofftherecord.org/sutton
- **Switch** – Young person's alcohol and drug service for anyone up to the age of 18 living in Sutton; telephone: 0208 773 1881, website: www.cranstoun.org/service/switch-sutton
- **Getting it on** – Information for 13-19 year olds in Sutton on sexual and mental health issues, drugs and alcohol and relationship problems; website: www.gettingiton.org.uk
- **Jigsaw4u** – Support for children and families in Sutton around loss and bereavement; parenting; missing children; disabilities; and, general therapeutic support for young people. Telephone: 0208 687 1384, website: www.jigsaw4u.org.uk
- **Sutton Young Carers Service** – Support for young people aged 8-25 with caring responsibilities at home; telephone: 0208 296 5611, website: www.suttoncarerscentre.org/young-carers-services
- **Sutton Uplift** – Community based mental health and wellbeing service for adults aged 18+ in Sutton; telephone: 0800 032 1411, website: www.suttonuplift.co.uk
- **Rape Crisis South London** – Counselling for women aged 13 and above, who live and/or work in any of the South London boroughs; website: www.rasasc.org.uk

2. NATIONAL SERVICES

- **Childline** – Free confidential support, 24 hours a day for anyone under 19, online or on the phone; telephone: 0800 1111, website: www.childline.org.uk
- **The Mix** – Confidential information and support for young people under 25 on a wide range of issues via online and a free confidential helpline; telephone: 0808 808 4994, website: www.themix.org.uk
- **Papyrus** – Help and advice around suicide prevention for young people and anyone worried about a young person; telephone: 0800 068 4141, website: www.papyrus-uk.org
- **Beat eating disorders** – Working to beat eating disorders; youth helpline: 0808 801 0711, website: www.beateatingdisorders.org.uk
- **Mermaids** – Emotional support for transgender and gender diverse young people, their families and professionals working with them; helpline: 0344 334 0550, website: www.mermaidsuk.org.uk
- **Centrepoint** – Support for ages 16-25 who are homeless, sofa surfing or at risk; helpline: 0845 466 3400, website: www.centrepoint.org.uk
- **Samaritans** – Free confidential support, 24 hours a day, call free from any phone, any time; telephone: 116 123, website: www.samaritans.org
- **Young Minds** – Information for young people, parents, and professionals around the wellbeing and mental health of children and young people; parent's helpline: 0808 802 5544, website: www.youngminds.org.uk
- **HeadMeds** – Information for young people about mental health medication; website: www.headmeds.org.uk

APPENDIX I: PROCESS FOLLOWING SPA REFERRAL

- Any referrals which enter SPA where there are issues regarding suicidal ideation/significant self-harm are seen face to face. This allows for a fuller assessment of risk and any associated mental health issues. In addition, safety planning can then be started.
- For referrals which include suicidal ideation, the young person would be booked into an urgent slot, which means they take priority over routine referrals and are seen within five working days. Clinicians hold daily urgent slots to see these young people. The timeframe is up to five working days urgent appointments, therefore, if a sooner appointment is available in SPA, this will be offered.
- If there is a very urgent risk identified in the SPA assessment, but the parent feels able to keep their child safe overnight, SPA will liaise with tier 3 psychiatry colleagues who offer rapid assessment appointments. Should the parent feel unable to keep the child safe imminently, or the clinician deems that the parent is not able to keep the child safe, SPA would direct the young person to the ward at St. Helier where they can be kept safe until assessed further.
- Following assessment of the risk level and mental health needs, an intervention plan will be agreed with the family. From SPA, those with suicidal ideation or self-harm risks may be referred on to:
 - Off The Record – self-harm pathway;
 - Off The Record – parents may be referred to the self-harm group for parents (two sessions);
 - Tier 3 CAMHS – for a fuller CHOICE assessment to explore issues further;
 - Tier 3 CAMHS – directly from SPA for mental health support;
 - Tier 2 CBT pathways in CAMHS – if self-harm is lower level and is connected to issues of anxiety or low mood.
- Letters are routinely written to the referrer to communicate about risks. Where the referrer is not the GP, the GP will be copied into the letter. Parents will also be copied into this letter to reinforce any safety advice given in the appointment.
- In addition, SPA will liaise with MASH where needed, and with school staff to ensure that the family are supported in keeping the young person safe. SPA would refer to MASH where there are any other safeguarding concerns (e.g. neglect, physical abuse, sexual abuse, or emotional abuse) or where there are concerns about the parent's ability to follow plans to keep their child safe.

