

Physical Education and Dance: Curriculum Overview

Year Group	Autumn Term	Spring Term	Summer Term
7	Fitness Gymnastics Netball	Football Dance Hockey	Athletics Cricket Tennis Rounders
8	Netball Dance Football	Tag Rugby Gymnastics Hockey	Athletics Cricket Tennis Rounders
9	Netball Dance Tag Rugby	Trampolining Football Fitness and Leadership Badminton	Athletics Cricket Tennis Rounders
Core 10/11	Basketball Table Tennis Netball/Korfball Badminton	Trampolining Fitness Volleyball Multi-sports	Athletics Cricket Tennis Rounders/Softball
GCSE Dance 10	AQA GCSE Dance: Performance Skills Choreographic Devices Professional Dance Works: Infra, Within Her Eyes, A Linha Curva, Emancipation of Expressionism		
GCSE Dance 11	AQA GCSE Dance: Performance Pieces: Set Phrases (Breathe and Shift) and Trio Exam Choreography Professional Dance Works: Artificial Things, Shadows		

<p>GCSE PE 10</p>	<p>AQA GCSE Physical Education: Applied anatomy and physiology The structure and function of the cardio-respiratory system Anaerobic and aerobic exercise Sports Psychology Socio-cultural influences in sport Commercialisation of physical activity and sport</p>	
<p>GCSE PE 11</p>	<p>AQA GCSE Physical Education: Movement Analysis Physical Training Ethical issues in Sport Health and Fitness</p>	
<p>A-Level PE 12</p>	<p>AQA A-Level Physical Education (Year 1): Applied anatomy and physiology Skill Acquisition Sport and Society</p>	
<p>A-Level PE 13</p>	<p>AQA Physical Education (Year 2): Exercise Physiology and Biomechanical movement Sport Psychology Sport and Society and the role of technology in physical activity and sport</p>	