



Spring 2021

**WHSG PARENT/CARER & STUDENT
GUIDE TO LFD TESTING**

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Key messages

- ▶ **Do not send your child to school if she is unwell or has C-19 symptoms. Lateral Flow Device (LFD) tests are for asymptomatic students only.** If your child has symptoms or feels unwell, please book a test using the GOV.UK website <https://www.gov.uk/get-coronavirus-test>
- ▶ All students will be asked to declare that they do not have symptoms – those with symptoms will not be tested and sent home. **Do not send your daughter in for confirmation of Covid-19.**
- ▶ Students will return to lessons as normal the day after testing if they have a negative result. Where consent has not been given, students will return the day after their year groups testing day.
- ▶ A negative LFD test result does not mean other control measures can be broken – students must continue to maintain social distancing, masks must be worn in communal areas and corridors (unless exempt) and hands must be washed regularly.



Key messages

- ▶ We will return to our pre-Christmas timings for the school day from **March 9th**. We will also return to staggered starts and using different entrance gates. These will also be the same as before Christmas with the exception that Year 9 will now have registration at 8.25am and will finish at 2.45pm (we notified parents of this prior to lockdown)
- ▶ Students who have had a confirmed positive case of Covid-19 and are asymptomatic do not need to take a LFD test. This is because they are likely to have built up some immunity. Students that are not taking tests should attend school when their year group returns as normal.
- ▶ We cannot give parents/carers the test kits we use to take home to administer – the testing kits we use are not the same as those for home testing. Guidance from the Government is currently that schools should administer the first 3 tests to ensure students are guided on how to properly complete the test before they can issue home testing kits.
- ▶ Should parents/carers wish to administer the test at home instead of at school please see slide 25 on home testing.



When will my child return to school?

Week commencing 8th March

Date	In school for face to face teaching	Working remotely from home	Covid Testing in school
Mon 8 th March	n/a	Years 7,8, 9, 10 & 12 (Non-live lessons)	Year 11 & Year 13 (no work set for year group this day)
Tues 9 th March	Years 11 & 13	Years 7,8 & 9 (Non-live lessons)	Year 10 & Year 12 (no work set for year group this day)
Wed 10 th March	Years 10,11,12 & 13	n/a	Years 7, 8 & 9 (no work set for year group this day)
Thurs 11 th March	All year groups	n/a	Years 11 & 13 (second test whilst in school)
Fri 12 th March	All year groups	n/a	Year 10 & Year 12 (second test whilst in school)

Please note that on the day of their initial test, students will only be required in school for their testing session

Students that are not being tested must attend from when their year group returns

When will my child return to school?

Week commencing 15th March

Date	In school for face to face teaching	Working remotely from home	Covid Testing in school
Mon 15 th March	All year groups	n/a	Years 7, 8 & 9 (second test whilst in school)
Tues 16 th March	All year groups	n/a	Year 11 & Year 13 (third test during school day + home kits issued)
Wed 17 th March	All year groups	n/a	Year 10 & Year 12 (third test during school day + home kits issued)
Thurs 18 th March	All year groups	n/a	Years 7, 8 & 9 (third test during school day + home kits issued)
Fri 19 th March	All year groups	n/a	



Lateral Flow Testing

at Wallington High School for Girls

Have you notified us of whether consent to test has been given?

- ▶ All students along with their parent/carers should have completed the student consent form by **5pm on Thursday 4th March** they wish their daughter to be tested in school.
- ▶ **Testing remains voluntary. Even if you do not consent to the test we need you to complete the survey to confirm this choice.** No student will be tested without consent and a test will be refused should any student arrive to school on testing days who does not have consent.
- ▶ Students can withdraw consent regardless of the wishes of their parents/carers.

Student Consent Form for COVID-19 testing in Secondary Schools

i). My child and I give consent for them to be tested for Covid-19 which consists of having a nose and throat swab for a lateral flow test. My child will self-swab if they are able to otherwise we understand that assistance is available.

ii). My child and I understand that there 3 in school tests are required, and this consent covers all tests for the below named person. If at any point I do not wish to take part, then I understand I will not be made to do so and that consent can be withdrawn at any time ahead of the test.

iii) My child and I understand that after the school has administered 3 tests, my child will be required to test twice weekly either using a home testing kit or will continue to be tested at school.

iv). My child and I consent that their sample(s) will be tested for the presence of COVID-19.

v). I understand that I will be informed if my child's sample is positive and that the school procedures for a positive Covid-19 test will be implemented.

vi) Prior to my child taking the test at school, I will use the registration information sent by the school to register my child's test with the [GOV.UK](https://test-for-coronavirus.service.gov.uk/register-kit) website (This information will be emailed 24 hours in advance with your child's t barcode and centre number. The website for registration is <https://test-for-coronavirus.service.gov.uk/register-kit> , and the school code is NHSF).

1. Student's first name *

Enter your answer

How will the Rapid Testing work at WHSG?

- ▶ Rapid testing using Lateral Flow Device Testing will take place in our Sports Hall
- ▶ Students will undertake the test themselves and they will be guided by one of our members of staff. Please see the diagram on page 10 on how to administer the test.
- ▶ The school has the capacity to test 2/3 year groups per day. We are required to provide 3 in school lateral flow tests for each student.



How will the Rapid Testing work at WHSG?

- ▶ Once students have had their first test and it is negative, then they will return to school the next day.
- ▶ For those who do not wish to be tested, they will return to school alongside their peers who were tested the day before.
- ▶ Only students who are being tested should arrive at school during the testing day for their year group. Students without consent should remain at home.
- ▶ Please make sure you check the guidance on Page 5 regarding the curriculum for each year group.

How will the Rapid Testing work at WHSG?

- ▶ No work will be set for each year group on their testing day
- ▶ The result of the test will be e-mailed to the email address we hold for parents/carers. Students will not be sent the result to their e-mail address except for Y12 & 13.
- ▶ After the 3rd test in school students will be provided with home test kits for regular testing (twice a week). More guidance will be given nearer the time.




How do I administer the test?

NHS
Test and Trace

HOW TO DO YOUR TEST


WHILE THIS IS A SELF-SWAB TEST, THERE WILL BE A TESTING HELPER WHO WILL OVERSEE THINGS AND PROVIDE HELP IF YOU NEED

1




YOUR COVID-19 TEST WILL BE SCHEDULED. IF YOU ARE UNDER 16, YOUR PARENT / CARER WILL HAVE CONSENTED

2



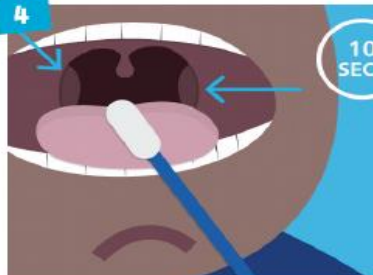
YOUR TEST WILL BE FAST AND WHILE IT MIGHT FEEL A LITTLE UNCOMFORTABLE, IT WON'T HURT YOU

3



BLOW YOUR NOSE IF NEEDED. WASH AND DRY/SANITISE YOUR HANDS. REMOVE THE SWAB BEING CAREFUL NOT TO TOUCH THE SOFT PART


4



10 SECS

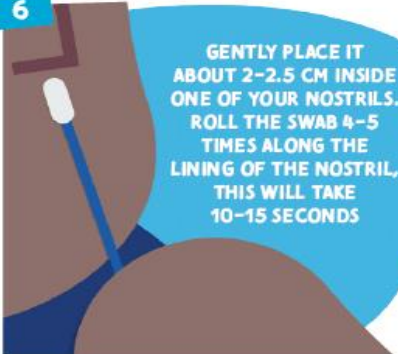
OPEN YOUR MOUTH WIDE AND USE A MIRROR TO LOOK AT THE BACK OF YOUR THROAT, THEN USE THE SWAB TO RUB FIRMLY 4 TIMES ON EACH SIDE

5




REMOVE THE SWAB CAREFULLY WITHOUT TOUCHING YOUR TEETH, TONGUE OR GUMS

6




GENTLY PLACE IT ABOUT 2-2.5 CM INSIDE ONE OF YOUR NOSTRILS. ROLL THE SWAB 4-5 TIMES ALONG THE LINING OF THE NOSTRIL, THIS WILL TAKE 10-15 SECONDS

7




AFTER THIS, YOU'RE DONE, GENTLY REMOVE THE SWAB BEING CAREFUL NOT TO LET ANYTHING TOUCH THE TIP

8



YOUR SWAB CAN THEN BE PLACED IN A TUBE FOR TESTING, THIS TAKES ABOUT 30 MINUTES

9



YOUR SCHOOL / COLLEGE WILL CONTACT YOU OR YOUR PARENT / CARER WITH THE RESULTS AND LET YOU KNOW WHAT HAPPENS NEXT

Test 1: Screening Year 11 & 13 - Monday 8th March

Monday 8 th March Initial Test Time	Year and Form Group	Location
8.00 – 9.00	13AST, 13CGY, 13COL & 13FWS	Sports Hall (enter by Sports Hall gate)
9.00 – 10.00	13HCI, 13JNL, 13KBT, 13SBE	Sports Hall (enter by Sports Hall gate)
10.00 -11.00	13KMK, 13LKN, 13LSA	Sports Hall (enter by Sports Hall gate)
11.30 -12.30	11 Athena, Bronte & Cure	Sports Hall (enter by Sports Hall gate)
13.00 -14.00	11 Johnson & Pankhurst	Sports Hall (enter by Sports Hall gate)
14.00 -15.00	11 Seacole & Sharman	Sports Hall (enter by Sports Hall gate)

You must arrive to school promptly at the time indicated for your tutor group.

You are not required to wear school uniform

If you are late, we cannot wait and you may not be tested.
Please **do not** arrive before the allocated time.

Students must avoid mixing with their peers when you travel to school.

Enter via the Sports Hall gate only.

We will welcome you at the welcome desk outside the main entrance to the Sports Hall

Ensure that you observe social distancing and put on your mask covering when entering the Sports Hall

You will leave immediately after your test via the same gate you arrived.

Test 1: Screening Year 10 and 12 - Tuesday 9th March

Tuesday 9 th March Initial Test Time	Year and Form Group	Location
8.00 – 9.00	12DLE, 12AGE, 12KHD & 12JHY	Sports Hall (enter by Sports Hall gate)
9.00 – 10.00	12PBD, 12RRC/MIA, 12SMC & 12SKN	Sports Hall (enter by Sports Hall gate)
10.00 -11.00	12SHN, 12VME, 12VWS & 12ZKM	Sports Hall (enter by Sports Hall gate)
11.30 -12.30	10 Athena, Bronte & Cure	Sports Hall (enter by Sports Hall gate)
13.00 -14.00	10 Johnson & Pankhurst	Sports Hall (enter by Sports Hall gate)
14.00 -15.00	10 Seacole & Sharman	Sports Hall (enter by Sports Hall gate)

- ▶ You must arrive to school promptly at the time indicated for your tutor group.
- ▶ **You are not required to wear school uniform**
- ▶ If you are late, we cannot wait and you may not be tested.
- ▶ Please **do not** arrive before the allocated time.
- ▶ **Students must avoid mixing with their peers when you travel to school.**
- ▶ Enter via the Sports Hall gate only.
- ▶ We will welcome you at the welcome desk outside the main entrance to the Sports Hall
- ▶ Ensure that you observe social distancing and put on your mask covering when entering the Sports Hall
- ▶ You will leave immediately after your test via the same gate you arrived.

Test 1: Screening Year 7,8 &9 – Wednesday 10th March



Wednesday 10 th March Initial Test Time	Year and Form Group	Location
8.00 – 9.00	7 Athena, Bronte & Cure	Sports Hall (enter by Sports Hall gate)
9.00 – 10.30	7 Johnson, Pankhurst, Seacole & Sharman	Sports Hall (enter by Sports Hall gate)
11.00 -12.00	8 Athena, Bronte & Cure	Sports Hall (enter by Sports Hall gate)
12.00 -13.00	8 Johnson, Pankhurst, Seacole & Sharman	Sports Hall (enter by Sports Hall gate)
13.30 -14.30	9 Athena, Bronte & Cure	Sports Hall (enter by Sports Hall gate)
14.30 -16.00	9 Johnson, Pankhurst, Seacole & Sharman	Sports Hall (enter by Sports Hall gate)

- ▶ You must arrive to school promptly at the time indicated for your tutor group.
- ▶ You are not required to wear school uniform
- ▶ If you are late, we cannot wait and you may not be tested.
- ▶ Please **do not** arrive before the allocated time.
- ▶ Students must avoid mixing with their peers when you travel to school.
- ▶ Enter via the Sports Hall gate only.
- ▶ We will welcome you at the welcome desk outside the main entrance to the Sports Hall
- ▶ Ensure that you observe social distancing and put on your mask covering when entering the Sports Hall
- ▶ You will leave immediately after your test via the same gate you arrived.

Testing – what to expect for students

Students should enter through the Sports Hall gate

- ▶ Social distance – please maintain social distancing of 2m
- ▶ Mask – should be worn at all times (unless exempt)

Students will then proceed to a welcome desk where they will be met by a member of staff. Here they will collect an NHS card with a barcode

- ▶ Students will declare they have no symptoms
- ▶ Students will be asked to sanitize hands and blow their nose before they enter the Main Hall
- ▶ Students will be guided towards a booth where a member of staff will be waiting to assist them.
- ▶ 1st test – students will return home immediately after the test.
- ▶ 2nd & 3rd test – students will return to lessons.



Testing – what to expect for parents/carers

- ▶ Once you have given consent we will upload the necessary data into the NHS portal.
- ▶ The result from the test will then be uploaded to the same NHS Track and Trace portal
- ▶ The NHS barcode will link your child's result to the contact details we have registered here at WHSG
- ▶ You will then receive an email from NHS Track and Trace confirming the result.
- ▶ **It is important that we have the most up to date email address for you**

Your coronavirus lateral flow test result is negative. It's likely you were not infectious when the test was done.

Keep following coronavirus advice including:

- regular handwashing
- social distancing
- wearing a face covering where recommended

You only need to self-isolate if:

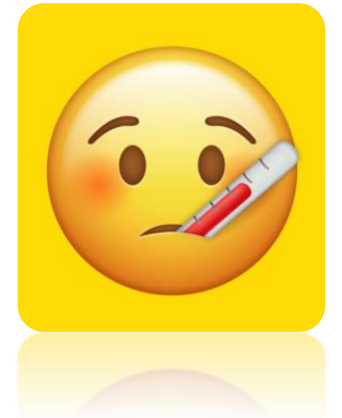
- you get symptoms of coronavirus – you'll need to book a different test at <https://www.gov.uk/get-coronavirus-test>
- someone you live with tests positive, or has symptoms and has not been tested yet
- you've been traced as a contact of someone who tested positive

For medical help, contact 111. In an emergency dial 999.

See <https://www.gov.uk/coronavirus> for more advice

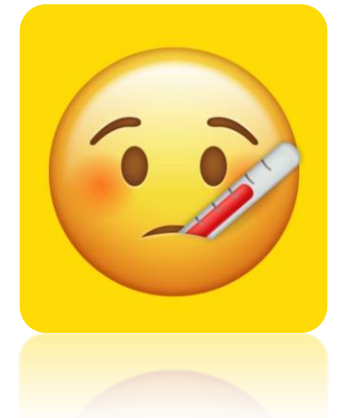
What happens if my child tests positive during Test 1?

- ▶ Students will be returning home after their 1st test.
- ▶ The result from Track and Trace will be sent to you via e-mail.
- ▶ We will contact parents/carers and the student to identify any close contacts.
- ▶ **Your child and any identified close proximity contacts will have to self isolate for 10 days.**
- ▶ **You do not have to take a further test to confirm the result.**
- ▶ Remote learning will be provided by your daughter's teachers.



What happens if my child tests positive during Test 2 & 3?

- ▶ The result from Track and Trace will be sent to you via e-mail.
- ▶ We will accompany your child to a waiting room where we will ask your child to contact you.
- ▶ Government guidelines asks that a parent/carer should collect their child from school immediately. If a parent/carer is unable to do so then they can give permission for their child to make her own way home. **The guidance states that your child should not use public transport.**
- ▶ Students can be collected from reception
- ▶ Please ask for your child at reception when you arrive and we will then escort them to you.
- ▶ **Your child and any identified close proximity contacts will have to self isolate for 10 days.**





Lateral Flow Tests 2 & 3

In school

Testing whilst learning in school

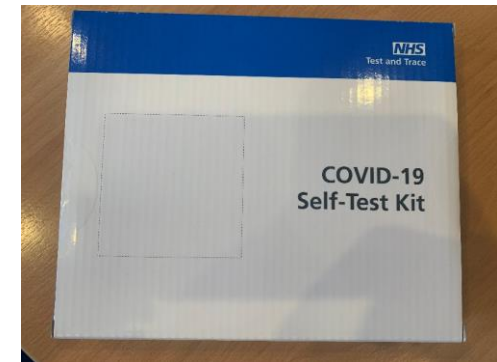
- ▶ Students will attend school and lessons as normal with the usual timings.
- ▶ Students will leave their lesson at their allocated times (TBC) and make their way to the Sports Hall. They should take their coat and bag with them. They will be advised where to line up outside the Sports Hall.
- ▶ Once tested they will wait in the school quad
- ▶ Once their test comes back negative they can return to lessons.
- ▶ In the event that a student tests positive, we will follow the steps outlined in slide 19 and start the Track and Trace process.
- ▶ Students without consent or who are testing at home will remain in lessons.



Home testing

Home testing

- ▶ Testing at home does not require written medical consent. By collecting and opening the test at home test kit, an individual gives medical consent and is legally committed to reporting their results via the NHS Track and Trace reporting system.
- ▶ Government guidance remains that the first LFD tests should be undertaken at school with subsequent testing happening at home twice per week.
- ▶ There is also a useful video to show you how to administer the test which can be found here: [Step by step guide to COVID-19 self-testing – YouTube](#)
- ▶ This should give students a sense of what the testing process will be like at school as well
- ▶ At the moment we are awaiting guidance on exactly how the home testing kits will be distributed and if they are to be supplied via schools.



Home testing

- ▶ There is also a useful video to show you how to administer the test which can be found here: [Step by step guide to COVID-19 self-testing – YouTube](#)