



## THE WALLINGTON WEEK

### MESSAGE FROM THE HEADTEACHER

As you will see from the numerous articles in this week's edition, it has been another busy week in the lead up to half-term.

Thank you to all the parents that came into school for the 'Year 7 Meet the Tutor' day on Wednesday. I trust you found these meetings useful and certainly the feedback so far has been very positive.

Yesterday, we held an Open Morning for those prospective students who have now received the outcome of our entrance tests. It was an opportunity for them to see the school in action and Year 9 students did an amazing job in taking parents and their children around the school. We had lots of very positive feedback from visitors.

And finally, last night we held our Sixth Form Open Evening for both our Year 11 students and for students from other schools. This was an important opportunity to learn more about the Sixth Form and all of the opportunities it offers and proved to be a very successful evening. Thank you to everyone who attended. The evening proved to be hugely popular with large numbers of visitors. As always, our Sixth Form helpers did a fantastic job showing people around or helping in departments to ensure that visitors were really impressed with the Sixth Form.

I wish everyone an enjoyable and restful half-term break.

MR R BOOTH  
HEADTEACHER





## HALF-TERM READING WEEK

Half-term break should be used as a time for rest and relaxation. However, for the second week of the break we also encourage students to use this time to read. Our library is the go to place for book recommendations, both fiction and non-fiction, but if students and parents/carers want to learn about the science of learning, we highly recommend the [Learning Scientists website \(click here\)](#). This is an excellent website put together by cognitive scientists that details some of the key principles of effective learning, and includes practical strategies that can be used by parents, carers, students and teachers to make the most of their time and energy in the pursuit of subject mastery. [The video section \(click here\)](#) is particularly good at distilling key ideas and recommendations. Three great books to read about this topic include *How We Learn* by Benedict Carey, *A Parent's Guide to the Science of Learning* by Edward Watson and Bradley Busch, and *Raise Your Grade* by Dr Denise Gossage.

Knowledge is power. If students want to think well about a topic, they must know a lot about it. One of the best ways to increase knowledge and support subject mastery is reading. Please take advantage of this half-term to increase your power, by reading.



**THE LEARNING SCIENTISTS**

## SUPPORT OVER THE HALF-TERM BREAK

In case you or your child need some support over the half-term break and therefore the Safeguarding team is not available, please take a look at the below. This is also on the school website Pastoral Care home page.

If your child is feeling low or unsafe, it is important they talk to someone they trust and let them know how they feel. Sometimes it can be difficult for them to talk to friends and family so here are some other places they can contact instead:

**School nurse duty line - 020 8770 5409**

**Childline – 0800 1111**

**Samaritans – 116 123**

**Hopeline – 0800 068 4141**

**NSPCC – 0808 800 5000**

[www.talkofftherecordonline.org](http://www.talkofftherecordonline.org) (Talking therapy)

[www.nspcc.org.uk](http://www.nspcc.org.uk) (concerned about a friend and their safety in the home)

[www.selfharmuk.org](http://www.selfharmuk.org) (if someone you know / or you is concerned about self harm)

[www.youngminds.org.uk](http://www.youngminds.org.uk) (mental health concerns of any nature)

[www.kooth.com](http://www.kooth.com) (for anonymous emotional wellbeing support) [www.papyrus.org](http://www.papyrus.org) (if you / or someone you care for has suicidal thoughts)

**Click these links to view.**

## RELIGIOUS JEWELLERY

A watch and one small pair of plain gold or silver ear studs in the lobe of the ear are the only jewellery allowed. However, we recognise the diversity of our community and discrete, visible religious or cultural symbols will be individually considered on request by the parent /carer, in writing to the Headteacher. If a student does not have permission from the Headteacher, they will be asked to remove the jewellery.

**MISS M GOUGH**  
**ASSISTANT HEADTEACHER**  
**DESIGNATED SAFEGUARDING LEAD**



## CYBER SECURITY


As well as schools having a good understanding of cyber security, it is really important for parents and children too. Internet Matters have put together a really helpful, simple article so that parents can learn more about cyber security which you can access [HERE](#).

Please also see below an online safety guide for some quick hints and tips on how to keep your child safe in the digital world:

MISS M GOUGH  
ASSISTANT HEADTEACHER  
DESIGNATED SAFEGUARDING LEAD


# Online Safety Guide

Children's use of the internet is becoming more mobile and interactive offering young people more opportunities to interact and meet new people, so it's never been more important to make sure you are helping your child stay safe in the digital world.




**15 hours a week**

Children's internet use has reached record highs, 5-15 year olds spend 15 hours a week online



**2x**


The number of children with a social media profile doubles between the age of 10 and 11. 43% of 11 year olds have a social profile




**44%**

44% of 5-15 year olds have their own tablet and together with smartphones are the most popular for going online.


## Get in control of parental controls




If using a smartphone, check content lock is set




Set parental controls on your home broadband




Control app downloads and purchases



Make the games console safe and secure



Use safety mode on YouTube and Google







If using social networks, check privacy settings

Go to [internetmatters.org/controls](https://internetmatters.org/controls) for step-by-step guides

## Managing privacy settings on apps

11-15 year olds use on average 5 different websites and apps to communicate with friends at home, the most popular being Instagram (60%).



Whatsapp Snapchat Instagram YouTube

If your child is using these networking sites and respective apps, get up to speed on how they can manage their privacy settings with our "How to guides".

Go to [internetmatters.org/back-to-school](https://internetmatters.org/back-to-school) to download our "How to guides".

**Helping parents keep their children safe online.**

[internetmatters.org](https://internetmatters.org)





### EDSC CHAMPIONSHIPS - ANNA

Anna has been taking part in the club swimming championships over the past 4 weekends. She took part in 20 races was awarded 18 medals : 4 of gold (50m, 100m and 200m breaststroke and 100m backstroke), 9 silver medals and 5 bronze. She also achieved many PBs and some Surrey times for next year. In the 50m and 100m breaststroke, she raced the top age group girls in the club and won!



### SURREY SCHOOL NETBALL CHAMPIONSHIPS AT CROYDON HIGH SCHOOL

On Thursday 13th October the Year 9 A team competed in the Surrey school netball championships at Croydon High school. After a strong winning start the games progressively got harder but the team fought hard and demonstrated some outstanding play in some tight games. Player of the tournament Frema - Year 9.

MRS S COLLINS  
DIRECTOR OF SPORT AND ART

### STUDENTS TAKE PART IN ENGLISH SCHOOLS CROSS COUNTRY NATIONAL COMPETITION

On Tuesday 11th October some of our most talented long distance runners competed in Guildford for the Surrey round of the English schools cross country national competition. Our Year 7&8 team along with our Intermediate girls Year 9&10 team put in some fantastic individual performances. Maia M in Year 10 placed 7th out of over 100 exceptional runners in her age group, this is an outstanding achievement at such a high calibre event. Our Senior girls team (Year 11-13) put on the strongest performance as a team on the day, with Holly A in Year 11 placing 10th and the rest of the team finishing within the top 27 places.





## ENGLISH SCHOOLS' AA CROSS COUNTRY CUP 2022

*Surrey, Event 1, Round 1*

### English Schools' AA Cross Country Cup 2022

#### Round - Guildford - Tuesday 11th October 2022

##### Intermediate Girls

**Pos Name**

- 1 Estee
- 2 Robin
- 3 Katie
- 4 Grace
- 5 Iona
- 6 Isla
- 7 Maia

##### Team Results

4

##### Scoring Athletes

##### School, Town, County

- Caterham School, Caterham, Surrey  
Guildford High School, Guildford, Surrey  
Guildford High School, Guildford, Surrey  
St Catherine's School, Guildford, Surrey  
Wimbledon High School, Wimbledon, Surrey  
Wimbledon High School, Wimbledon, Surrey  
Wallington High School for Girls, Wallington, Surrey

*Surrey, Event 1, Round 1*

### English Schools' AA Cross Country Cup 2022

#### Round - Guildford - Tuesday 11th October 2022

##### Senior Girls

**Pos Name**

- 1 Sophie
- 2 Ella
- 3 Gabrielle
- 4 Eloisa
- 5 Poppy
- 6 Georgia
- 7 Lucy
- 8 Matilda
- 9 Georgia
- 10 Holly

##### Team Results

4

##### Scoring Athletes

##### School, Town, County

- Guildford High School, Guildford, Surrey  
Kingston Grammar School, Kingston upon Thames, Surrey  
Reigate Grammar School, Reigate, Surrey  
Tormead School, Guildford, Surrey  
St Catherine's School, Guildford, Surrey  
St Catherine's School, Guildford, Surrey  
Reigate Grammar School, Reigate, Surrey  
Reeds School, Cobham, Surrey  
St Catherine's School, Guildford, Surrey  
Wallington High School for Girls, Wallington, Surrey

For more updates on the PE department - have a look at our Instagram page!

Instagram

Search

Log In

Sign Up



whsgpe

Follow

324 posts

748 followers

45 following

WHS GPE

Sport & Dance at Wallington High school for girls, Wallington, Surrey



## BLACK HISTORY MONTH - POETRY SLAM

*On Monday we held a Black History Month Poetry Slam which was a brilliant display of talent and intellectual creativity in our school! We would like to thank everyone who took part in making it such an exciting event. It was a fantastic opportunity to understand more about what Black History Month means to students at WHSG, and we hope that students enjoyed attending and are proud of their work!*

YEAR 13 STUDENT - NATALI

### MY HAIR

"Hair's on a mad one still", he says  
Mad, isn't it, that you could say that there was  
something wrong with MY hair  
Not yours but MY hair  
My hair, my pride, my tears and those sleepless  
nights  
After new braids with my scalp feeling a little too  
tight  
Tight curls, the way my hair twists and bends in  
on itself  
Between each coil, I call it low porosity and 4c  
But I wish that I could foresee all the unwanted  
opinions everyone else would voice to me

If my hair was too dry and short then it was  
nappy  
If the partings of my braids disappeared then  
Suddenly I've got to spend more money  
On keeping up with new growth and making  
sure people who couldn't relate were happy?  
If I wore a wig to look like a "black baddie"  
Then here come the "wig snatch" jokes, how  
funny  
Isn't it funny how if I wore a lace front I've got to  
hide the lace to the best of my ability  
But if you were a black girl would you have the  
ability...?  
The ability to not drown beneath the stereo-  
types, the comments, the expectations: big lips,  
big hair no gentle stares but harsh words, loud  
voice and threatening glare

**POETRY COMPETITION**

# BLACK HISTORY MONTH

Taking place on Monday 17th October. To submit your entry click [here](#), alternatively send your entries to [kdiast16@wallingtongirls.org.uk](mailto:kdiast16@wallingtongirls.org.uk). Submissions will be accepted by Wednesday 12th October.

If you do not wish to perform your poem yourself, please send an e-mail to [kdiast16@wallingtongirls.org.uk](mailto:kdiast16@wallingtongirls.org.uk).

**OCT 17**

Join in or come and support your friends and peers at the Black History Month - Poetry Slam 2022!

**MAIN HALL  
STARTING AT 1:10PM**

**KDIAS16@WALLINGTON  
GIRLS.ORG.UK**

"Hair's on a mad one still," he says  
So I guess I'll go back to keeping my edges  
laid  
And slicking back my hair  
I'll leave behind my Afro and femininity  
After all, I don't want him to call me white-  
washed next  
But as long as next, he doesn't go as far as  
touching my hair  
Don't touch my hair. It's not just hair.

YEAR 10 STUDENT - PRINCESS





## YEAR 7 MEET THE TUTOR

On Wednesday 19th October we hosted our Year 7 Meet the Tutor event for Parents/Carers.

This was a great opportunity for Parents/Carers to further their understanding of our school community, the opportunities available within the school and raise any questions they may have.

Overall, the day was a success and it was a lovely to get to know the Parents/Carers of Year 7.

## OPEN MORNING FOR PROSPECTIVE YEAR 7 STUDENTS

On Thursday, Year 9 students were given the task of practicing their interpersonal skills by becoming tour guides to families of prospective Year 7 students.

It was lovely to hear the positive feedback from visitors about both our school and students.

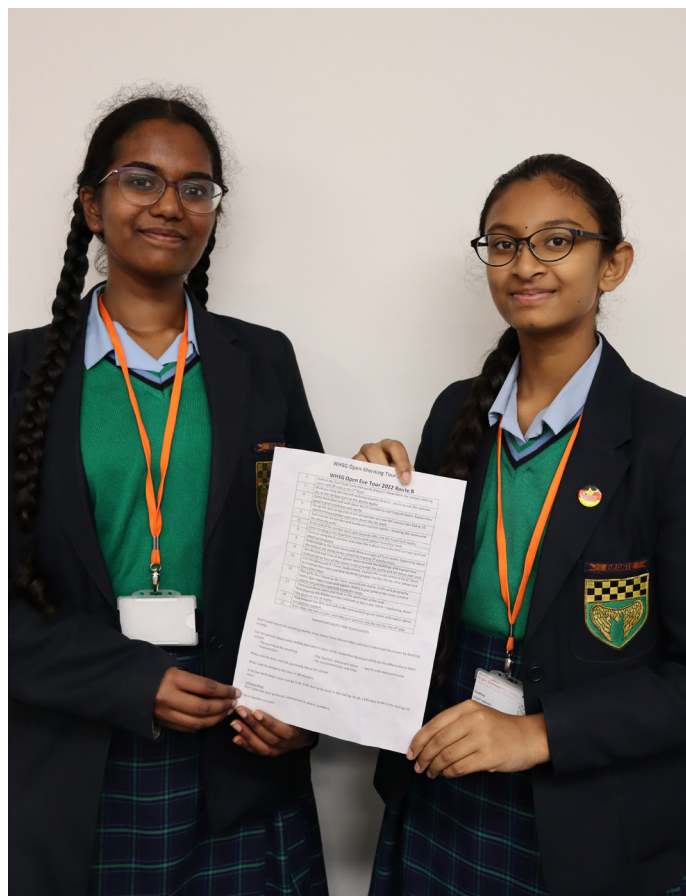
Thank you and well done!

## VISITORS ATTEND OUR SIXTH FORM OPEN EVENING EVENT

On Thursday evening we opened our doors to both internal and external students who had shown interest in joining the Sixth Form here at Wallington Girls.

Guests joined us in the Hall for the Headteacher's talk and were then given the opportunity to take a look around the school during a self-guided tour. Students, Parents and Carers were able to venture to different departments, asking questions to each of our subject specialists.

Overall, the event hosted over 400 families who took an interest in the Sixth Form. We are looking forward to both retaining our existing students in Year 11 as well as introducing external students in September 2023. As our Sixth Form grows, we become even more proud of the community here at WHSG.





## HANS WOYDER

On Friday 14th October a group of four students: Amelia (Y9), Hala (Y11), Naomi (Y12) and Yuvathi (Y13) represented Wallington in the first round of the Hans Woyda Mathematics competition. This is a London-wide competition in which schools compete directly against each other, answering maths questions in a very short time.

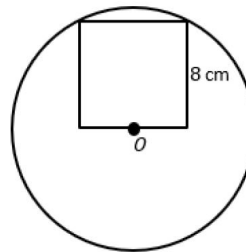
We played against Nonsuch and it was an incredibly close match. We were leading as we went into the last round but unfortunately, they won the race section leading them to a narrow victory. We are looking forward to the next round in which we play Sutton Grammar.

Here are some examples of the questions the students faced....

- Y7-11 1) The diagram to the right shows a circle with centre  $O$  and a square with side length 8 cm. Two vertices of the square lie on the circle and  $O$  is the midpoint of the opposite side.

The area of the circle can be written as  $n\pi \text{ cm}^2$ .

Find the value  $n$ .



- Y12-13 2) In three dimensions,  $X$ ,  $Y$  and  $Z$  are points on the positive  $x$ ,  $y$  and  $z$  coordinate axes with origin  $O$ .

$$\angle OXY = \alpha, \angle OYZ = \beta \text{ and } \angle OZX = \gamma.$$

Find the value of  $\tan \alpha \tan \beta \tan \gamma$ .

Well done to everyone who took part – we achieved a very impressive score!

MISS S TUCKER  
TEACHER OF MATHEMATICS

## EXTREMISM IN FRANCE - READING UNIVERSITY TALK

Last Wednesday, Year 12 and 13 French students had the great opportunity of being able to watch a lecture on 'Extremism in France' by Professor John Mckean from the University of Reading. This lecture allowed us to discuss both recent and historical events in France, which have had a significant impact on political thinking in France in recent years. It also allowed us to look at political events and acts of terrorism in France recently and compare this to extremism in the UK. Overall, the lecture was an invaluable experience and was a fantastic opportunity to enrich our understanding of French culture and politics.

YEAR 13 STUDENT - ABENA

## DRAMA CLUB

Year 7-9 Drama Club is a fun and warm environment where students can further their knowledge through games, activities and group discussions. This half term, the students have been working on improvisation, through various games and activities used to improve their spontaneity, and next half term the students will be working on devising their own pieces using stimuli in small groups, ready to perform around Christmas time.

YEAR 12 STUDENT - PRISCILLA





## NON-UNIFORM DAY CELEBRATE YOUR FLAG

On Friday, students were able to celebrate the colours of their flag while raising money for Orphans in Need.





**HEIRS OF THE PAST, MAKERS OF THE FUTURE**