



Wallington High School *For Girls*

HEIRS OF THE PAST, MAKERS OF THE FUTURE

THE WALLINGTON WEEK

MESSAGE FROM THE HEADTEACHER



I am sure we are all looking forward to half term – I have spoken with many students about the need to spend the two weeks catching up on any work deadlines and doing some additional reading, but also ensuring they have some relaxation time before the second part of the Autumn term commences. For Year 11 I

am sure the students will have detailed revision plans so they can be confident for their mock exams in November, but again making sure there is plenty of time for relaxing and rest which will make them even better prepared. We were delighted with the turnout for the 'revision tips for parents' workshop we ran this week.

Both staff and students raised money for the MacMillan Cake and coffee morning event this week, the sixth form prefects ran the sale for the whole school and raised over £300. A huge congratulations to the team.

The sixth formers have also been amazing in running activities for Black History Month. The quiz on Tuesday was well attended, and also the BHM poetry slam on Friday.

We have planned an **additional INSET day on the 17th of June** so that we can revisit our school development plan and school vision for our continued improvement. I ask that you make a note of this, even though it seems far away.

A great attendance from parents to the 'Year 7 meet the tutor' event also took place this week. We really value the power of effective home school relationships. So, a huge thank you to all of you who were able to attend.

Two other dates for the diary..

Winter Fair – 7th December

17th November – Year 7 and 8 Disco

More details will come out after half term about these two exciting events.

SUPPORT OVER THE HALF-TERM BREAK

In case you or your child need some support over the half-term break and therefore the Safeguarding team is not available, please take a look at the below. This is also on the school website Pastoral Care home page.

If your child is feeling low or unsafe, it is important they talk to someone they trust and let them know how they feel. Sometimes it can be difficult for them to talk to friends and family so here are some other places they can contact instead:

School nurse duty line - 020 8770 5409

Childline – 0800 1111

Samaritans – 116 123

Hopeline – 0800 068 4141

NSPCC – 0808 800 5000

Talking therapy - [Off the Record](#)

Concerns about someone's safety - [NSPCC Self Harm UK](#)

Any mental health concerns - [Young Minds](#)

Anonymous emotional wellbeing - [Kooth](#)

CO-CURRICULAR ACTIVITIES

[SOCs](#), the school's new online system for Co-Curricular activities, will allow your child to see all available activities but also allow you to view after school registers to see if your child is attending and in school.

BUILDING A SAFER SUTTON FOR WOMEN AND GIRLS CONFERENCE

A conference organised by Sutton Women's Centre to address the issues of women and girls safety in the London Borough of Sutton taking place on Thursday 30th November is available to book by clicking [here](#).



YEAR 13 INTERVIEW DAY

Event: Year 13 Interview Day

Date: Wednesday 22nd November 2023

Location: Wallington High School for Girls

Time: 9:30 – 15:00

We are organising a special event for our year 13 students and are looking for volunteers to join us to help them develop a crucial life skill: interviewing.

Interviewing is a crucial life skill that goes beyond just job applications. It's about effective communication, self-presentation, and confidence-building. For many of our Year 13 students, this will be their first opportunity to experience a formal interview setting and as you will appreciate, this is an important skill to learn to give our students the confidence and a competitive edge when applying for higher education, apprenticeships or other employment opportunities in the future.

We require volunteers from all sectors but we have a particular need for veterinarians, medical professionals, architects, and individuals with a background in foreign languages.

What to expect:

We are seeking volunteers to conduct multiple 30 minute face-to-face practice interviews. Your role will involve asking questions, providing feedback, and sharing your insights and experiences. Where possible we will match your specialism to an appropriate student but we may also ask you to conduct a generic interview or one broadly related to your field. We are happy for you to use your own questions but you will also be supplied with examples to assist you. We are hoping for volunteers to attend the whole day, however we would still welcome your participation if you are only available for part of the day. Lunch and refreshments will be provided, and for some this may also be a great opportunity to network with other professionals in the local area.

How to volunteer:

If you are willing to volunteer, please could you complete the form [here](#).

SCHOOL GOVERNOR VACANCY

You should have received a notification earlier in the week about a vacancy for a school governor.

If you would like to contribute to shaping the future of our school, the governors encourage you to consider nominating yourself to stand as a parent governor. They will welcome nominations from any interested parent/carer.

Nominations for the vacancy should be made by completing a response in the form below:

[Parent Governor Nominations](#)

The response must have a personal statement of no more than 200 words setting out why you want to be a governor and what you would bring to the role. This personal statement will be circulated to all parents /carers if a ballot has to be arranged. A ballot will be arranged if there are two or more applicants.

Nominees must also confirm that they are willing to undergo a DBS check (Disclosure and Barring Service, previously CRB) and that they are not prohibited from acting as a company director.

The closing date for applications is the 5th November 2023 by 12 noon.

If you would like an informal discussion with the Chair of Governors or a parent governor about the role of a governor, please email Mrs Kinchington at ckinchington@wallingtongirls.org.uk.



VISIT FROM ELLIOT COLBURN MP

"In our PSHCE session last Wednesday, we were visited by Elliot Colburn MP for Carshalton and Wallington. At the start of the session, he highlighted his beginnings in politics, having studied it in school, and took us through his role in the government and within our constituency. Afterwards, he answered many of our questions in great depth even going beyond to answer anticipated questions from his explanation. Elliot also took a question on the future of our local hospital, St. Helier, and we learned that Sutton is getting a new hospital.

The visit was extremely helpful in enhancing our knowledge about MPs and what their job entails. For example, we learnt about how their work benefits and affects us as a local community and nationally, as we got to learn first-hand the day-to-day workload and responsibilities our MPs have. Moreover, it was interesting to hear about how MPs have a say in our laws and how they can differ from our preconceptions about the different parties and their views".

By **Anna** and **Nicole** in Year 9.

Careers Noticeboard



For the latest Careers news please visit the [WHSG Careers Noticeboard](#)

Here you will find:

- Apprenticeship and Higher Education guides, events and programs,
- Work experience and volunteering opportunities,
- Careers Events, workshops and courses,
- and much more!

HANS WOYDA MATHEMATICS COMPETITIONS

On Thursday 5th October a group of four students, Uma (9Sha), Jade (11Pan), Julia (12KMK) and Abigail (13PBD), represented Wallington in the first round of the Hans Woyda Mathematics Competition. This is a London-wide competition in which schools compete directly against each other, answering maths questions in a very short time. We played against Reigate Grammar School and it was an exceptionally close match. We were leading for most of the contest but lost out in the final round.

Our team work was excellent and we achieved a perfect score in the Team Round.

Section 4 – Team Question

Time: 5 minutes

Find and write down as many different sets as you can of eight positive odd numbers whose sum is 24. Each set must be listed with its elements in ascending order.

There are 22 such sets.

Could you have answered these starter questions in 30 seconds...

Y13 5) Determine the minimum value of $\frac{1}{\sin^2 x + 2 \sin x + 7}$

Y12 6) Given that $25x^2 - 9y^2 = 30$ and $5x + 3y = 20$, find the value of $10x - 6y$.

Y10-11 7) 3 buns and 2 cakes cost £6.20.
5 buns and 3 cakes cost £9.80.
Find the cost of 6 buns and 3 cakes.

Y7-9 8) The three-figure bearing of Wembley from Wimbledon is 336°.
Find the three-figure bearing of Wimbledon from Wembley.

Well done to everyone who took part – we did very well under quite a bit of pressure!
Miss Tucker

STUDENT SUCCESS



Mugdha, Year 8, continues to impress as she has recently been awarded a 1st place prize in an A-Level Physics competition against Sixth Formers across the whole of the UK as well as won 1st place in the Data Science Olympiad against students from UK, USA, India, UAE.

Congratulations once again for your achievements, we look forward to hearing about what you do next.



YEAR 7 MEET THE TUTOR

On Monday 16th and Thursday 19th October we held a Year 7 Meet the Tutor event.

This event provided an opportunity for parents and caregivers of our recently enrolled Year 7 students to engage in face-to-face discussions, gaining insight into their child's transition into their first year in secondary education.

The event was highly successful, and we have received positive feedback from all participants. Any feedback regarding this event can be sent directly to taldemir@wallingtongirls.org.uk.

Thank you to all of those that were able to attend.

MACMILLAN CAKE BREAK



On Tuesday, the 17th, we scheduled an extended break time to facilitate a school fundraiser for Macmillan Cancer Research UK. Students contributed by bringing in cakes, sweet baked goods, and donations, resulting in a successful fundraising effort.

A big thank you to everyone who contributed - it was great to see students come together to support a cause such as this.

EL DIA DE LOS MUERTOS/DAY OF THE DEAD



We had a successful Spanish enrichment event the week before half term with an amazing 44 students attending from Year 7 & 8! The Spanish Prefects helped students recreate some of the activities taking place during "El dia de los muertos" (Day of the Dead) in Mexico, which takes place on the 2nd of November. This Mexican holiday celebrates deceased loved ones but it is not a sad or morbid occasion, but a joyful and festive one. Families welcome back the souls of their relatives for a brief reunion that includes food, drink and celebration. The lively atmosphere in the room was tangible and the time just flew by. Students enjoyed their flower crowning skills and had the opportunity to try some Spanish food.

YEAR 7: COMMUNITY HEROES



On Wednesday, Year 7 Community Heroes enjoyed doughnuts and a special lunch in the conference room with Mrs O'Brien and Mrs Godyn.



BLACK HISTORY MONTH: AN OVERVIEW



During Black History Month this October, we organised an array of activities and events, such as a Black History Month Quiz, Poetry Slam, Inspiration PowerPoint activity, lectures, assemblies and tutor time activities.

We extend our gratitude to all those who have contributed, especially to our Senior Prefects, for their dedicated efforts in orchestrating some of these events. We value the significant amount of work and planning involved in making them successful and are excited for the events planned by them for next term.

FREMA'S JUDOKA JOURNEY

Frema has achieved another outstanding milestone in her Judoka Journey. She is the currently 3rd in England after qualifying into the Cadets/Juniors stage of the Team GB programme in her weight category. In six years time she will turn professional once qualified. She now qualifies for a full time physio, nutritionist and the ability to gain UCAS points based on world rankings points she get when the time comes.

The competition was very high and it means she now travels and compete on world stage as part of the Team GB programme.

Congratulations Frema and we wish you all the best of luck for future competitions.

Please click [here](#) for ITV news coverage of her latest activity which involved selected few elite aspiring sports personnel in Merton to showcase Merton council's promotional drive to become the nation's top borough for sports.

PSHCE: STUDENTS WRITE A HAIKU

In PSHCE on Wednesday, Year 8 were asked to write a Haiku to reflect on friendship and the things they value in friendship, below is a selection of the best ones submitted.

Friends can come and go

They are just like butterflies

Free to choose their flower

- By Shwetika

Watch these tiny seeds

Growing together in peace

Like us, they don't part

- By Giovanna

Always there for you:

Honest, Thoughtful, Kind, Loyal

Your light in darkness

- By Kanya



INSTITUTE OF CANCER RESEARCH VISIT WITH YEAR 12S



In October a group of year 12s attended an open evening at the Institute of Cancer Research in Sutton. The evening started with two very informative careers talks, highlighting the routes in to research science and how these can work alongside a career in medicine. This was followed by a fantastic opportunity to tour the chemistry laboratories. Very passionate scientists talked the students through the process of cancer drug development, from concept through to synthesis, purification and modelling. A vast number of techniques and equipment were demonstrated and displayed, including NMR machines and X-ray crystallography. The evening culminated in a chance to take part in a variety of hands on activities, including pipetting and DNA extraction. This also gave students an opportunity to network with ICR staff with various roles, where they asked many questions. The evening was a real exciting look at the career of cancer research and I hope many of the students were inspired.

OPEN MORNING FOR PROSPECTIVE YEAR 7S

On Thursday morning, we had the pleasure of hosting 100 families with prospective Year 7 students who had recently passed the SET test. This event provided a wonderful opportunity for families who couldn't attend our Open Evening in July to explore the school. They had the chance to hear the Headteacher's presentation and take guided tours with the assistance of our student helpers. We extend our gratitude to all the students and staff who contributed to the success of this event.

For more details about lower school admissions, please visit our website by clicking [here](#).

SIXTH FORM OPEN EVENING 2023



Yesterday, we warmly received more than 500 families interested in applying to WHSG's Sixth Form. During the event, attendees had the opportunity to listen to the Headteacher and Director of Sixth Form. They also enjoyed self-guided tours of the school. In addition to meeting subject specialists, families were provided with insights into the wide range of extra-curricular opportunities, such as Oxbridge support, CCF and RAF programs, and the Duke of Edinburgh Award.

Thank you to all students and staff who supported the event.

We eagerly anticipate your applications once they become available. For the latest updates and details on how to apply to our Sixth Form, please visit our [website](#).

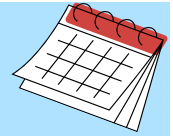


CAREERS NOTICEBOARD

For the latest careers news visit: **WHSG Careers Noticeboard**



Upcoming Events



Unifrog Webinars:

Why study criminology? - 30th October

Why choose a Business degree with a placement year at Bath University? - 30th October

Media taster lecture: TV crime drama - 6th November

Saving the planet with a career in global construction - 9th November

Imperial College Free Taster Sessions

Computing Taster Day: 25th October. Learn more about studying computer science.

Watch presentations, try your hand at programming, get to meet other girls studying computer science. Free workshop for Year 10 and 11. Limited spaces. **Register here.**

Design Engineering Taster: 3rd November - Introduction to Design Psychology. A lecture that will provide you with examples of human behaviour and experience that can affect impactful design solutions to global challenges. **Register here.**

What Next? Meet the top employers & Universities at London Olympia. Listen to expert speakers cover everything you need to know including student life, choosing your career, working in a certain industry and access to support. 11th November. **Register** for your free ticket.

Medic Mentor October Events - **Apply here**

- Insight into Medicine conference - 21st October
- Get into Medicine conference - 28th & 29th October. Covers all of the essential requirements for applying to medical school and provides invaluable tips on how to stand out from the crowd.

STEM SMART (Subject Mastery and Attainment Raising Tuition) is a widening participation initiative from the University of Cambridge in association with Isaac Physics, to provide free, complementary teaching and support to UK students in Year 12. The programme starts in January 2024, and applications close on 31 October. For the full eligibility criteria and programme details click **here**.

EDT Routes into STEM Virtual course allows students in Years 9 & 10 to recognise the variety of opportunities available to you after taking their GCSEs. It will give you access to key information on different pathways, including college, university and STEM career. Diverse live interactive sessions will take place throughout the duration of the course, during school holidays and after school. The course will run until 2 August 2024 and you can join anytime and complete flexibly within this time. Fees apply. Click **here** for more info.

Love Letters to London



THE
LONDON
SOCIETY
EST. 1912

Love Letters to London returns for its third year with thousands of pounds in cash prizes

Dust off the keyboard or get tapping on your mobile, because there is more than £4,000 of prizes in the London Society's free to enter writing competition "Love Letters to London".

Now in its third year, this competition is open to everyone to celebrate our wonderful, fantastic, infuriating city in prose or poetry. Open to all ages, and to all writing styles - fiction, poetry, essays and reportage - whether you live in the capital or not. There are special categories for under 18s, as well as prizes for schools.

To apply visit:

<https://www.londonsociety.org.uk/page/loveletters>

The theme this year is **Love Letters to London of the Future**.

What does your London of the future look like – what are your passions, hopes, dreams and aspirations for this most wonderful of cities?

The closing date for entries is midday (UK time) December 1st 2023, and prizes will be presented at an awards ceremony next Spring.

If you want to walk away with one of the four first prizes of £500 - and see your work published by the London Society - get writing your own 'Love Letter to London'.

Thanks to our sponsors Almacantar, Harriet's Trust, Stiff + Trevillion who are supporting us for the third year running.

Duke of Edinburgh Launch 2023

We are hosting a parents' information evening for any students in Y9, 10, 12 who would like more information regarding the Duke of Edinburgh award at any level (bronze, silver and gold).

Parents of students who have previously taken part in the D of E do not need to attend unless they wish to do so.

Details: **Tuesday 17th October 2023 @ 5-6 pm in the school hall.**

Please can we ask that only one parent/carer attends with their child on this evening so that we can manage numbers and avoid overcrowding. Please be assured that all information will be made available on our website should you not be able to attend.

What is the Duke of Edinburgh Award?

The Duke of Edinburgh scheme enables a young person to elevate their self-confidence, skills and aspirations in a non-competitive environment. Employers have named the Award as the highest non-academic accolade they look for in prospective employees.

Students who enrol on the scheme will undertake four sections: Volunteering, Physical, Skills and an Expedition. For those students who wish to take part in the Gold scheme, there is also an additional Residential section. Each section must be done for a minimum period of time, which increases between the Bronze, Silver and Gold Awards. The Bronze award is open to Year 9. The Silver and Gold awards are open to all students in Years 10 and 12 respectively, regardless of whether they have completed any previous levels.

WHSg is a directly licensed centre which is supported by the operations team at London DofE. This means that we will coordinate the Volunteering, Physical and Skills sections in school and using an online portal. Activ Adventures, who have worked with WHSG and Nonsuch for the past four years, run the expedition section with training sessions in school. Alternatively, students may choose to join an open expedition run by London DofE or use another provider.

Bronze: For students in Year 9 and above. Enrolment fee of £35.50 + expedition cost.

Silver: For students in Year 10 and above. Enrolment fee of £35.50 + expedition cost.

Gold: For students in Lower Sixth. Enrolment fee of £42.50 + expedition cost.





CAREERS NOTICEBOARD

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Upcoming Events

For more information on the following events, visit the Careers Noticeboard

The Sutton Trust Pathway Programmes: Applications now open. Learn more about the world of either Banking and Finance, Consulting, Engineering, Medicine, Veterinary Medicine or Law. Gain insights into the sector, access work experience opportunities and attend a residential conference at their chosen university. For more information, including eligibility criteria click [here](#).



City Century

October Half Term Law Event - for Years 11-13.

- Wednesday 25 October QEII Centre, Westminster, London
- 40+ International Law Firms including Linklaters, Bird & Bird, CMS, DLA Piper, Allen & Overy + lots more!
- Round table event with legal workshops and panel discussions plus lots of networking at the event. For more information click [here](#).



Medic Mentor October Events - [Apply here](#)

- Insight into Medicine conference - 21st October
- Get into Medicine conference - 28th & 29th October. Covers all of the essential requirements for applying to medical school and provides invaluable tips on how to stand out from the crowd.



Pathways Careers Training & Mentoring Events - [Register here](#)

- Careers in the NHS & Employability Skills - 19th October In-person event.
- Royal Mail Virtual Work Experience Day - 26th October.

What Next? Meet the top employers & Universities at London Olympia. Listen to expert speakers cover everything you need to know including student life, choosing your career, working in a certain industry and access to support. 11th November.

[Register for your free ticket.](#)

